



Celebrating 45 Years

DCIS Extra-Curricular Activities

Academic Year 2017 to 2018 Term 3

Sign-up will be open from **5.00pm on 29th March 2018 to 5.00pm on 20th April 2018.**

ECAs will run from **04th May 2018 to 22nd June 2018**

No ECAs on Friday 25th May 2018 / Week of 26th May to 01st June 2018 due to Half Term break. No ECAs on 15th June due to Public Holiday

Sports ECA (3.00pm-4.00pm)

| Activity | Day | Year group | Min No: | Max No: | Description |
|--------------------------|-----------|----------------------------|---------|---------|--|
| Boys / Girls Touch Rugby | Tuesday | Years 3 - 6 | 10 | 20 | Develop and enhance your core rugby skills by coming to this ECA. Students will have the opportunity during this ECA to represent the School team! |
| Ballet | Friday | Years 5-11 | 10 | 20 | Ballet helps young children develop good posture and co-ordination. Ballet ECA is a great opportunity for the children to learn foundation ballet movements and explore musicality in a fun way. If your child does not have existing ballet attire he/she should wear comfortable clothing of stretchable material (fitting t-shirt and leggings work well) and a pair of socks. Miss Pemberton is ISTD and RAD trained in classical ballet, tap and modern and before training to become a teacher was teaching at a dance school in the UK. |
| Dodgeball | Tuesday | Years 7+ | 10 | 25 | Be alert and ready and try to eliminate as many players as you can without being hit! Students will learn the rules of this game and have lots of fun. |
| Football | Wednesday | Years 2 & 3 (GIRLS & BOYS) | 10 | 35 | For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and the "Let them play" concept. |
| | Thursday | Years 7 + (BOYS) | 10 | 25 | |
| | Thursday | Years 2 & 3 (GIRLS & BOYS) | 10 | 15 | |
| | Thursday | Years 4 & 5 (GIRLS) | 10 | 15 | |
| | Friday | Years 4 - 6 (BOYS) | 10 | 60 | |
| Girls Football | Wednesday | Years 6 + | 10 | 15 | For players who are interested in developing their individual and team skills, as well as gaining knowledge and understanding in football. With emphasis on enjoyment and the "Let them play" concept. |
| Hockey | Friday | Years 3 -6 | 10 | 20 | Come and master some stick skills here at Hockey ECA. Students will learn the correct way to grip a stick and learn how to pass and hit a ball as well as display some simple dribbling skills. Once the basics have been mastered, it's time to play a match! Come and join. |



Sports ECA (3.00pm-4.00pm)

| Activity | Day | Year group | Min No: | Max No: | Description |
|-----------------|------------|-------------------|----------------|----------------|---|
| Indoor Cricket | Wednesday | Years 5 & 6 | 10 | 25 | Indoor cricket is a variant of, and shares many basic concepts with cricket. The students will gain knowledge of how to bowl, bat and field as well as understand the rules of the game by playing small sided matches. |
| Netball | Tuesday | Years 3 & 4 | 20 | 30 | Whether you've played before or want to give Netball a go, everyone is welcome to join! Improve your individual skills & game playing ability in this fun and exciting sport. There is also the potential to represent the school in the girl's netball team. |
| Netball | Thursday | Years 5+ | 20 | 30 | Whether you've played before or want to give Netball a go, everyone is welcome to join! Improve your individual skills & game playing ability in this fun and exciting sport. There is also the potential to represent the school in the girl's netball team. |
| Primary Yoga | Friday | Years 3- 6 | 10 | 15 | Students will learn to use all of their muscles in new ways. This ECA will help students build strength, flexibility and confidence. |
| Secondary Yoga | Tuesday | Years 7+ | 10 | 15 | This ECA will give children the opportunity to learn different elements of yoga. We will look beyond the physical practice and begin to understand the philosophy. Each week we will focus on specific areas of the body and generate an understanding of anatomy and how the body works. |
| Tri-Golf | Friday | Years 3 – 6 | 10 | 15 | Tri-Golf is a fun, energetic, version of golf which students can enjoy with their classmates as they hit the target with their first golf shots. Tri-Golf is genuinely inclusive as it suits all abilities; every child can succeed in the games and with the flexibility between individual play and team interaction. |
| Zumba | Thursday | Years 3-6 | 10 | 20 | Zumba is a high energy dance routine that has a mix of different dance forms, aerobics and cardio perfect for young kids. Our classes are easy to follow for everyone with our kid friendly routines where we break down the steps to follow. Apart from this the children get a chance to socialize as well as jam out to their favourite music. Some of the additional benefits of Zumba are helping key childhood development elements such as team work, confidence, self-esteem, creativity, memory, coordination, balance as well as cultural awareness |

