

Parent & Student Boarding Handbook **2021-2022** 



# Dear parents, dear students



We all want our children to be happy, confident, and secure and to enjoy the most formative years of their lives. We want them to be supported and challenged in equal measure, so they achieve their goals and fulfil their potential. I am keenly aware of the hopes and aspirations parents and students have for their education; one of my daughters is in IG2 and the other graduated this year from Collège du Léman.

At the end of their time at Collège du Léman we want our students to have developed a lifelong love of learning and to have their achievements endorsed by internationally recognised and respected qualifications such as the IB (International Baccalaureate Diploma). This will enable your children, to gain entry to the courses at the universities that are best suited to their abilities and meet their aspirations.

At Collège du Léman, we have high ambitions and expectations of excellence. We expect the best of ourselves as Houseparents and we encourage students to work hard, with commitment, to conduct themselves well and to treat fellow members of our learning community with respect. I am grateful for the trust that parents place in us. In return, we undertake to provide the highest quality educational experience we can.

This education is not confined to the classroom, though academics are central to our mission. Beyond the classroom we provide a uniquely wide range of opportunities in music, art, theatre, sport, adventure, service, leadership, and internationalism. These allow each student to excel in one or more areas and to grow in confidence and develop new skills. Our approach is personal and individualised; we seek to identify and maximise the strengths of every individual and to help all students to overcome any obstacles to their achievements.

Personal wellbeing is a core component of how we equip our students for the future. This ability for students to understand their own strengths and weaknesses, to take the time to reflect on the importance of decisions that they make is central to success. The ability to have a balance in one's life, to feel fully content with the self, is a goal that will bring confidence and more importantly, happiness. This is true preparation for success.



For current parents and students, please remember that your insights are valuable, and I will always listen carefully to your views. In addition, I recommend you all to download the <u>CDL</u>

News App - it is by far the best way to stay in touch and see what's going on at school.

## Covid-19 pandemic

### Challenges, opportunities, global togetherness

We are now entering our third academic year with Covid and is clear that our routines and everyday habits are changed. Our rules are guided by the medical advice that we have placed at the centre of our decision-making. While these routines force us into uncomfortable situations, they also help us to ground ourselves, to recognise the fantastic opportunities that we have here.

Recent events have been challenging, but the change in lifestyle has also brought us some positive benefits. We recognise the real importance of values such as internationalism, cooperation, respect and tolerance in the world, more than ever. Switzerland is a country known for its high standards and healthy outdoor lifestyle, and we are taking the opportunity to remind all our students about hygiene standards, and our focus on a holistic educational programme remains foremost.

Our drive for our students to recognise the importance of Wellbeing continues to be central to what we do. It may be that some activities are temporarily unavailable, that trips become postponed. Still, you can be sure that we are developing and expanding our internal activity programme to ensure that we deliver this vital component.

We are confident that you will recognise that our precautions are in the interests of the safety of our community. We depend on your support as parents to help us navigate these waters safely and to ensure that step by step, we get used to this new normality. In the meantime, we are here to listen to your concerns, however big or small they might seem to you. All our procedures are governed by medical advice, and you can stay up to date with all our measures by going to <a href="https://www.cdl.ch/covid">www.cdl.ch/covid</a>.



**Justin Usher** Director of Boarding

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# Our boarding aims and objectives





The boarding team at Collège du Léman International Boarding School takes great pride in our boarding community. We provide a high quality boarding experience, promoting the welfare of each student within a safe, caring and happy environment. We develop the individual character and confidence of every student. The Boarding House team provides a healthy balanced lifestyle offering guidance and support, enabling boarders to reach their full potential.

#### Our aims are to:

- Provide a home from home boarding experience that is safe, relaxing and comfortable, focusing on student Wellbeing.
- Promote a spirit of teamwork and communal responsibility within each Boarding House.
- Ensure that each boarder has the opportunity to develop academically, socially, morally and culturally in an atmosphere of positivity, encouragement and trust.
- Provide open and positive dialogue and work in close partnership with all boarders and their parents.
- Provide a solid foundation for our boarding students to understand and embrace our School.

### Our goal is simple

To help your child reach their academic potential while nurturing the values of respect, responsibility, independence and hard work. We depend on your support to help your child achieve their full potential.

### Respect

We expect all students to show respect towards other students, visitors and all staff, whether they are cleaners, teachers, House Staff, or management.

#### Wellbeing

We expect all students to embrace the wellbeing culture that is delivered through the Boarding Programme.

#### **Academics**

We expect all students to work hard and concentrate in lessons, as well as study halls. Where students are seen to be in need of extra help, such support will be provided for them.

#### Activities

We expect students to invest in the Boarding Programme, and while many activities are voluntary, some are compulsory.

#### **Exeats**

While we accept that every so often students will have opportunities outside the Boarding Programme, weekend exeats are expected to be kept to a minimum, in general once a month.

# Boarding Mission Statement

We strive to provide a safe second home for all of our students, dedicated to stimulating and positive character-building education, devoted to the best student pastoral support, promoting the core values of...

Responsibility

**Self-Improvement** 

**Respect and Tolerance** 

**Mutual Understanding** 

A Positive Attitude when faced with new challenges

# Welcome to our Boarding House





## So, let's get started!

The information contained in this Handbook aims to inform all those concerned about the principles, policies and procedures that will prepare you accordingly for a happy and successful boarding experience.



Something that you will hear and see a lot when you arrive is our core values of Respect, Internationalism, Team Spirit and Excellence (RISE). This ethos is in place to support our students to become their best selves, promoting wellbeing and creating life-changing experience. Challenging students to be ambitious in their learning through authentic inquiry and reflection. Fostering well-rounded, autonomous citizens of the world who exhibit moral integrity and social responsibility. This is our mission!

We believe it is important to take a moment to focus on our values because they are our foundation and set us apart from others. We have a mnemonic that allows these values to be at the forefront of our minds in all areas of school. The word is RISE, and you will surely see it everywhere you look on campus. It is represented by the statue at the entrance of school. The statue is titled "Eleve toi" – "RISE" by Igor Ustinov, a former student of Collège du Léman.

This statue is a symbol and a daily reminder to us that as a person, our foundations must be rock-solid for if we aim to achieve success, regardless of our definition of success. It illustrates too that one person's success is supported by many others, whether they are family, friends, house parents or teachers.

This bedrock of values defines your experiences in your new homes, your Boarding Houses. Each House has its own unique flavour, and ethos, but within this character you will find the same values are embedded.



# Our RISE values





# Excellence

We define excellence as displaying a growth mindset to become the best possible self, through intrinsic motivation, resilience and ambition

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# Spirit

We strive to be an inclusive community

We support and encourage each other

We value empathy We have a socia responsibility to others

We are generous

We take pride in our school community



# Internationalism

We welcome everyone from everywhere

We value our diversity

We are open-minded

We are understanding

We strive always to work with others

We celebrate internationalism



# Respect

We respect and value:

Ourselves and our families Other cultures and religions

The environment

The property of others

All members of our community

The laws and traditions of the societies in which we live and work

# Meet the team





### **Boarding**



**Mr. Justin Usher**Director of Boarding



**Mme. Dominique Salamin**Deputy Head of Boarding
(Administration)



**Mr. Salvatore Politano**Deputy Head of Boarding (Pastoral)



**Mr. Romolo Calvini** Extracurricular Senior Manager



Claire Rocheteau Camps Manager



Mrs. Jody Kallay Boarding Counsellor

### **Administration**



Mrs. Pauline Nord Director General



Mr. James Bearblock
High School Principal
& Director of School
Advancement



**Mr. Mathieu Hartmann** Middle School Principal



**Mrs. Katherine Nuttall**Primary School Principal



**Mr. Emmanuel Coigny**French Section Principal

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Every child deserves a champion, an adult who will never give up on them, who understands the power of connection and insists that they become the best that they can possibly be.

# Have you remembered everything?



### Before you pack - the school dress code

Primary Boarders wear school uniform during timetabled school events and may change into their own clothes after their last school commitment. Secondary students must follow the Dress Code Policy. Full details of the school uniform policy are given in the Parent & Student Boarding Policies and Procedures.

