



23 August 2019

**Grade 2- Grade 3**  
**Learning Enrichment Activity Program (LEAP)**  
**- Registration Form**

Dear Parents

Attached to this letter is an outline of the Semester 1 activities being offered **to you** and **your child** as part of LEAP. Learning Enrichment Activities Program (LEAP) is an after-school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

**LEAP (Semester 1) will begin 2 September 2019 and finish on 29 November 2019 (13 WEEKS unless stated otherwise).**

Sessions are **3:10 - 4:00 pm** for Primary and **3:40 - 4:30 pm** for Secondary (**unless stated otherwise**).

*Objectives:*

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

**NEXT STEPS**

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan for the week.*
3. **Complete the signup form.**
4. **Take to the Finance Office for payment. This constitutes your booking.**
5. Please note:
  - a. There is a minimum of 5 students per activity (unless specified).
  - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).



- c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.
- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. On discipline, all students are expected to adhere to the school values and guidelines at all times. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

*If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at [hannah.gaffney@nisc.edu.kh](mailto:hannah.gaffney@nisc.edu.kh)*

**Key information:**

- **Registration:** Opens 26-30 August 2019
- **Location of registration:** Finance Office
- **LEAP Coordinator:** Ms Hannah
- **Start date:** 2 September 2019
- **End date:** 29 November 2019 (*may vary depending on the day of the particular activity*)
- **Time:** 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary)
- **Cost of each activity:** varies depending on the particular activity -- see list



**Please complete the following information:**

Student Name:	Grade:
Bus rider: Please encircle which applies	YES      NO
Parent Name:	
Parent email:	Tel:
Name of activity : (Mon)	Cost : \$
Name of activity : (Tues)	Cost : \$
Name of activity : (Wed)	Cost : \$
Name of activity : (Thurs)	Cost : \$
Name of activity : (Fri)	Cost : \$
Total costs:	
Parent Signature:	



**Grade 2- Grade 3**

**Activities available:**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Category</b>					
<b>ARTS</b>	Storytime with Ms Mitty (Grade 2 only)  Recorder and Flute Club  Cats Choreography (Grade 3 only)  Dance Company	Traditional Khmer Dance (Grade 2 only)  Ballet  Primary Hip Hop (Boys only)	Jewelry Making (Grade 2 only)  Rainbow Clay Art	Cats; The Musical  Community Choir  Paper Crafts (Grade 2 only)	Dance Company
<b>SERVICE</b>		Basic First Aid Level 2	Basic First Aid Level 1	Gardening (Grade 2 only)	
<b>SPORTS</b>			Mixed Touch	Multi Sports (Grade 2 only)  Football (Grade 3 Only)	Tennis
<b>TECHNOLOGY</b>			STEAM Art and Engineering	Robotics	
<b>LANGUAGES</b>	Khmer Beginner (Grade 3 only)			Creative Khmer Fun (Grade 2 only)	
<b>PARENTS AND FAMILIES</b>		Friendly Football	Little Nagas Playgroup	Fun Tennis  Inquiry, for Parents!	Little Nagas Playgroup  Zumba



**ACTIVITY DESCRIPTION**

**Storytime with Ms. Mitty- Grade 2 only**

In this club, we will choose different stories each week to read and talk through. We will then use different materials to make crafts which relate to the stories.

(10 weeks)

<b>Teacher:</b> Ms. Mitty	<b>Day:</b> Monday	<b>Venue:</b> 3115	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> <b>FREE</b>
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**Recorder and Flute Club**



This year, we are opening up the club to invite those who want to practice the flute as well. Students in grade 4 and 5 learn the flute in music class, so it is those grades that the flute option is available to. The recorder is open to those in the younger grades and it is a great beginning wind instrument and is lots of fun for more advanced students too. It's easier to start than the flute or clarinet and you can get to interesting music quickly. If your child needs a recorder, Ms. Jenn is happy to coordinate getting you two to make sure that they are the right kind of recorder. The flute will be provided for in school use only. In the Recorder and flute club, we will play games, learn songs, and get to add in some other instruments as well, such as the piano and xylophones.