| Music ECAs (3pm – 4pm) | | | | | |
|-----------------------------|-----------|--------------|---------|---------|---|
| Activity | Day | Year group | Min No: | Max No: | Description |
| Introduction to Instruments | Tuesday | Years 1-3 | 10 | 22 | An excellent opportunity for children to develop their interest in musical instruments. Children will be exploring different instrument families and learning how to play simple tuned instruments. A great opportunity to gauge their interest in instruments before considering uptake with our peripatetic team. |
| Singing Voices | Tuesday | Years 2 – 5 | 10 | 40 | All students who love their singing and who wish to develop skills and repertoire are warmly invited to join. |
| School Choir | Thursday | Years 1 – 13 | 10 | 45 | By invitation only. |
| School Orchestra | Wednesday | Years 1 – 13 | 10 | 45 | By invitation only. |

| General ECAs (3.00pm-4.00pm) | | | | | |
|------------------------------|-----------|--------------|---------|---------|---|
| Activity | Day | Year group | Min No: | Max No: | Description |
| Arts and Crafts KS1 | Tuesday | Years 1 & 2 | 10 | 20 | In this ECA the Year 1 and 2 Students will learn how to develop their drawing skills and in addition will also be learning and experimenting with techniques in art, design and textiles. Children will develop their fine motor skills through drawing and painting, whilst also exploring their own ideas to produce creative pieces of work. |
| Arts and Crafts Lower KS2 | Wednesday | Years 3 & 4 | 10 | 20 | In this ECA the Year 3 and 4 Students will learn how to develop their drawing skills and in addition will also be learning and experimenting with techniques in art, design and textiles. Children will develop their fine motor skills through drawing and painting, whilst also exploring their own ideas to produce creative pieces of work. |
| Arts and Crafts Upper KS2 | Thursday | Years 5& 6 | 10 | 20 | In this ECA the Year 5 and 6 Students will learn how to develop their drawing skills and in addition will also be learning and experimenting with techniques in art, design and textiles. Children will develop their fine motor skills through drawing and painting, whilst also exploring their own ideas to produce creative pieces of work. |
| Beading Fun | Friday | Years 2 – 4 | 10 | 20 | Jewellery making is extremely fun, challenging and an affordable hobby. Students will get lot of hands-on experience with different types of material and beads. Think out of the box and get creative with us!! There will be a cost of \$10 which needs to be paid at the 1st session. |
| Book Club | Thursday | Years 3 – 4 | 10 | 22 | The ECA will involve book reviews, making your own comic book, story writing, and vocational activities such as promoting library skills to students. |
| Brain Teasers Club | Tuesday | Years 2 - 4 | 10 | 22 | This ECA offers different types of puzzles that are written or spoken and require mental reasoning to solve. It also involves praxis ability to develop spontaneity. |
| Chess Club | Tuesday | Years 3 – 12 | 10 | 22 | Whether you are new to playing or a master come down and improve you're analytical and decision making skills. |

