

Hear from the Teachers – 17:00 to 18:00

Dates	Topics	Section
Oct 28th	Building healthy relationships	Preschool/Primary
Nov 25th	Screen time	All sections
Jan 13th	Healthy relationships	Middle School Secondaire
Feb 18th	Sexual consent	High School
Mar 24th	Stress and anxiety	All sections
Apr 28th	Transition to University	High School
May 27th	Change and resilience	Preschool/Primary

Parent Plus Coaching 17:00 - 18:30

Sections	Dates
Middle & High School	1st semester
Preschool & Primary	2nd semester

For more information and reserving your place for the *Parent Plus* coaching sessions please contact Ms. Betty van Pappelendam at <u>betty.vanpappelendam@cdl.ch</u> or 022 775 5628

