



DCIS Extra-Curricular Activities

Academic Year 2016 to 2017 Term 3

Sign-up will be open from **5pm on 12th April to 5pm on 21st April 2017**.

ECAs will run from **28th April to 30th June 2017**

Sports ECA (3pm - 4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Basketball	Friday	Years 6 – 12	10	24	Please join our basketball group for some fun games. We will work on dribbling, shooting and match strategies.
Cosmic Kids Yoga	Friday	Years 1 – 3	10	20	Cosmic Kids Yoga combines simple yoga routines with fun stories as you move through each adventure with the characters. This is beginners' yoga with a twist, both relaxing and active. Wear PE kit and a big smile.
DSE Yoga*	Thursday	Years 1 – 5	5	8	This is a Yoga ECA for children with additional learning needs, tailored to be developmentally appropriate on every level. A small number of children will be able to participate in specifically designed yoga sessions, targeting their specific movement and flexibility needs and delivered in an accessible and engaging way.
DSE Specific Sports Skills*	Friday	Years 5 – 8	8	10	Improve gross motor skills and eye hand coordination. Suitable for students who have difficulties accessing mainstream ECA. Activities will include dribbling, catching, passing and throwing skills. These skills will eventually enable them to play invasion games/sports such football, basketball etc
Fitness Frenzy	Friday	Years 5 – 13	10	20	Fitness activities and circuit training for older students who are serious about keeping fit.
Football	Wednesday	Years 2 & 3	10	40	For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and new "Let them play" concept.
	Thursday	Years 7 – 13	10	40	
	Friday	Years 4 – 6	10	40	
Girls Football	Wednesday	Years 4 – 11	10	25	Girls only football available. Learn new skills and play fun games with your friends.
U8 Girls Football	Wednesday	Years 2 & 3	10	14	For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football.

*Places in these ECAs will be prioritised for children with additional learning needs within DSE

Sports ECA (3pm -4pm)					
Activity	Day	Year group	Min Number	Max Number	Description
Netball	Tuesday	Years 3 & 4	10	40	If you've played before or want to give Netball a go, everyone is welcome to join! Improve your individual skills & games in this fun and exciting way. There is also the potential to represent the school in the girl's netball team.
	Thursday	Years 5+	10	30	
Water Polo	Thursday	Years 5+	10	30	Come and join us to enjoy the fast paced game of water polo. Improve your dribbling, passing and shooting skills whilst learning more about game play and tactics. *Must be confident in deep water
Volleyball	Wednesday	Years 6+	10	24	Enjoy digging, setting and volleying during the amazing volleyball ECA. Learn new skills as well as tactical game play
Yoga	Wednesday	Years 5 – 11	10	20	These classes will help you improve your posture, breathing and senses. Gain an opportunity to keep your body healthy and your mind clear. If you would like to further develop your yoga skills, come and join us!

Sports Team ECA (3pm -4pm) * By invite only					
Activity	Day	Year group	Min Number	Max Number	Description
Swim Team	Tuesday	Years 4+	7	15	The Dover Fins swim team sessions are by invitation only. Potential swimmers are assessed over 25m or 50m in backstroke, breaststroke & freestyle. Butterfly is a very welcome bonus! There are opportunities each term for the swimmers to compete in inter school meets as well as have regular time trials
	Wednesday	Years 3 & below	10	35	
	Friday	Years 4+	10	40	
Boys Rugby Team	Tuesday	Years 5 - 7	10	30	Invitational training for boys eligible to play in the ACSIS tournaments.
Girls Football Team	Tuesday	Years 5 +	10	20	A chance for the players at DCIS to look at more specific drill and set plays. This is to get the girls at DCIS ready for matches to commence next academic year. This is advanced training to develop the girls football ability and skill
U11 Cricket Team	Wednesday	Years 5 & 6	7	10	The pupils will learn the basics of Cricket and develop skills such as bowling, batting, teamwork and communication skills Each week the students will play game based activities that will keep them active, have fun and learn about the rules of this game as well as gear them up for their fixtures that they engage in.
U8 Girls Football Team	Wednesday	Years 2 & 3	10	12	A chance for the U8 players at DCIS to look at more specific drill and set plays. This is to prepare them for matches to commence next academic year. This is advanced training to develop the girl's football ability and skill.

