



13 December 2019

Grade 4- Grade 5
Learning Enrichment Activity Program (LEAP)
- Registration Form

Dear Parents

Attached to this letter is an outline of the Semester 2 activities being offered **to you** and **your child** as part of our Learning Enrichment Activities Program (LEAP). LEAP is an after-school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

LEAP (Semester 2) will begin on 20 January 2020 and finish on 5 June 2020.

Sessions are **3:10 - 4:00 pm** for Primary and **3:40 - 4:30 pm** for Secondary (**unless stated otherwise**).

Objectives:

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

NEXT STEPS

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan for the week.*
3. **Complete the signup form.**
4. **Take your form and payment to the Finance Office. This constitutes your booking.**
5. Please note:
 - a. There is a minimum of 5 students per activity (unless specified).
 - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).
 - c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is



oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.

- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. All students are expected to adhere to the school values and guidelines at all times and follow our behaviour expectations. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.
- a. EL - Grade 1 children will be walked to LEAP by a NISC adult. Grade 2 - 5 children will walk to their activities independently. If your child has difficulty getting to LEAP classes after school, please ensure that there is an adult available who can walk your child to their activity.

If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at hannah.gaffney@nisc.edu.kh

Key information:

- **Registration:** Opens 7 - 17 January 2020
- **Location of registration:** Finance Office
- **LEAP Coordinator:** Ms Hannah
- **Start date:** 20 January 2020
- **End date:** 5 June 2020 (*may vary depending on the day of the particular activity*)
- **Time:** 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary) (**unless stated otherwise**)
- **Cost of each activity:** varies depending on the particular activity -- [see list](#)



Please complete the following information:

Student Name:	Grade:
Bus rider: Please encircle which applies	YES NO
Parent Name:	
Parent email:	Tel:
Name of activity : (Mon)	Cost : \$
Name of activity : (Tues)	Cost : \$
Name of activity : (Wed)	Cost : \$
Name of activity : (Thurs)	Cost : \$
Name of activity : (Fri)	Cost : \$
Total costs:	
Parent Signature:	



Grade 4- Grade 5

Activities available:

	Monday	Tuesday	Wednesday	Thursday	Friday
Category					
ARTS	Cross Stitch Club Cooking Club Knitting Club (Grade 5 only) Ballet Basics	Boys Hip Hop Ballet	Rainbow Clay Art	K Pop Beginner Dance (Grade 5 only)	
SPORTS		Junior Basketball	Mini Skills with CJ Coaching	Karate	Yoga Educational Soccer Mixed Touch Tennis
TECHNOLOGY			STEAM Club Level 3	Robotics MRT3 Aviation Club	
ACADEMIC		Basic First Aid- Level 2 Debate Team	Basic First Aid- Level 1		
LANGUAGES	Fun Khmer Activities				
PARENTS AND FAMILIES		Little Nagas		Little Nagas General English for Parents	Zumba



ACTIVITY DESCRIPTION

Cross Stitch Club

Cross-stitch is a form of sewing and a popular form of counted-thread embroidery in which X-shaped stitches are used to form a picture.

(15 weeks)

Teacher: Ms. Kanitha	Day: Monday	Venue: 3116	No. of Students: Min. 5 Max 8	Cost: \$42
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Primary Cooking

Each week we will cook or bake something new, there will be a variety of sweet and savoury options over the course. Students will also have the opportunity to create their own recipe journal.

(15 weeks)

Teacher: Ms. Lovell	Day: Monday	Venue: Primary Staff Room	No. of Students: Min. 5 Max 6	Cost: \$117
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Knitting Club with Ms. Rebecca

Knitting club is a great place to start if you're looking to learn knitting basics. Ms. Rebecca has taught many people how to knit and is a patient teacher. Each student will choose a design that interests them and will have a project to take home when our time together is over.