During the school week, we expect our students to dress appropriately for classes and activities, following our dress code and our ethics. We do not feel there is a need for excessively expensive clothing and branding plastered all over their tops and trousers. This generally sends a negative message, misleads our kids' behaviours, and attracts unnecessary attention.

In our experience we see that some students place excessive attention on branded clothing as they believe that brands will contribute to greater social acceptance helping them to fit into a particular subculture or peer group.

In this sense, our effort against branded clothes is not a campaign against quality products but rather an action aimed at addressing issues such as insecurity, peer pressure, and a determined attempt to reducing feelings of personal inadequacy and anxiety.

When we ask our students to reflect on things like branded clothes, it is not about restricting their choices; our sole aim is to make sure that in our community students don't cultivate the belief that brands or more generally the pretentious display of wealth and luxury translate to popularity, sense of accomplishment, or sense of belonging.

We are fully aware that the number one job of an adolescent is to develop an identity among his or her peers, and we want our students to feel camaraderie, House spirit and belongingness to

an international community. We do this through our Boarding Programme, House and community events, by promoting nationalities to learn from each other, educating that actions have consequences and that showing kindness, love and compassion are more valued than brands, egos, and titles.



# Have you remembered everything?





### Valuables should be clearly marked

and a record should be kept of the serial numbers or identifiable features of these items.

Parents' personal insurance should cover all valuable items.

The school does not take responsibility for any loss or damage and you are urged to avoid bringing valuable items and large amounts of money.

### What to bring

- Personal clothing, to include smart casual items (polo shirt or shirts, equivalent for girls)
- 1 smart outfit for special dinners
- Pyjamas
- Personal toiletries
- Towels
- House shoes (slippers or suitable indoor shoes)
- Winter boots (casual)
- Winter coat (casual)
- Classroom stationery (basics will be provided at school)
- iPad or laptop computer

   (a school iPad or MacBook
   (grades 11 / 12) will be provided at school for academics)
- Mobile phone (compulsory -Swiss SIM card)
- Headphones for use with electronic media

- USB memory stick or external hard drive for backing up work
- Watch
- Alarm clock
- Hair dryer (optional)
- Torch
- Small sewing kit
- Copy of vaccinations book
- Documentation of any medical conditions
- Coat hangers
- A medium size padlock



#### **Extra-Curricular Activities:**

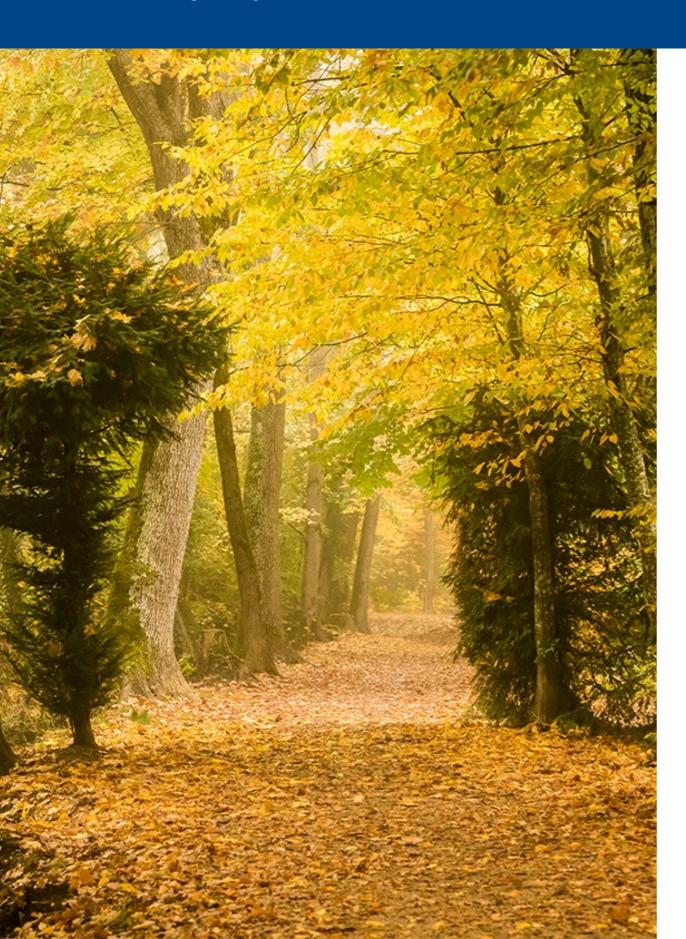
- Sports clothing and equipment (new students receive the basics at school)
- Gym shoes (for indoors only)
- Outdoor running shoes
- Water bottle
- Waterproof walking boots
- Water Sports Equipment
- Swimming costume (one-piece)
- Beach towels for water activities
- Ski clothing
- Digital camera (only required for photo club activity option)

# What not to bring

- Pets
- Knives
- Candles
- Electric Scooters
- Electrical cooking equipment, coffee machines or refrigeration devices
- Electric heaters
- Irons
- Television
- Medicines please see Medical Care appendix

# Let's get you settled in...





#### **New Boarders**

Collège du Léman has welcomed boarders from every part of the world for 60 years. However daunting it may first appear, the boarding routine will become second nature surprisingly quickly. There will be important issues to get right at the beginning, such as student ID card, school materials and physical education kit, uniform (primary students only), the timetable, layout of the school etc.

Each new student will be paired up with an experienced student buddy to whom they may go with any queries. Furthermore, as soon as they join our community, new students are provided with a thorough induction which allows them to become familiar with key places, daily routine, rules and regulations, expectations, and school values.

The initial weeks in a completely new environment can sometimes present some emotional difficulties for many new students and their families. The process of moving into a boarding school provides most children, no matter what age they are, with wide ranging emotions that will no doubt include excitement and anxiety. Many make the transition with ease whilst some find the change, initially, very difficult.

Homesickness is normal and is often triggered once the initial excitement has subsided and the initial challenges are faced. This may be an awkward social experience, a mistake that has been highlighted or a prolonged period alone where a child has time to think about loved ones. Key signs of homesickness often include excessive phone calls or text messages, usually involving a request to come home, a refusal to take part in organised activities that are optional, isolation and visible signs of unhappiness.

As parents, we hope you realise that this is a natural part of the adjustment process and that most students go through a period of homesickness at some point during the early stages of boarding. Most young people are secure enough to face challenges but do require people around them that they trust for support through difficult times. Homesickness tends to occur in the period between losing temporary contact with established and trusted support (parents, brothers, sisters, and close friends) and establishing new relationships at a new school. This takes time and explains why homesickness is usually a temporary experience.

# Let's get you settled in...



The whole school community comes together to support a child who is struggling with homesickness, and most of the times, the attention, care, and encouragement, alongside the experience of our dedicated boarding team, are the right antidote to homesickness.

However, there are some useful steps that can be taken by families as well to help move your child more constructively beyond homesickness:

- Recognise the symptoms early and be prepared to talk and more importantly listen to your child.
- Give your child a sense of security and establish a regular telephone 'check-in' time since simple routines will go a long way to help your child build a sense of normality and security away from home.
- Encourage them to get involved and ask your child about their extracurricular activities, clubs, and sports, and actively encourage them to take part and keep busy.
- Stay in touch with your child's House Parents. Together we will monitor progress carefully. Handled sensitively and positively, most cases of homesickness pass within a short time.