General ECAs (3.00pm-4.00pm)

| Activity | Day | Year group | Min No: | Max No: | Description |
|------------------------------|-----------|--------------|---------|---------|--|
| Children's Craft & Film Club | Tuesday | Years 3 – 6 | 10 | 22 | Are you creative? Do you love films? Then this is the ECA for you. We create a variety of art related to movies. This is a wonderful way to spend your afternoon. |
| Drawing | Friday | Years 7 – 13 | 10 | 20 | Students will use a range of materials to learn traditional and contemporary styles of drawing from observation. |
| Dungeons & Dragons | Wednesday | Year 7+ | 6 | 8 | Here's the place to start in the world of Dungeons & Dragons. Take a closer look at this legendary fantasy role-playing game and find out why millions of players worldwide have stepped into the boots of mighty heroes (and sneaky antiheroes) to create their own stories. This will help develop skills in communication, collaboration and problem solving. A student led ECA. |
| French ECA | Wednesday | Years 7- 9 | 10 | 20 | For students who have chosen Mandarin but are still interested in learning French as an ECA |
| Fun with Fimo | Tuesday | Years 2 – 3 | 10 | 20 | We will make a selection of models, figurines, buttons, charms, jewellery and ornaments from a range of brightly coloured and glow in the dark polymer clay that you heat in the oven for it to go hard. There will be a cost of \$15 which needs to be paid at the 1st session. |
| Hama Beads | Thursday | Years 2 – 4 | 10 | 20 | Join our fun & creative club where we will create many beautiful designs from these magical beads! They can be used as gifts or to decorate your room at home. There will be a cost of \$5 which needs to be paid at the 1st session. |
| Homework Club | Thursday | Years 7 – 13 | 10 | 20 | For all students who want a space to stay to complete homework with teacher supervision. Please note, this is not a drop-in activity, students will be registered for this ECA to attend every session. Students are welcome to bring their own laptops/iPads as required for the homework. |
| Inclusive Yoga | Friday | Years 3-6 | 6 | 8 | This is an inclusive Yoga ECA tailored to be developmentally appropriate on every level. A small No: of children will be able to participate in carefully designed yoga sessions, targeting their specific movement and flexibility needs and delivered an engaging way. There are many benefits of Yoga which include: Develops strength, flexibility and stamina, reduces tension, stress and anxiety, raises self-esteem and promotes self-efficacy – Improves motivation, improves overall health and wellbeing. |
| Language Games | Wednesday | Years 7+ | 12 | 16 | An ECA in which student work in groups and pairs on a range of fun and kinesthetic language games. This ECA is appropriate for all secondary students and aims to develop English language understanding through fun and interactive activities and games. |
| Lego | Tuesday | Years 3 & 4 | 10 | 22 | Lego club is a fantastic opportunity to explore and extend a child's creativity. Throughout the course the children will be given the task to design and build a range of different forms. The children will develop their independence and team work skills as tasks will alternate from personal projects to group tasks. Lego club will also develop the children's fine motor skills. Each week the children will produce an end product which will be celebrated. |
| | Wednesday | Years 3 & 4 | 10 | 22 | |

General ECAs (3.00pm-4.00pm)