(10 weeks)

<b>Teacher:</b> Ms. Jen	<b>Day:</b> Monday	<b>Venue:</b> 3314	<b>No. of Students:</b> Min. 5 Max 15	<b>Cost:</b> <b>FREE</b>
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**CATS Choreography- Grade 3 only**

Do you love to dance? Would you like the opportunity to see your work performed in front of an audience? Do you feel you have strong leadership skills? Well, this is the course for you. As part of this intensive leadership program, you will create and teach the choreography for our upcoming primary production of CATS. For middle school students, you will also receive CAS credit for your participation in this program.

(10 weeks)

<b>Teacher:</b> Mr. Craig	<b>Day:</b> Monday	<b>Venue:</b> 3211	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> <b>FREE</b>
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**Dance Company 3.40-5pm**

Meeting twice weekly the Dance Company will work on conditioning for dancers, learn basic ballet technique and create and perform their own choreography.

(10 weeks)

<b>Teacher:</b> Mr. Alan	<b>Day:</b> Monday	<b>Venue:</b> Dance Studio	<b>No. of Students:</b> Min. 5 Max 15	<b>Cost:</b> <b>\$35</b>
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**Football Club- Grade 3**

Football is for boys and girls from Grade 3 - 5. The training will culminate in entry to a tournament in November for the Grade 4 and 5 children and another possible tournament in December for Grade 3 - 5 children. Children of all levels are welcome to join the club and will learn basic skills and team roles. We hope to enter more than one team to the tournaments and we are looking for commitment and desire to become a better player. Above all, we want children to enjoy playing and enjoy being part of the team. Club will be from 3.10 to 4.30 every Thursday after school on the football pitches.

(11 weeks)

<b>Teacher:</b> Mr. Gwilym	<b>Day:</b> Thursday (until 4.30)	<b>Venue:</b> School Field	<b>No. of Students:</b> Max 4	<b>Cost:</b> <b>FREE</b>
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**Khmer Beginner- Grade 3 only**

Khmer beginner is run to support students in building their foundation in reading and writing in Khmer.

(10 weeks)

<b>Teacher:</b> Ms. Peaheng	<b>Day:</b> Monday	<b>Venue:</b> 3201	<b>No. of Students:</b> Min. 5 Max 7	<b>Cost:</b> <b>FREE</b>
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**Traditional Khmer Dance- Grade 2 only**

Learn the skills of traditional Khmer dancing!

(9 weeks)

<b>Teacher:</b> Ms. Sreynith	<b>Day:</b> Tuesday	<b>Venue:</b> 2202	<b>No. of Students:</b> Max 5	<b>Cost:</b> <b>\$26</b>
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**Dance: Ballet**

The CSTD Classical Ballet syllabus is based on all the pedagogy of technique, musicality and artistry. Pre ballet offers an introduction to the joy of ballet. Dancers will improve their posture, develop their poise and coordination, and will have refined quality and control of their body through the discipline of ballet technique.

(9 weeks)

<b>Teacher:</b> Advance Learning Academy	<b>Day:</b> Tuesday	<b>Venue:</b> Studio	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> <b>\$108</b>
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**Primary Hip Hop- Boys Only**

Learn more about the world of Hip Hop, develop your style, learn a ton of new moves and get ready to battle, this club is open to all.

(9 weeks)



<b>Teacher:</b> Mr. Alan	<b>Day:</b> Tuesday	<b>Venue:</b> Dance Studio	<b>No. of Students:</b> Min. 5 Max 15	<b>Cost:</b> \$32
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### Basic First Aid (Level 2)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(9 weeks)

<b>Teacher:</b> Nurse Cherry	<b>Day:</b> Tuesday	<b>Venue:</b> School Clinic	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> \$26
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### Friendly Football

Open to all staff and parents (men and women), come and join in a fun 7-side football kick about every Tuesday after school from 4pm-5.30pm, held on Northbridge's green, grass pitches. A great way to enjoy football in a social setting, all abilities welcome.

<b>Teacher:</b> Mr. Simon	<b>Day:</b> Tuesday, 4pm-5.30pm	<b>Venue:</b> Football Field	<b>No. of Students:</b> N/A	<b>Cost:</b> FREE
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### Jewelry Making- Grade 2 Only

Learn how to make different types of jewelry using a range of resources!

(10 weeks)

<b>Teacher:</b> Ms. Thika	<b>Day:</b> Wednesday	<b>Venue:</b> 2201	<b>No. of Students:</b> Min. 5 Max 7	<b>Cost:</b> \$35
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### Rainbow Clay Art



This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.