(15 weeks)

Teacher: Ms. Rebecca	Day: Monday	Venue: 2201	No. of Students: Min. 5 Max 6	Cost: FREE
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Ballet Basics

Ballet basics for developing strength, coordination and flexibility.

This club begins at 3.40. All Primary students must be supervised by a parent of a nanny until the club begins.

(15 weeks)

Teacher: Mr. Alan	Day: Monday	Venue: Dance Studio	No. of Students: Min. 5 Max 20	Cost: \$42
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Khmer Fun Activities

Khmer Fun Activities is run to build students in their communication skills, leadership skills and creativity. Students will get involved in random activities or projects by using Khmer.

(15 weeks)

Teacher: Ms. Peaheng	Day: Monday	Venue: 3201	No. of Students: Min. 5 Max 7	Cost: FREE
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Boys Hip Hop

Learn more about the world of Hip Hop, develop your style, learn a ton of new moves and get ready to battle, this club is open to all.

This club begins at 3.40. All Grade 4 and Grade 5 students must be supervised by a parent of a nanny until the club begins.

(17 weeks)

Teacher: Mr. Alan	Day: Tuesday	Venue: Dance Studio	No. of Students: Min. 5 Max 20	Cost: \$48
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Ballet

The CSTD Classical Ballet syllabus is based on all the pedagogy of technique, musicality and artistry. Pre-ballet offers an introduction to the joy of ballet. Dancers will improve their posture, develop their poise and coordination, and will have refined quality and control of their body through the discipline of ballet technique.

(17 weeks)

Teacher: Advanced Learning Academy	Day: Tuesday	Venue: Makerspace Studio	No. of Students: Min. 5 Max. 15	Cost: \$204
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Junior Basketball with Mr. Mike

Grade 4 and 5 students who are interested in basketball should come join Mr. Mike and Mr. James for lots of fun and lots of learning. We will practice skills (dribbling, shooting, passing, etc.) play games, and have a lot of laughs. No special equipment is needed - only athletic shoes, comfortable clothing (shorts and t-shirt) and a water bottle. We will also prepare for the end of season ISSAPP tournament where we will have a boys' team and a girls' team. We are looking forward to a great season!

(17 weeks)

Teacher: Mr. Mike	Day: Tuesday 3.15-4.15	Venue: Basketball Courts	No. of Students: Min. 5 Max 20	Cost: FREE
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Basic First Aid (Level 2)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(17 weeks)

Teacher: Nurse Cherry	Day: Tuesday	Venue: School Clinic	No. of Students: Min. 5 Max 10	Cost: \$48
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Debate Club Junior

This club is for training in debating, a key academic skill which can also be applied to home and public situations. The club focuses on; effective preparation and research strategies, selecting and dividing points to between group members, supporting speaking points with evidence and facts, rebuttal tactics and much more . We plan to enter all participants into next years' Scholars Cup competition, where you'll be able to compete against schools across the country and maybe even the globe if successful.

(17 weeks)

Teacher: Mr. Sam	Day: Tuesday	Venue: 2204	No. of Students: Min. 5 Max 30	Cost: FREE
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Rainbow Clay Art



This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.



(17 weeks)

Teacher: Ouk Daraphea	Day: Wednesday	Venue: Room 2202	No. of Students: Min. 3 Max. 12	Cost: \$234
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Club Football Grades 3-5

The course allows students to acquire the fundamental skills through fun games, drills and small-sided matches. As per CJ coaching's beliefs, students have a ball each to maximize contact time with the ball and develop familiarity and comfort on the ball. The maximum group-size is 16.

The curriculum is designed by CJ Coaching's Director of Football, Colum Curtis, to ensure consistency throughout each session and the quality of coaching is of the highest standard. All coaches are UEFA and FA qualified.

Director of Football, Colum, is from Belfast, Northern Ireland, and has completed his UEFA A license and the IFA Youth License.