Music ECAs (3pm – 4pm)

Activity	Day	Year group	Min Number	Max Number	Description
Singing Voices	Thursday	Years 2 – 5	10	40	All students who love their singing and who wish to develop skills and repertoire are warmly invited to join.
DSE Music Makers*	Friday	Years 2 – 6	5	10	Children will explore the sounds and patterns of many types of music. They will communicate through making music using different instruments. The children will learn songs with simple patterns to develop their speech and language skills. This ECA aims to build confidence and social skills.

*Places in these ECAs will be prioritised for children with additional learning needs within DSE

General ECAs (3pm -4pm)

Activity	Day	Year group	Min Number	Max Number	Description
Aboriginal Art	Tuesday	Years 2 – 4	10	15	Aboriginal Art is a fantastic topic for children. They will learn a little about who the Australian Aboriginals are, their symbols and what and how they paint.
Art and Design	Friday	Years 3 – 4	10	20	To give students the opportunity to develop their design skills using different/mixed mediums. Let's explore line, texture, colour, shape and patterns in this exciting new ECA.
Art: Grayson Perry inspired pots	Friday	Years 7 – 12	10	15	Students will learn about the work of Grayson Perry. They will also learn about the concepts that Perry uses in his work and they will use these to influence their own. They will create their own pot created from Papier Mache and decorate it with images, typography and photographs. There will be a cost of \$10 which needs to be paid at the 1st session.
Beading Fun	Friday	Years 2 – 4	10	20	Jewellery making is extremely fun, challenging and an affordable hobby. Students will get lot of hands-on experience with different types of material and beads. Think out of the box and get creative with us!! There will be a cost of \$10 which needs to be paid at the 1st session.
Book Club	Wednesday	Years 3 – 5	10	20	The ECA would involve book reviews, making your own comic book, story writing, and vocational activities such as promoting library skills to students.
Brain Teasers Club	Thursday	Years 2 - 4	10	20	This ECA offers different types of puzzles that are written or spoken and require mental reasoning to solve. It also involves praxis ability to develop spontaneity.
Chess Club	Friday	Years 3 - 12	10	30	Whether you are new to playing or a master come down and improve you're analytical and decision making skills.
Children's Craft & Film Club	Wednesday	Years 1 - 2	10	20	Are you creative? Do you love films? Then this is the ECA for you. We create a variety of art related to movies. This is a wonderful way to spend your afternoon.
Cookery Lite	Thursday	Years 4 - 5	10	15	Focus on preparing healthy and balanced snacks, meals and desserts. Includes taste testing and comparing processed foods to

					fresh foods, preparation, cooking or baking a variety of foods as well as food art and presentation. There will be a cost of \$30 to be paid at the 1st session. Not be suitable for children with serious food allergies.
Digital Club	Thursday	Years 4 – 6	10	15	Learn how to write a script and make short films, information videos, news bulletins. You will learn how to make Prezi presentations using footage/photo's you have taken.
DSE Construction*	Wednesday	Years 3 – 5	5	10	This is a chance for DSE children to work on their social and communication skills through constructing models with Lego and blocks etc. Each week there will be a given theme and the children will be put into groups to construct something together in line with the topic. Each child will be given a specific role e.g. builder, designer or supplier and they have to rely on each other to get the job completed.
DSE Inclusive Team Challenges*	Thursday	Years 3 – 7	8	15	This ECA is for children who wish to work as a team to solve puzzles, to complete varied challenges together, including craft activities, and take part in some outdoor team games. This ECA welcomes children of all abilities, with strong emphasis on teaching inclusivity. It will take place both inside and outside the classroom depending on the activity.
DSE Play Dough Art Therapy*	Tuesday	Years 2 – 3	5	10	Explore the art of play dough. Play dough play benefits the child's fine motor skills development, creativity and imagination, develops hand-eye co-ordination, social skills, literacy and numeracy development, promotes play and most of all it is calming and therapeutic. There will be a cost of \$15 which needs to be paid at the 1st session
Film Club	Thursday	Years 1 – 4	10	20	Investigate different children's films from around the world and explore a variety of different genres of films. Alongside this, children will have the opportunity to complete an activity based on the film.
Fun with Fimo	Friday	Years 2 – 3	10	20	We will make a selection of models, figurines, buttons, charms, jewellery and ornaments from a range of brightly coloured and glow in the dark polymer clay that you heat in the oven for it to go hard. There will be a cost of \$15 which needs to be paid at the 1st session.
Hama Beads	Tuesday	Years 2 – 4	10	16	Join our fun & creative club where we will create many beautiful designs from these magical beads! They can be used as gifts or to decorate your room at home.
Japanese Language for Beginners	Wednesday	Years 3 - 6	8	12	Introduction to Japanese language. Talk to your new Japanese friends by learning numbers, greetings and hobbies.
Just Dance	Tuesday	Years 2 – 6	10	20	Love learning new moves whilst having fun with your friends? Everyone is welcome to enjoy the latest pop hits, developing coordination and fitness.

