

Extra-Curricular Activities for Term 3

Morning ECAs (7.30 – 8.00 am)					
Activity	Day	Year group	Min Number	Max Numbers	Description
Ball Skills	Monday	Year 1 – Year 5	10	16	This is a morning session for those students that need to develop their gross motor skills and improve their basic ball skills. It's a great way to help students focus for the day.
	Wednesday	Year 1 – Year 5	10	16	
Badminton	Tuesday	Year 3 – Year 6	10	16	Come and play the fantastic sport of badminton! Master the skills, learn the rules and have fun!
	Thursday	Year 7 – Year11	10	16	

Sports ECA (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Athletics	Thursday	Year 3 – Year 9	10	40	For student who love to run and keep fit. Students who would like to represent the School X Country Team will be selected from this group.
Basketball	Tuesday	Year 6 – Year 11	12	24	Please join our basketball group for some fun games. We will work on dribbling, shooting and match strategies.
Cosmic kids Yoga	Thursday	Year 2 – Year 5	10	20	Cosmic Kids Yoga combines simple yoga routines with fun stories as you move through each adventure with the characters. This is beginners' yoga with a twist, both relaxing and active. Wear PE kit and a big smile.
Dodgeball	Tuesday	Year 7 –Year 11	10	20	In this ECA, you will not only get to dodge and throw balls, you will develop understanding and knowledge of the rules of ultimate dodge ball, start to use strategic skills as a team to outwit the opposing teams. This ECA requires the students to be fast on their feet. Have good hand ball coordination and have a good tolerance of projectile objects coming towards them.
Football	Tuesday	Year 3	20	40	For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and new “Let them play” concept.
	Wednesday	Year 2	20	40	
	Wednesday	Year 4 – Year 5	20	40	
	Thursday	Year 6 – Year 11	20	40	
Futsal	Friday	Year 2- Year 3	10	20	Futsal is great for developing students's close control and dribbling skills for when they are ready to transfer to football
Girls Football	Thursday	Year 4 – Year 11	10	20	Girls only football available. Learn new skills and play fun games with your friends.
Hockey	Thursday	Year 3- Year 6	10	20	For both beginners and experts. Improve your stick skills and work in teams to play games of outdoor hockey.
Netball	Wednesday	Years 3 - Year 11	10	60	Whether you've played before or want to give Netball a go, everyone is welcome to join the Netball E.C.A.! Improve your individual skills & games in this fun and exciting way.

Swimming	Monday	Year 2- Year 11	8	15	For all students who would like to come along and improve their stroke techniques and levels of fitness.
Table Tennis	Wednesday	Year 5- Year 11	10	20	Show off your spin, learn to serve and rally with your friends. We have nine new tables for you. There will be the opportunity to play singles and doubles
Touch Rugby	Tuesday	Year 4 – Year 8	20	40	Learn to play touch rugby in small and large teams. Practise different skills and compete with classmates.
Ultimate Frisbee	Friday	Year 8 – Year 11	12	24	Come and play the exciting sport of Ultimate Frisbee. If you enjoy learning a new sport which is fast and skilful then ultimate Frisbee is the ECA for you.
Water Polo	Wednesday	Year 7 - Year 11	12	24	Expand your knowledge of Water Polo, by playing and learning new skills to enhance your game play.
Yoga	Friday	Year 5 – Year 11	10	20	This yoga ECA will be teaching you Ashtanga and Hatha poses. These classes will help you improve your posture, breathing and senses. Gain an opportunity to keep your body healthy and your mind clear. If you would like to further develop your yoga skills, come and join us! Namaste.

Music ECAs (3pm – 4pm)

Activity	Day	Year group	Min Number	Max Number	Description
School Choir	Wednesday	Year 4 – Year 11	10	60	All students who love their singing and who wish to develop skills and repertoire are warmly invited to join. Choir members from previous terms are strongly urged to re-join.
School Orchestra	Friday	Year 3 – Year 11	10	60	Do you play a musical instrument? Would you like to be part of an Orchestra? Come along play with us. Guitar and keyboard players are also very welcome. Please note that you must be able to play a musical instrument to take part in the orchestra.
Singing Voices	Thursday	Year 2 - Year 3	10	60	All students who love their singing and who wish to develop skills and repertoire are warmly invited to join. Choir members from previous terms are strongly urged to re-join.

