

31st August 2022

Welcome to BIS, HCMC: Settling in Workshop



Outline of the Workshop



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

Context

Admissions

School Counsellor

Making Contact

Welcome



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL



Admissions



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

Director of Admissions and Marketing - Ms Louise Bishop

Junior Campus

Ms Emma Westman - Primary Admissions Manager

Ms Huong Nguyen - Primary Admissions Officer

Early Years & Infant Campus

Ms Ashling Doyle - Primary Admissions Officer

Ms Nguyen Huynh - Primary Admissions Officer

Secondary Campus

Ms Nandini Varma - Secondary Admissions Manager

Ms Bich Hoang - Secondary Admissions Officer

Whole School

Ms Hannah Moon - Korean Liaison and Admissions Officer

Nationalities at BIS



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

America

Armenia

Australia

Austria

Belgium

Brazil

Britain

Bulgaria

Canada

Chile

China

Czech Republic

Denmark

Dominican Republic

Netherlands

Ecuador

France

Germany

Hong Kong

Hungary

India

Indonesia

Ireland

Israel

Italy

Japan

St. Kitts & Nevis

Laos

Lebanon

Lithuania

Malaysia

Mexico

New Zealand

Norway

Pakistan

Peru

Philippines

Poland

Portugal

Romania

Russia

Saint Kitts and Nevis

Singapore

Slovakia

South Africa

South Korea

Spain

Sri Lanka

Sweden

Switzerland

Taiwan

Thailand

Turkey

Ukraine

Vietnam



55 countries

Nationalities at BIS



Life in Vietnam



BRITISH INTERNATIONAL SCHOOL
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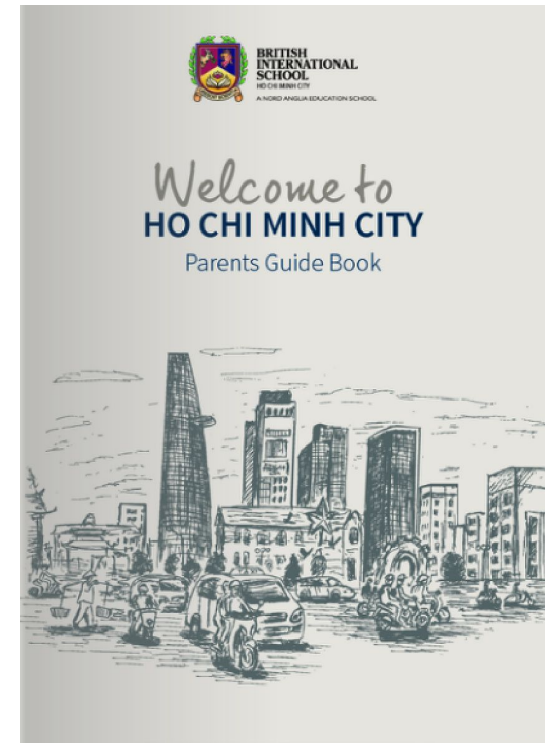
- Welcome to HCMC booklet
- Country reps
- Class reps - Primary

Parent Teacher Group (PTG):

Primary (EY & I & JNR) bisvnptgap1@gmail.com

Secondary (SEC) bisptgap2@gmail.com

BIS Social Group on Whatsapp



Contact Details



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

Update any changes in contact details at the admissions office of your campus.

You can collect a change of details form from the admissions office at each campus.

New Parent Feedback



BRITISH INTERNATIONAL SCHOOL
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A NORD ANGLIA EDUCATION SCHOOL



Who is in the ASC team?



Miss Zara Pugh

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Miss Saskia Dodds-Smith

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Miss An Ho

An.Ho@bisvietnam.com



What might we be noticing?

- Grief
- Separation anxiety (lots of question asking for reassurance)
- Social anxiety (“I don’t have any friends”, “nobody talks to me”)
- Academic anxiety (“I don’t understand anything”, “everyone else gets it”)
- Unpredictable moods (volatile, “I’ve got a tummy ache”)



International Students...



