






 BRITISH VIETNAMESE INTERNATIONAL SCHOOL <small>HANOI</small> <small>A NORD ANGLIA EDUCATION SCHOOL</small>		PRIMARY SET LUNCH MENU JUNE 2018			
<i>Students can choose their main dish 'on the spot' at the counter</i>					
WEEK 4					FRIDAY 1st
Salad					Summer salad N m rau xanh
Soup					Amaranth soup with pork Canh rau d n n u th t
ASIAN					Fish terrine in tomato sauce Steamed rice Ch cá s t cà chua C m tr ng
WESTERN					Braised beef with vegetables Baked Mac's cheese pasta Th t bò h m rau c Nui Macaroni b ò phomai
VEGETABLE					Stir fry bean sprout & carrot Gia xào cà r t
Fruit / Dessert					Sweet black bean soup Chè en
	Chicken	Pork	Beef	Seafood	Others




STUDENTS SELECT ON THE SPOT FROM THE COUNTER

 BRITISH VIETNAMESE INTERNATIONAL SCHOOL <small>HANOI</small> <small>A NORD ANGLIA EDUCATION SCHOOL</small>		PRIMARY SET LUNCH MENU JUNE 2018			
<i>Students can choose their main dish 'on the spot' at the counter</i>					
WEEK 1	MONDAY 4th	TUESDAY 5th	WEDNESDAY 6th	THURSDAY 7th	FRIDAY 8th
Salad	Pork taco salad N m th t heo c ùng b th á c o rau c	Mixed vegetables cups with dips Ly rau c tr n v i cà c lo i s t	Jicama chicken salad N m c u th t gá	Mixed vegetables cups with dips Ly rau c tr n v i cà c lo i s t	Traditional Greek salad Salad Hyl p truy n th ng
Soup	Clam soup Canh h n n u chua	Pumkin and meat soup Canh bí th t xay	Fresh vermicelli with beef , fried tofu and crab soup	Gourd and Katuk soup Canh m p n u rau gót	Yam soup with dried shirmp Canh khoai n u t ép
ASIAN	Fried chicken with fish sauce Steamed rice Gà rang m m C m tr ng	Talapia in tomato sauce Steamed rice Cá rô phi s t cà chua C m tr ng	Bún riêu cua ,bò, u 	Tofu and meat in tomato sauce Steamed rice u ph th t xay s t cà chua C m tr ng	Braised pork with quail egg Steamed rice Th t heo kho tr ng cút C m tr ng
WESTERN	Braised pork with red bean Spaghetti with cream sauce Th t heo h m u M ý s tkem	Beef and eegplant in oven Roasted herbs potato Bò xào cà tím út lò Khoai tây n ng lá th m		Grilled chicken with honey sauce Stir fry egg noodles with vegetables Gà n ng s t m tong M tr ng xào rau c	Fish tempura French fries Cá chiên ki u Nh t Khoai tây chiên
VEGETABLE	White daikon with carrot C c i xào cà r t	Sauteed choysum garlic C i ng t xào t i		Morning glory Rau mu ng xào t i	Boiled wintermelon Bí xanh lu c - mu i v ng
Fruit / Dessert	Seasonal fruit Trái cây theo mùa	Matcha pudding Bánh th ch matcha	Seasonal fruit Trái cây theo mùa	Yoghurt S a chua	Fruit salad Salad trái cây
Daily set lunch : Bread, Salad, Soup, Choice of Main Course, Fruit (the fruit can be changed depending on the delivery and quality)					
	Chicken	Pork	Beef	Seafood	Others