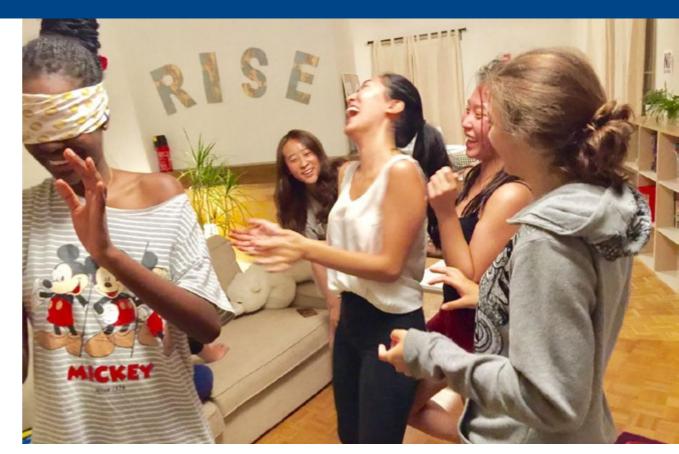
# A happy, safe place to live



At Collège du Léman, we pride ourselves on being a warm and welcoming place for young people to discover and grow. As in any family, each of Collège du Léman's boarding students holds a special and unique place. Whether our new students are a first-time boarder or at ease being away from home, the warm welcome our Boarding Houses offer guarantees a smooth transition into their second family. Our Boarding School offers the support that students need to achieve and be happy, and the freedom they require to become independent and confident. When students join our safe and welcoming Boarding School, they become part of our family community.

Our Boarding family concentrates on the emotional, social, physical, and academic growth of students aged between 8-18 years old. During these years, your children will see their independence and individuality advance. It is important that the student's experience during this vital period is guided by their loving family and a dedicated pastoral team that supports each student's development, so that they gain the confidence to meet the challenges in front of them.





An experienced team of House Staff, teachers, counsellors, nurses, and administrators work together to support the educational needs, physical, psychological, and emotional wellbeing of all our students. While a priority is academics, within Boarding our primary goal is to keep our students, safe, happy, healthy, and motivated. We like to challenge our students to be the best version of themselves. We promote healthy living through a balanced range of activities and outdoor programs. We promote wellness through our extensive wellbeing program. We promote creativity by offering opportunities to discover new experiences and share their talents. The above all links into our core values of Respect, Internationalism, School Spirit and Excellence (RISE) as a school.

# A happy, safe place to live



The House Parents play a key role within the Boarding team as they constantly look out for their students' best interest and welfare and have an overall view of their academic progress and wellbeing. The Boarding Staff will create a triangle of trust between themselves, the students, and their families, through regular, open, and consistent communication.

The fundamental requirements of the pastoral system are to insist upon high expectations, to develop positive cultures, and to provide individualised care and attention to our students. When these three elements are in place for our students, we create a powerful and positive effect upon the child's development and the learning environment as a whole. Underpinning the success of these three aspects is communication.





## **Special circumstances**

House Parents have a holistic overview of each child's development. It is therefore essential that, however trivial they may seem, any special circumstances that may affect a student's life at school, is communicated to House Staff without hesitation, so that potential issues may be dealt with sensitively, swiftly enabling appropriate support to be given.

# A message from our Primary & Middle School team





## Welcome to Collège du Léman!

It is our pleasure to welcome you to Collège du Léman, and we are very excited for you to start your journey with us, and we will be by your side to support you along the way. In the Boarding House, you are going to have the opportunity to make some wonderful friends. Each house has a family feel, and in the Primary and Middle School we have a wonderful team of staff who will become an extension of your family. Leading the houses, we have three key figures who you will get to know very closely. Ms Cristina, Mr James, and Mr Zach! Alongside them, we have a team of House Parents, House Tutors, and Activity Leaders who live and work in the Boarding Houses. You will get to know them all very well. I am sure that you and your parents have prepared your suitcases for arriving in Geneva to start your journey at Collège du Léman. If you have missed an item from the packing list attached, or you do not have something that you need, please do not worry. We will have time to go to the shops at the weekends. It would be our recommendation not to bring too many electronic devices, as we will be doing so many afternoon and evenings activities, as well as activities and trips at the weekends, that there will not be a need for such devices. A personal mobile phone will be fine. In our Boarding Houses we also strive to educate our boys and girls about the value of money and the values of humility and modesty, and therefore we would also ask you not to bring too many clothes, shoes, and items of high value, branding and slogans, especially to be worn during the school day.

The first weeks of moving to a new school, and for many you, a new country, can be very strange and unfamiliar for you. This is very normal for everyone and is not something to worry about. Soon enough, the Boarding School will feel like a second home and you will quickly integrate into our wonderful Boarding Community. You will have the opportunity to participate in so many activities, from sports such as Football, Rugby, Tennis, Golf... activities on campus such as Music Lessons, Cooking, Wood crafting, Robotics and activities off campus such as Horse Riding, Wakeboarding, Sailing, Skiing and Snowboarding. Whatever your passion or skill may be, or whether you are looking to try new things, there is something for everyone at Collège du Léman!

Have a safe journey and if you have questions at all, please do not hesitate to contact your Boarding House. Big hugs! Cristina, James, and Zach:-)



Mr. James GRIFFITHS



**Ms. Cristina FERRI CORTES** 



Mr. Zachary SMITH

# A message from our High School team





Mr. Gordon WILSON



Ms. Lucelia MALENGUE



Mr. Antonio MONTES

## Welcome to the High School section

We are the largest boarding section of Collège du Léman and the one where you will encounter the most significant growth in students. It is during these High School years that students mature into the responsible young adults of the future, as they prepare their journey towards their career path. Boarding students settle quickly into their Houses due to the vertical systems allowing them to gain the experience and knowledge of older students who act as mentors and buddies towards them. This advancement of ages through the House enables students to develop leadership skills as they support the growth and confidence of younger students.

The House is managed by a team of experienced staff who take on the role of parents within the House. They are fully invested in creating a family atmosphere which encompasses every aspect of a young person's needs. While a priority is academics, within Boarding our primary goal is to keep our students, safe, happy, healthy, and motivated. We like to challenge our students to be the best that is achievable for them. We promote healthy living through a balanced range of activities and outdoor programs. We promote wellbeing through open dialogue on the most pressing issues for teens. We encourage advancement by pushing our students to expand their self-awareness, emotional resilience, and social skills. We promote creativity by offering opportunities to perform, teach and share their talents. As House Parents in the High School section, it is our duty and passion to ensure we are instilling the best values and virtues upon our students We have a full set of activities to subdue the sportiest of students or to inspire the most creative!

Your daily life will be as rich as you want it to be, and it is our hope you join us with a lot of natural energy, motivation, and willingness to participate and make the global exchange as fruitful as possible. As a High School student, you will be closely followed by the House Parents and Academic Pastoral Heads, but you will also be encouraged to take responsibility and ownership over your choices and methods. Guidance and advice will be available every day for you within your House and outside of it. We will support you in your projects and encourage you to search for new goals and push yourself to new limits. As one former student said: "Boarding is all about all the things you can do!"



# Activities and clubs





At Collège du Léman, we believe in a balanced lifestyle and thus, we have created a large array of various activities for every weekend of the school year.

From water activities to indoor sports, to photography and art, and excursions in the Geneva area, we want our students to have all the opportunities to be active, to connect with others, to grow and discover, and most importantly have fun while doing all this!

Our clubs and students' committees Clubs and organizations are a great way to help develop our students' character and the skills that will benefit them in school, but also in life. Skills like commitment, leadership, effective communication, and being able to work successfully in a group all come from participating in a club or committees!

The proximity of a city like Geneva gives us a privileged access to its big cultural offers like the Red Cross Museum, the CERN, and the United Nations as well as the magnificent Lake Geneva which allows us to practise many water sports such as sailing, wakeboarding, paddleboard etc.

We will encourage you to make the most out of all these incredible opportunities which you will discover through our extensive Lake Geneva Programme!

#### **Our Clubs:**

- Art Club
- Badminton Club
- Basketball Club
- Boot Camp
- Drama Club
- Golf Club
- Horse-riding Club

- Music Practice
- Model UN
- STEAM Club
- Soccer Club
- Tennis Club
- Volleyball Club
- Woodwork Club

## Student Voice





Student voice involves students actively participating in our school, community, and our education system, contributing to decision making processes and collectively influencing outcomes by putting forward their views, concerns, and ideas.

Through our committees, at Collège du Léman we aim to promote student responsibility by enabling our students to have...

- a voice in the community,
- experience of teamwork and leadership,
- a feeling of belonging to the decision-making process,
- an opportunity to contribute to the community,
- an understanding of collaborative teamwork,
- an opportunity to prove their experience to a university or place of work.

Our committees meet at least once a month, and they work on and develop specific projects.

