



**BRITISH
INTERNATIONAL
SCHOOL**

HANOI

A NORD ANGLIA EDUCATION SCHOOL



Extracurricular Activities in Secondary (Years 7–13)

Term 2 / 2017 - 2018



Dear Parents

Extracurricular Activities (ECAs) in Term 2 will start on **Monday, 22nd January 2018**. The activities will run through until **Thursday, 29th March 2018**.

Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Children in Years 7-13 will be asked to make choices from the list of activities below. Children in Years 7-13 will have the option to choose one, two or three activities. They will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions below. Information on paid activities can also be found within the descriptions below. This year, the sign up process will change slightly to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Application guidelines:

- All activities (free and paid) need to be selected on-line via **CHQ**.
- You will be able to register your child for 1 activity during '**sign-up period 1**', which will be from **Monday, 4th December 2017 at 9.00am until Tuesday, 5th December 2017 at 4.00pm**. You will be able to make multiple choices but at this stage you will be accepted on 1 activity. You will then be able to register your child for another 1 activity if you wish to do so during '**sign up period 2**' which will be from **Wednesday, 6th December 2017 at 9.00am until Thursday, 7th December 2017 at 4.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during '**sign up period 3**' which will be from **Friday, 8th December 2017 at 9.00am until Saturday, 9th December 2017 at 4.00pm**.
- After **December, 9th September 2017 at 4.00pm**, students who have signed up for an activity must commit to it for the whole term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorisation on more than one occasion, they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by bank transfer to school as soon as the child's activity is confirmed. Below are the British International School Hanoi Bank details:
 - Bank name: EXIMBANK - SAI GON BRANCH
 - Bank address: 136-138 Le Thi Hong Gam Street, District 1, HCMC, Vietnam.
 - Account name: TRUONG QUOC TE DA CAP ANH - HANOI (BIS HANOI)
 - Account No.VND: 1401 1485 1059534
 - Account No.USD: 1401 1485 1059551
 - SWIFT Code: EBVIVNVXTTD
 - Bank code: 79305002
- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term 2, by selecting a paid activity and paying the associate fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday, 15th December 2017**, otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible.

Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact activities@bishanoi.com.

Mr. Mark Atkinson
ECA Programme Coordinator

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website <http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis> and clicking on the CHQ tab, at the bottom of the homepage.

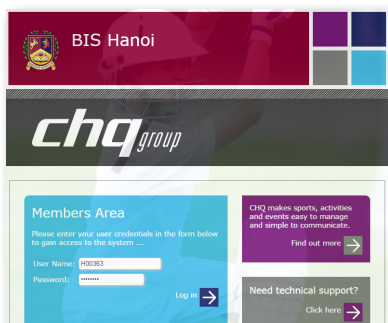
Please follow the instructions below to log on and select your desired activities.

Logging on

Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

Primary Example: User name: H00123 Password: 23032007

Secondary Example: User name: H00124 Password: password



How to select your child's activities:

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit Activity Choices (2017-2018 Term 2)**.

Step 4: For each activity/paid activity add a different number e.g. Monday: Football **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5 etc.** to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click SAVE.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after Monday 11th December 2017 you should be able to see your activities by scrolling through to Monday 22nd January 2018 (start of Term 2 activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school.

Once your selected activities have been approved you will be able to see them by clicking on the on **My Profile** tab to the right of the Home tab on your page.

CHQ Sign-Up Tips for Parents:

Parents please **DO NOT** place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day.

Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school.

Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Gymnastic club <i>(Paid activity)</i>	Years 2-8	15:05 - 16:05	10	16	GymKraft	Spots Hall	Sports	Both	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. <i>Please note: Minimum number of children =10/ The cost per student in Term 2 = 2,640,000 VND</i>
Beginners Swimming	Years 3-8	15:05 - 16:05	4	12	Mr. Vu	Swimming Pool	Sports	Both	This activity is for those who cannot complete a full length in any stroke. We will develop floating and body positioning, kicking and arm movements to propel ourselves through the water in a safe and comfortable manner.
Ukulele	Years 4-7	15:05 - 16:05	4	12	Ms. Burden	P214	Music	Both	In ukulele club we will learn to play lots of songs. We'll develop our chord knowledge and strumming skills to play more interesting and exciting songs. Any ability is welcome and we have ukuleles you can borrow too!
Primary FOBISIA Swimming	Years 4-8	15:05 - 16:05	4	24	Mr. Atkinson	Swimming Pool	Sports	Both	Students will refine the technical and physical aspects of multiple strokes. This activity is recommended for competent swimmers who would like to develop into competitive swimmers.
Bushcraft and Outdoor Skills Club	Years 5-8	15:05 - 16:05	6	20	Mr. Carroll	School Garden	STEAM	Both	Do you want to be the next Bear Grylls? If so, you'll love Bushcraft and Outdoor Skills Club! Learn essential life skills each week from fire building, outdoor cooking, knife and axe work and shelter building to the principals of successful camping. Each week we will build on our previous skills, have fun, learn how to work safely with tools and enjoy all that nature provides.
Crochet Club	Years 5-9	15:05 - 16:05	1	15	Mrs. Ower	P218	Arts	Both	Crochet Club. We will continue to crochet squares to stitch together into blankets and donate to one of our community partners.
Netball	Years 5-9	15:05 - 16:05	10	15	Ms. Crombie	Netball Court	Sports	Both	Have fun and learn skills playing netball through drills and team games.
Maths Challenge	Years 7-9	15:05 - 16:05	6	20	Ms. AuCoin	S102	STEAM	Both	This activity is for FOBISIA team members, focusing on preparation for the FOBISIA Secondary Maths Competition. Other students who enjoy mathematical puzzles and challenges are welcome to attend.
MS Boys Football	Years 7-9	15:05 - 16:05	4	20	Mr. Langford	Secondary Field	Sports	Boys	This activity will consist of training and preparation for competitive HAC Football and is subject to Squad selection.
Baking	Years 7-11	15:05 - 16:05	4	12	Ms. Nguyen	Student's Kitchen	STEAM	Both	Please join us to learn how to bake different kind of yummy cookies and cakes!
Real-life English Club	Years 7-11	15:05 - 16:05	6	14	Ms. Mackay	S202	Languages	Both	This is a chance for you to develop your social English in a fun and relaxed way, while also improving your speaking, communications skills and confidence for everyday school life. We will practice useful language and phrases, such as how to talk to the school nurse; chatting to friends at break time; asking and answering questions and much more. We will do a lot of talking and drama. You can also suggest real-life situations that you would like to practice too!
Spanish Conversation Club	Years 7-11	15:05 - 16:05	4	10	Ms. Rojas	S310	Languages	Both	Language practice opportunity.
Community Arts	Years 7-13	15:05 - 16:05	6	20	Miss. Goppert	C111	Arts	Both	Children will create Art to support school and community projects.
Debate Club	Years 7-13	15:05 - 16:05	10	40	Mr. Dean, Mr. Minchin and Ms. Price	S207	Academic	Both	Come to debate club to learn how to construct arguments and to develop your speaking and listening skills. Debate club veterans are strongly encouraged to resign for Term 2
Discover French	Years 7-13	15:05 - 16:05	4	20	Ms. Ajenjo	S320	Languages	Both	Learn about French language, culture and food.
Jazz Band	Years 7-13	15:05 - 16:05	0	100	Mr. Scott	Band Room	Arts	Both	From Blues to Bebop and everything inbetween, students in this year's Secondary Jazz Band will immerse themselves in the world of Jazz. Working towards exciting performances at upcoming events and concerts, students will get to make their own mark on the music they perform and will even be encouraged to create their own. Instrumentalists and vocalists of all abilities in years 7-13 are welcome to join.

MONDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Nature Club	Years 7-13	15:05 - 16:05	5	15	Mrs. Lovatt	Theatre	Academic	Both	You will get a chance to watch ground breaking Nature documentaries that completely alter the way we think about certain groups of animals. We will also discuss key issues that are impacting the world around us, such as climate change and over population.
Slam Poetry	Years 7-13	15:05 - 16:05	1	15	Ms. Wilson	S214	Arts	Both	If you enjoy rap music, poetry, or both, this is the ECA to hone your poetic skills and become a master of language!
JV and V Boys Basketball	Years 10-13	16:15 - 17:15	4	15	Mr. Webb	Sports Hall	Sports	Boys	This activity will consist of training and preparation for competitive HAC Basketball and is subject to Squad selection.
Varsity Boys Football	Years 10-13	16:15 - 17:15	6	20	Mr. Atkinson	Secondary Field	Sports	Boys	Junior Varsity and Varsity Boys Football training.
Business Support	Year 11, Year 13	15:05 - 16:05	1	20	Ms. Stevenson	S308	Academic	Both	Extra support for IGCSE and IB students who would like to or need to come along.
IGCSE and IB (SL and Studies) Maths exam questions practise	Year 11, Year 13	15:05 - 16:05	0	100	Mrs. Fernandes	S108	Academic	Both	Past paper questions will be provided for students to work through.
CAS: teaching English to BIS Staff	Years 12-13	15:05 - 16:05	4	100	Mr. Tchakov	S208	STEAM	Both	Open only to students who participated in term 1.
IELTS Practice & Techniques	Years 12-13	15:05 - 16:05	6	12	Mr. Allison		Academic	Both	Are you planning to study at university? If so, you might need an IELTS score to help you gain access to your institution of choice. Mr Allison has been an IELTS examiner since 2012 and he can help you prepare for the test by teaching some techniques, giving you practice in all four skills, and most importantly by giving you detailed feedback on your performance in the practice tests.
IB Physics examination practice	Year 13	15:05 - 16:05	1	15	Mr. Duckett	C207	Academic	Both	Academic support for IB Physics.

WEDNESDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Golf (Paid activity)	Years 3-13	15:05 - 16:05	8	12	Bradley Wright (PGA Pro)	Long Bien Golf Course	Sports	Both	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Minimum number of students =8. The cost per student per term = 3,248,000VND
Competitive Swimming	Years 4-13	15:05 - 16:05	4	20	Ms. Wild	Swimming Pool	Sports	Both	This activity is for advanced swimmers who are competent in at least 3 strokes over great distances. This activity will allow you to train intensively and to fine tune particular aspects of your stroke to improve further.
Brass Club	Years 5-8	15:05 - 16:05	0	14	Mr. Scott	C323	Arts	Both	The showcase group for the new BIS Brass Project, where all BIS Brass Musicians get together to work as an ensemble on music arranged especially for this group.
Garden Club	Years 5-9	15:05 - 16:05	10	20	Mr. Labelle and Mr. Halpin	P224/ Garden	STEAM	Both	Join the Garden Club to learn how things grow! Also learn to care for chickens, advertise garden sales and look awesome in a cool green garden T shirt!

WEDNESDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Beginners Running	Years 6-13	15.05-16.05	5	12	Ms. Witton	Vincom Village	Sports	Both	This club aims to build up speed and stamina. Come along with your mental toughness and prepare to challenge yourself each week. The aim is to be running 5km by Easter.
Strategy and Board Games	Years 6-13	15:05 - 16:05	6	20	Mr. Schofield	S316	STEAM	Both	Developing teamwork, communication and logic skills through strategy and puzzle games.
Model United Nations (MUN)	Years 7-8	15:05 - 16:05	6	20	Ms.Price	S206	Academic	Both	Model United Nations (MUN) is a simulation activity that develops skills in research, public speaking, report writing and offers the opportunity to compete with pupils from other schools.
Secondary FOBISIA Training	Years 7-9	16:15 - 17:15	6	12	Mr. Langford & Ms. Wild	Secondary Field	Sports	Boys	Students will apply skills and techniques into game situations. Focusing on attacking and defending principles as a team.
Secondary FOBISIA Training	Years 7-9	15:05 - 16:05	6	12	Mr. Langford & Ms. Wild	Sports Hall	Sports	Boys	Students will apply skills and techniques into game situations. Focusing on attacking and defending principles as a team.
EAL Additional Support	Years 7-9	15:05 - 16:05	0	100	Mr. Tchakov	S208	Languages	Both	EAL support for students presently not taking lessons in EAL. Invite only.
Hand Made Items Club	Years 7-9	15:05 - 16:05	8	12	Ms. Hong Tran		Arts	Both	Students will be more skillful with their hands, more creative and patient by making hand-made items
Python Computer Programming	Years 7-10	15:05 - 16:05	4	16	Mr. Trett	C121	STEAM	Both	Learn Python computer programming through problem solving in CodeCombat.
K'Nex Club	Years 7-11	15:05 - 16:05	3	12	Mr. Russell	S103	STEAM	Both	If you like to be creative and to build things then you will love K'Nex Club. You can join in on the building challenges or just make your own designs, the choice is yours.
Global Campus	Years 7-13	15:05 - 16:05	6	24	Mr. Forster & Mr. Duckett	S314	STEAM	Both	Students will engage with activities related to our links with UNICEF and the Global Development Goals. We will also take part in the Global Campus competitions, this is a very varied ECA for active and creative students.
Pitch Perfect meets Karaoke plus Glee!	Years 7-13	15:05 - 16:05	2	100	Ms. AuCoin	C323	Arts	Both	Choir with a twist...singing in a group, popular music, harmonies, and a bit of rhythm, all rolled into one.
Sci-Fi Film Club	Years 7-13	15:05 - 16:05	4	20	Ms. Vaughan	Theatre	STEAM	Both	Explore a range of films and discover an array of cinematic techniques and skills that contribute to the marvel that is science-fiction.
BIS Cafe	Years 11-13	15:05 - 16:05	4	8	Ms. Stevenson	S308	Leadership and Service	Both	Want to support the implementation and running of the school's new café? Learn how to operate a real small business, present profit and losses to SLT and evaluate the day to day benefits and limitations of small business ownership.
IB Biology examination techniques	Year 13	15:05 - 16:05	1	10	Mr. Westropp	C210	Academic	Both	Developing exam technique for IB Biology.
IB ESS examination techniques	Year 13	15:05 - 16:05	1	5	Ms. Bradford	C208	Academic	Both	To master exam technique in the ESS exams
Conversation Club	Parents	15:05 - 16:05	4	25	Ms. Wilson & Ms. Hull	Library	Community	Both	A conversation club for parents to come and practise English at school with a teacher and other members of the school community. We will discuss a range of topics including those related to school and education, and, other areas of interest (current affairs, culture, travel).

THURSDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Primary Orchestra	Years 3-8	15:05 - 16:05	0	100	Mr. Scott	C323	Arts	Both	Through the increasing popularity of our BIS Orchestra, we have now decided to split the orchestra into older and younger students. This will give our Primary students a fantastic opportunity to experience performing as an ensemble and working together towards performing at some of the upcoming school events and concerts. We will play music arranged especially for the group, which
Intermediate Swimming	Years 4-8	15:05 - 16:05	4	20	Ms. Wilson	Swimming Pool	Sports	Both	Students will refine the technical and physical aspects of multiple strokes. This activity is recommended for competent swimmers who would like to develop into competitive swimmers.
Competitive Swimming	Years 4-13	16:15 - 17:15	4	20	Mrs. Airdrie	Swimming Pool	Sports	Both	This activity is for advanced swimmers who are competent in at least 3 strokes over great distances. This activity will allow you to train intensively and to fine tune particular aspects of your stroke to improve further.
Competitive Boys and Girls Volleyball	Years 7-9	16:15 - 17:15	4	15	Mr. Vu	Sports Hall	Sports	Boys	This activity will consist of training and preparation for competitive HAC Volleyball and is subject to Squad selection.
MS Boys Volleyball	Years 7-9	16:15 - 17:15	4	15	Mr. Vu	Sports Hall	Sports	Boys	This activity will consist of training and preparation for competitive HAC Volleyball and is subject to Squad selection.
MS Girls Volleyball	Years 7-9	15:05 - 16:05	4	15	Ms. Fairbairn & Mrs. Airdrie	Sports Hall	Sports	Girls	This activity will consist of training and preparation for competitive HAC Volleyball and is subject to Squad selection.
Tennis club (Paid activity)	Years 7-9	15:05 - 16:05	4	4	Mr Thuong	Hardcourt	Sports	Both	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. This activity will take place at the Vinhome Riverside Tennis Courts. Please note: Minimum number of children =4/The cost per student per term = 1,048,000VND (Approx.)
Senior Drama Club	Years 7-10, Year 12	15:05 - 16:05	8	20	Miss. Loveday	P303 / Auditorium	Arts	Both	Developing performance skills - Learn what it is to be part of a theatre company. We will work to bring a play text to performance in term 3. PLEASE NOTE: This ECA requires commitment for term 2 and 3
Competitive Girls Football	Years 7-13	16:15 - 17:15	4	16	Ms. Wild	Primary Field	Sports	Girls	Students will apply skills and techniques into game situations. Focusing on attacking and defending principles as a team.
Secondary Pop/Rock Band	Years 7-13	15:05 - 16:05	0	100	Miss Rea	Band Room	Arts	Both	Have you always wanted to be a popstar? Now is your time! I need pianists, guitarists, ukelele players, percussionists, singers, flute players, saxophonists, violinists - all instruments! All abilities! We will be exploring our creativity and developing our skills through being in a band.
Table tennis	Years 7-13	15:05 - 16:05	2	16	Mr Westropp	Sports Hall	Sports	Both	Develop skills and coordination by playing table tennis.
Woodwork Club	Years 7-13	15:05 - 16:05	2	12	Mr. Lovatt	C209	STEAM	Both	Learn hands on DIY skills and get the opportunity to make amazing things out of wood!
Around the World Cooking Club	Years 9-10	15:05 - 17:00	6	8	Ms. Mackay	Student Kitchen	STEAM	Both	Come along and cook dishes from different countries from around the world with your friends. Or maybe you'd like to teach us one from your culture?!
Model United Nations (MUN)	Years 9-13	15:05 - 16:05	6	20	Mr. Kelly & Ms. Price	S206	Academic	Both	Model United Nations (MUN) is a simulation activity that develops skills in research, public speaking, report writing and offers the opportunity to compete with pupils from other schools.
GCSE & IB Art Skills	Years 10-13	15:05 - 16:05	0	100	Mr. Harrison	C115	Academic	Both	An exam booster session for GCSE and IB Art Students.
JV and V Girls Volleyball	Years 10-13	15:05 - 17:00	4	15	Mr. Vu	Sports Hall	Sports	Girls	This activity will consist of training and preparation for competitive HAC Volleyball and is subject to Squad selection.
KOTO Service and Leadership	Years 12-13	15:05 - 17:30	0	100	Ms. Hill, Mr. Toner	Sports Hall	Service and Leadership	Both	
IB Chemistry examination techniques	Year 13	15:05 - 16:05	1	11	Ms. Orchard	C211	Academic	Both	IB Chemistry preparation.