STUDENTS SELECT ON THE SPOT FROM THE COUNTER

 BRITISH VIETNAMESE INTERNATIONAL SCHOOL <small>A FORD ANGELIA EDUCATION SCHOOL</small>		PRIMARY SET LUNCH MENU JUNE 2018		<i>Students can choose their main dish 'on the spot' at the counter</i>			
WEEK 2	MONDAY 11th	TUESDAY 12th	WEDNESDAY 13th	THURSDAY 14th	FRIDAY 15th		
Salad	Russian salad Rau c tr n mayonaise ki u Nga	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Lotus and pork salad N m ngó sen th t heo	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Baby tomato salad N m cà chua bi cùng s t d u d m	STUDENTS SELECT ON THE SPOT FROM THE COUNTER	
Soup	Pork & tofu soup Canh th t u	Seaweed and tofu soup Canh rong bi n u h		Vegetables soup Canh rau ngót n u th t	Pumkin and pork soup Canh bí n u th t xay		
ASIAN	Honey Teriyaki chicken Steamed rice Gà n g s t Teriyaki m t ong C m tr ng	Sauteed fish with onion and mushroom Steamed rice Cá xào hành n m C m tr ng	"THANG" VERMICELLI Bún Thang 	Roasted chicken with lime leaf Steamed rice Gà n g lá chanh C m tr ng	Braised pork with pickle cabbage Steamed rice Th t heo kho c i chua C m tr ng		
	WESTERN	Pork Kontasu sauce Penne with tomato and herbs Th t heo chiên s t Kontasu Nui ng cà chua lá th m		Stew tofu & minced pork and tomato Sauteed potato with sea salt & rosmary u ph th t xay s t cà chua Khoai tây xào mu i bi n lá th m	Fish nuggets with honey mustard Spaghetti with mushroom herbs cream Cá T m b t chiên xù sôt m t ong mù t c M y n u s t kem n m		Beef meat ball brown sauce Fried potato with garlic butter Bò viên s t nâu Khoai tây chiên xóc b t i
VEGETABLE		Cabbage B p c i xào cà chua	Sauteed wintermelon and garlic Bii xanh xào t i	Sauteed bok choy with mushroom C i chip xào n m	Broccoli with oyster sauce Bông c i xào đ u hào		
Fruit / Dessert	Seasonal fruit Trái cây theo mùa	Sweet red bean soup Chè u	Seasonal fruit Trái cây theo mùa	Yoghurt S a chua	Fruit salad Salad trái cây		
Daily set lunch : Bread, Salad, Soup, Choice of Main Course, Fruit (* the fruit can be changed depending on the delivery and quality)							

Chicken	Pork	Beef	Seafood	Others
---------	------	------	---------	--------

 BRITISH VIETNAMESE INTERNATIONAL SCHOOL <small>A FORD ANGELIA EDUCATION SCHOOL</small>		PRIMARY SET LUNCH MENU JUNE 2018		<i>Students can choose their main dish 'on the spot' at the counter</i>			
WEEK 3	MONDAY 18th	TUESDAY 19th	WEDNESDAY 20th	THURSDAY 21th	FRIDAY 22th		
Salad	Mix green, bacon & basamic dressing Rau tr n th t ba ch xông khôi s t d m en	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Asian chicken salad N m th t gà ki u á	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Apple salad N m táo	STUDENTS SELECT ON THE SPOT FROM THE COUNTER	
Soup	Chicken and corn soup Súp gà ngô ng t	Sweet and sour fish soup Canh cá n u chua	Braised pork rib and minced pork mushroom soup Bún s n m c 	Sponge gourd Basella with crab meat Canh cua n u mung t i	Chinesse cabbage soup Canh c i th o n u th t heo		
ASIAN	Fried pork with lemongrass Steamed rice Th t heo chiên x C m tr ng	Fried chicken wing with fish sauce Steamed rice Cánh gà chiên n c m m C m tr ng		Braised chicken with mushroom Steamed rice Gà om n m C m tr ng	Slow cook beef with ginger Steamed rice Bò kho g ng C m tr ng		
	WESTERN	Tradinational bake fish with dill Penne in tomato sauce Cá n g thi là Nui ng sôt cà chua	Hungarian beef style Mashed potato Bò h m Hungary Khoai tây nghi n	Sausage stew with smoky bacon Spaghetti with fried garlic Xúc xích om ba ch xông khôi M ý xào b t i	Stir fry squid with vegetales French fried M c xào tháp c m Khoai tây chiên		
VEGETABLE		Sauteed string bean u a xào t i	Chayote & carrot Su su lu c ch m mu i l c	Steamed cabbage with ginger B p c i tr ng ng	Sauteed choy sum C i ng xào t i		
Fruit / Dessert	Seasonal fruit Trái cây theo mùa	Lemon tart Bánh kem chanh n ng	Seasonal fruit Trái cây theo mùa	Yoghurt S a chua	Fruit salad Salad trái cây		
Daily set lunch : Bread, Salad, Soup, Choice of Main Course, Fruit (* the fruit can be changed depending on the delivery and quality)							