Before coming to Cambodia, Colum coached with Northern Ireland’s Youth International teams preparing them to face the world’s leading football nations. Colum also won the 2019 MetFone Cambodian League as coach with Svay Rieng FC in his first season.

As a player, he spent 5 years at the Manchester United Academy in Belfast and represented Northern Ireland at an international level numerous times.

(17 weeks)

Teacher: CJ Coaching	Day: Wednesday	Venue: NISC Field	No. of Students: Min. 5 Max. 16	Cost: \$320
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DoyDoy STEAM PLAY & LEARN Level 3 Innovator (+ Block Coding level 1) (Grade: G2-G5)

STEAM PLAY & LEARN Class is a 17-week-project based programme created for students to learn and develop a foundation of 21st-century demanded skills (problem-solving skills, concentration skills, teamwork, grit, communication skills), boost their fine-motor skills, creative and critical thinking, resilience, and happiness in a fun interactive learning-friendly environment through the combination of STEAM projects (Science, Technology, Engineering, Art, Mathematics). Students will be instructed in the beginning and the task is to build, explore, and put together the pieces of science and DIY materials that are kid-friendly and BPA-free, to create fun structures and cool science projects which provides a safe and creative learning environment and freedom to explore their interests, and to nurture their talents which later on could be polished as skill sets. As our programme is 17-week-project-based, the students build 17 different projects in 17 sessions in which boosts their self-confidence and give them a sense of achievement and "can-do" attitude. The students get to keep all of their projects. In level 3, they will be also introduced to early concepts of entrepreneurial skill-sets and mindsets, leadership skills, and creative-thinking skills through level 1 block coding challenges. At the end of the course, students will gain both soft skills and hard skills that can inspire them into potential future innovators, leaders, and creative thinkers of the next generation.

The course is designed by the founder of new modular building game, DoyDoy, having graduated with a bachelor degree in Education, critically involved with early childhood education and research (with UNICEF, Kulan Research Award 2018), and winning several accolades including Outstanding Young Startup Entrepreneur Award 2017, and Social Impact Enterprise Award (Asean Rice Bowl Award 2017), and Social Educational Leader 2018 (Social Leader Prize 2018 Nepal).

(17 weeks)

Teacher: A. Lead teacher: Chanrithykol Em B. (3 teacher assistants)	Day: Wednesday	Venue: Makerspace	No. of Students: Min. 5 Max. 20	Cost: \$297.5
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Basic First Aid (Level 1)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(17 weeks)

Teacher: Nurse Cherry	Day: Wednesday	Venue: School Clinic	No. of Students: Min. 5 Max 10	Cost: \$48
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K Pop Beginner Dance

This class is aimed at KPop for beginners. You will be taught the basic KPop routines and choreography to popular KPop music.

This club begins at 3.40. All Primary students must be supervised by a parent of a nanny until the club begins.

(15 sessions)

Teacher: Ms. Mai	Day: Thursday	Venue: Drama Studio	No. of Students: Min. 5 Max. 12	Cost: \$135
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Karate

At ShimBuKai Karate Academy, we believe that the goal of Karate is to establish good manners and to development of character.

Students are taught to respect each other, honesty, humility and qualities like determination, self-control, and justice.

(17 weeks)

Teacher: Mr. Andy	Day: Thursday	Venue: Secondary Cafeteria	No. of Students: Min. 5 Max. 15	Cost: \$120
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ROBOTICS: MRT3 (Senior Robotics)

MRT 3 curriculum is supporting students to learn essential STEM (Science, Technology, Engineering and Math) concepts. The curriculum includes the assembly process and its scientific principles help students to understand easily. It has hands-on activities that will help students to understand mechanical and structural principles.