| Activity | Day | Year group | Min No: | Max No: | Description |
|--|-----------|--------------|---------|---------|--|
| Minecraft Club | Tuesday | Years 5 & 6 | 10 | 20 | For students that are interested in the Minecraft platform, both playing the game and developing new levels. Using Java, students will play head to head, developing sections of code, and then playing the game with one-another. Ds cover game coding from different perspectives reviewing different consoles. For computer enthusiasts to learn Minecraft, play with tablets and develop apps. There will be a cost of \$15 which needs to be paid at the 1st session. |
| | Tuesday | Years 7 & 8 | 10 | 20 | |
| | Wednesday | Years 3 & 4 | 10 | 20 | |
| | Friday | Years 3 & 4 | 10 | 20 | |
| Mindfulness for secondary students | Tuesday | Years 7 – 13 | 10 | 15 | Being a teen can be stressful! This ECA is ideal for (older) students who have a high amount of pressure or activity in their daily life. Time will be spent learning about the practice and benefits of being mindful, alongside completing individual activities to promote calmness and developing a high level of self-awareness |
| Model United Nations | Tuesday | Years 7 – 13 | 10 | 20 | Model United Nations, also known as MUN, is an activity in which students can learn about diplomacy, international relations, and the United Nations. MUN involves and teaches researching, public speaking, debating, and writing skills, in addition to critical thinking, teamwork, and leadership abilities. Students need to bring a laptop or tablet to the ECA to enable research, collaborative planning and the writing and editing of resolutions |
| Pathways Developing fine motor skills* | Tuesday | Years 1-3 | 4 | 8 | This ECA will support students to more effectively use their small muscles and eye hand coordination to build their fine motor skills. This will help to improve their writing skills. |
| Pathways Construction* | Friday | Years 3 – 5 | 5 | 10 | This is a chance for pathways children to work on their social and communication skills through constructing models with Lego and blocks etc. Each week there will be a given theme and the children will be put into groups to construct something together in line with the topic. Each child will be given a specific role e.g. builder, designer or supplier and they have to rely on each other to get the job completed. |
| Pathways Multi Skills* Wednesday | Wednesday | Years 1- 6 | 20 | 32 | This ECA gives children an opportunity to work collaboratively and cooperatively in a fully integrated environment. Focus will be on music, movement, motor skills, social communication and core curriculum subjects. |
| Pathways Multi Skills* Friday | Friday | Years 1- 6 | 20 | 32 | This ECA gives children an opportunity to work collaboratively and cooperatively in a fully integrated environment. Focus will be on music, movement, motor skills, social communication and core curriculum subjects. |
| Pathways Social Skills Group* | Wednesday | Years 1 & 2 | 5 | 8 | Developing pre-verbal skills for example – turn taking, eye contact, listening and sharing. |
| Primary Word Processing | Wednesday | Years 4- 6 | 10 | 12 | The better you type, the easier it is to write! Let your fingers take care of the words, while you take care of the language and ideas. Come and join us! |

General ECAs (3.00pm-4.00pm)

| Activity | Day | Year group | Min No: | Max No: | Description |
|-------------------------------|------------|-------------------|----------------|----------------|--|
| Primary Spanish | Thursday | Years 1 & 2 | 10 | 20 | This ECA will help KS1 children learn some basic Spanish in a fun way whilst taking part in short tasks of physical activity. The children will learn some basic Spanish through games, song and dance. We will follow TAKE 10 en español curriculum which provides opportunities for physical activity and language to take place in a context which is enjoyable for young pupils. There will be an opportunity to perform to Spanish secondary students |
| Primary Sewing Club | Tuesday | Years 3 – 6 | 10 | 22 | In the sewing club we'll be learning useful skills to sew beautiful creations. There will be a cost of \$10 which needs to be paid at the 1st session. |
| Secondary Mandarin Enrichment | Wednesday | Years 7 – 9 | 10 | 20 | For students who have chosen French but are still interested in learning Mandarin as an ECA |
| Secondary Word Processing | Thursday | Years 7+ | 10 | 12 | The better you type, the easier it is to write! Let your fingers take care of the words, while you take care of the language and ideas. Come and join us! |
| Secondary Sewing Club | Friday | Years 7 - 13 | 10 | 20 | Students will learn how to apply basic sewing techniques so as to complete simple sewing projects. There will be a cost of \$15 which needs to be paid at the 1st session |
| Skoolbo | Wednesday | Years 1 – 3 | 10 | 22 | Using iPads, dive into the world of Skoolbo and practice your Numeracy and Literacy skills with friends. You need to know your Skoolbo login details for this club and bring them along on the first session. |
| Spanish ECA | Thursday | Years 7 – 13 | 10 | 20 | Beginners Spanish- a fun club where students will learn beginners Spanish. Open to all Secondary students! |
| STEAM Club | Friday | Years 7 – 9 | 10 | 15 | A fun and interactive opportunity for students to do some more experiments outside of class time. |
| Stained Glass Club | Thursday | Years 3 – 6 | 10 | 22 | Come and create your very own stained glass windows. You can hang them up at home and watch the sun shine through them to make pretty patterns on your wall. Sign up for Stained Glass club Now! There will be a cost of \$20 which needs to be paid at the 1st session. |
| Story Time – Fun Time. | Wednesday | Years 1 – 2 | 10 | 22 | A fun and learning time! Each week an author, theme or a topic will be chosen and 3 stories will be read aloud to the children. The blurb for every story will be read aloud by one of the children and after every story is read, the children will be engaged in discussion of characters and will be encouraged to use describing words whilst analyzing the characters. The last 15-20 minutes will be spent on coloring time and writing the describing words for their favorite characters. Overall the Children will have an enriching and enjoyable Storytime experience. |
| Watercolours | Tuesday | Years 1 & 2 | 10 | 20 | Come and learn and enjoy the techniques of this wonderful art media. Children will work each week on a project which will help them develop their skills and technique using water colours. |

