



BVIS HN TERM 1/2018: EARLY YEARS MENU 1 & 2

MENU 1	MORNING LUNCH *Includes Salad & Fruit AFTERNOON
MONDAY	Fresh Fruit & Milk Roast Pork with Gravy Baby Roast Potatoes Carrots & Green Beans Ham Sandwich & Fruit Juice
TUESDAY	Fresh Fruit & Milk Grilled Chicken Teriyaki Steamed Rice Soup Banana Crepe & Fruit Juice
WEDNESDAY	Fresh Fruit & Milk Korean Beef Stew Stir Fried Noodles with Vegetables Soup Yoghurt & Fruit Juice
THURSDAY	Fresh Fruit & Milk Pork Sweet & Sour Steamed Rice Soup Egg Caramel & Fruit Juice
FRIDAY	Fresh Fruit & Milk Crispy Crumbed Fish Hand Cut Chips Grilled Corn Cheese & Tomato Pizza & Juice

MENU 2	MORNING LUNCH *Includes salad & fruit AFTERNOON
MONDAY	Fresh Fruit & Milk Stir Fried Beef & Broccoli Steamed Rice Soup Sausage Roll & Fruit Juice
TUESDAY	Fresh Fruit & Milk Pork Schnitzel & Gravy Mashed Potato Glazed Carrots Apple Cake & Fruit Juice
WEDNESDAY	Fresh Fruit & Milk Fried Fish with Sweet Chilli Sauce Steamed Rice Soup Yoghurt & Fruit Juice
THURSDAY	Fresh Fruit & Milk Shepherd's Pie (Beef) Sautéed Vegetables Soup Banana Pancake & Fruit Juice
FRIDAY	Fresh Fruit & Milk Grilled Chicken BBQ Sauce Potato Wedges Grilled Corn Tuna Sushi & Fruit Juice



BVIS HN TERM 1/2018: EARLY YEARS MENU 3 & 4

MENU 3	MORNING LUNCH *Includes Salad & Fruit AFTERNOON
MONDAY	Fresh Fruit & Milk Grilled Chicken with Gravy Baby Roast Potatoes Carrots & Green Beans Cheesy Potato Croquettes & Juice
TUESDAY	Fresh Fruit & Milk Stir Fried Beef with Hoisin Sautéed Vegetables Steamed Rice & Soup Carrot Cake & Fruit Juice
WEDNESDAY	Fresh Fruit & Milk Sausage & Tomato Pasta Bake Broccoli Soup Yoghurt & Fruit Juice
THURSDAY	Fresh Fruit & Milk Char Siu Pork & Vegetables Steamed Rice Soup Pineapple Pancake & Fruit Juice
FRIDAY	Fresh Fruit & Milk Crispy Crumbed Fish Hand Cut Chips Mixed Vegetables Vegetable & Egg Sushi & Juice

MENU 4	MORNING LUNCH *Includes salad & fruit AFTERNOON
MONDAY	Fresh Fruit & Milk Grilled Fish Hanoi Style Sautéed Vegetables Steamed Rice & Soup Egg Sandwich & Fruit Juice
TUESDAY	Fresh Fruit & Milk Chicken Kung Pao (no nuts) Steamed Rice Soup Banana Muffin & Fruit Juice
WEDNESDAY	Fresh Fruit & Milk Stir Fried Beef & Vegetables with Noodles Soup Yoghurt & Fruit Juice
THURSDAY	Fresh Fruit & Milk Grilled Chicken Pasta with Creamy Tomato Sauce Broccoli Egg Caramel & Fruit Juice
FRIDAY	Fresh Fruit & Milk Grilled Pork with BBQ Sauce Potato Wedges Sweet Corn Cheese & Ham Pizza & Fruit Juice