

Strategies to promote positive behaviour.



Strategies to promote positive behaviour: An Information Session

Today we will cover:

- What is positive behaviour?
- The simplest way to promote positive behaviour.
- Strategies to promote positive behaviour at home.
- What to do if the child shows consistently negative behaviour.
- What to do if a child continues to display negative behaviour.



What is positive behaviour?

What is Positive Behaviour?

Positive Behaviour

What is positive behaviour?

- This is behaviour we want to see from our children.
- We want them to be kind, to be **gentle**, to **try hard**, to be **honest**, to **use quiet voices** and to be able **to listen**. These are our 'Golden Rules'.

Positive Behaviour

What is the simplest way to promote positive behaviour?

- Through praise.
- Through encouragement.





What strategies can we use to promote positive behaviour?

Positive Behaviour

What strategies can we use to promote positive behaviour?

- Use a calm and clear voice when talking to your child.
- Always praise the action and not the child.



Picture 1



Picture 2



Picture 3

Picture 1 “You put your shoes on all by yourself, that is very grown up.”

Picture 2 “You helped to tidy up, that is really kind.”

Picture 3 “You nearly have an empty plate, you are doing some great healthy eating.”

Positive Behaviour

What to do if the child shows consistently negative behaviour.

- If your child does something you don't like, remember to comment on the action and not on the child.



Picture 1



Picture 2

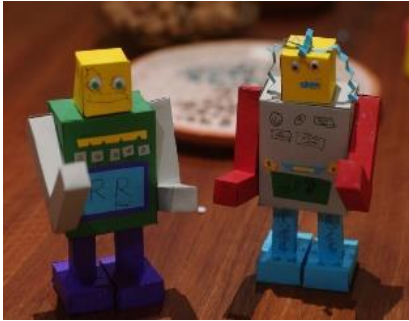
Picture 1 “It was a bad choice to draw on the table. I can help you to clean and then let’s find some paper to draw something together.”

Picture 2 “It was a bad choice to push your brother/sister. You need to remember to use your gentle hands when you are playing with your brother/sister. Can you show me how gentle your hands are?”

Positive Behaviour

What to do if a child continues to display negative behaviour.

- Distraction.
- Praise another child.



Picture 1



Picture 2

Picture 1 “Oh, look at this, I can build a robot. I wonder if you can make one?”

Picture 2 “Isn’t she standing beautifully waiting whilst I am talking, that’s such a grown-up thing to do.”

Positive Behaviour

Things to remember.

- Remember your child wants your attention and they will do almost anything to get it. By praising and encouraging them when they are showing you positive behaviour you are more likely to see positive behaviour most of the time.



Thank you for coming, please ask if you have any questions.





Thank you.