“You’re so lucky!”

- Strengths
- Challenges



RESILIENCE

So what can we do?



Attachment



What do we mean by attachment?

How does it work?

Together → Separate (distressed) → Reunite (comfort)

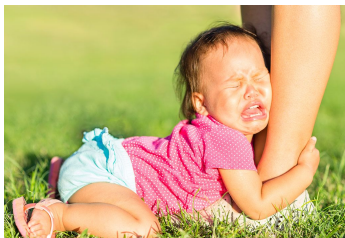
- A** - Accessible
- R** - Responsive
- E** - Engaged



**SECURE ATTACHMENT CAN ONLY BE ACHIEVED THROUGH
REPEATED SEPARATION!**

(Therefore, it takes time!)

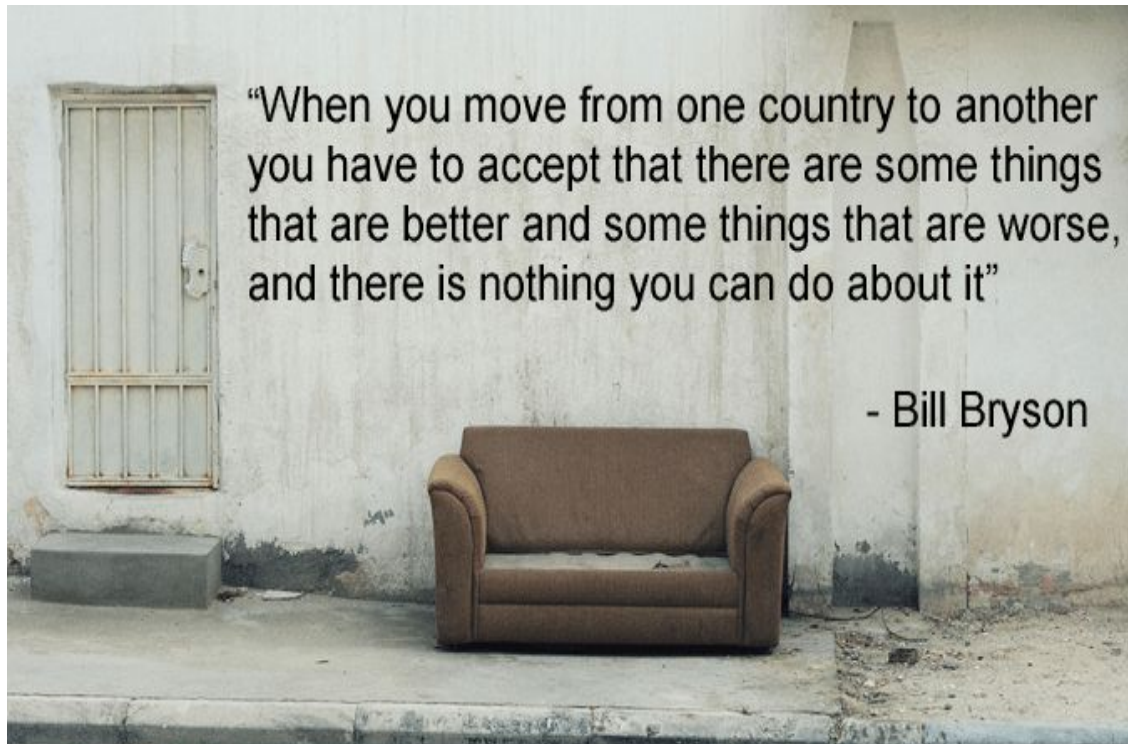
So, what's the point?



It's all about balance....



Trying to acknowledge their fears, without overthinking/over-talking things



Making connections (old friends vs new friends)

Establishing a Routine

Why do we need routines?



How do we create a routine for return to school?

Giving ourselves time

Collective support - shared responsibility



Parents need to look after themselves too



Parents need to look after themselves too. Without this, children will struggle.

Full circle



Please don't hesitate to get in touch





Settling in workshop

Thank you

31st August 2022