Chicken	Pork	Beef	Seafood	Others
---------	------	------	---------	--------




**BRITISH VIETNAMESE
INTERNATIONAL
SCHOOL**
F 19010
A FORD ANGLO EDUCATION SCHOOL

**PRIMARY SET LUNCH MENU
JUNE 2018**

Students can choose their main dish 'on the spot' at the counter



WEEK 4	MONDAY 25th	TUESDAY 26th	WEDNESDAY 27th	THURSDAY 28th	FRIDAY 29th
Salad	Fruit and vegetables summer salad N m trái cây cùng rau mùa hè	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Mango salad N m xoài	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Tropical pineapple salad N m d a chua
Soup	Katuk soup with pork Canh rau ngót n u th t	Assorted mushroom soup Canh n m n u th p c m	Chicken Noodles soup Ph gà 	Malabar spinach with dried shirmp Canh mùng t i n u tôm	Summer sour pork soup Canh chua th t
ASIAN	Roasted chicken with sweet & sour sauce Steamed rice Gà n ng s t t ng ng t C m tr ng	Sauteed fish with tamarind sauce Steamed rice Cá xào s t me C m tr ng		Tofu and pork Suchuan Steamed rice u ph th xay t xuyên C m tr ng	Stir fry seafood with mix vegetables Steamed rice H i s n xào th p c m C m tr ng
	Braised pork chop with garlic potato Spinach pasta cream Th n heo h m v i s t t i v à khoai tây M ý s t kem và c i bó xôi	Beef meat ball in tomato sauce Mashed potato Bò viên sôt cà chua Khoai tây nghi n		Breaded chicken Korian sauce St fry egg noodels with meat & vegie Gà t m b t chiên s t Hàn qu c M tr ng th t xay rau c	Cheese beef burger French fried Bánh b g th t bò Khoai tây chiên
WESTERN	Steamed white daikon C c i l u c	Morning glory with garlic Rau mu ng xào t i		Steamed wintermelon Bì xanh tr ng ng	Cauliflower & carrot L tr ng xào cà r t
Fruit / Dessert	Seasonal fruit Trái cây theo mùa	Vietnamese " Chè c m" Chè c m		Seasonal fruit Trái cây theo mùa	Yoghurt S a chua

STUDENTS SELECT ON THE SPOT FROM THE COUNTER

Daily set lunch : Bread, Salad, Soup, Choice of Main Course, Fruit (* the fruit can be changed depending on the delivery and quality)

Chicken	Pork	Beef	Seafood	Others
---------	------	------	---------	--------




BRITISH VIETNAMESE INTERNATIONAL SCHOOL
HANOI
A NORD ANGLIA EDUCATION SCHOOL

PRE-SCHOOL SET LUNCH MENU JUNE 2018

For safety reasons and ease meals, all foods will have a size suitable for each year group.

The recipes will also be adapted to the sensitive taste of your children.



WEEK 1	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
STARTERS	Pork taco salad N m th heo cùng b t há c o rau c	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Jicama chicken salad N m c u th t gà	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Traditional Greek salad Salad Hy l p truy n th ng
SOUP	Clam soup Canh h n n u chua	Pumkin and meat soup Canh bí th t xay	Fresh vermicelli with beef , fried tofu and crab soup	Gourd and Katuk soup Canh m p n u rau ngót	Yam soup with dried shirmp Canh khoai n u tép
MAIN DISH	Fried chicken with fish sauce Steamed rice Gà rang m m C m tr ng	Beef and eegplant in oven Steamed rice Bò xào cà tím út lò C m tr ng	Bún riêu cua bò 	Tofu and meat in tomato sauce Steamed rice u ph th t xay s t cà chua C m tr ng	Braised pork with quail egg Steamed rice Th t heo kho tr ng cút C m tr ng
	VEGETABLE	White daikon with carrot C c i xào cà t	Sauteed choysum garlic C i ng xào t i	Morning glory Rau mu ng xào t i	Boiled wintermelon Bí xanh lu c - mu i v ng
Fruit	Seasonal fruit	Yoghurt	Seasonal fruit	Fruit salad	Seasonal fruit

Daily set lunch : Bread, Soup, Choice of Main Course, Fruit (* The fruit can be changed depending on the delivery and quality)




BRITISH VIETNAMESE INTERNATIONAL SCHOOL
HANOI
A NORD ANGLIA EDUCATION SCHOOL

PRE-SCHOOL SET LUNCH MENU JUNE 2018

For safety reasons and ease meals, all foods will have a size suitable for each year group.

