



MENU 1

MONDAY



Pizza
Margherita



Vermicelli
Chicken & Eggs



Pizza
Margherita





MENU 1

TUESDAY



Pasta with
Beef Balls



Chicken &
Veggie Curry



Pasta
Napolitana





MENU 1

WEDNESDAY



Beef &
Potato Stew



Ginger
Chicken



Tofu &
Veggie Curry





MENU 1

THURSDAY



Beef
Burger



Nam
Van Noodle (Chicken & Egg)



Vegetarian
Noodle Soup





BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

Early Years

Lunch Menu

F1 - F2

MENU 1

FRIDAY



Chicken
Casserole



Seafood
Fried Rice



Tofu Veggie
Miso & Omelet





MENU 2

MONDAY



Roast
Chicken



Fish
Teriyaki



Aloo Tikki
Nuggets





MENU 2

TUESDAY



Beef
Lasagne



Sautéed Chicken
w Onion



Roasted Veggie
Lasagne





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Early Years

Lunch Menu

F1 - F2

MENU 2

WEDNESDAY



Chicken Ham & Cheese
Baguette Pizza



Fish
Curry



Margherita
Baguette Pizza





MENU 2

THURSDAY



Battered
Fish



Chicken
Noodle Soup



Vegetarian
Noodle Soup





MENU 2

FRIDAY



Shepherd Pie
(Beef)



Yangchow (Chicken)
Fried Rice



Oriental
Fried Rice





MENU 3

MONDAY



Honey Lime
Chicken



Beef
Rendang



Lentil
Shepherd Pie





MENU 3

TUESDAY



Beef Casserole,
Rice



Chicken & Veggie
Egg Noodle



Vegetarian Rice
Vermicelli





MENU 3

WEDNESDAY



Chicken Ragu



Sweet & Sour Fish



Sweet & Sour Tofu





MENU 3

THURSDAY



Cheese
Croquet Monsieur



Chicken
Macaroni Soup



Cheese Croquet
Monsieur





MENU 3

FRIDAY



Pasta
Bolognese



Roast
Chicken



Chickpeas &
Veggie Curry





MENU 4

MONDAY



Grilled Chicken
BBQ Sauce



Minced Beef & Tofu
in Spicy Sauce



Braised Tofu & Eggplant
in Spicy Sauce





BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

Early Years

Lunch Menu

F1 - F2

MENU 4

TUESDAY



Chicken
Carbonara



Sautéed
Tomatoes & Eggs



Sautéed Tomatoes
& Eggs





MENU 4

WEDNESDAY



Chicken & Veggie
Casserole, Bread



Fish
Teriyaki



Creamy
Veggie Pasta





MENU 4

THURSDAY



Fish
Goujons



Chicken
Noodle Soup



Vegetarian
Noodle Soup





BRITISH INTERNATIONAL SCHOOL
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Early Years

Lunch Menu

F1 - F2

MENU 1

FRIDAY



Roast Chicken



Seafood Fried Rice



Vegetable Dhal

