



Leman International School
Grade II Student Trip



KANGDING AND TAGONG
4 DAY TRIP ITINERARY



LÉMAN CHENGDU

Who We Are

Extravagant Yak is a China based, Wholly Owned Foreign Enterprise (WOFE), with local partnership. We are a registered travel company in Chengdu, Sichuan, with operations primarily focused on Tibetan areas. We specialize in providing rich and authentic, personally crafted travel experiences in Tibet. Equally at home in the lap of luxury or in the warm hospitality of a nomad tent, we deliver tailored attention to detail on every unforgettable journey.

Why Travel With Us

We love what we do. Extravagant Yak exists to provide second-to-none overland travel services to some of the most geographically extreme and culturally fascinating corners of Tibet. Our 15 years experience in this region uniquely qualifies us to have hands on control of the quality of your trip. Regardless of the trip type, each trip is designed for the expectations of international travellers.



Chengdu, Sichuan, is the gateway city to all three Tibetan areas in SW China: **Central, Kham & Amdo**



Extravagant Yak is certified to act as an official Supervisor/Assessor on Adventurous Journeys for licensed Independent Award Centres.



Social Investment to Kham Tibet

Large portions of tourism resources across Tibet fail to benefit businesses run by the local people. Instead, businesses owned and operated from outside these areas often receive the majority of benefit. Sponsored by Extravagant Yak, **Tibetpedia** aims to help ensure locally operated businesses benefit from the tourism resources in their locale. **Tibetan Business Highlights** is the feature of this site that aims to not only help raise awareness of these businesses, but also to lend credibility to the businesses profiled here so that foreign travellers will experience the best of Tibetan service and hospitality.



Taoshi Yongdeng Restaurant in Kangding is an example of a Tibetan owned business promoted on Tibetpedia



*"Travel with us and support **Tibetpedia!** This site represents the core of our CSR value. **Tibetan Business Highlights** is the feature of this site that promotes Tibetan small businesses of excellence across the plateau." - Jim Hamp, Co-founder - Extravagant Yak*



What to Expect on Student Trips to Tibet

We plan every trip with the student in mind. Always keeping in mind the learning outcomes of each grade level, we work with schools to tailor each trip to best facilitate the learning experience. Extravagant Yak seeks to deliver the perfect blend of fun-filled cultural experiences with international standards of quality and safety, looking after all the details so that students and teachers alike are free to absorb their Tibetan experience to the fullest.

For international students living and studying in China and the Asia Pacific region, student trips to Tibet offer an other-worldly experience of a lifetime that is within easy reach. Whether the purpose of the trip is wilderness adventure, cultural studies, or service oriented, each student trip offers an experiential introduction to Tibetan culture, history, and lifestyle.





Kangding



Young monks playing at the monastery

Trip Itinerary

Sept 16. Chengdu - Kangding (flight)

Take a morning flight from Chengdu to the Tibetan plateau, landing at the third highest airport in the world (4280m). The airport is surrounded by the iconic, sweeping, green rolling hills of the plateau. After a beautiful, scenic descent from the airport to Kangding (elev. 2600m), you find yourself deep in the mountains that guard the approach to the Tibet-Qinghai plateau. You pass through a virtual time warp on such a short journey. Everything becomes new: landscape, climate, cuisine, language, customs, and of course, the people. Lunch will be had in Kangding, followed by walking up to Baitukan (the village above town where the hostel is located) to settle into the hostel and explore the village. Visit Running Horse mountain in the afternoon for scenic views of the Kangding valley. On the first evening you'll visit Ngachu monastery on the way to dinner, followed by a community dance (feel free to join in!).

Accommodation: [Zhilam Hostel, Kangding](#)



Sept 17. Kangding.

The first thing you notice on this morning's trek is that everywhere you look goes up! Kangding is perched on the edge of the Tibet-Qinghai plateau. A half day trek to the top of Kangding grasslands for a scenic view of the city will follow breakfast. Picnic and games will be enjoyed at the top. Visit Dordrak Monastery on the way back down for an introduction to the Tibetan Buddhist worldview. A local dinner will be enjoyed back in town before relaxing and playing games back at the hostel.

Accommodation: [Zhilam Hostel, Kangding](#)

Sept. 18. Kangding - Tagong.

This morning is up, up, up. . . and over the Zheduo Mountain pass (4200m) to the renowned nomadic trading village of [Tagong](#) (2.5 hr drive, 3700m). Weather permitting, you'll see the peak of Gong-ga Mountain (7566m) along the way - the highest peak in China outside of the Himalayas. This high altitude grassland area is home to many nomadic families who spend their days herding yaks. You will spend a half-day with 30 young



Day 2 half-day trek to Kangding grasslands



Zheduo Mt. Pass (4200m), enroute to Tagong





Nomad life, Tagong



View of Yala Mt. from Tagong homestay

students (7-12 yrs old) from the local school playing games, doing a small environmental clean-up project, and donating a practical gift of food. There is a small business in this nomadic trading town called the Khampa Cafe that seeks to help local artisans with marketing their handicrafts. Students will have an introduction to this small business, before proceeding out of town to their quaint accommodation for the night: a homestay operated by an American woman married to a local Tibetan. Students will see first hand what it looks like to live off the grid using completely renewable resources to power a home.

Accommodation: [Angela's Homestay, Tagong](#)

Sept 19. Kangding to Chengdu (bus)

Dare yourself to wake up with the sun and walk to a nearby hilltop for views of the valley! Departing after breakfast, you will retrace your journey back through Kangding, and returning to Chengdu by mid afternoon (approx 9hr bus ride). Students will be dropped off at Leman by approx 5pm.

[Trip Concludes on return to Leman \(approx 5pm\).](#)

Dates & Cost below...



Dates & Cost

Dates: Sept 16-19, 2018. 4 Days.

Cost: ¥2,900/person*

*Based on min group size of 20.

Inclusive of:

- Transport, 32 seat commercially licensed bus
- All accommodation based on combination of dorm style and double occupancy (3 nights)
- Extravagant Yak guides (2)
- Meals
- All activities and entrance fees enroute (per the itinerary)
- Comprehensive liability insurance, plus travel insurance
- Detailed daily risk assessment for all activities, with clear risk mitigation plans in place ahead of time

Excludes:

- Medical and trip interruption insurance
- Activities not included on the trip itinerary
- Souvenirs, laundry, items of a personal nature

