

PE Curriculum Lessons

2017 - 2018

Year 10		Team Sports	Facility	Leadership	Facility	HAL	Facility
	Tues 3 + 4	JM		PH		MOB	
	Fri 1 + 2	LG		JM		SW	
	Term 1	Volleyball	Sports Hall	Striking and fielding	AP1 Field	Methods of Training	Dance Studio
Basketball		Sports hall	Invasion Game 1	AP1 Field	Netball	Outdoor Court	
Football		AP1 Field	Leadership Course	Sports hall	Water Aerobics/ recreational swimming	Swimming Pool	
Term 2	Methods of Training	Sports hall	Outdoor Activities	Outdoor Court	Rounders	AP1 Field	
	Striking and Fielding	AP1 Field	Methods of Training	Sports hall	Yoga/Dance	Dance Studio	
Term 3	Leadership Course	AP1 Field	Waterpolo	Swimming Pool	Outdoor activities	Outdoor Court/ Auditorium	
	Waterpolo	Swimming Pool	Volleyball	Outdoor Court	Leadership Course	AP1 Field	

Year 11		Team Sports	Facility	Leadership	Facility	HAL	Facility
	Mon 5 + 6	JM		PH		LG	
	Thu 5 + 6	PH & LG				MOB	
	Term 1	PH Basketball LG Volleyball	Sports hall	Extended Leadership/ First Aid	Outdoor Court	Frisbee	AP1 Field
PH Basketball LG Volleyball		Outdoor Court	Invasion Game 1	AP1 Field	Badminton	Sports hall	
PH Basketball LG Volleyball		AP1 Field	Badminton	Sports Hall	Training for a 5km run	Dance Studio/ Outdoor running	
Term 2 Handball Festival Year group mixed and split into even teams. Play a weekly fixture – teams provided time to train beforehand - Use three locations for fixtures Teams to provide referees. Winners Trophy/Tournament							



Year 7 PE Curriculum 2017 - 2018

Mon 3&4 TS Boys JM	Mon 3&4 TS Girls SW	Mon 3&4 Mixed LG	Mon 7&8 TS Boys PH	Mon 7&8 TS Girls SW	Mon 7&8 Mixed JM	Tues 5&6 TS Boys MO	Tues 5&6 TS Girls LG	Tues 5&6 Mixed SW	Wed 7&8 7V LG
TERM 1									
Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Basketball	Swimming	Football	Football	Basketball	Swimming	Football	Swimming	Basketball	Basketball
Football	Basketball	Swimming	Swimming	Football	Basketball	Swimming	Basketball	Football	Swimming
TERM 2									
Swimming	Football	Basketball	Basketball	Swimming	Football	Basketball	Football	Swimming	Invasion games
Volleyball	Personal Survival	Striking & Fielding	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Personal Survival	Volleyball	Volleyball
TERM 3									
Striking & Fielding	Volleyball	Personal Survival	Personal Survival	Striking & Fielding	Volleyball	Volleyball	Striking & Fielding	Personal Survival	Personal Survival
Personal Survival	Striking & Fielding	Volleyball	Volleyball	Personal Survival	Striking & Fielding	Personal Survival	Volleyball	Striking & Fielding	Striking & Fielding

Year 8 PE Curriculum 2017 - 2018

Thurs 3&4 TS Boys JM	Thurs 3&4 TS Girls SW	Thurs 3&4 Mixed MO	Thurs 7&8 TS Boys PH	Thurs 7&8 TS Girls LG	Thurs 7&8 Mixed MO	Fri 5&6 TS Boys JM	Fri 5&6 TS Girls SW	Fri 5&6 Mixed LG
TERM 1								
Basketball	Swimming	Football	Basketball	Swimming	Football	Basketball	Swimming	Football
Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Swimming	Football	Basketball	Swimming	Football	Basketball	Swimming	Football	Basketball
TERM 2								
Football	Basketball	Swimming	Football	Basketball	Swimming	Swimming	Football	Basketball
Volleyball	Personal Survival	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding
TERM 3								
Personal Survival	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Volleyball
Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Volleyball	Personal Survival

Year 9 PE Curriculum 2017 - 2018

Mon 7&8 9B LG	Tues 7&8 TS Boys MO	Tues 7&8 TS Girls SW	Tues 7&8 Mixed LG	Weds 1&2 TS Boys PH	Weds 1&2 TS Girls JM	Weds 1&2 Mixed MO	Weds 3&4 TS Boys JM	Weds 3&4 TS Girls LG	Weds 3&4 Mixed MO
TERM 1									
Trampoline	Football	Swimming	Basketball	Swimming	Basketball	Football	Swimming	Basketball	Football
Swimming	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Football	Basketball	Football	Swimming	Basketball	Football	Swimming	Basketball	Football	Swimming
TERM 2									
Volleyball	Swimming	Basketball	Football	Football	Swimming	Basketball	Football	Swimming	Basketball
Fitness	Striking & Fielding	Volleyball	Personal Survival	Volleyball	Personal Survival	Striking & Fielding	Personal Survival	Volleyball	Striking & Fielding
TERM 3									
Striking & Fielding	Personal Survival	Striking & Fielding	Volleyball	Personal Survival	Striking & Fielding	Volleyball	Striking & Fielding	Personal Survival	Volleyball
Personal Survival	Volleyball Striking & Fielding	Personal Survival	Striking & Fielding	Striking & Fielding	Volleyball	Personal Survival	Volleyball	Striking & Fielding	Personal Survival