



	Monday 26.06	Tuesday 27.06	Wednesday 28.06	Thursday 29.06	Friday 30.06
SNACK	CHEESE BUTTER WHOLEGRAIN BREAD VEGETABLES	MILK FITNESS CORN FLAKES	MUESLI BAR FRESH FRUIT	MILK SWEET WHITE BREAD	
Allergens	Gluten, dairy, lactose	Gluten, dairy, lactose, nuts, sesame	Gluten, dairy, lactose, nuts, sesame	Gluten, dairy, lactose	]
Allergens – may appear	nuts, sesame	-	-	nuts, sesame, egg	
Age 4-6	Energy: 365 kcal, Protein: 10 g, Fat: 16 g, Carbohydrate: 44 g, Salt: 0,8 g	Energy: 170 kcal, Protein: 9 g, Fat: 3 g, Carbohydrate: 27 g, Salt: 0,2 g	Energy: 267 kcal, Protein: 6 g, Fat: 5,5 g, Carbohydrate: 47 g, Salt: 0,5 g	Energy: 148 kcal, Protein: 11 g, Fat: 1,8 g, Carbohydrate: 22 g, Salt: 1 g	
Age 7-10: Salt (g)	Energy: 365 kcal, Protein: 17 g, Fat: 17 g, Carbohydrate: 36 g, Salt: 1 g	Energy: 219 kcal, Protein: 9 g, Fat: 4 g, Carbohydrate: 36 g, Salt: 0,5 g	Energy: 287 kcal, Protein: 4 g, Fat: 3 g, Carbohydrate: 60 g, Salt: 0,1 g	Energy: 218 kcal, Protein: 10 g, Fat: 6 g, Carbohydrate: 30 g, Salt: 0,3 g	
MENU	Green pea soup <sup>1,3,5,7,9</sup> Lasange (turkey) <sup>1,5,7,10</sup>	Cold mango shake <sup>1,5,7</sup> Crispy chicken thighs <sup>1,3,5,7,9</sup> Parsley potatoes <sup>7</sup>	Broccoli cream soup <sup>1,7,9</sup> Pork stew <sup>1,3,7</sup> Bulgur <sup>1</sup> /Noodle <sup>1,3,7</sup>	Four cheese chicken breast <sup>1,5,7</sup> Jasmine rice Ice cream <sup>1,3,5,7</sup>	SCHOOL CLOSES 12.00 NOON FOR SUMMER
Age 4-6	Energy: 598 kcal, Protein: 29 g, Fat: 15 g, Carbohydrate: 86 g, Sugar: 6 g, Salt: 5 g	Energy: 576 kcal, Protein: 31 g, Fat: 12 g, Carbohydrate: 84 g, Sugar: 15 g, Salt: 5 g	Energy: 574 kcal, Protein: 22 g, Fat: 32 g, Carbohydrate: 50 g, Sugar: 0 g, Salt: 4 g	Energy: 638 kcal, Protein: 25 g, Fat: 26 g, Carbohydrate: 74 g, Sugar: 12 g, Salt: 3 g	
Age 7-10	Energy: 705 kcal, Protein: 23 g, Fat: 23 g, Carbohydrate: 102 g, Sugar: 7 g, Salt: 6 g	Energy: 683 kcal, Protein: 34 g, Fat: 12 g, Carbohydrate: 107 g, Sugar: 15 g, Salt: 4 g	Energy: 666 kcal, Protein: 25 g, Fat: 38 g, Carbohydrate: 60 g, Sugar: 0 g, Salt: 5 g	Energy: 663 kcal, Protein: 35 g, Fat: 29 g, Carbohydrate: 64 g, Sugar: 11 g, Salt: 3 g	
SNACK	FRESH FRUIT RICE CAKES	VEGETABLES AND CHEESE STICKS	SALAMI/CHEESE BUTTER WHOLEGRAIN BREAD VEGETABLES	YOGURT HONEY FRESH FRUIT	
Allergens	-	Dairy, lactose	Gluten, dairy, lactose	Dairy, lactose	
Allergens – may appear	<del>-</del>	-	nuts, sesame	-	
Age 4-6	Energy: 111 kcal, Protein: 2 g, Fat: 0,6 g, Carbohydrate: 25 g, Salt: 0,01 g	Energy: 322 kcal, Protein: 12 g, Fat: 11 g, Carbohydrate: 43 g, Salt: 0,06 g	Energy: 389 kcal, Protein: 9 g, Fat: 19 g, Carbohydrate: 44 g, Salt: 1,3 g	Energy: 184 kcal, Protein: 6 g, Fat: 5,4 g, Carbohydrate: 28 g, Salt: 0,5 g	
Age 7-10	Energy: 118 kcal, Protein: 2 g, Fat: 0,6 g, Carbohydrate: 26 g, Salt: 0,01 g	Energy: 212 kcal, Protein: 15 g, Fat: 14 g, Carbohydrate: 6 g, Salt: 1,3 g	Energy: 370 kcal, Protein: 13 g, Fat: 19 g, Carbohydrate: 35 g, Salt: 1,3 g	Energy: 216 kcal, Protein: 8 g, Fat: 7 g, Carbohydrate: 30 g, Salt: 0,6 g	

ALLERGEN: 1) GLUTEN; 2) CRABS and their products; 3) EGGS and their products; 4) FISH and their products; 5) PEANUTS and their products; 6) SOYA and their products 7) MILK and their products 8) WALNUT and their products 9) CELERY and their products; 10) MUSTARD and their products; 11) SESAME and their products; 12) SULPHUR DIOXID 13) LUPINE and products made thereof 14) MOLLUSCS and their products