

Primary Weekly Sporting Achievements

02.05.19



NAS SPORTS HOUSE POINTS

 $1^{st} = 20$ points

 $2^{nd} = 15$ points

 $3^{rd} = 10 \text{ points}$

 $4^{th} = 5$ points



Scorpions	Falcons	Leopards	Vipers
255	225	195	220

Outstanding highlights this week

U9 Competitive Cricket winning against GEMS WEK

U9 and U11 Competitive Cricket winning against Raffles School

U11 Cricket ¼ final win against SCS and finishing 2nd place on DAPSA Finals Day

U9 Basketball finish top of their league, U9 Basketball finish 4th in the finals

B Swim Squad finished 3rd in B-Finals for Division 1

DAPSA Athletics Finals @ Swiss Int School. Some amazing performances

Mr. Collin (Head of Primary PE)

U9 Competitive Cricket vs GEMS WEK @ WEK

On Monday afternoon, the U9 Competitive cricket team travelled to GEMS WEK for their penultimate league fixture of the DAPSA season.

After winning the coin toss, NAS decided to bowl first and after some fantastic bowling and fielding restricted the hosts to 241 for 2 wickets. With the bat, NAS made a steady start, scoring well. That was untill Max Danishmand hit the crease, scoring 4 excellent boundaries to give NAS a comfortable lead. Some great bowling by WEK back into the game, with NAS hanging on to the win by 7 runs.

A great afternoon of cricket and thank you to all the NAS parents for their support.

Man of the Match – Max Danishmand (4A)

Mr. Thomas (PE Teacher)



U9 Development Cricket vs Safa Community School @ SCS

On Wednesday afternoon, the U9 Development cricket team travelled to Safa Community School to take part in their final cricket league fixture of the season. After winning the toss, NAS decided to bowl with Ziyus and Ishaan performing well, with Safa scoring 284 for 3 wickets. With the bat NAS chased down a high total but managed to get a final score of 277 for 3 wickets, losing by 7 runs.

Well done to all the U9 players involved in this terms development cricket team. They have improved their skills and really enjoyed the opportunity to represent the school.

Man of the Match – Ziyus Guzder (3C)

Mr. Allan/Mr. Walters (U9 Cricket Coach)





U11 Development Cricket vs Safa Community School @ SCS

Also on Wednesday the U11 development cricket squad also faced Safa Community and after losing the toss were elected to bat first.

With the bat, NAS started off well with Karam Kandhari and Ashton Wade picking up some noticeable runs to give NAS a total of 253 for 3, leaving the hosts to chase to win the match.

Some fine bowling from Ashton Grindrod and Issac Moore, gave NAS a chance of winning the match, however it wasn't to be with Safa scoring some runs in the final over to win the game by 1 run.

A much improved performance from the U11 development team who have made great progress over the season. Well done to all the players involved this term.

Man of the Match - Issac Moore (5F)

Mr. Pavey (U11 Cricket Coach)



U9 Competitive Cricket v Raffles School @ NAS Dubai

On Wednesday, the U9 competitive cricket team played their rearranged fixture against Raffles School. On a hot afternoon NAS won the toss and decided to bat first scoring 269 runs with Micah Smith, Arjun Gadoya and Aarin Taurani batting well. With the ball, NAS was on target with Aayan Gadoya, Max Van Herk and the exceptional Ishaan Pratep, called up into the competitive squad, to give NAS a comfortable win and send them into the DAPSA ¼ finals next Monday against DIA.

Man of the Match – Ishaan Pratap (3C)

Mr. Thomas (PE Teacher)





U11 Competitive Cricket vs Raffles School @ NAS Dubai

On Wednesday afternoon, the U11 competitive cricket team faced Raffles School in their final DAPSA league fixture of the season. Having won the toss NAS decided to bat first and scored a high score of 281 with Yajat Daga scoring some exceptional boundaries.

With the ball, NAS captain Sahej Kandhari led from the front bowling well with Jack Hamilton and the ever impressive Siddhant ensuring NAS won the match comfortably by 30 runs.

Well done to all the players on a great end to the DAPSA cricket league. We now have an important ¼ final against Safa Community on Sunday to qualify for the finals.

Man of the Match -

Sahej Kandhari (6E)

Mr. Thomas (PE Teacher)



U11 Competitive Cricket - DAPSA ¼ Final vs SCS @ NAS Dubai

On Sunday afternoon, the U11 cricket team booked their place in the DAPSA finals days with a thrilling ¼ final match against Safa Community School. After winning the toss, NAS decided to bowl first and took 3 wickets in the first over with some impressive bowling from Yajat Daga, limiting the visitors for 228/6. With the bat, NAS made a steady start, scoring well and adding to their total in a composed fashion. Then the moment that turned the match, Noah Smith scoring 3 boundaries in an over to give NAS a commanding lead which was held onto to win the match by 12 runs.

Well done to all the players on a fantastic team performance and reaching the DAPSA finals day on Wednesday morning. Let's now see if the boys can go on and win it!