(10 weeks)

<b>Teacher:</b> Ouk Daraphea	<b>Day:</b> Wednesday	<b>Venue:</b> Room 2202	<b>No. of Students:</b> Min. 3 Max. 12	<b>Cost:</b> \$138
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**Basic First Aid (Level 1)**

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(10 weeks)

<b>Teacher:</b> Nurse Cherry	<b>Day:</b> Wednesday	<b>Venue:</b> School Clinic	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> <b>\$35</b>
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**Mixed Touch**

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

**Requirements-** Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(10 weeks)

<b>Teacher:</b> Kampuchea Baloop	<b>Day:</b> Wednesday	<b>Venue:</b> NISC Field	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> <b>\$70</b>
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**STEAM Art and Engineering**

STEAM- Art and Engineering Class is created to provide opportunities for students to learn and develop foundation of skills (fine motor skills, problem-solving skills, concentration skills, team work, grit, communication skills), boost creativity and mental well-being in a collaborative learning-friendly environment through the combination of art and engineering. They will be instructed in the beginning and the task is to build, explore, and put together the pieces of materials, as mentioned below, to create a cool structure or building which provides a fun and creative learning environment and freedom to explore their talents, and interest. Famous buildings and masterpieces from around the world will be used as an example to show the students and which in turn at the end of each session, they will build a masterpiece of their own which boosts their self-confidence and give them a sense of achievement and "can-do" attitude.

(10 weeks)

<b>Teacher:</b> Fluke Bankarawat	<b>Day:</b> Wednesday	<b>Venue:</b> Makerspace	<b>No. of Students:</b> Min. 6 Max. 18	<b>Cost:</b> <b>\$175</b>
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**Little Nagas Playgroup**

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish





within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

(12 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Kiri	Wednesday, 8am-10am	Early Learning	Max 12	\$750 per semester

### **CATS; The Musical**

Do you enjoy singing and dancing? Would you like to perform on stage in front of an audience who is there just to see you? Well, this is the course for you. This year, we will be performing the world famous Broadway musical CATS. If you'd like to challenge yourself to perform as part of an amazing musical, then we'd love to have you. During this LEAP program, we will work to learn and practice the songs and dances for our primary musical. We hope that you will join us.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Mr. Craig	Thursday	3211	Min. 5 Max 40	<b>FREE</b>

### **Community Choir**

This year, the greater NISC community, including parents and staff, are invited to join our students singing in the choir! Beginner singers are most welcome - no prior experience necessary. It will be a great way to meet other members of our community while making music together. This is also a SA/CAS opportunity for secondary students who are willing to be a mentor to our young singers.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Jen	Thursday- finishes at 4.15	3114	Min. 5	<b>FREE</b>

### **Paper Crafts- Grade 2 only**

In this club, the children will make different crafts and designs using paper.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Sokun	Thursday	2202	Min. 5 Max	\$31

### **Gardening Club- Grade 2 only**

During our time together, we aim to make our school garden a beautiful place. We will learn about planting and the responsibilities of a gardener. We will do composting and harvest the fruits of our garden. Lastly, we hope to share what we have created with the school community.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:



Ms. Sinead	Thursday	School Garden	Min. 5 Max 8	<b>\$20</b>
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**Multi Sports- Grade 2 only**

Multi Sports is an introductory programme to a variety of different sports. Each week the students will be introduced to a different sport learning the basics and fundamentals of that particular sport with all sessions centered around fun and active games.



**Requirements:** Proper sports attire and running shoes.  
(11 weeks)

<b>Teacher:</b> Elite Soccer	<b>Day:</b> Thursday	<b>Venue:</b> School Field	<b>No. of Students:</b> Min. 5 Max. 10	<b>Cost:</b> <b>\$78</b>
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**ROBOTICS: MRT3 (Senior Robotics)**

MRT 3 curriculum is supporting students to learn essential STEM (Science, Technology, Engineering and Math) concepts. The curriculum includes the assembly process and its scientific principles help students to understand easily. It has hands-on activities that will help students to understand mechanical and structural principles.



(10 weeks)

<b>Teacher:</b> Advance Learning Academy	<b>Day:</b> Thursday	<b>Venue:</b> 3201	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> <b>\$176</b>
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**Creative Khmer Fun- Grade 2 only**

In this club, children will learn how to read or/and write with games and some other activity with friends and technology.