Paid ECA – Payments must be made before the ECA starts

| Activity | Day | Year group | Min No: | Max No: | Cost | Description |
|---|-----------|-----------------|---------|---------|-------|---|
| Automotive Car Engineering Pt:1 Monster Truck | Tuesday | Year 4 – 6 | 5 | 10 | \$210 | Aspiring automotive engineers will learn all about motorized vehicles. For a start, students will get to understand the mechanism of different vehicles; before moving on to designing and building different types of it. In this term, students will learn how a Monster Truck’s operation differs from normal car and its modification required to travel on various rough terrain types. They will then apply their knowledge to design and build their very own Monster Truck. *Students will get to bring home their monster trucks at the end of the course |
| Chelsea Football Coaching | Monday | Years 1 – 4 | 10 | 30 | \$150 | Join the Chelsea ECA and receive excellent football coaching through fun games and activities. Improve your skills and you will have the opportunity to play for the local weekend Chelsea teams. Please note that this ECA will run until 4:30pm and parental pick up is required as there are no buses. |
| | | Years 5 - 8 | 10 | 15 | \$150 | |
| DSE Lego Story Building | Tuesday | Year 1 – Year 3 | 4 | 12 | \$156 | Using LEGO® bricks and SPECIALITY EDUCATION pieces, students will explore the creation of ideas and stories through play. Students will gain experience with creativity, problem-solving, fine-motor skills, abstraction, and learn how they can express their thoughts through physical objects. Each week, the students will learn about a different type of story (or will imagine their own story with ideas initiated by teacher), then use LEGO blocks to create their own story and in the end will demonstrate it to the fellow mates in the session. |
| Drama | Wednesday | Years 1- 3 | 10 | 20 | \$216 | We introduce students to a world of theatre and creativity, helping them to develop performance skills, theatre knowledge, teamwork, individual expression and confidence. All groups are led by experienced and highly trained drama teachers, with emphasis throughout on providing high quality workshops that our members enjoy. |
| | | Years 4- 7 | 10 | 20 | \$216 | |

Paid ECA – Payments must be made before the ECA starts

| Activity | Day | Year group | Min No: | Max No: | Cost | Description |
|----------------------|------------|-------------------|----------------|----------------|-------------|--|
| French Basic Level 1 | Wednesday | Years 2 – 6 | 8 | 20 | \$150 | This ECA is for students who have no prior knowledge of French. It aims to introduce students to basic vocabulary (including Numbers, colours, school) and conversation skills (presentation/greetings) Learning will be done through games, songs, interactive and written activities. The ECA will also provide some insights into French culture. |
| French Basic Level 2 | Wednesday | Years 3 – 6 | 8 | 20 | \$150 | This ECA is for students who have studied French before (Level 1 completed and/or in another class). It aims to reinforce knowledge of the basic vocabulary (cf Level 1) and introduce new topics (i.e. family, food, animals, and clothing). Students will also develop further their understanding and conversation skills. Learning will be done through games, songs, interactive and written activities. The ECA will also provide some insights into the French culture. |
| Fun in Aviation | Wednesday | Years 1 - 4 | 10 | 20 | \$174 | This ECA is a fun filled enrichment program that is aimed to inspire the aviators of the future. The program will educate basic principles of aerodynamics through scientific experiments, such as – flying the quadcopter and building and flying the hand glider. Every class consists of a theory and practical part. The cost include a mini drone for the student to keep. |
| | | Years 5 - 8 | 10 | 20 | \$174 | |
| Futsal for Girls | Wednesday | Years 2 & 3 | 10 | 20 | \$150 | Similar to Football but with a twist. Futsal is played between two teams of five players each, one of whom is the goalkeeper. Unlimited substitutions are permitted. Unlike some other forms of indoor football, the game is played on a hard court surface surrounded by lines and walls. Students will be coached by a former Brazilian player, certified by the Swiss Football Association. |

