

**EARLY YEARS MENU FROM 02/10/17 TO 03/11/17**

<b>DATE</b>	<b>MONDAY 2/10/2017</b>	<b>TUESDAY 3/10/2017</b>	<b>WEDNESDAY 4/10/2017</b>	<b>THURSDAY 5/10/2017</b>	<b>FRIDAY 6/10/2017</b>
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Chicken Casserole Mashed Potatoes Sautéed Vegetables	Stir Fried Chicken with Hoisin Broccoli Steamed Rice & Soup	Sausage & Tomato Pasta Bake Eggplant Parmesan	Char Siu Pork & Vegetables Steamed Rice Soup	Breaded Fish Fingers Hand Cut Chips Mixed Vegetables
<b>AFTERNOON SNACK</b>	Cheese Sandwich & Fruit Juice	Banana Muffin & Fruit Juice	Ham Sandwich & Fruit Juice	Orange Muffin & Fruit Juice	Egg Sushi & Fruit Juice
<b>DATE</b>	<b>MONDAY 9/10/2017</b>	<b>TUESDAY 10/10/2017</b>	<b>WEDNESDAY 11/10/2017</b>	<b>THURSDAY 12/10/2017</b>	<b>FRIDAY 13/10/2017</b>
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Roast Chicken & Gravy Baby Roasted Potatoes Glazed Carrots	Chicken Kung Pao (no nuts) Steamed Rice Soup	Stir Fried Pork & Vegetables Steamed Rice Soup	Grilled Chicken Pasta with Creamy Tomato Sauce Broccoli	Pork BBQ Sauce Potato Wedges Sweet Corn
<b>AFTERNOON SNACK</b>	Chicken Sandwich & Juice	Carrot Cake & Juice	Tuna Mayo Sandwich & Juice	Apple Cake & Juice	Cheese & Tomato Pizza & Juice



**EARLY YEARS MENU FROM 02/10/17 TO 03/11/17**

<b>DATE</b>	<b>MONDAY 16/10/2017</b>	<b>TUESDAY 17/10/2017</b>	<b>WEDNESDAY 18/10/2017</b>	<b>THURSDAY 19/10/2017</b>	<b>FRIDAY 20/10/2017</b>
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Roast Pork with Gravy Mini Roast Potatoes Glazed Carrots	Grilled Chicken Steamed Rice Soup	Pasta Bolognese Sauce Eggplant Parmesan	Chicken Sweet & Sour Steamed Rice Soup	Breaded Fish Fingers Hand Cut Chips Sweet Corn
<b>AFTERNOON SNACK</b>	Cheese Sandwich & Fruit Juice	Banana Muffin & Fruit Juice	Ham Sandwich & Fruit Juice	Orange Muffin & Fruit Juice	Egg Sushi & Fruit Juice
<b>DATE</b>	<b>MONDAY 30/10/2017</b>	<b>TUESDAY 31/10/2017</b>	<b>WEDNESDAY 1/11/2017</b>	<b>THURSDAY 2/11/2017</b>	<b>FRIDAY 3/11/2017</b>
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Stir Fried Beef & Broccoli Steamed Rice Soup	Pork Schnitzel & Gravy Mashed Potato Glazed Carrots	Fried Fish with Sweet Chilli Sauce Steamed Rice Soup	Grilled Chicken Stir Fried Noodles Soup	Grilled Chicken BBQ Sauce Potato Wedges Sweet Corn
<b>AFTERNOON SNACK</b>	Chicken Sandwich & Juice	Carrot Cake & Juice	Tuna Mayo Sandwich & Juice	Apple Cake & Juice	Cheese & Tomato Pizza & Juice