### **Dining Hall Committee**

This committee meets internally twice a term and externally with the Kitchen staff once a term. We monitor food choice and quality and provide constructive feedback. In addition, we run the International Dinners. Representatives can be of any age.

### **House Representatives**

These students are 'spokespeople' for their Houses and are required to canvass opinions that represent their Houses. They work closely with House Parents, but also with the Student Voice responsible. Open to any grades.

### **World News Reporters**

This Club is run by a group of students whose goal is to research and select relevant and important international news and report them during our monthly Boarding assemblies.

### **Community Service Group**

This is a way for students to selflessly give their time, energy, commitment or help to others. We believe that in the privileged position we are in, it is important we recognise this, and that volunteering enables students to acquire life skills and knowledge, as well as to have a positive impact on others.

Different initiatives include litter picking in the local area, helping younger members of the school, baking for the school Christmas market, deliveries to houses to name a few.

### **CDL Changing the World Group**

Little things can make the difference and we all are aware of the importance of small gestures and the effect they can have in the world of an individual. This group is for all students and staff who are keen in helping and making things better... not just at school but in their home countries. The idea is to have a group of students and staff members, during holiday time and spread around the world, pushing the values and the message of CDL to a global sense.

#### **Prefects**

These are senior students in Grade 12 who are role models and ambassadors from the student body. They are selected because in previous years have displayed high standards of behaviour by being respectful, cooperative, helpful, well-mannered, trustworthy, and responsible. They also display leadership qualities such as confidence, initiative, problem-solving skills, and are willing to take on extra responsibilities. They reflect the values that we hold dear. Prefects meet weekly with our Director of Boarding.

# A message from our Extracurricular Department





Collège du Léman is committed to offering an extracurricular program (ECP) of the highest quality. The ECP strives to enhance and supplement the academic programme and reinforce key areas of our mission throughout the whole school by accommodating the needs of our school community.

These activities help students in many areas, both socially and with their academic performances.

Extracurricular activities are found at all levels of our school system and include sports, performing arts, student council, school clubs, academic programmes, art, and various social events.

We believe extracurricular activities are an essential and extensive part of education. The development of skills when working in groups, along with the cultivation of hobbies and interests, the production of artwork, performances in plays and participation in interscholastic athletics and intramural sports all present many opportunities to students to discover and develop talents that emulate life in the adult community.



**Mr. Romolo Calvini**Extracurricular Senior Manager

# A message from our Camps Department





At Collège du Léman, the Camps and Boarding Departments work closely together throughout the school year, delivering some fantastic Winter and Summer programmes.

However, it is during the Winter season that the interaction between the two departments is at its peak with the organisation of the Boarding Mountain Weekends. Taking place in Crans-Montana, these weekends are an opportunity for students to try their hand at skiing or snowboarding for the first time or have a great time on the black slopes of this wonderful, traditional, Swiss resort.

What if you are not a keen skier or snowboarder you may ask? We have developed an exciting non-skier programme to offer the chance to our boarders to experience non-skiing winter activities such as curling, ice-skating, snowshoeing, dogsledding, and many others!

We aim to offer to our boarding students unique moments that will create memories they will cherish forever. These weekends are an integral part of a boarder's life at CDL!



There are only a few things that really impressed me in my life. One of them would definitely be the magnificent and beautiful scenery seen from the Swiss ski resorts. I have experienced snowboarding at most of the popular ski resorts around the world but none of the other ski resorts were better than the ski resorts in Switzerland. I would never forget my undefinable feeling I had when I first visited Crans-Montana which is the ski resort where boarding of Collège Du Léman travels every winter season. I promise you that it will be one of the valuable things you will experience during the boarding life.



Kotaro - Grade 12 student



**Claire Rocheteau** Camps Manager

# Keeping you healthy and safe





### **Our Wellbeing Programme**

One of the great luxuries of our school is the time we have available in Boarding. While it is a busy place with much going on, we do not need to limit ourselves to the school hours. Boarding assemblies, sport, drama, music, art, and weekend activities take place seven days a week and often continue into the evening. Removing this time pressure provides the freedom to create a range of opportunities that holistically support the wellbeing of each students. Wellbeing is naturally embedded into everything that we do at Collège du Léman.

In Boarding, we hold a high responsibility towards the safety and overall social, emotional, and physical wellbeing of our students. Their health and development are integral to how we organise and manage the routines and scheduling within the Boarding Houses. Each student is passionately mentored and guided by dedicated House Parent who will support their student through the natural life challenges that can arise at each developmental age.

We are also keen to ensure that the essential wellbeing topics of sleep, nutrition, exercise, emotional regulation, relationships, charity, and online safety etc., are explored thoroughly with students through the comprehensive CDL Wellbeing programme. Highly relevant topics are

delivered to students throughout the academic year. House Parents and students then engage actively in a range of activities and initiatives which explore essential wellbeing themes. Our tailored approaches encourage personal growth, open discussions, reflection, and collaboration through individual and community projects.

Our Wellbeing programme is defined through the following five pillars:

**Healthy Minds and Bodies** 

Protecting against Bullying and Respecting Diversity

**Building Positive Friendships** 

**Online Safety** 

**Making Safe and Responsible Choices** 

These Pillars guide us throughout the school year and offer us the opportunity to work on a range of many different projects and activities. The Programme allows students of all age groups to take ownership of their Wellbeing by constantly being exposed to discussions and reflection on educational topics and being guided by the caring presence of our dedicated Boarding team. The House Parents will constantly support and encourage their students to deepen their awareness and understanding of what a human being truly needs to flourish and thrive.

The continued communication and collaboration we have with parents is a vital part in how we foster authentic motivation and enthusiasm in our students to value their wellbeing. Each Pillar lasts between 4 and 6 weeks and a thorough and detailed Wellbeing report is sent to families at the end of each semester alongside the Academic report.

The Wellbeing Programme is our strategy to keep our students safe and healthy and keep families informed not only about academic progress but also about students' physical, mental, and emotional health.



**Mr Salvatore Politano**Deputy Head of Boarding (Pastoral)

# A message from our Boarding Counsellor



To fully enjoy a rich and successful education we believe every student should be emotionally, socially, personally, and academically guided and supported.

As Collège du Léman is a holistic education system, this support is part of the educational program and is free of charge. The Collège du Léman Boarding Counsellors embrace a highly holistic approach to supporting our boarding students.

We work in full collaboration with the House Parents, Pastoral Team and academic staff to deliver a comprehensive and tailored offering of interactive workshops, presentations, house visits and one-onone support.

Counsellors will assist students through prevention and education approaches which complement the overall Boarding Wellbeing programme. Students are encouraged to reach out to a counsellor when necessary, with any concerns they may have, whether they be related to exam stress, motivation, friendships, or anything else that is on their mind.

A Boarding Counsellor is available for all boarding students five days a week, including Saturdays and some evenings.



**Mrs Jody Kallay** Boarding Counsellor



# A message from our Nurses



The School has a Medical Centre which is open from 07:30 each weekday to 18:30. The staffing is composed of qualified nurses, who will make general checks on any student feeling ill.

When a student is ill, they will be expected to stay in the Medical Centre for the rest of the day, and rest in the beds provided. Clearly phones, MacBooks and iPads are not allowed to be used.

The Medical Centre will always endeavour to get in touch with parents when your child spends time in the Medical Centre. The School has a visiting doctor who will see your child if this is necessary. We also have a local doctors' that we use on a daily basis.

Should your child be unwell outside of the Medical Centre opening times, the House Parents will call a doctor for advice if necessary.

On the rare occasions that hospital visits are required, this will also be taken care of by the House Parents after the doctor has recommended that this is necessary. The Medical Centre will take care of any optician or dental appointments, as well as other treatments or physiotherapy.

No medication should be brought to school without a prescription. Please be sure to regularly update the Medical Centre on health matters, particularly after holiday illnesses. Please see details of our Healthcare policy and insurance terms and conditions.





# General health and safety





Health and Safety matters and areas of improvement are discussed between staff and students regularly within House meetings. All boarders are made aware that continuous monitoring should be kept on all Health and Safety matters so that the House can enjoy a healthy and safe environment. Regular checks are made to identify potential safety hazards and steps are taken to remove them or bring them to a boarder's attention.