Lego	Thursday	Years 1 & 2	10	20	Come along to design and make buildings and landmarks from around the world. Suitable for all future architects! There will be a different building challenge each week ranging from famous buildings to animals from around the world!
Mandala Colouring	Friday	Years 3 - 6	10	20	Mandala loosely translates as circle, and by focusing on a mandala, you allow your brain to calm. It is a wonderful way to relax and show your creativity.
Minecraft Club	Tuesday	Years 3 & 4	10	23	For students that are interested in the Minecraft platform, both playing the game and developing new levels. Using Java, students will play head to head, developing sections of code, and then playing the game with one-another. Ds cover game coding from different perspectives reviewing different consoles. For computer enthusiasts to learn Minecraft, play with tablets and develop apps.
	Tuesday	Years 7 –11	10	21	
	Friday	Years 5 & 6	10	21	
	Friday	Years 3 & 4	10	23	
Mindfulness Colouring	Friday	Years 2 & 3	10	20	During this new students will colour in templates to create exquisite scenes full of intricate and sophisticated patterns. They will creatively and mindfully complete beautiful and vivid pictures. Take a few minutes out of your day to colour your way to a more peaceful and calm mind.
Radio club	Thursday	Years 4 - 11	6	10	Learn how to use the radio equipment and have fun creating radio programs that may even be aired to the whole school.
Robotics Club	Friday	Years 8 – 13	6	12	Do you like programming and problem solving? The Robotics Club will allow you to explore your ideas. You will have the opportunity to apply your sequential thinking skills while working to overcome technical challenges. You will be working collaboratively and applying technology to solve a range of problems and learn through experimentation and testing.
Secondary Mandarin Clinic	Wednesday	Years 7 – 11	6	12	This is a Secondary Language Club to engage the students for a variety of activities. This ECA will provide additional support for those who will join the school with no Mandarin experience. Furthermore, differentiated activities will be organized to cater those Mandarin native speaker if they are interested to join.
Sketching & Drawing	Tuesday	Years 4 – 6	10	40	Learning to draw objects/animals more accurately using various techniques. Add shading and gradual tints to make objects look 3D. Using colouring pencils to shade.
Skoolbo	Tuesday	Years 1 – 3	10	20	Using iPads, dive into the world of Skoolbo and practice your Numeracy and Literacy skills with friends. You need to know your Skoolbo login details for this club and bring them along on the first session.
Stained Glass Club	Friday	Years 3 – 6	10	24	Come and create your very own stained glass windows. You can hang them up at home and watch the sun shine through them to make pretty patterns on your wall. Sign up for Stained Glass club Now! There

					will be a cost of \$20 which needs to be paid at the 1st session.
Sewing Club	Thursday	Years 3 – 6	10	15	In the sewing club we'll be learning useful skills to sew beautiful creations. There will be a cost of \$10 which needs to be paid at the 1 st session.
Story time	Thursday	Years 1 – 3	10	20	Story time ECA will have a fun story for every session. It will be then followed by a fun activity related to the story analysing characters in the story and may re-enact it or draw the story out in picture format.
Story, Art and Craft	Tuesday	Years 1	10	20	Each week we read a different book, discuss the story and then completed and art and craft activity to do with the story.
Super Hero Art Club	Wednesday	Years 1 – 2	10	20	Do you love super heroes? Come and join us to develop sketching skills and techniques while having fun drawing your favourite super hero.

