



Leman International School
Grade 8 Student Trip

HEISHUI
4 DAY TRIP ITINERARY



LÉMAN CHENGDU

Who We Are

Extravagant Yak is a China based, Wholly Owned Foreign Enterprise (WOFE), with local partnership. We are a registered travel company in Chengdu, Sichuan, with operations primarily focused on Tibetan areas. We specialize in providing rich and authentic, personally crafted travel experiences in Tibet. Equally at home in the lap of luxury or in the warm hospitality of a nomad tent, we deliver tailored attention to detail on every unforgettable journey.

Why Travel With Us

We love what we do. Extravagant Yak exists to provide second-to-none overland travel services to some of the most geographically extreme and culturally fascinating corners of Tibet. Our 15 years experience in this region uniquely qualifies us to have hands on control of the quality of your trip. Regardless of the trip type, each trip is designed for the expectations of international travellers.



Chengdu, Sichuan, is the gateway city to all three Tibetan areas in SW China: **Central, Kham & Amdo**



Extravagant Yak is certified to act as an official Supervisor/Assessor on Adventurous Journeys for licensed Independent Award Centres.



Social Investment to Kham Tibet

Large portions of tourism resources across Tibet fail to benefit businesses run by the local people. Instead, businesses owned and operated from outside these areas often receive the majority of benefit. Sponsored by Extravagant Yak, **Tibetpedia** aims to help ensure locally operated businesses benefit from the tourism resources in their locale. **Tibetan Business Highlights** is the feature of this site that aims to not only help raise awareness of these businesses, but also to lend credibility to the businesses profiled here so that foreign travellers will experience the best of Tibetan service and hospitality.



Metok Karbo Restaurant in Lhasa is an example of a Tibetan owned business promoted on Tibetpedia



*"Travel with us and support **Tibetpedia!** This site represents the core of our CSR value. **Tibetan Business Highlights** is the feature of this site that promotes Tibetan small businesses of excellence across the plateau." - Jim Hamp, Co-founder - Extravagant Yak*



What to Expect on Student Trips to Tibet

We plan every trip with the student in mind. Always keeping in mind the learning outcomes of each grade level, we work with schools to tailor each trip to best facilitate the learning experience. Extravagant Yak seeks to deliver the perfect blend of fun-filled cultural experiences with international standards of quality and safety, looking after all the details so that students and teachers alike are free to absorb their Tibetan experience to the fullest.

For international students living and studying in China and the Asia Pacific region, student trips to Tibet offer an other-worldly experience of a lifetime that is within easy reach. Whether the purpose of the trip is wilderness adventure, cultural studies, or service oriented, each student trip offers an experiential introduction to Tibetan culture, history, and lifestyle.





Helping locals in the fields



Monastery visit in Heishui

Trip Itinerary

Sep 16: Chengdu to Se'ergu Village

Departing from Chengdu today, you will make the 4.5 hr drive to the very small and local farming village of Se'ergu. The afternoon will be spent exploring the area, trekking to the village lookout, and offering an hour or two of labor in the fields of the local farmers. Over dinner students will hear a brief history of the village and description of the daily lifestyle. After dinner, students will have an opportunity to practice their fire starting skills in preparation for the evening fireside. Hot chocolate and roasting marshmallows is compulsory at every fireside!

Accommodation: **Camping**

Sep 17: Heishui

After breakfast this morning, the students will break camp and head to Heishui to visit the local monastery where they will be introduced to the Tibetan Buddhist worldview. They will then settle in to this nights accommodations before



heading for a chinese style dinner. Following dinner, they will learn some new dance moves by taking part in the nightly community dance at the town square.

Accommodation: [Luhua Hotel, Heishui](#)

Sep 18: Dagu Glacier Park

Today, students will spend the morning at Dagu Glacier Park. A gondola ride will take them to the top, measuring in at 4,800m in elevation. Lunch will be enjoyed at a local Tibetan village guesthouse where the Tibetan family will share about the lifestyle differences between the past and present, answering any questions the students may have. Returning to hotel before dinner, the students will have some free time as they may be exhausted after the trip to higher elevation. Tibetan dancing will follow Tibetan dinner this evening.

Accommodation: [Luhua Hotel, Heishui](#)

Sept 19. Return to Chengdu.

Today marks the end of the trip as you drive back to Chengdu. Departing from Heishui after breakfast, you will stop in Maoxian for lunch, and back in the city by mid afternoon.

[Return to Leman by approx 3pm](#)



Playing frisbee with the monks at the monastery



Dagu Glacier Park



Dates & Cost

Dates: Sept 16-19, 2018. 4 Days.

Cost: ¥2,800/person*

*Based on min group size of 18

Inclusive of:

- Transport, 32 seat commercially licensed bus
- All accommodation based on combination of dorm style and double occupancy (3 nights)
- Extravagant Yak guides (2)
- Meals
- All activities and entrance fees enroute (per the itinerary)
- Comprehensive liability insurance, plus travel insurance
- Detailed daily risk assessment for all activities, with clear risk mitigation plans in place ahead of time

Excludes:

- Medical and trip interruption insurance
- Activities not included on the trip itinerary
- Souvenirs, laundry, items of a personal nature