### Notable safety concerns include:

- No knives should be kept in rooms.
- No matches, lighters, fuel, candles, or other flammable material should be kept in rooms.
- Electrical sockets must not be overloaded a maximum of one foursocket extension cable is allowed per room.
- Boarders are reminded to take care around open windows and balconies. Students are not to hang out / over these areas.
- No medication should be brought to school without a prescription

#### Fire

All Houses are fitted with systems that alert all staff and students in the case of a fire. All necessary fire safety equipment is checked and maintained on a regular basis. Full House fire practices are carried out regularly and new students who join late are taken individually through the fire evacuation procedure. All students are expected to follow fire alarm protocols. The sanctions for not doing so will have serious consequences.

Safe & Sound

The majority of House Parents,
Residential Tutors,
and Residential Boarding
Assistants are first-aid trained.







#### **Your House**

Our Boarding Houses are all excellent facilities, and we try to create an individual feel and character that suits the lives of the students who live there. The room standards are high, but room sizes and configurations may vary due to the different styles and geography of the buildings.

#### In their rooms, students will have:

- A bed
- A desk and study chair (not primary)
- Storage space for books, clothes, and personal items
- A lockable cupboard or drawer
- A combination safe for valuables
- A bedside light
- Connection to the internet

All rooms have toilet and shower facilities close by and many enjoy wonderful views. Students will be paired up with a roommate. Sharing a room fosters important personal skills and enhances the boarding experience. Therefore, we do not provide single room accommodations for our students. The importance of matching roommates successfully is clear, and House Parents will consult with boarders when allocating roommates, taking into consideration a range of factors, based on our experience Requests to change rooms will only be considered where a safety or wellbeing issue is raised. Students are encouraged to make their rooms feel homely whilst respecting the surroundings and style of the individual Houses. House Parents will brief and guide students accordingly. Any wilful damage to the student's area, including furniture and walls, will of course be billed to students.

#### Communal areas

As each of the Boarding Houses develops, so will the facilities within the Houses. All Houses have generous communal spaces, providing opportunities for boarders to interact socially, play games, or watch films. Boys may not go into girls' Houses and girls may not go into boys' Houses, except with permission from the House Parents and they will only be allowed in the communal areas. These spaces are also used for House assemblies and informal gatherings. All Houses have access to the fitness room and sport areas.



#### **Room tidiness**

Students are expected to maintain a high level of tidiness, cleanliness, and order throughout the House, and particularly with regards to their own personal spaces. Beds should be made, clothes hung up or stored correctly, personal items put away and floors left clear to assist House keeping staff. Whilst House Cleaners pay particular attention to cleanliness and hygiene, boarders are expected to be able to organise their belongings thoughtfully in readiness for the school programme.

Room inspections take place on a regular basis with at least one thorough inspection a week. This can involve checking all the hiding places where clothes and things are often hastily moved out of sight. Restrictions are placed on students who continuously fail to respect the relevant House standards with regards to room tidiness.

### **Security**

The Boarding Houses are all secure and can only be accessed by students and staff with a key. Final Year students can have access to the House on their own, where parental permission is given, dependent on academic performance.

All campus Houses are equipped with special locks to which students have an electronic key. Replacement keys are billed. Any large items may be secured in the House Parents' study. It is obligatory for Boarders to hand in their passports and Swiss residence permit to the Boarding Office for safe keeping; we also advise that travel tickets and important documentation are handed in to their House Parents for safe keeping. These items are secured within the House or School safe and are available upon request.

It is important that boarders do not keep large sums of money on their person, or in their rooms. We operate a strict limit of 200 CHF for cash kept in the room safes and this must be adhered to at all times. Everyone is encouraged to observe common sense security measures. We expect all boarders to use the school pocket money facilities for safety.

All property and personal items should be respected. Boarders are expected to safeguard their own personal items and not take items that do not belong to them without asking.

### **Pocket Money**

At the start of the school year, or as soon as they arrive during the year students in secondary school are issued with a debit card which will be loaded with their pocket money each week. This card can be used as a debit card in shops and to withdraw cash at the ATM.

Pocket money is issued weekly by the Accounts Office - parents should deposit money with the School for this purpose. Primary:
Grade 6:
Grade 7:
Grade 8:
Grade 9 & 10:
Grade 11 & 12:

Primary:
25 CHF
50 CHF
60 CHF
100 CHF

If every so often students need to draw extra money for a special purchase, please contact the House Parent or Mme. Salamin.

Please note that we do not allow students, regardless of age, to withdraw or keep large amounts of money. All basic expenses are covered by us in school, so we strictly regulate the amount of spending money that students have. We expect parents to support us with this by not allowing students to have more than our recommended weekly amount.

#### **Electronic Devices**

Every student is issued their own iPad for work, grades 11 and 12 are provided with a Mac Book Air. Personal computers, iPads and similar devices are not permitted in school, subject to certain conditions set out in the Acceptable User Policy.

At night, electronics are not allowed to be used. Devices and phones may be confiscated where a student cannot be trusted to follow the rules. Up until High School electronic devices are not allowed to be kept by students at night, to encourage healthy sleeping habits.

Games are discouraged, except during legitimate social times and chat rooms are strictly forbidden. It is acknowledged that social networking sites have advantages and disadvantages, and usage will be monitored where possible.

Within a boarding context, laptops may be used during study periods and designated free time.



#### **Email**

Each student is given an official School email address which we expect students to check at least once a day.

### **Telephones**

A Swiss Sim card is required by all students. Our team will help new students with the purchase of a SIM card as soon as they arrive on campus. Telephones are a part of everyday life for most students and can be important tools to communicate within school and between family and friends and for safety and security. As long as they are used sensibly, they are permitted in the Boarding Houses. Telephones are not to be used during study hall, mealtimes or after lights out. Failure to respect the telephone rules will result in them being withdrawn for a period deemed fair by House Parents or duty staff.

### Laundry

We provide a free laundry service for school and personal items. In addition, these items can be washed in the Boarding Houses with the support of House Staff as all Houses are equipped with washing machines for the use of students. Boarders are issued one laundry box. This box can be left in designated areas within the Boarding Houses, ready for collection. There are two laundry cycles. The laundry collection and return times are as shown. Students are required to fill in a laundry slip, giving details of the laundry box contents, which also ensures its safe return. In addition, all school bed linen is every two weeks. House Parents and Senior Students will remind new students and assist with the laundry system.

# Laundry Cycle 1

**Collection:** Monday morning **Return:** Wednesday afternoon

# Laundry Cycle 2

**Collection:** Wednesday morning **Return:** Friday afternoon

### Naming personal items

It is essential that all personal items are named. Do not forget socks, shoes, and bags. Experience tells us that students are capable of misplacing almost anything but items that are named are usually reunited with the owner quickly. All clothes should be labelled with sewn-in name tapes or with permanent pen.

### Lost property and insurance

Most lost property is collected and stored in the designated place in Leman. If items are genuinely lost, this should be reported to the relevant House Parent and reasonable steps will be taken to find them. However, neither the House nor the School can be responsible for any losses incurred on the premises. Parents are therefore advised to arrange for valuable items to be covered by an 'all risk' insurance policy. All students are required to use their safes and lockable areas for any expensive items.

### Personal hygiene

Taking the responsibility for one's personal hygiene is a basic, but an important aspect of being a boarding student. All boarders are expected to shower once a day and more often if participating in physical activity sessions. Clothes should be clean and tidy, and students are responsible for ensuring their laundry boxes are processed through the school laundry system. Students are responsible for doing their laundry or using the school provided service, once they have been shown how to use them.

#### **Pets**

There is no provision for pets of any kind to be kept by boarders within Boarding Houses.

#### **House duties**

Each Boarding House has cleaning personal on a daily basis, however, students are also requested to participate in House chores. This is to ensure cleanliness within the House and develop a sense of respect and pride in their Boarding House. Each duty should take no longer than 10 minutes except kitchen duty which takes a little longer. These include tidying up every morning their own room, making their own bed, emptying bins during the weekend, helping out with the recycling etc...