Paid ECA

Activity	Day	Year group	Min Number	Max Number	Cost	Description
Advanced Race Car Engineering	Thursday	Years 2 – 4	10	45	\$280	Now that you have mastered the basics, get ready to take things to the next level! In this level 2 course, build and design your very own twin shift car. You'll learn advanced car design, electronic engineering and racing strategies. Yes, this time, we're putting you in the driver's seat. Think you've got what it takes? Sign up now! * The cost also covers material fee for the race car parts.
	Thursday	Years 5 & 6	10	45	\$280	
Ballet	Wednesday	Years 2 - 5	10	20	\$210	Perfect for beginners who would love to learn to move gracefully and energetically. Improves strength, balance and posture with friends under experienced guidance. Please note dance attire is additional.
Basic Race Car Engineering	Thursday	Years 2- 4	10	45	\$280	Build and race your own race car! Students will learn how to build, customize, and tune every part of their car wheels, motors and even the transmission for ultimate speed. They will discover how to use physics and engineering concepts to push the limits of what it means to go fast. During the last session they will take part in a championship race to prove once and for, who is the fastest racer around. * Students will bring home their cars at the end of the course.
	Thursday	Years 5 & 6	10	45	\$280	
Brush Lettering	Tuesday	Years 2 – 4	10	45	\$280	Brush lettering is an art of writing that can be easily picked up regardless of age. Come and join us as we learn a new craft together

	Tuesday	Years 5 & 6	10	45	\$280	and to explore the world of possibilities with brush lettering. Discover your own unique style today! Students will bring home their artworks in the end of the course.
Chelsea Football Coaching	Tuesday	Years 1 – 3	10	40	\$200	Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams.
		Years 4 – 6	10	40	\$200	
Cricket	Thursday	Years 2 – 4	15	30	\$320	High-quality cricket coaching academy for girls and boys of all ages with the goal of promoting the game of cricket, healthy lifestyles and build character. Our objective is to have a positive impact and contribution to society by using cricket as a medium. Cost includes uniform.
	Thursday	Years 5 & 6	15	30	\$320	
	Thursday	Years 7 – 11	15	30	\$320	
DSE Lego Story Building *	Tuesday	Years 1- 3	6	12	\$210	Using LEGO bricks and SPECIALITY EDUCATION pieces, students will explore the creation of ideas and stories though play. Students will gain experience with creativity, problem-solving, fine-motor skills, abstraction, and learn how they can express their thoughts through physical objects. Each week, the students will learn about a different type of story (or will imagine their own story with ideas initiated by the teacher), then use LEGO blocks to create their own story and in the end will demonstrate it to the fellow mates in the session.
Drama	Wednesday	Years 1- 3	10	20	\$288	We introduce students to a world of theatre and creativity, helping them to develop performance skills, theatre knowledge, teamwork, individual expression and confidence. All groups are led by experienced and highly trained drama teachers, with emphasis throughout on providing high quality workshops that our members enjoy.
		Years 4- 7	10	20	\$288	
French Basic Level 1	Wednesday	Years 2 – 6	10	20	\$200	This ECA is for students who have no or little prior knowledge of French (up to 1 year of studies). It aims to introduce students to basic vocabulary (including numbers, colours, and school) and conversation skills (presentation). Learning will be done through games, songs, interactive and written activities. The ECA will also provide some insights into French culture.

French Basic Level 2	Wednesday	Years 4 – 6	10	20	\$200	This ECA is for students who have studied French for more than a year. It aims to reinforce knowledge of the basic vocabulary (including numbers, colours, and school) and introduce new topics (i.e. family, food, animals, clothing). Students will also develop further their understanding and conversation skills. Learning will be done through games, songs, interactive and written activities. The course will also provide some insights into the French culture.
Fun in Aviation	Wednesday	Years 1 - 4	10	20	\$290	This ECA is a fun filled enrichment program that is aimed to inspire the aviators of the future. The program will educate basic principles of aerodynamics through scientific experiments, such as – flying the quadcopter and building and flying the hand glider. Every class consists of a theory and practical part. The cost include a mini drone for the student to keep.
		Years 5 - 8	10	20	\$290	
Fencing	Thursday	Years 5 – 8	10	18	\$230	This new ECA will teach the basics of fencing skills. All equipment will be provided.
Gym with Me	Tuesday/ Thursday	Years 1 – 4	10	30	\$240	An exciting Gymnastics club. Multiple trained coaches and some excellent new equipment to use.
Hip Hop Dance	Tuesday	Years 3 - 5	10	25	\$100	Students will learn basic hip hop choreography and how these dance moves fit in with the music. They will develop a sense of rhythm and beat and will gain a better appreciation of this musical genre.
Judo Club	Friday	Years 1- 3	10	25	\$320	We are a group of Judo enthusiasts with rich experience in teaching Judo to both Students and adults. You can find information on us and our activities on www.thedojo.com.sg . There will be an additional \$100 to buy Judo uniform.
		Years 4 – 6	10	15	\$320	
Language Art	Thursday	Years 2 – 5	6	12	\$210	During this hands-on Story Telling session, children naturally collaborate and develop speaking and listening skills as they build their stories and role play. Students will explore their creation of ideas and will learn how they can express their thoughts in simple and complex sentences in English Language. This ECA is aimed at ESL Students.
Mandarin Learning Fun	Tuesday	Years 1 & 2	10	16	\$180	This course is specially catered to students to learn Mandarin. The