(17 weeks)

Teacher: Advanced Learning Academy	Day: Thursday	Venue: 3201	No. of Students: Min. 5 Max. 10	Cost: \$272
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Aviation Club

Drones are an exciting use of technology that has captured the imagination of both children and adults in recent years. This unique program was developed to teach and expose students to the world of radio controlled flying and Unmanned Aerial Vehicles, UAVs. Students will learn flight concepts, history of Aviation, fundamental concepts that have allowed aviators and scientists make roaring developments over the last century, and how to fly drones. By nurturing aviation knowledge at an early stage, youths will be inspired to seek careers in the exciting and emerging aviation industry as military/civil pilots, air traffic controllers, engineers and professional modelers.

The first 7 weeks of this club will take place in the EL3 room and after that the club will move to the tennis courts.

(17 weeks)

Teacher: Advanced Learning Academy	Day: Thursday	Venue: EL3 and Tennis Courts	No. of Students: Min. 8 Max. 16	Cost: \$374
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Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

Thursday 23 January 2020- Thursday 4 June 2020

Requirements- Parents, guardians or nannies must attend and children must be signed up for Tuesday and Thursday.

Teacher: Ms. Kiri	Day: Thursday, 8am-9.30am	Venue: Early Learning	No. of Students: Max 12	Cost: \$765
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General English for Parents

This club is for parents to develop their general English skills, no matter how basic or advanced parents are when joining, there is something for everyone at these classes. Most people think their English is too weak to join and are afraid of embarrassment or slowing others down, but if you have managed to read and understand this descriptor (translating some words, but not all), then your English is above average.

(17 weeks)

Teacher: Mr Sam	Day: Thursday	Venue: Room 2204	No. of Students: Min. 5 Max 12	Cost: \$60
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Yoga

Teaching yoga to kids is a uniquely wonderful way to guide them into a healthy lifestyle. From a young age, they should be taught how to calm the mind and become more emotionally stable. Kids go through a lot of physical exertion; yoga helps them calm down and yet builds their strength. They love learning through fun and not through routine patterns, so yoga poses need to be specifically portrayed for kids to enjoy them. Yoga also increases their flexibility and reduces anxiety and stress among kids.

(15 weeks)

Teacher: Art of Living	Day: Friday	Venue: Secondary Cafeteria	No. of Students: Min. 5 Max. 15	Cost: \$177
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Educational Soccer

Students will learn the basic skills needed to play soccer including, drills, skills and full games.

(15 weeks)

Teacher: Soltilo	Day: Friday	Venue: NISC Field	No. of Students: Min. 5 Max. 15	Cost: \$165
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Mixed Touch- All Primary

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

Requirements- Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(15 weeks)

Teacher: Kampuchea Baloop	Day: Friday	Venue: NISC Field	No. of Students: Min. 5 Max. 15	Cost: \$105
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Tennis

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and hand-eye coordination of the students, while also covering basic racket handling skills.

Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia.

Requirements: comfortable activewear and proper white sole running shoes.





(15 weeks)

Teacher: Mr. Neang Phearith	Day: Friday	Venue: NISC Tennis Court	No. of Students: Min. 4 Max. 8 per coach	Cost: \$124
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Zumba for Parents and other Adults

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.



Requirements: Comfortable active dance clothes.

(15 weeks)

Teacher: Advanced Learning Academy	Day: Friday 8:00-9:00	Venue: TBC	No. of Students: Min. 5	Cost: \$8 per session
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LEAP Programme Calendar Semester 2

January					Week 18					Week 19					Week 20					Week 21					
					6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31	
Feb	Week 22					Week 23					No School					Week 24									
	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28					
March	Week 25					Week 26					Week 27					Week 28					Week 29				
	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31			
April	Week 29 con...					No School					No School					Week 30					Week 31				
			1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	
May	Week 31 con...					Week 32					Week 33					Week 34					Week 35				
					1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29
June	Week 36																								
	1	2	3	4	5																				

Gray - No School

PD Day (no students)- January 6

School Holiday- February 17-21

3 Way Conferences- March 16

Half day- April 3

Khmer New Year- April 6-17

PD Day (no students)- April 20

King's Birthday- May 15