

# WEEKLY MENU

5, Monday	6, Tuesday	7, Wednesday	8, Thursday	9, Friday
<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Baked Fish w Tomato Concasse French Beans Butter Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b> Tandoori Chicken Vegetable Kurma Roti Pratha</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Chickpea Curry Vegetable Kurma Roti Pratha</p> <p><b>SANDWICH (\$5.00)</b> Chicken Ham &amp; Cheese Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Beef Bolognese Spaghetti Steamed Broccoli</p> <p><b>TASTE OF ASIA (\$5.00)</b> Sweet &amp; Sour Fish Steamed Broccoli Brown Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Pasta Puttanesca Steamed Broccoli</p> <p><b>SANDWICH (\$5.00)</b> Garden Veggie Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Baked Fish Parmigiana Creamed Spinach Butter Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b> Hainanese Chicken Rice Stir Fried Spinach</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Kidney Bean Waldorf Salad Warm Tortilla</p> <p><b>SANDWICH (\$5.00)</b> Chicken Teriyaki Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Grilled Chicken w Orange Glaze Stir Fried Cauliflower Brown Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b> Chicken Katsu Japanese Curry Vegetables Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Vegetables Tempura Japanese Curry Potatoes Fragrant Rice</p> <p><b>SANDWICH (\$5.00)</b> Beef Pastrami Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Pan Fried Fish w Balsamic Reduction French Beans Roasted Potatoes</p> <p><b>TASTE OF ASIA (\$5.00)</b> Thai Basil Chicken French Beans Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Raisin Oatmeal French Beans Buttermilk Waffle</p> <p><b>SANDWICH (\$5.00)</b> Tuna Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>



# WEEKLY MENU

12, Monday	13, Tuesday	14, Wednesday	15, Thursday	16, Friday
<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>                      Baked Chicken w Mushroom Sauce                      Corn on Cob                      Pilaf Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b>                      Black Pepper Fish                      Stir Fried Cabbage                      Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b>                      Spring Rolls                      Stir Fried Cabbage                      Fried Bee Hoon</p> <p><b>SANDWICH (\$5.00)</b>                      Chicken Ham &amp; Cheese Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>                      Baked Fillet w Lemon Butter Sauce                      French Beans                      Brown Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b>                      Char Siew Chicken Rice                      French Beans</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b>                      Buttermilk Waffle                      Fruit Yoghurt                      Steamed Vegetables</p> <p><b>SANDWICH (\$5.00)</b>                      Garden Veggie Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>                      Chicken Alfredo Pasta                      Garlic Broccoli                      Pasta</p> <p><b>TASTE OF ASIA (\$5.00)</b>                      Stir Fried Bell Pepper Beef                      Garlic Broccoli                      Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b>                      Black Bean Salad                      Garlic Broccoli                      Warm Tortilla</p> <p><b>SANDWICH (\$5.00)</b>                      Chicken Teriyaki Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>                      Chicken Provencal                      Roasted Potatoes                      Corn on Cob</p> <p><b>TASTE OF ASIA (\$5.00)</b>                      Fried Fish w Lemon Sauce                      Xiao Bai Chye                      Egg Fried Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b>                      Steamed Egg                      Xiao Bai Chye                      Fried Tang Hoon</p> <p><b>SANDWICH (\$5.00)</b>                      Beef Pastrami Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>                      Beef Pepperoni Pizza                      Garlic Roasted Carrots</p> <p><b>TASTE OF ASIA (\$5.00)</b>                      Garlic Onion Chicken                      Stir Fried Cabbage                      Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b>                      Braised Potatoes w Baked Beans                      Stir Fried Cabbage                      Fragrant Rice</p> <p><b>SANDWICH (\$5.00)</b>                      Tuna Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>



# WEEKLY MENU

19, Monday	20, Tuesday	21, Wednesday	22, Thursday	23, Friday
<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Pan Fried Dory Milanese Baked Cauliflower Tri Colour Pasta</p> <p><b>TASTE OF ASIA (\$5.00)</b> Sweet &amp; Sour Chicken Stir Fried Cabbage Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Tri-Colour Fusilli Baked Cauliflower Chick Pea Salad</p> <p><b>SANDWICH (\$5.00)</b> Chicken Ham &amp; Cheese Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Hawaiian Chicken French Beans Butter Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b> Ginger &amp; Onion Beef French Bean Brown Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Bean Stew Brown Rice</p> <p><b>SANDWICH (\$5.00)</b> Garden Veggie Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Chicken Bolognese Roasted Vegetables Pasta in Olive Oil</p> <p><b>TASTE OF ASIA (\$5.00)</b> Beef Fried Rice Stir Fried Vege Sweet &amp; Sour Egg</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Pasta Napolitana Roasted Vegetables</p> <p><b>SANDWICH (\$5.00)</b> Chicken Teriyaki Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Fish Burger w Tartar Sauce Garden Salad</p> <p><b>TASTE OF ASIA (\$5.00)</b> Thai Fish Cake Fried Brinjal Tang Hoon</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Onion Omelette Fried Brinjal Tang Hoon</p> <p><b>SANDWICH (\$5.00)</b> Beef Pastrami Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Chicken Salisbury Mushroom Sauce Mixed Vegetables Mashed Potato</p> <p><b>TASTE OF ASIA (\$5.00)</b> Grilled Teriyaki Fish Mixed Vegetables Fried Udon</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Roasted Eggplant Chawamushi Fried Udon</p> <p><b>SANDWICH (\$5.00)</b> Tuna Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>