Man of the Match – Noah Smith (5D)

Mr. Thomas (PE Teacher)



U9 Competitive Cricket - DAPSA ¼ Final vs DIA @ NAS Dubai

On Monday afternoon, the U9 competitive cricket team faced DIA in their DAPSA ¼ final fixture. After winning the toss, NAS decided to bowl first and after a fantastic start from Arjun Gadoya with 2 wickets in the first over, limited the visitors for 238/5 wickets. With the bat NAS started slowly but gained some momentum towards the end of the innings, losing the match by just 2 runs in a thrilling contest. Well done to all players on a great performance and good luck to DIA at the DAPSA finals

Man of the Match -

day.

Arjun Gadoya (4B)

Mr. Thomas (PE Teacher)



U9 Basketball Finals @ Safa Community School

Congratulations to the U9 team for finishing top of their league.

This meant we progressed to the finals. Our first game was a convincing win against Raffles 6-2 with Maximus Danishmand taking control. Our second game was against a strong Safa team. The boys didn't play as well as in the first game and lost 2-0. This put us into the 3/4th place final against Jebel Ali. We took an early lead and were looking good but just couldn't get the ball to sink and lost 4-2. It was difficult to play in such short 8 minute games and it is something we can definitely learn from. Well done to the 4th best team in all of Dubai.

Man of the tournament: Tommy Chaters (4C) for never giving up.

Mr. Collin (Head of PE)





U11 Girls Basketball Finals @ Jumeirah Primary School

The U11 Girls Basketball team finished at the top of their league going undefeated in three games. On Monday afternoon they traveled to Jumeirah Primary School for the finals. They came away with two wins, a loss and a draw to finish in third position for finals tournament. I'm very proud of the way these girls have developed this season and look forward to working with them more in the future.

Final standings:

First position in League 3 and third position overall. Well done girls!

Mr. Gilpin (PE Teacher)







U11 Competitive Cricket vs DAPSA Finals Day @ JACOE

On Wednesday morning the U11 competitive cricket team travelled to Jebel Ali centre of excellence to take part in the annual DAPSA finals day. Having been drawn against Foremarke in the first semifinal, NAS won the toss and decided to bowl first with Foremarke scoring a respectable 251 - 1. With the bat NAS made a steady start and were under the run rate untill Campbell Symington scored a 6 in the final over to send NAS into the final with a score of 252 - 2.

In the final, NAS faced a strong WIS squad who won their semi-final convincingly against WPS. Having won the toss NAS decided to bowl again, with WIS scoring 253 – 4 wickets. NAS then needed to score 54 runs to be crowned champions, however they came just short after some fine bowling from WIS to finish this year's DAPSA U11 cricket runners up.

Man of the Match - Campbell Symington (5D)

Mr. Thomas (PE Teacher) and Mr. Coley (U11 Cricket Coach)









U9A Rounders v Repton School @ NAS Dubai

A great second game for the U9A rounders team against Repton School. A strong first innings by Repton taking the lead meant NAS went into the second half of the game behind by 4 rounders. NAS fought back but a strong fielding performance from Repton meant the NAS team were unable to break away. Well done to all players.

Player of the Match: Brooke Fairbairn Final Score: 11 NAS to 16 Repton

Mrs. Chaters (PE Teacher)

U9B Rounders Plate Final @ NAS Dubai

Congratulations to the Under 9 Rounders team who were runners up in the plate final. Beating Repton and narrowly missing winning overall to Victory Heights. Well done to all the girls who have improved so much in their fielding and batting this season. Looking forward to next year already.

Mrs. Brown (PE Teacher)



U11A Rounders Finals @ Dubai English Speaking School

An outstanding performance from the U11A rounders team that saw them finish as plate winners in

their finals competition. They beat DBS in the semi-finals NAS 7- DBS 1. This took the team into the final against DESS. With some strong batting performances from both teams, NAS took lead with such a strong fielding side.

Final Score: NAS 13- DESS 6 1/2.

Miss Lea (PE Teacher)



U11B Rounders Finals @ Jebel Ali School

Well done to the U11B rounders team who played amazing all season! We played in the plate finals today and finished 3rd overall- a fantastic achievement. Well done all girls on a great season.

Miss Fisher (PE Teacher)



GEMS Swim Cup 2019 @ Hamdan Complex

Well done to our Year 4 and Year 6 Girls Swim Squad who competed in the GEMS Swim Cup on 24th April at Hamdan Sports Complex. A great event with many talented swimmers. Our NAS girls stood out against 25 GEMS schools. Well done to Heidi Walters for her silver medal in girls U9 breaststroke, Safa Shafi for her bronze in girls U11 backstroke and Lily Ames for her bronze in girls U11 Individual Medley individual events. Congratulations to our U9 team; Annabelle, Freia, Jasmine Ansari and Heidi for taking bronze in the freestyle relay and medley relay. Our U11 girls team; Hannah, Safa, Guilia and Lily took bronze in the freestyle relay. A special congratulations goes to our U9 girls who took 2nd place overall for their age group! The Year 4 and 6 boys competed in the GEMS Swim Cup on Thursday 25th April against 25 schools from across the GEMS group. Congratulations to Maximus Danishmand for his gold medal in U9 breaststroke and silver in backstroke. Kenzie Maclean took silver for boys U11 Individual Medley and gold for U11 freestyle.