The recipes will also be adapted to the sensitive taste of your children.




WEEK 2	MONDAY 11th	TÚESDAY 12th	WEDNESDAY 13th	THURSDAY 14th	FRIDAY 15th
STARTERS	Russian salad Rau c tr n mayonaise ki u Nga	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Lotus and pork salad N m ngó sen th t heo	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Baby tomato salad N m cà chua bi cùng s t d u d m
SOUP	Pork & tofu soup Canh th t u	Seaweed and tofu soup Canh rong bi n u h		Vegetables soup Canh rau ngót n u th t	Pumkin and pork soup Canh bí n u th t xay
MAIN DISH	Pork Kontasu sauce Steamed rice Th t heo chiên s t Kontasu C m tr ng	Sauteed fish with onion and mushroom Steamed rice Cà xào hành n m C m tr ng	'THANG' VERMICELLI BÚN THANG 	Roasted chicken with lime leaf Steamed rice Gà n ng lá chanh C m tr ng	Beef meat ball brown sauce Steamed rice Bò viên s t nâu C m tr ng
	VEGETABLE	Cabbage B p c i xào cà chua	Sauteed wintermelon and garlic Bí xanh xào t i	Sauteed bok choy with mushroom C i chip xào n m	Broccoli with oyster sauce Bông c i xào d u hào
Fruit / Dessert	Seasonal fruit	Yoghurt	Seasonal fruit	Fruit salad	Seasonal fruit



**PRE-SCHOOL SET LUNCH
MENU
JUNE 2018**

For safety reasons and ease meals, all foods will have a size suitable for each year group.
The recipes will also be adapted to the sensitive taste of your children.



WEEK 3	MONDAY 18th	TUESDAY 19th	WEDNESDAY 20th	THURSDAY 21th	FRIDAY 22th
STARTERS	Mix green, bacon & basamic dressing Rau tr n tht ba ch xông khói s t d m en	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Asian chicken salad N m tht gà ki u á	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Apple salad N m táo
SOUP	Chicken and corn soup Súp gà ngô ng t	Sweet and sour fish soup Canh cá n u chua	Braised pork rib and minced pork mushroom soup Bún s n m c 	Sponge gourd Basella with crab meat Canh cua n u mùng t i	Chinesse cabbage soup Canh c i th o n u tht heo
MAIN DISH	Fried pork with lemongrass Steamed rice Th t heo chiên x C m tr ng	Hungarian beef style Steamed rice Bò h m Hungary C m tr ng		Braised chicken with mushroom Steamed rice Gà om n m C m tr ng	Slow cook beef with ginger Steamed rice Bò kho g ng C m tr ng
VEGETABLE	Sauteed string bean u a xào t i	Chayote & carrot Su su lu c ch m mu il c		Steamed cabbage with ginger B p c i tr ng ng	Sauteed choy sum C ing xào t i
Fruit / Dessert	Seasonal fruit	Yoghurt	Seasonal fruit	Fruit salad	Seasonal fruit


Daily set lunch : Bread, Soup, Choice of Main Course, Fruit (* The fruit can be changed depending on the delivery and quality)



**PRE-SCHOOL SET LUNCH
MENU
JUNE 2018**

For safety reasons and ease meals, all foods will have a size suitable for each year group.
The recipes will also be adapted to the sensitive taste of your children.



WEEK 4	MONDAY 25th	TUESDAY 26th	WEDNESDAY 27th	THURSDAY 28th	FRIDAY 29th
STARTERS	Fruit and vegetables summer salad N m trái cây cùng rau mùa hè	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Mango salad N m xoài	Mixed vegetables cups with dips Ly rau c tr n v i các lo i s t	Tropical pineapple salad N m d a chua
SOUP	Katuk soup with pork Canh rau ngót n u tht	Assorted mushroom soup Canh n m n u th p c m	Chicken Noodles soup Ph gà 	Malabar spinach with dried shirmp Canh mùng t i n u tôm	Summer sour pork soup Canh chua tht
MAIN DISH	Roasted chicken with sweet & sour sauce Steamed rice Gà n ng s tt ng ng t C m tr ng	Beef meat ball in tomato sauce Steamed rice Bò viên sốt cà chua C m tr ng		Tofu and pork Suchuan Steamed rice u ph tht xay t xuyên C m tr ng	Stir fry seafood with mix vegetables Steamed rice H i s n xào th p c m C m tr ng