#### Meals

Students are expected to attend all meals unless special permissions are given on some of the weekend meals and always with the agreement of House Parents. Breakfast and evening meals, as well as all weekend meals are enjoyed in the Leman dining room. Lunches during the week are taken on campus with day students. All our meals are prepared in the absolute respect if the hygiene regulations and are regularly subject to external checks from the Swiss Health authorities. Likewise, our cooks follow the nutritional requirements for a balanced meal and are coordinated by our nutritionist.

Meals are important times to come together and discuss aspects of the day in a relaxed and friendly environment. Boarders should be on time for meals and be dressed accordingly, having showered if physical activity has taken place beforehand. Appropriate table manners must also be displayed. All students are expected to assist our staff by clearing away their tables and by leaving their eating areas as they would wish to find them. All dining tables have a space reserved for a member of staff. Takeaway meals are allowed but strictly monitored and regulated.

### Cooking

Students are encouraged to cook and may do so at reasonable times to be agreed with House Staff, using all the resources available to them in the House kitchen. No student should attempt to cook unless they have permission to do so.

#### House and social event

Each Boarding House will generally conduct one social event per term. This is a good opportunity for the whole House to enjoy time together, away from school in a more relaxed environment. Past social events have included meals out, cinema trips, ice-skating, bowling, and a water park trip.

Every Wednesday there is a House Assembly where important matters and issues are discussed alongside general notes and administration. Some of these will be led by the House Parent and some by the students. Furthermore, educational activities and discussions around the topics of our Wellbeing programme enrich the weekly schedule of our students.



# Take-away

In recent times with the easy access to ordering platforms, students have felt tempted to treat themselves with unhealthy meals. This occurs when students are given the financial means to buy food that is rich in taste but clearly poor in terms of its nutritional value.

We therefore need parental support to make sure that our students are encouraged to attend all meals in school, where quality and balance are ensured and where students can be supervised by our dedicated Boarding team.

This will prevent students from finding excuses to request access to large amounts of money which will be spent on items that could potentially be harmful to their health.



### **Electronic signing in and out**

The House Staff are responsible for the safety of their students. The following guidelines exist to ensure an overview is kept at all times:

- Students' whereabouts are known during the normal school day, lessons, activities, school events, etc. Outside of these times, it is the student's responsibility to inform their relevant House Parent of their movements via the House signing-out system.
- Each Boarding House has an electronic signing out system. Boarders are expected to use the system to notify their whereabouts to the rest of the House. Failure to do this may result in a suitable consequence, namely, reduced movements outside of the Boarding House.
- Interaction between Boarding Houses is encouraged but visiting students of the opposite gender are not permitted outside of common social areas under any circumstances.
- All visiting students should sign in to, and out of another Boarding House, and have permission from the House Parents in advance.
- Guests that are likely to enter the Boarding House, including immediate family, should have the permission of the House Parents in advance.

### The disciplinary system

Living together in a Boarding House is not always easy and from time to time, young adults lack awareness of the impact their behaviour may have on others. House values and standards are put in place to give everyone the best opportunity to enjoy living together peacefully.

House staff try their best to install a positive and supportive approach but if boarders display unacceptable behaviour on a frequent basis they are placed on Boarding Level. This may include restricted movements around the school, a written reflection, loss of use of electronics for entertainment, loss of privilege to go on exeats, earlier bedtime, extra duties and Community Service.

There are 3 Levels, starting at Level 1 which will be dealt with by House staff, moving on to Level 2 and Level 3. Any student placed on Level 2 will have a meeting with the Deputy Head of Boarding and parents will be

informed. Anyone on Level 3 will see the Director of Boarding and is likely to face a suspension at the very least. Each Level involves an extended period of loss of privileges.

If behaviour does not improve, more serious disciplinary actions might be taken; parents might be asked to take charge of their kids during a suspension and in some cases, expulsion may be explored.

#### **Boarding House visits**

Parents, guardians, and family friends are encouraged to visit the Boarding Houses. However, except in case of emergencies, visits should take place during the daytime and not interfere with the House routine.

We request that you contact the House Parent beforehand to discuss the possible arrangements and assure security.

#### **Parent access to Boarders**

You have the right to talk or visit your child at any time. However, we do request that parents are mindful of the school and House routine and try to fit visits around timetabled events such as mealtimes and study hall.

If you plan on taking your child out of school, we would be grateful if you could confirm your arrangements with us by emailing the House Parents (See Weekend Planning for more details). This reduces the likelihood of misunderstandings.





### **Boarding House rules**

A student's Boarding House is their home at Collège du Léman. Boarding students are expected to respect the privacy of others and are never to be in another student's room unless by invitation.

### **Campus**

Students are not allowed out of the campus except during free time, with permission from their House Parent.

### **Computers**

Computer use in the House is subject to the Acceptable Use Policy for School Computers stated in The School Rules & Disciplinary Section.

#### **Decorations**

Students may decorate their rooms within the bounds set by decency and good taste. Decorations such as LED lights or large and heavy frames should not damage or deface the room in any way. Students will be billed for the cost of repairs for any damage incurred during the year.

#### **House Hours**

Boarding students are expected to observe the lights-out times. Students out of their Houses after check-in times are liable to severe disciplinary action, including the possibility of suspension or expulsion from school.

### **Electrical Appliances**

Heaters, cooking appliances, refrigerators, televisions etc. are not permitted in the rooms. Access to Houses Except for Grade 12 living in outside villas, the Houses are closed during the school day. Grade 12 may return to Houses in the afternoon subject to permission from the House Parent, good academic standings, and parental authorisation.

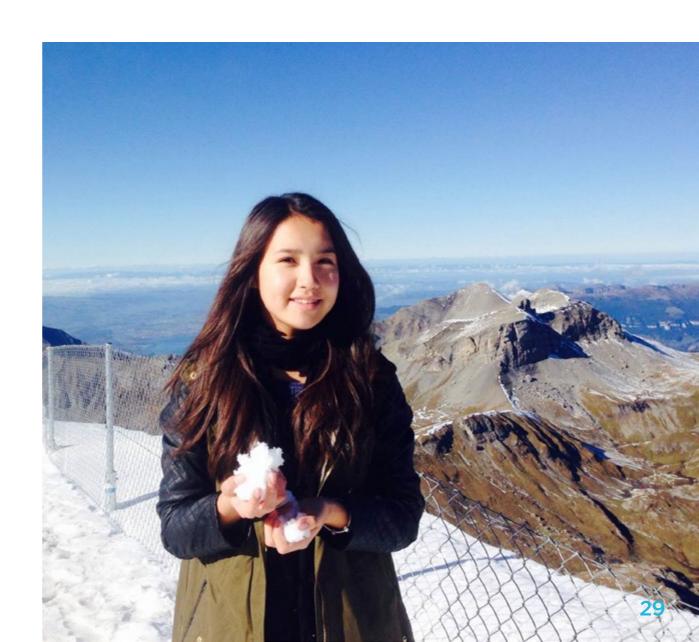
### **Evening Study Hall**

Boarding students in grades 9 through 12 who have shown their ability to study independently are granted the privilege of independent evening study; all others will attend supervised study hall. Quiet is to be maintained. There is to be no movement from place to place during the evening study hours. Parents should note that students may not receive telephone calls

during evening study periods. Group work can be organized with the authorisation of the House Parent.

#### **Weekend Exeat Permissions**

The boarding programme expects students to be here at the weekend. Once a month, a student of good behavioural standing, may request an exeat from Boarding. Permissions will only be granted on the understanding that an approved adult will be present. Students intending to exeat must submit an application form to the House Parent on the Wednesday (by 12.00) preceding the weekend.





#### **Common Areas**

All kitchens and common rooms should be taken care of by all students.

### Music, games

Students are allowed to have and play music as long as this does not interfere with the comfort and interest of other members of the community. During study hall hours, students with independent study privileges may only play music in their rooms with the use of headphones.

#### **Vehicles**

Boarding students are allowed to have and ride bicycles in accordance with their off-campus permissions. Bikes must be parked in designated areas. Students are not allowed electronic scooters, mopeds, motorcycles, or cars. Boarding students are never to ride in cars driven by other students.