General ECAs (3pm -4pm)

Activity	Day	Year group	Min Number	Max Number	Description
Animal Lovers Club	Friday	Year 5- Year 9	10	20	Art-based workshops to promote awareness and kindness to animals, including fundraising for a local animal charity. Activities include direct contact with animals, painting, crafts, baking, t-shirt designing and visit to Cat Cafe. There will be a cost of \$40 that includes the visit to the Cat Café and a t-shirt applies, which needs to be paid at the 1st session
Animation Club	Tuesday	Year 3- Year 4	10	20	In animation club we will experiment with a variety of animation styles including cut-out puppets, drawn animation and 3D figures. We will learn techniques for bringing any object to life! The club is perfect for first-time animators!
	Thursday	Year 5- Year 6	10	20	
Art and Design	Tuesday	Year 4 – Year 6	10	20	To give students the opportunity to develop their design skills using different/mixed mediums. Let’s explore line, texture, colour, shape and patterns in this exciting new ECA.
Book Club	Tuesday	Year 5 –Year 7	8	15	Welcome to the Nerdy Readers Circle. Watch out for trailers of upcoming releases of new books and book related activities like solving crosswords and puzzles and reviewing of books. There will also be virtually live webinars of author interviews and DIY-Own book and comics.
Brain Teasers Club	Friday	Year 2 - Year 4	10	20	This ECA offers different types of puzzles that are written or spoken and require mental reasoning to solve. It also involves praxis ability to develop spontaneity.
Chess Club	Thursday	Year 3- Year 11	10	25	Whether you are new to playing or a master come down and improve you’re analytical and decision making skills.
Children’s Craft & Film Club	Tuesday	Year 2 - Year 4	10	20	Are you creative? Do you love films? Then this is the ECA for you. We create a variety of art related to movies. This is a wonderful way to spend your Tuesday afternoon.
Chinese Language Club (Native or Near native Chinese speakers)	Wednesday	Year 1- Year 9	10	20	The ECA is only available for those Chinese native or near native speaking student as the medium of instruction language is in Mandarin. Teachers will organise a variety of Chinese language learning activities such as Book reviews, Storytelling, Speech and Drama, Literacy seminar, Film shows, Debate Competition, Vocabulary games and so on.
Cookery	Friday	Year 4 - Year 5	10	20	Learn and enjoy cooking simple and yummy recipes. There will be a cost of \$20, which needs to be paid at the 1st session. Please inform school if any child has any food allergies.

Cross Stitch	Thursday	Year 2 – Year 5	8	16	Make a coaster a bookmark or mat using cross stitch. Simple for beginners to more advance by creating your own patterns using a wide variety of coloured threads. There will be a cost of \$10 which needs to be paid at the 1st session.
Debating Club	Friday	Year 4- Year 6	10	20	Calling all budding lawyers and politicians! Make your point of view count in the debate club ECA. Debate club will help develop and improve skills related to: world knowledge, persuasive communication, co-operation, faster/better note taking, speed reading, critical thinking, focus, organisation skills and taking responsibility for the world around you.
Design Technology Club	Wednesday	Year 7 – Year 11	8	10	If you love making things by using technology, this exciting new ECA is for you. You will have access to the 3D printer and CAD software to bring your ideas to reality!
Electric Music Makers	Wednesday	Year 3 – Year 6	8	16	A fun ECA that will enable you to make your own tunes using software in our iMac suite and on the iPads. Learn how to make sounds and then mix them together to make your own song in whatever style you like. Pop music, house music, drum and bass, experimental music and everything in between is possible.
ESL Club	Friday	Year 4 – Year 7	10	20	Come to ESL Club, a language learning haven. You can choose areas you'd like to focus on or enjoy. From quiet reading, to writing stories, researching projects and working on your phonics and grammar and even playing scrabble, everything is possible. This club is a great way to relax and keep working on your English skills in a positive way.
Fun Chinese Character Writing	Tuesday	Year 1-Year 3	10	20	Writing Chinese Characters can be fun! Drawing pictograph characters helps you to understand the beauty of Chinese language.
Fun with Fimo	Tuesday	Year 2 – Year 4	10	20	We will make a selection of models, figurines, buttons, charms, jewelry and ornaments from a range of brightly coloured and glow in the dark polymer clay that you heat in the oven for it to go hard. There will be a cost of \$10 which needs to be paid at the 1st session.
Hama Beads	Tuesday	Year 2 – Year 6	10	20	Join our fun & creative club where we will create many beautiful designs from these magical beads! They can be used as gifts or to decorate your room at home.