SNACK MENU JUNE 2018



					FRIDAY 1st
SNACK AM					Lemon cake
					Bánh kem chanh
					Juice
					N c ép
					FRIDAY 1st
SNACK PM EYFS, Y1 & Y2					Seasonal fruit
					Trái cây theo mùa
					Milk sugarfree
					S a t i không ng



SNACK MENU JUNE 2018



W1	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
SNACK AM	Ham and chesse sandwich	Stickyrice with chicken mushroom	Penne with pork and tomato sauce	Chicken and corn soup	Donut
	Bánh m k p d m bông	Xôi tr ng gà om n m	M ng s t cà chua th t	Súp gà ngô ng t	Bánh rán ki u m
Milk sugarfree					
S a t i không ng					
Juice					
N c ép					
Soy Milk					
S a u n ành					
Milk sugarfree					
S a t i không ng					
N c ép					
W1	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
SNACK PM EYFS, Y1 & Y2	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
	Trái cây theo mùa	Trái cây theo mùa	Trái cây theo mùa	Trái cây theo mùa	Trái cây theo mùa
Milk sugarfree					
S a t i không ng					
Milk sugarfree					
S a t i không ng					
Milk sugarfree					
S a t i không ng					
Milk sugarfree					
S a t i không ng					



**BRITISH VIETNAMESE
INTERNATIONAL
SCHOOL**
HANOI
A NORD ANGLIA EDUCATION SCHOOL

SNACK MENU JUNE 2018



W2	MONDAY 11th	TUESDAY 12th	WEDNESDAY 13th	THURSDAY 14th	FRIDAY 15th
SNACK AM	Chocopie	Pork congee - cruller	Egg and chesse sandwich	Muesli	Matcha flan cake
	Bánh chocopie Milk sugarfree S at i không ng	Cháo th t heo - qu y Juice N c ép	Bánh m k p tr ng phomai Soy Milk S a u n ành	Ng c c trái cây Milk sugarfree S at i không ng	Bánh cu n matcha Juice N c ép
W2	MONDAY 11th	TUESDAY 12th	WEDNESDAY 13th	THUSDAY 14th	FRIDAY 15th
SNACK PM EYFS, Y1 & Y2	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa
	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng



**BRITISH VIETNAMESE
INTERNATIONAL
SCHOOL**
HANOI
A NORD ANGLIA EDUCATION SCHOOL

SNACK MENU JUNE 2018



W3	MONDAY 18th	TUESDAY 19th	WEDNESDAY 20th	THURSDAY 21th	FRIDAY 22th
SNACK AM	Chicken sandwich	Stir fry egg noodles with vegetables	Hawaiin Pizza	Seafood noodles soup	Orange cake
	Bánh k p th t gà Milk sugarfree S at i không ng	M tr ng xào th p c m Juice N c ép	Bánh pizza d a d m bông Soy Milk S a u n ành	Bún h i s n Milk sugarfree S at i không ng	Bánh cam n ng Juice N c ép
W1	MONDAY 18th	TUESDAY 19th	WEDNESDAY 20th	THUSDAY 21th	FRIDAY 22th
SNACK PM EYFS, Y1 & Y2	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa
	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng	Milk sugarfree S at i không ng



**BRITISH VIETNAMESE
INTERNATIONAL
SCHOOL**
HANOI
A NORD ANGLIA EDUCATION SCHOOL

SNACK MENU JUNE 2018



W4	MONDAY 25th	TUESDAY 26th	WEDNESDAY 27th	THURSDAY 28th	FRIDAY 29th
SNACK AM	Chicken chowder	Fried rice & salt fish	Potato and ham	Mac's cheese beef	Vanilla flan cake
	Súp gà kem Milk sugarfree S a t i không ng	C m chiên cá m n Juice N c ép	Khoai tây h m d m bông Soy Milk S a u n ành	Nui ng n ng phomai th t bò Milk sugarfree S a t i không ng	Bánh bông lan vani Juice N c ép
W4	MONDAY 25th	TUESDAY 26th	THURSDAY 27th	FRIDAY 28th	FRIDAY 29th
SNACK PM EYFS, Y1 & Y2	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa	Seasonal fruit Trái cây theo mùa
	Milk sugarfree S a t i không ng	Milk sugarfree S a t i không ng	Milk sugarfree S a t i không ng	Milk sugarfree S a t i không ng	Milk sugarfree S a t i không ng