### **Weekday and Weekend Check-Ins**

All boarding students are required to meet various weekend check-ins unless they have permission to be off campus. This is to ensure a student's welfare and to establish his or her whereabouts.

#### **Weekend Curfew Times**

All boarding students must have returned to campus by the following times and remain on campus for the rest of the night:

Friday	20.30	Grades 9, 10
	21:30	Grades 11, 12

### Saturday and Sunday 18:30

All students must be back on campus except Prefects by special arrangement. On the weekends and after holidays all students must check in with the duty team on return to campus.

### **Punctuality**

All students should endeavour to be punctual. It is a general expectation that students will understand the need to be in the right place at the right time, not just for class but also in the House.





# Planned absence / Authorised leave (Exeats - a period of time away from school)

Boarders are free to leave their Houses on some weekends if they do not have a school commitment or have not signed up to an extracurricular commitment. This may be an authorised absence during a weekend, or authorised absence during the week due to a medical appointment or family commitment. School commitments are published in advance through the school website. Parents wishing their children to leave school during a normal weekend are to inform House Parents. Requests are to be sent by email to the House Parents, using the Weekend Exeat form. Parents wishing to take their children during normal weekday school time (e.g. for exceptional family occasions) should notify the House Parents at least one week in advance in writing via email, to enable the relevant Principal to give permission. Requests without reasonable validity will be unauthorised.

### Weekend planning

It is important that families are familiar with the exeat procedures in the appendices.



#### **General conditions**

- Students may exeat with the permission of House Parents. In general House Parents will authorise one exeat per month. Students must fulfill school obligations regarding study commitments for the weekend ahead of permission being given.
- Parents/Guardians of boarders must provide the relevant House
   Parent all exeat information requested on the official form at least two full days prior to the exeat.
- We will not release a boarding student for exeat without there being a responsible adult available to provide for the needs of the child. Thus, regardless of parental consent, we do not allow students to stay alone in hotels or to attend parties where no responsible adult is present. We consider what constitutes 'responsible adult' on a caseby-case basis (generally they must be persons of 25 years or more of age).
- In instances where the boarding student is exeating to a third party responsible adult (other family member or parents of a friend for instance) the school will require confirmation of the arrangements from both parties (the hosts and the parents) and a signed Host Agreement must be provided.
- Where long standing arrangements are in place (for instance, the student departs every Friday to their Grandparents and returns every Sunday at 18:30 the school would require this arrangement to be made in writing at the beginning of the school year and expect that deviations from the arrangement (the student staying at school for the weekend) will be communicated as needs be.
- Students are free to exeat provided all the relevant permission is in place from 16h00 on Friday or after their last lesson on the day before a holiday. Students must return to the Boarding Houses by 18:30 on the evening before school recommences.
- Only emails coming from the registered parental contact on the school's official record will be acknowledged.
- House Parents will generally appreciate having a verbal confirmation of additional details.



# Registration for Weekday Activities and Parent Teacher Consultation

At Collège du Léman, all after school Activities and Parent Teacher meetings are managed through an online portal. All new parents will be provided with a username and password by email.

### The weekly activity programme

As part of the Boarding experience, each student must choose some after school activities, depending on their age. Each student needs to select a minimum number of activities per week:

Grade 5 to 8	4 activities
Grade 9 & 10	2 activities
Grade 11	1 activity
Grade 12	Open choice

Our aim will always be to ensure that the student's schedule is adapted to suit the best experience for each individual. There will be the possibility to sign up for suitable activities prior to arriving on campus, and this information will be communicated to parents by the Extracurricular Department and the House Parents. Should it not be possible for parents to complete the necessary before or during the summer vacation, House Parents will ensure that all students choose extracurricular activities according to their passions and interests, meeting the needs of the Boarding programme, and considering the minimum required hours of Study Hall. Please bear in mind that activity choices are made twice a year, allowing access to a greater choice.

### **Parents Teachers Consultation Day**

This is a special day where parents can come in to speak to teachers by appointment. We strongly encourage all parents to use this opportunity to visit our school and discuss directly with the teachers the academic progress of their child.

### These meetings are on:

Monday 8/11/2021 & Tuesday 15/03/2022

Should you wish to attend one or both of the Parents Teachers meeting organized during the academic year, the online portal will permit you to reserve a suitable slot and meet subject teachers. You will be informed by email when it is possible to start making reservations.

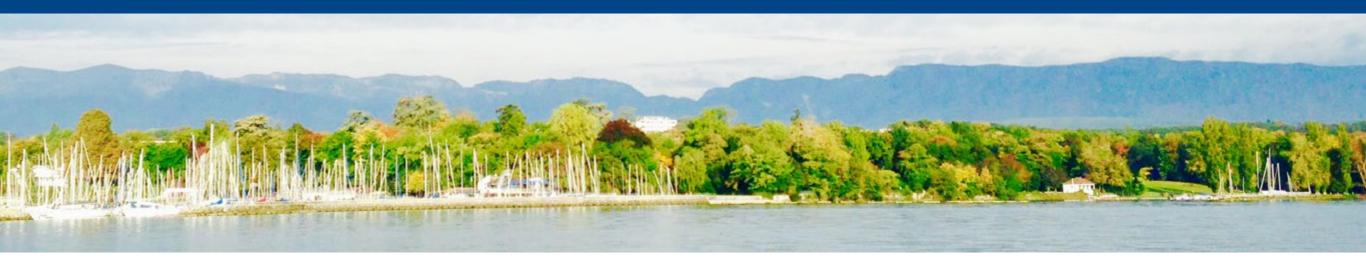
We are conscious that you may not be able to attend in person; so please be aware that House Parents monitor students' academic results across the year and will be booking appointments for students whose parents cannot attend. Please forward any question concerning the reservation process and timings to: <a href="mailto:dominique.salamin@cdl.ch">dominique.salamin@cdl.ch</a>

Should you experience difficulties accessing the portal write to: <a href="help@cdl.ch">help@cdl.ch</a>



# Travel arrangements





#### Start, Middle and End of Term

Term dates for the academic year are published in the Student and Parent Handbook in addition to the school website. It is important that parents make transport plans taking account of these dates and timings.

Arrival and departure arrangements must be communicated to the school via the House Parents and the transport arrangements must be communicated to House Parents at least two weeks in advance, prior to departure.

For students using our shuttle service, the School will assume responsibility from the moment they are under our care on the bus.

For students making their own private travel arrangements, the school will assume responsibility when the student has checked in with their House Parents at School.

The Houses in Boarding generally open 2 days before the start of lessons. We can organise for collection from the airport to School within 2 days of the start and end of holidays.

It is important when considering holidays to try to minimise the number of lessons missed as these can have a significant impact on students' progress.

Boarders should not expect to return from holidays early, nor stay after the end of term. The School is closed during certain periods\*

#### October Break (School trip available at extra cost)

Thursday 14/10/2021 Leave: 16:00 Sunday 24/10/2021 Return: 18:00

#### **Christmas Break**

Friday 17/12/2021 Leave: 16:00 Sunday 9/01/2022 Return: 18:00

### February Break (Ski Week available at extra cost)

Friday 18/02/2022 Leave: 16:00 Sunday 27/02/2022 Return: 18:00

#### **Spring Break** (Easter trip available at extra cost)

Friday 8/04/2022 Leave: 16:00 Sunday 24/04/2022 Return: 18:00

#### **Summer Holidays**

(please note this depends on Grade - see school calendar)

### Last day of school Wednesday 22/06/2022

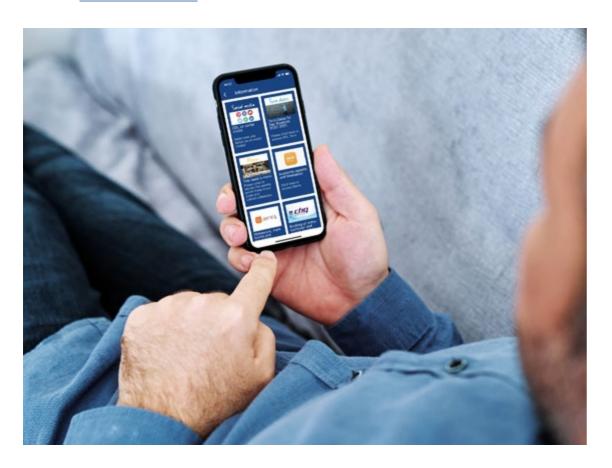
\* During the school year 2021/2022, we will exceptionally allow students to stay on campus if for any reason they might not be able to return home during holiday time.