# WEEKLY MENU

26, Monday	27, Tuesday	28, Wednesday	29, Thursday	30, Friday
<p style="text-align: center; color: red; font-size: 2em; font-weight: bold;">HARI RAYA PUASA</p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>            French Roast Chicken            Carrots &amp; Peas            Butter Rice</p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>            Grilled Fish w Mushroom Ragu            French Beans            Fragrant Rice</p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>            Garlic Grilled Chicken            Steamed Vegetables            Pasta in Olive Oil</p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b>            Fish Cutlet w Tartar Sauce            Roasted Vegetables            Brown Rice</p>
	<p><b>TASTE OF ASIA (\$5.00)</b>            Sweet &amp; Sour Fish            Carrots &amp; Peas            Fragrant Rice</p>	<p><b>TASTE OF ASIA (\$5.00)</b>            Mushroom Steamed Chicken            French Beans            Fried Tang Hoon</p>	<p><b>TASTE OF ASIA (\$5.00)</b>            Stir Fried Beef w Ginger &amp; Onion            Stir Fried Cabbage            Fragrant Rice</p>	<p><b>TASTE OF ASIA (\$5.00)</b>            Hainanese Chicken Rice            Kai Lan</p>
	<p><b>CLASSIC VEGETARIAN (\$5.00)</b>            Olive Fried Rice            Fried Egg w Sweet &amp; Sour Sauce            Carrots &amp; Peas</p>	<p><b>CLASSIC VEGETARIAN (\$5.00)</b>            Tomato Omelette            French Beans            Fried Tang Hoon</p>	<p><b>CLASSIC VEGETARIAN (\$5.00)</b>            Chickpea &amp; Mushroom Alfredo            Steamed Vegetables            Pasta in Olive Oil</p>	<p><b>CLASSIC VEGETARIAN (\$5.00)</b>            Fried Samosa            Kai Lan            Tang Hoon</p>
	<p><b>SANDWICH (\$5.00)</b>            Garden Veggie Sub with Fruit</p>	<p><b>SANDWICH (\$5.00)</b>            Chicken Teriyaki Sub with Fruit</p>	<p><b>SANDWICH (\$5.00)</b>            Beef Pastrami Sub with Fruit</p>	<p><b>SANDWICH (\$5.00)</b>            Tuna Sub with Fruit</p>
	<p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>FRESH FRUIT (\$1.00)</b></p>



# WEEKLY MENU

3, Monday	4, Tuesday	5, Wednesday	6, Thursday	7, Friday
<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Baked Chicken Parmigiana Steamed Broccoli Brown Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b> Fried Fish in Oyster Sauce Steamed Broccoli Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Mexican Bean Stew Steamed Broccoli Fragrant Rice</p> <p><b>SANDWICH (\$5.00)</b> Chicken Ham &amp; Cheese Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Pan Fried Fish w Balsamic Reduction Corn on Cob Roasted Potatoes</p> <p><b>TASTE OF ASIA (\$5.00)</b> Char Siew Chicken Rice Long Cabbage w Oyster Sauce</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Japanese Potato Curry Steamed Vegetables Fragrant Rice</p> <p><b>SANDWICH (\$5.00)</b> Garden Veggie Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Hungarian Beef Goulash Carrots &amp; Peas Fragrant Rice</p> <p><b>TASTE OF ASIA (\$5.00)</b> Fried Fish in Plum Sauce Xiao Bai Chye Fragrant Rice</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Vegetarian Lasagne Scrambled Eggs</p> <p><b>SANDWICH (\$5.00)</b> Chicken Teriyaki Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>CHEF'S RECOMMENDATION (\$ 5.00)</b> Baked Fish w Mustard Sauce Cauliflower Mimosa Mashed Potatoes</p> <p><b>TASTE OF ASIA (\$5.00)</b> Chicken Tikka Steamed Vegetables Roti Pratha</p> <p><b>CLASSIC VEGETARIAN (\$5.00)</b> Yellow Dhal Baked Cauliflower Roti Pratha</p> <p><b>SANDWICH (\$5.00)</b> Beef Pastrami Sub with Fruit</p> <p><b>FRESH FRUIT (\$1.00)</b></p>	<p><b>School Holidays</b></p>