sodexo

Nord Anglia International School - May 2018



	Monday		Tuesday				Wednesday			Thursday			Friday
			1-May				2-May			3-May			4-May
				A	9	Ŕ	Potato and Beef Curry with Rice (Not Spicy)	A	(Teriyaki Fish with Corn Rice	A	٩	Braised Potato and Chicken with Rice
		Public Holiday		в	Ę	CI	chicken with Cheesy Cream Sauce with Penne	в	Ô	Meatballs with Tomato Sauce with Spaghetti	в	(Fried Ramen with Seafood
				с		-	Egg Mayo Sandwich	с		Greek Salad	с	-	Avocado and Cheese Sandwich
	Monday		Tuesday				Wednesday			Thursday			Friday
	7-May		8-May				9-May			10-May			11-May
A	Eggplant with Beef with Rice	Α	Sauteed Chicken with Vegetables with Wild Rice	A	Ĉ.	ð	Char Siu (BBQ Pork) with Scrambled Egg with Rice	A	ê	Sweet and Sour Pork with Corn Rice	Α	Ŕ	Sauteed Beef with Cabbage with Rice
в	Fried Noodle with Shredded Chicken	в	Penne Napoleon	в	Ę	🍨 o	Chicken Cabonara with Spaghetti	в	-	Sweetcorn Macaroni Cheese	в	<u>(</u>	Bacardi Pork Loin with Penne
с 🧐	Chef's Garden Salad	C	Ham and Cheese Sandwich	с		1	Potato Salad	с	٩	Chicken Sandwich	С		Veggie Salad
	Monday		Tuesday				Wednesday			Thursday			Friday
	14-May		15-May				16-May			17-May			18-May
A 🧕	Teriyaki Chicken with Rice	A	Sweet and Sour Fish with Wild Rice	e A		-	Thai Potato Curry with Rice (Not Spicy)	A	1	Beef Stroganoff with Corn Rice	A	٩	Chicken Balls with Garlic in Abalone Sauce with Rice
в	Spaghetti Bolognaise	в	Chicken A La King with Penne	в	- and	5	Meat Lasagna	в		Fried U-Don with Vegetables	в		Vegetarian Singapore Noodles (No Egg)
с 🦚	Tomato and Cheese Sandwich	С	Potato and Egg Salad	с	Ę	٩	Turkey Sandwich	с	٩	Chicken Salad	с	Ŕ	Roasted Beef Sandwich
	Monday		Tuesday				Wednesday			Thursday			Friday
	21-May		22-May				23-May			24-May			25-May
	CPD Day		Public Holiday	Α	9	()	Pan-fried Sole Fillet with Gravy with Rice	Α	Ŕ	Sauteed Beef and Vegetables with Corn Rice	A	(A)	Honey Glazed Pork Loin with Rice
				в	Į,	C 🤤	chicken with Cheesy Cream Sauce with Penne	в		Sweetcorn Macaroni Cheese	в	A	Spaghetti Bolognaise
				С		**	Pasta Salad with Bell Pepper in Basil Sauce	С	%	Tuna Fish Sandwich	С	-	Potato Salad
	Monday		Tuesday				Wednesday			Thursday			Friday
	28-May		29-May				30-May			31-May			
A 🥨	Potato & Vegetables Curry with Rice (Not Spicy)	A	Char Siu (BBQ Pork) with Scrambled Egg with Wild Rice	A	ć		Yang Zhou Fried Rice	Α	٩	Chicken Tandoori with Corn Rice			
в	Vietnamese Style Beef with Penne	в	Beef with Mushroom and Tomato with Spaghetti	в	Į.	Q jj	Chicken Cabonara with Penne	в	Ŕ	Spaghetti Bolognaise			
c 👸	Ham and Cheese Sandwich	c	Veggie Salad	с		-	Egg Mayo Sandwich	с	-	Chef's Garden Salad			

Please note :

1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.

2 The price for each lunch option is \$33 (Received payment on or before 27 April 2018) / \$35 (Received payment after 27 April 2018)

Payment Details :

1 Please make a crossed cheque payable to : Sodexo (HK) Ltd

2 Please write your child's name, class and a contact phone number at the back of the cheque.

Choose often - Contains low levels of fat Good Choice - Contains moderate amount of fat On Occasion - Contains high level of fat

*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day. The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : ______ Class : _____ Contact Number : _____ Contact Email : _____ Cheque Number : _____