Great preparation ahead of our finals taking place on Thursday 2nd May at Hamdan Sports Complex.







B-Swim Squad Division 1 Finals @ NAS Dubai

Our B swim squad swimmers took to the pool on Wednesday 30th April at NAS Dubai to compete for the top spot in Division 1. Our swimmers performed fantastically with many close finishes. The team took 2nd place 3 points behind joint first! We can only get better!!

Coach Ray and Mrs. Britton (NAS Swimming Coaches)







Congratulations to all our athletes who took part in the DAPSA Athletics Finals @ Swiss Int School

We have some of the best primary school athletes at NAS Dubai from the UAE!

Well done to everyone involved ☺



DAPSA Athletics Finals @ Swiss International School

On Wednesday May 24^{th} 21 athletes made their way out to Swiss International School for the DAPSA Athletics finals

With individual athletes from Y3-Y6 qualifying for all events minus the 300m and four 4x100m relay teams competing the stage was set for NAS to bring home the medals.

Medals is what they came for and medals is what they brought home!

Event	Name	Result	Place
U11 Girls 4x100m	Jade, Molly, Alexia, Sydney	1.0133	1
U11 Girls 600m	Alexia Nash	1.4984	1
U11 Girls 80m	Alexi Nash	11.05	1
U11 Girls Long Jump	Sydney Rahe	4.21	1
U9 Boys 150m	Maximus Danishmand	21.17	1
U9 Boys High Jump	Maximus Danishmand	1.2	1
U9 Girls 150m	Amara Rahe	21.69	1
U10 Girls Shot Put	Hebe Jones	7.85	2
U11 Girls 150m	Sydney Rahe	20.63	2
U11 Girls Shot Put	Molly Fuller	9.74	2
U9 Boys 4x100m	Fahem, Tommy, Micah, Maximus	1.048	2
U9 Girls Long Jump	Amara Rahe	3.3	2
U11 Girls High Jump	Molly Fuller	1.2	3
U8 Boys Nerf Throw	Lucas Herbert	26.06	3
U9 Girls 4x100m	Jazmine, Bea, Heidi, Amara	1.0977	4
U9 Girls 600m	Jazmine Carmichael	2.113	4
U11 Girls Long Jump	Jade-Aya Maan	3.35	5
U11 Girls 600m	Hannah Suttie	2.0269	6
U11 Boys Long Jump	Karim Nashaat	3.31	7
U8 Boys 4x100m	Reilly, Luca, Lucas, Ziyus	1.1285	8
U11 Boys 600m	Eben Farrell-Morton	2.065	11

<u>U10 and U11 Interschool Basketball– Mr. 'Grindrod's</u> <u>Giants' vs U11 'Hurley's Hero's @ NAS Dubai</u>

The final game of the season with the u10 taking on the u11 basketball team. It was close with Mr. Hurley's team beating me Grind rod's team by 2 points.

Final Score: U10 Basketball 12- 14 U11 Basketball

Mr. Grindrod/Mr. Hurley (Basketball Coaches)



U9A Rounders Finals vs GEMS WSO vs WSO/VHPS

Well done to the u9A rounders team who went to WSO for the finals. NAS beat WSO 16.5 - 8.5 so went through to the final to play Victory Heights. Both teams played well which reflected a draw of 5.5 - 5.5 at the end of the game. Well done to all players

Mirs. Chaters (PE Teacher)



UAE Teen Sports & Fitness Awards 2019

The UAE Teen Sports & Fitness Awards took place Friday night under the stars at Emirates Golf Club. There were 51 schools, 71 clubs, 9 facilities centers, 34 teams, 11 fitness events, 53 coaches and managers and 372 student athletes. NAS Dubai and our students had a grand total of 13 final nominations! Congratulations to all the student athletes that were nominated, a great demonstration of the fantastic sporting talent we have at NAS Dubai. Congratulations to the following winners!

U15 Equestrian Special Commendation -

U15 Rugby Outstanding Athlete Achievement –

U15 Snow & Ice Outstanding Athlete Achievement -

U15 Aquatics Outstanding Athlete Achievement -

U15 Football Outstanding Athlete Achievement -

NAS Dubai received the following accolades

2nd Place Best Sports School Division B

2nd Place Fittest School

2nd Place Sports Facility

Mr. Smith and Mrs. Britton (PE Teachers)

Leah Stevenart

1st Charlotte Rodsjo

2nd Grace Rodsio

3rd Robyn Leslie

3rd Brendan Fitzpatrick

1st Alexy Tisserand