(11 weeks)

<b>Teacher:</b> Mr. Savuth	<b>Day:</b> Thursday	<b>Venue:</b> 3203	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> <b>\$38</b>
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**Fun Tennis**

Open to all staff and parents (men and women), come and join in fun tennis every Thursday after school from 4pm-5.30pm, held in the Sports Hall. A great way to enjoy tennis in a social setting, all abilities welcome.

<b>Teacher:</b> Mr. Simon	<b>Day:</b> Thursday, 4pm-5.30pm	<b>Venue:</b> Sports Hall	<b>No. of Students:</b> N/A	<b>Cost:</b> <b>FREE</b>
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**English Inquiry, for Parents!**

This club aims to give parents the necessary skills to seek information in a formal/informal setting. Areas of focus will be: How to ask specific questions, expanding, follow up questions, responding to answers, and more.

(11 weeks)

<b>Teacher:</b> Mr Sam	<b>Day:</b> Thursday	<b>Venue:</b> Room 2204	<b>No. of Students:</b> Min. 5 Max 15	<b>Cost:</b> \$38
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**Dance Company 3.40-5pm**

Meeting twice weekly the Dance Company will work on conditioning for dancers, learn basic ballet technique and create and perform their own choreography.

(10 weeks)

<b>Teacher:</b> Mr. Alan	<b>Day:</b> Friday	<b>Venue:</b> Dance Studio	<b>No. of Students:</b> Min. 5 Max 15	<b>Cost:</b> \$35
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**Tennis**

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and hand-eye coordination of the students, while also covering basic racket handling skills.

Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia.

Requirements: comfortable activewear and proper white sole running shoes.



<b>Teacher:</b> Mr. Phalkun	<b>Day:</b> Friday	<b>Venue:</b> NISC Tennis Court	<b>No. of Students:</b> Min. 4 Max. 8 per coach	<b>Cost:</b> \$100
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**Little Nagas Playgroup**

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

(12 weeks)

<b>Teacher:</b> Ms. Kiri	<b>Day:</b> Friday, 8am-10am	<b>Venue:</b> Early Learning	<b>No. of Students:</b> Max 12	<b>Cost:</b> \$750 per semester
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**Zumba for Parents and other Adults**

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin





American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.

**Requirements:** Comfortable active dance clothes.

(10 weeks)

<b>Teacher:</b> Advanced Learning Academy	<b>Day:</b> Friday 8:00-9:00	<b>Venue:</b> Primary Cafeteria	<b>No. of Students:</b> Min. <u>5</u>	<b>Cost: \$8 per session</b>
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**Swim Team- Calling all swimmers!**

We are looking for children interested in joining our Nagas competitive swim team. We have 3 swimming groups, gold silver and bronze. **Below are the requirements for each group.**

Swim Team - All year for both primary and secondary currently teams are split:

Gold (50m in 40sec or less in all strokes),

Silver (50m in less than 1 min in at-least 3 strokes)

Bronze (25m without stopping in freestyle)

If you are interested in improving your swimming, having fun and competing against other athletes at swim meets, please come to a practice.

Gold: Mon - Friday (6:15 - 7:15 am).

Silver: Mon and Thurs (3:00 - 4:00)

Bronze: Tuesday (3:00 - 4:00)



**LEAP Programme Calendar Semester 1**

<b>August</b>		<b>Week 1</b>					<b>Week 2</b>					<b>Week 3</b>													
		12	13	14	15	16	19	20	21	22	23	26	27	28	29	30									
<b>Sep</b>	<b>Week 4</b>					<b>Week 5</b>					<b>Week 6</b>					<b>Week 7</b>					<b>Week 8</b>				
	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30				
<b>Oct</b>	<b>Week 8</b>					<b>Week 9</b>					<b>Week 10</b>					<b>Week 11</b>					<b>Week 12</b>				
		1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30	31	
<b>Nov</b>	<b>Week 12</b>					<b>Week 13</b>					<b>Week 14</b>					<b>Week 15</b>					<b>Week 16</b>				
					1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29
<b>Dec</b>	<b>Week 17</b>					<b>Week 18</b>																			
	2	3	4	5	6	9	10	11	12	13															

**Gray - No School**

**School Holidays- 23-27 September**

**Commemoration of the King's Father- 15 October**

**PD Day no students in school- 8 November**

**Water Festival- 11-13 November**