Paid ECA – Payments must be made before the ECA starts

| Activity | Day | Year group | Min No: | Max No: | Cost | Description |
|----------------------------|-----------|-------------|---------|---------|-------|--|
| Gym with Me | Tuesday | Years 1 – 4 | 10 | 30 | \$189 | Packed with fun acrobatic activities designed to channel energy and enthusiasm into developing essential motor skills. The Gymnastics ECA program is perfect for beginners to intermediate gymnasts. Classes focus on building strength, flexibility, coordination and the core acrobatic skills. |
| | Thursday | Years 1 – 4 | 10 | 30 | \$189 | Our in-depth skills break-downs and progressions allow children to progress at their own pace promoting well-rounded development and confidence on the various apparatus |
| Hip Hop Dance | Wednesday | Years 3 - 5 | 10 | 25 | \$90 | Students will learn basic hip hop choreography and how these dance moves fit in with the music. They will develop a sense of rhythm and beat and will gain a better appreciation of this musical genre. |
| Judo Club | Friday | Years 1- 3 | 10 | 25 | \$240 | We are a group of Judo enthusiasts with rich experience in teaching Judo to both Students and adults. You can find information on us on www.thedojo.com.sg . |
| | | Years 4 – 6 | 10 | 15 | \$240 | There will be an additional \$100 to buy Judo uniform, only if you do not already have one. |
| Language therapy with Lego | Thursday | Years 2 - 6 | 4 | 12 | \$156 | During this hands-on LEGO® building session, students naturally collaborate to develop speaking and listening skills as they come up with their own solutions to complete their Lego project. Trained facilitators divide up the tasks within each group so that each student has a specific, clearly defined yet interactive role to perform. Students explore their creation of ideas and learn how they can express their thoughts in simple and complex sentences in English language. This ECA is aimed at ESL students. |
| Race Car Engineering | Thursday | Years 2- 6 | 10 | 20 | \$210 | Basic Build and race your own race-car! You will learn how to build, customize, tune parts of your car wheels, motors and the transmission for ultimate speed using physics and engineering concepts. During the last session you will join the race to prove who the fastest racer is around! |

Paid ECA – Payments must be made before the ECA starts

| Activity | Day | Year group | Min No: | Max No: | Cost | Description |
|-----------|-----------|---|---------|---------|-------|---|
| | | | | | | <p>Intermediate Now that you have mastered the basics, you can take things to the next level! You will learn about upgrade parts and apply it to your cars to see it run faster. You will build a new Twin Shaft Car! *Recommended for students who have already completed Basic training.</p> <p>Advanced Beside experimenting and upgrading you will get to design an aerodynamic vehicle which will allow them to push their vehicle to the limit! They will learn about car stabilization, safety, gear ratios and engine maintenance. *Recommended to students who have completed both basic and intermediate stages and or has attended more than one term.</p> |
| Rock Band | Tuesday | Years 4+ | 5 | 8 | \$100 | Rock band ensembles are designed to allow aspiring bands to create their original music in a rock band setting with their friends or fellow aspiring musicians. These bands will be led by one of our peripatetic teachers, who will refine and rehearse bands to get to a level of performance standard at one of DCIS upcoming events. It is suitable for music students with at least one year playing ability. |
| Tennis | Monday | Open to students from Year 1 – Year 12 and various skill levels | 10 | 20 | \$180 | Dover Court Tennis ECA is a game based tennis program focusing on ball awareness, ball control, racquet skills, and tennis fundamentals and growing a passion for tennis. Games and exercises in the program are structured to get students playing, scoring and learning more about this incredible lifelong sport! * Note – no buses are available for the Monday session, this will require parental collection. |
| | Wednesday | | 10 | 20 | \$180 | |
| | Friday | | 10 | 20 | \$180 | |

****ECAs subject to change till sign-up.**