Inclusive Team sports (suitable for DSE)	Tuesday	Year 3 – Year 7	10	20	Inclusive Team Sports is all about being part of a team! We welcome anyone who would like to take part in races, games and fun, physical activities as a team. Supporting your team, trying your best and preparing for sports day are just some of the objectives of this ECA. It would also be a good opportunity to work on stamina, throwing and catching skills and general agility.
Independent Study	Wednesday	Year 7- Year 11	10	20	Independent study provide an opportunity for students to complete their homework and study in a quiet environment allowing them to concentrate better.
	Thursday	Year 7- Year 11	10	20	
Japanese Language for Beginners	Tuesday	Year 2- Year 6	10	20	Introduction to Japanese language. Talk to your new Japanese friends by learning numbers, greetings, hobbies and days of the week.
Just Dance	Tuesday	Year 2 – Year 6	10	20	Love learning new moves whilst having fun with your friends? Everyone is welcome to enjoy the latest pop hits, developing coordination and fitness.
Lego	Wednesday	Year 2 - Year 3	10	20	Come along to design and make buildings and landmarks from around the world. Suitable for all future architects! There will be a different building challenge each week ranging from famous buildings to animals from around the world!
	Thursday	Year 4 - Year 6	10	20	
Mandala Colouring	Friday	Year 3- Year 6	10	20	Mandala is a Sanskrit word which loosely translates as circle. By focusing on a mandala and colouring, you allow your brain to calm. It is a wonderful way to relax and show your creativity.
Radio club	Thursday	Year 4 - Year 11	6	8	Learn how to use the radio equipment and have fun creating radio programs that may even be aired to the whole school.
Sketching & Drawing	Friday	Year 4 – Year 6	10	20	Come and learn exciting drawing techniques, produce works of art and share your wonderful new talents.
Skoolbo	Thursday	Year 1 – Year 3	10	20	Using iPads, dive into the world of Skoolbo and practice your Numeracy and Literacy skills with friends. You need to know your Skoolbo login details for this club and bring them along on the first session.
Stained Glass Club	Friday	Year 3 - 6	10	20	Do you love being creative? Then join this ECA and create your own stained glass windows. Please bring along an apron. There will be a cost of \$20 which needs to be paid at the 1st session.
Story time a fun time	Thursday	Year 1 –Year 3	8	15	Story time ECA will have a fun story for every session followed by a discussion about the story. It will be then followed by a fun activity related to the story analysing characters in the story and may re-enact it or draw the story out in picture format. The students will also be encouraged to write their own story with similar characters too. All students who love to read and write stories are welcome.

Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Ballet	Wednesday	Year 2- 5	10	20	\$150	Perfect for beginners who would love to learn to move gracefully and energetically. Improves strength, balance and posture with friends under experienced guidance. Please note dance attire is additional.
Chelsea Football Coaching	Monday	Year 1 – Year 3	10	20	\$200	Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams.
		Year 4 – Year 5	10	20	\$200	
		Year 6 – Year 11	10	20	\$200	
Cricket	Monday	Year 2 – Year 5	15	50	\$320	High-quality cricket coaching academy for girls and boys of all ages with the goal of promoting the game of cricket, healthy lifestyles and build character. Our objective is to have a positive impact and contribution to society by using cricket as a medium. Cost includes uniforms.
	Thursday	Year 6 – Year 11	15	50	\$320	
Drama	Wednesday	Year 1-Year 3	10	20	\$288	We introduce students to a world of theatre and creativity, helping them to develop performance skills, theatre knowledge, teamwork, individual expression and confidence. All groups are led by experienced and highly trained drama teachers, with emphasis throughout on providing high quality workshops that our members enjoy.
		Year 4- Year 7	10	20	\$288	
Fun in Aviation	Monday	Year 1 - Year 4	8	20	\$290	This ECA is a fun filled enrichment program that is aimed to inspire the aviators of the future. The program will educate basic principles of aerodynamics through scientific experiments, such as – flying the quadcopter and building and flying the hand glider. Every class consists of a theory and practical part. The cost include a mini drone for the student to keep.
		Year 5 - Year 8	8	20	\$290	
Gym with Me	Tuesday/ Thursday	Year 1 – Year 4	10	30	\$240	An exciting Gymnastics club. Multiple trained coaches and some excellent new equipment to use. Please see website for more details and to sign up. http://www.gymwithme.com/

Heartlands Golf Academy 3pm - 4:30pm	Friday	Year 4 – Year 11	16	8	\$360	For all those future Rory McIlroys at Dover Court. In this E.C.A. we will hit JCC's driving range and be coached by PGA, Class A, golf coaches from Heartlands Golf Academy. Students will also learn to play in sand, putting, chipping and out on the course. For more information visit: www.heartlandgolfsg.com/ . Price includes golf coaching and transport to the Club. Students to be picked up at the Club.
Hip Hop Dance	Tuesday	Year 3-5	10	20	\$90	Students will learn basic hip hop choreography and how these dance moves fit in with the music. They will develop a sense of rhythm and beat and will gain a better appreciation of this musical genre.
	Thursday	Year 6- Year 11	10	20	\$90	Students will study the differences between modern and old school hip hop dance. They will learn basic choreography, develop moves that fit with the music and acquire their own personal stage presence.
Judo Club	Friday	Year 1- Year 3	8	15	\$320	We are a group of Judo enthusiasts with rich experience in teaching Judo to both Students and adults. You can find information on us and our activities on www.thedojo.com.sg . There will be an additional \$100 to buy Judo uniform.
		Year 4 – Year 6	8	15	\$320	
Rock Climbing 3pm - 4:30pm	Friday	Year 7 – Year 11	20	10	\$350	Come join us for this fun new ECA and learn the art of rock climbing. Experience instructors will teach the students basic climbing skills including balance, movement and footwork. Price includes climbing lessons and transport to the Club. Students to be picked up at Kallang Wave Mall
Tennis	Monday	Year 1 – Year 11	10	20	\$240	For beginners and intermediate students.
	Thursday	Year 1 – Year 11	10	20	\$240	Learn and improve racket skills in fun and small group size. Tennis coaches that will tailor the program to suit the ability and level of the students.
	Friday	Year 1 – Year 11	10	20	\$240	Please contact gary@sport4kids.sg to sign up for tennis.