

Monday		Tuesday		Wednesday		Thursday		Friday	
4-Dec		5-Dec		6-Dec		7-Dec		8-Dec	
A		A		A		A		A	
Sweet and Sour Pork with Rice		Chicken Tandoori with Rice		Fish Fillet with Sweet Corn Sauce with Rice		Eggplant with Beef with Rice		Chicken Curry with Rice (Not Spicy)	
B		B		B		B		B	
Vegetarian Singapore Noodles		Beef Stroganoff with Penne		Chicken with Peach and Herbs with Spaghetti		Vegetables in Portuguese Style with Penne		Spaghetti Bolognaise	
C		C		C		C		C	
Chicken Salad		Tomato and Cheese Sandwich		Potato Salad		Ham and Cheese Sandwich		Greek Salad	
Monday		Tuesday		Wednesday		Thursday		Friday	
11-Dec		12-Dec		13-Dec		14-Dec		15-Dec	
A		A		A		A		A	
Beef in Cantonese Style with Rice		Roasted Chicken 'Mexican Style' with Rice		Pork Loin with Orange with Rice		Herbs Chicken with Rice		Sauteed Beef with Tomato with Rice	
B		B		B		B		B	
Vegetable Lasagna		Penne Napoleon		Spaghetti Bolognaise		Sweetcorn Macaroni Cheese		Pork Loin with Cheese Bun with Mashed Potato	
C		C		C		C		C	
Chicken Sandwich		Roasted Beef Salad		Veggie Sandwich		Orange and Ham Salad		Avocado and Cheese Sandwich	
Monday		Tuesday		Wednesday		Thursday		Friday	
18-Dec		19-Dec		20-Dec		21-Dec		22-Dec	
SCHOOL HOLIDAY									
Monday		Tuesday		Wednesday		Thursday		Friday	
25-Dec		26-Dec		27-Dec		28-Dec		29-Dec	
SCHOOL HOLIDAY									

Please note :

- 1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- 2 The price for each lunch option is **\$33 (Received payment on or before 27 November 2017) / \$35 (Received payment after 27 November 2017)**

Payment Details :

- 1 Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- 2 Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.
 *Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.
 The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : _____

Class : _____

Contact Number : _____

Contact Email : _____

Cheque Number : _____