



## EARLY YEARS MENU FROM 1/3/18 TO 30/3/18

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	26/2/2018	27/2/18	28/2/2018	1/3/2018	2/3/2018
MORNING SNACK				Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH				Caramelised Fish Vegetables/Steamed Rice Soup	Grilled Pork BBQ Sauce Corn/Potato Wedges/Rice Soup
AFTERNOON SNACK				Carrot Cake & Juice	Hawaiian Pizza & Fruit Juice
DATE	MONDAY 5/3/2018	TUESDAY 6/3/2018	WEDNESDAY 7/3/2018	THURSDAY 8/3/2018	FRIDAY 9/3/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Creamy Lemon Pork Vegetables/Greek Potatoes/Rice Soup	Honey Glazed Chicken Broccoli & Carrots/Steamed Rice Soup	Chinese BBQ Pork Green Beans/Steamed Rice Soup	Pork with Pepper Sauce Vegetables/Sautéed Potatoes/Rice Soup	Fish Fingers Grilled Corn/Hand Cut Chips/Rice Soup
AFTERNOON SNACK	Tuna Sandwich & Fruit Juice	Yoghurt & Fruit Juice	Banana Crepe & Fruit Juice	Fruit Muffin & Fruit Juice	Chicken Sushi & Fruit Juice





## EARLY YEARS MENU FROM 1/3/18 TO 30/3/18

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	12/3/2018	13/3/18	14/3/2018	15/3/2018	16/3/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Korean Beef Stew Carrots & Broccoli/Steamed Rice Soup	Pork Casserole Vegetables/Sautéed Potatoes/Rice Soup	Chicken Cacciatore Green Beans/Cheesy Potatoes/Rice Soup	Stir Fried Chicken & Vegetables Steamed Rice Soup	Braised Fish Grilled Corn/Steamed Rice Soup
AFTERNOON SNACK	Ham Sandwich & Fruit Juice	Banana Muffin & Fruit Juice	Yoghurt & Fruit Juice	Sausage Roll & Fruit Juice	Cheese & Tomato Pizza & Fruit Juice
DATE	MONDAY 19/3/2018	TUESDAY 20/3/2018	WEDNESDAY 21/3/2018	THURSDAY 22/3/2018	FRIDAY 23/3/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Roast Pork with Mushroom Sauce Vegetables/Sautéed Potatoes/Rice Soup	Baked Fish with Tomato Sauce Green Beans/Steamed Rice Soup	Caramelised Pork Vegetables/Steamed Rice Soup	Grilled Chicken with Hoisin Sauce Sautéed Vegetables/Steamed Rice Soup	Crispy Bread Crumbed Fish Peas & Corn/Hand Cut Chips/Rice Soup
AFTERNOON SNACK	Banana Pancake & Fruit Juice	Ham Sandwich & Fruit Juice	Apple Muffin & Fruit Juice	Yoghurt & Fruit Juice	Egg Sushi & Fruit Juice





## EARLY YEARS MENU FROM 1/3/18 TO 30/3/18

DATE	MONDAY 26/3/2018	TUESDAY 27/3/18	WEDNESDAY 28/3/2018	THURSDAY 29/3/2018	FRIDAY 30/3/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Meatloaf with Gravy Green Beans/Mashed Potato/Rice Soup	Pasta Bolognaise Sautéed Vegetables/Rice Soup	Breaded Pork Vegetables/Steamed Rice Soup	Caramelised Fish Vegetables/Steamed Rice Soup	Grilled Pork BBQ Sauce Corn/Potato Wedges/Rice Soup
AFTERNOON SNACK	Tuna Sandwich & Fruit Juice	Pineapple Cake & Fruit Juice	Yoghurt & Fruit Juice	Carrot Cake & Juice	Hawaiian Pizza & Fruit Juice