

		Monday		Tuesday		Wednesday		Thursday		Friday				
		4-Jun		5-Jun		6-Jun		7-Jun		8-Jun				
	A										Napoleon Pork Loin with Rice			
	B										Fish Fillet in Cream Sauce with Penne			
	C										Tomato and Cheese Sandwich			
		Monday		Tuesday		Wednesday		Thursday		Friday				
		4-Jun		5-Jun		6-Jun		7-Jun		8-Jun				
A		Hungarian Beef Goulash with Rice	A		Diced Pork in Sweet Corn Sauce with Wild Rice	A		Fried Rice with Diced Chicken and Pineapple	A		Scrambled Egg with Beef and Tomato with Corn Rice	A		Pan-fried Sole Fillet with Gravy with Rice
B		Teriyaki Chicken Steak with Spaghetti	B		Sweet and Sour Fish with Penne	B		Meat Lasagna	B		Penne Napoleon	B		Spaghetti Bolognese
C		Greek Salad	C		Avocado and Cheese Sandwich	C		Potato Salad	C		Chicken Sandwich	C		Veggie Salad
		Monday		Tuesday		Wednesday		Thursday		Friday				
		11-Jun		12-Jun		13-Jun		14-Jun		15-Jun				
A		Chickan Curry with Rice (Not Spicy)	A		Sweet and Sour Pork with Wild Rice	A		Chicken A La King with Rice	A		Beef Stroganoff with Corn Rice	A		Chicken Balls with Garlic in Abalone Sauce with Rice
B		Sweetcorn Macaroni Cheese	B		Beef with Mushroom and Tomato with Penne	B		Vegetarian Singapore Noodles (No Egg)	B		Carbonara Fish Fillet with Spaghetti	B		Hungarian Pork Chop with Penne (Boneless)
C		Ham and Cheese Sandwich	C		Chef's Garden Salad	C		Tuna Fish Sandwich	C		Pasta Salad with Bell Pepper in Basil Sauce	C		Egg and Mayo Sandwich
		Monday		Tuesday		Wednesday		Thursday		Friday				
		18-Jun		19-Jun		20-Jun		21-Jun		22-Jun				
Public Holiday		A		Beef Curry with Wild Rice (Not Spicy)	A		Yang Zhou Fried Rice	A		Honey Glazed Pork Loin with Corn Rice	A		Char Siu (BBQ Pork) with Scrambled Egg with Rice	
		B		Chicken with Cheesy Cream Sauce with Spaghetti	B		Chicken Carbonara with Penne	B		Spaghetti Bolognese	B		Vegetarian Lasagna	
		C		Avocado and Tomato Sandwich	C		Potato and Egg Salad	C		Tomato and Cheese Sandwich	C		Roasted Beef Salad	
		Monday		Tuesday		Wednesday		Thursday		Friday				
		25-Jun		26-Jun		27-Jun		28-Jun		29-Jun				
A		Potato and Vegetables Curry with Rice (Noy Spicy)	A		Chicken Fillet in Portuguese Sauce with Wild Rice	A		Pork Chop in Onion Sauce with Rice (Boneless)	A		Beef Fillet in Cantonese Style with Corn Rice	A		Sauteed Chicken with Vegetables with Rice
B		Meatballs with Tomato Sauce with Penne	B		Sweetcorn Macaroni Cheese	B		Fish Fillet in Tomato Sauce with Spaghetti	B		Fried Ramen with Seafood	B		Spaghetti Bolognese
C		Turkey Sandwich	C		Roasted Beef Salad	C		Egg and Mayo Sandwich	C		Greek Salad	C		Avocado and Cheese Sandwich

Please note :

- 1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- 2 The price for each lunch option is **\$33 (Received payment on or before 25 May 2018) / \$35 (Received payment after 25 May 2018)**

Payment Details :

- 1 Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- 2 Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.

The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : _____

Class : _____

Contact Number : _____

Contact Email : _____

Cheque Number : _____