Club	Wednesday	Years 3 & 4	10	16	\$180	aim is to help them learn Mandarin in a fun and easy way. This includes stimulating stories, fun games, dynamic drama adventures, lively songs, rhymes and role play. All the activities allow the students to explore the Chinese characters, sentences and cultures. It stimulates interest in Mandarin and will help to build their confidence in using Mandarin whilst having lots of fun!
	Friday	Years 5 & 6	10	16	\$180	
	Thursday	Years 5 – 6	15	45	\$280	
Rock Bands	Tuesday / Friday	Years 5 – 11	5	6	\$130	Rock band ensembles are designed to allow aspiring bands to create their original music in a rock band setting with their friends or fellow aspiring musicians. These bands will be led by one of our peripatetic teachers, who will refine and rehearse bands to get to a level of performance standard at one of DCIS upcoming events. It is suitable for music students with at least one year playing ability.
Stratmax	Friday	Years 2 - 4	6	45	\$260	Become a master at strategy! Through a series of exciting team-based activities, discover the secrets of time-tested war principles and apply them to overcome difficult trials and challenges while having loads of fun with your friends. Students will understand how to plan ahead, evaluate alternatives, use logic and creativity to make the best plans for success!
	Friday	Years 5 & 6	6	45	\$260	
Tennis	Tuesday	BEGINNER Years 1 – 9	10	20	\$240	Tennis for beginners who have played once or twice and are new to the game. We teach the basics of the game including the introduction to the different tennis strokes through an array of fun games and coordination drills.
	Wednesday	INTERMEDIATE Years 1 – 9	10	20	\$240	Tennis for intermediate players who have 1 - 2 years of experience, and who have knowledge of the shot types but are now ready to start playing points. Players will learn more about moving around the court, shot preparation, putting their shots into point situations and consistency.
	Friday	ADVANCED Years 1 – 9	10	20	\$240	Advanced Tennis for students who have been playing for over 2 years and know the fundamentals of the shot types as well as being able to rally with the coach and/or each other. More development will be on playing matches and increasing consistency as well as learning the different spin types.

Offsite Paid ECA						
Activity	Day	Year group	Min Number	Max Number	Cost	Description
Junior Gym 3:30pm to 5:00pm	Wednesday	Years 3 – 5	10	20	\$360	Building fitness, strength and a greater understanding of the core gymnastic elements of each of the different gender-specific apparatus in The Yard's state of the art facility. Price includes coaching and transport to the Yard. Students to be picked up at the Yard Science Centre Rd, Jurong.
Trampolining 3:30pm to 4:30pm	Wednesday	Years 3 – 5	5	8	\$330	Learn to bounce, flip and twist with our custom made trampolines, 16m trampoline track, trampettes and safety foam pits. Price includes coaching and transport to the Yard. Students to be picked up at the Yard Science Centre Rd, Jurong.
		Years 6 - 8	5	10	\$330	
Parkour 3:30pm to 4:30pm	Wednesday	Years 3 – 5	5	8	\$330	Our FreestyleGym program combines acrobatic and gymnastics elements with the movement principles of parkour to give children a strong technical background to perform the latest Parkour skills in a soft and safe environment. Price includes coaching and transport to the Yard. Students to be picked up at the Yard Science Centre Rd, Jurong.
		Years 6 – 8	5	8	\$330	

As of 03 April 2017. V2

ECAs subject to change till sign-up.