# How can we help?



We have found that close communication between House Staff and parents makes a positive difference to the lives of boarders. We should be working in partnership with parents and agents. It is therefore important that House Parents have your full contact details including your address, work phone numbers, mobile phone numbers and email addresses.

The CDL News App is the most direct way for us to provide you with rich, timely and relevant information based on your child's age group. Through the CDL App all families will have access to the weekly bulletin from the Boarding office to receive regular updates on most relevant events regarding our Boarding community. You can read any news updates immediately, browse them later, or simply use the app as a source of useful links, contacts and information. All straight from your phone or tablet, making life simpler. You can find instructions on how to download the app and guidelines of the app features on our school official website.





### **Academics, Reports, and Private Lessons**

On arrival at School, your child will be given a timetable. All lessons including Physical Education are compulsory, and the penalties for missing lessons can be severe (see Absences section).

Reports on Academic Progress are given at the end of each of the 2 semesters. At Collège du Léman, we care about the academic progression of your child. To make it easier for you to access your child's reports, holidays, gradebook and the school directory, Collège du Léman has its own internal Information System called ITSlearnig. A username and password will be provided to you at the beginning of the school year. Shortly after the end of the semester you will be able to access the reports using ITSlearning.

Please note ITSlearning gives you real-time access to your child's grades and progress. Should your child need extra help in any subjects, the School offers Homework Support Classes. However, you may want us to organise private lessons at extra cost. To do this please contact the House Parent.

### **Concerns and suggestions**

From time to time, parents or agents may wish to discuss a matter with a House Parent. This is encouraged since communication is key between the two parties. A telephone call or email in good time will yield a solution in most circumstances.

# Our daily life



### Weekday timings

TTOORGIG	,
07:00	Wake up
07:30	Breakfast
08:20	Lessons
12:30	Lunch (time depends on grade)
15:50	End of classes
16:15	Activity 1
17:35	Activity 2
18:30 18:55	Dinner Juniors Seniors
19:30	Social Hour
20:45	Curfew & Study Hall
21:30	Quiet time
21:30	Lights Out (time depends on grade)

### **Weekend timings**

The weekend routine is more relaxed, and timings depend on the events and activities planned, taking into consideration workload and exams.

### **Weekend curfews**

Weekend curfews are more relaxed and depend on the events and activities planned, taking into consideration workload and exams.



# Know your boundaries



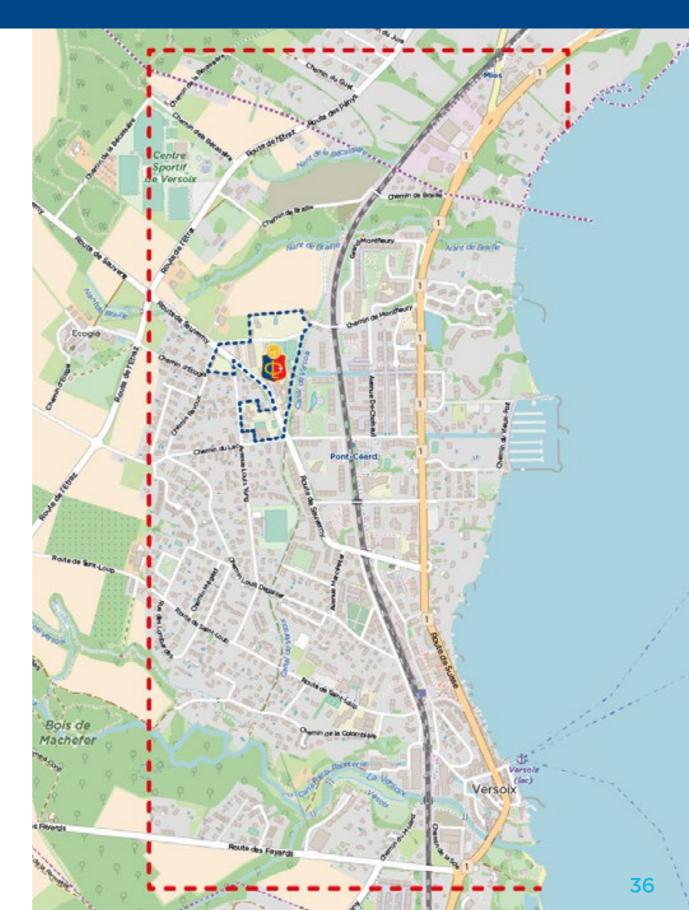
#### Out of bounds and curfews

Boarders are trusted to stay within the confines of the school boundaries as laid out in the Student and Parent Handbook. After school, boarders are free to sign out but must remain within the school bounds. On Friday evenings or Saturday afternoons, boarders from Grade 9 upwards may go to Geneva with the permission of House Parents. Middle School and Primary School boarders may only go into Geneva accompanied by an adult. High School students are allowed to go into Versoix, once they have signed out with the House Parent.

# Please note that all areas outside the dotted red line (including all water) are out of bounds.

Anywhere within the dotted red line is within the bounds allowed when signing out to Versoix. Please note that asking permission and signing out is still compulsory. During COVID-19 times, you must obtain permission each time you want to go off campus. It's also important that you know where you can go. The map below shows what we consider to be the bounds of the 'local' area. For anything further afield you must obtain specific permission from parents and the House Parents. Students over the age of 12 are expected to wear masks when out, if they cannot socially distance.





# House staff and contact details



### **Contact information for parents**

We value good communication, and in an effort to reduce the time taken to respond to your question, we hope that this list will be useful. Please note that it is generally useful to put the House Parent of the student in copy for any communication so that they are aware of any issues that are affecting your child. The House Parent's email address is firstname. surname@cdl.ch, e.g., for Thomas Nuttall: <a href="mailto:thomas.nuttall@cdl.ch">thomas.nuttall@cdl.ch</a>

#### **Concerns**

Please contact the relevant House Parent for initial concerns, but if you are not satisfied with the answer contact:

Mr. Salvatore Politano, Deputy Head of Boarding

<u>salvatore.politano@cdl.ch</u> +41 (0) 22 775 56 12

Mr. Justin Usher, Director of Boarding

justin.usher@cdl.ch

+41 (0) 22 775 56 01

#### **Exeat Arrangements:**

Please contact the relevant House Parent.

#### **Academic Issues**

For General Academic Progress Update and Academic Support contact the House Parent.

Please remember

Your child's House Parent is the primary point of contact.

<b>Private</b>	Lessons:	Mr.	Romol	o Ca	lvini
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<u>extracurricular@cdl.ch</u> +41 (0) 22 775 55 66

Absence involving missing lessons: Mr. Justin Usher

justin.usher@cdl.ch +41 (0) 22 775 56 01

#### **Travel Arrangements**

Start of term and end of term transfers to the airport, and flight details - Contact your House Parent

#### Visas and Permits: Admissions

admissions@cdl.ch +41 (0) 22 775 55 67

### Trips organized by Collège du Léman and Pocket Money

Mrs. Dominique Salamin

boarding@cdl.ch +41 (0) 22 775 55 05

#### **Student Billing:** Accounting

accounting@cdl.ch

#### Athletics Department: Mr. Pierre Quilez

sports@cdl.ch +41 (0) 22 775 57 03

#### **Boarding School Counsellor:** Mrs. Jody Kallay

jody.kallay@cdl.ch +41 (0)22 775 56 24

Medical Centre: Mrs. Floriane Maitre

<u>infirmerie@cdl.ch</u> +41 (0) 22 775 56 11

#### Camps Department: Claire Rocheteau

<u>camps@cdl.ch</u> +41 (0) 22 775 55 95

























We look forward to seeing you on campus.

The Boarding Team.

