

## BSB Year 7 Shaolin Schedule 2016 (Updated)

		Group 1 (7A and 7B)			Group 2 (7C and 7D)
DAY 01	Oct 17	<b>Morning</b>	Arrival to Zhengzhou East station <b>G671 @11:46</b>	<b>Morning</b>	Arrival to Zhengzhou East station <b>G671 @11:46</b>
		<b>Lunch</b>	Packed lunch	<b>Lunch</b>	Packed lunch
			Transport to Dengfeng Township 2hrs, Hotel Check-In		Transport to Dengfeng Township 2hrs, Hotel Check-In
		<b>Afternoon</b>	Visit the Dengfeng Kingfu School and Orphanage	<b>Afternoon</b>	Visit the Dengfeng Kingfu School and Orphanage
			Meet the students and watch them perform their practice routine		Meet the students and watch them perform their practice routine
		<b>18:00</b>	Hotel Dinner	<b>18:00</b>	Hotel Dinner
DAY 02	Oct 18	<b>Evening</b>	Service Project Class Preperation	<b>Evening</b>	Service Project Class Preperation
		<b>Night</b>	Luming Villa Hotel	<b>Night</b>	Luming Villa Hotel
		<b>07:30</b>	Wake up	<b>07:30</b>	Wake up
		<b>08:00</b>	Hotel Breakfast	<b>08:00</b>	Hotel Breakfast
		<b>08:40</b>	Transport to Dengfeng Kungfu School	<b>08:40</b>	Transport to Dengfeng Kungfu School
		<b>09:00</b>	Teach Students 4 classes in Groups (English, Art, Music, Games)	<b>09:00</b>	Learn Kungfu with the students 1-on-1 (Students learn an entire form)
DAY 03	Oct 19		Lunch at school canteen		Lunch at school canteen
		<b>13:00</b>	Learn Kungfu with the students 1-on-1 (Students learn an entire form)	<b>13:00</b>	Teach Students 4 classes in Groups (English, Art, Music, Games)
		<b>16:30</b>	Transport back to Hotel, fresh up	<b>16:30</b>	Transport back to Hotel
		<b>17:50</b>	Transfer to Restaurant. Farwell dinner with orphans	<b>17:50</b>	farwell dinner with orphans
		<b>Evening</b>	Service Project Reflection	<b>Evening</b>	Service Project Reflection
		<b>Night</b>	Luming Villa Hotel	<b>Night</b>	Luming Villa Hotel
DAY 04	Oct 20		Wake up		Wake up
		<b>07:00</b>	Hotel Breakfast, check out	<b>07:30</b>	Hotel Breakfast, check out
		<b>08:30</b>	Transport to Luoyang 1.5hrs	<b>08:30</b>	Transport to Shaolin Temple
		<b>10:00</b>	Check into Hotel and games	<b>09:00</b>	Visit the Shaolin Temple with English Tour Guide
		<b>12:00</b>	Lunch at Dongshan Hotel	<b>12:00</b>	Local Lunch
		<b>13:00</b>	Visit the Longmen Grottoes and explore the area	<b>13:00</b>	Guesthouse Check in
DAY 05	Oct 21		Return Back to Hotel		Hike to Dhamma Cave
		<b>18:00</b>	Hotel Dinner	<b>18:00</b>	Local Guest House Dinner
		<b>Evening</b>	Team Building Games	<b>Evening</b>	Debriefing
		<b>Night</b>	Dongshan Hotel	<b>Night</b>	Shaolin Guest House
		<b>06:45</b>	Wake up	<b>07:00</b>	Wake up
		<b>07:15</b>	Hotel Breakfast, check out	<b>07:30</b>	Breakfast, check out
DAY 06	Oct 22		Transport to Shaolin Temple 1.5hrs		Transport to Luoyang 1.5hrs
		<b>08:00</b>	Visit the Shaolin Temple with English Tour Guide	<b>08:30</b>	Check into Hotel and game
		<b>09:30</b>	Local Lunch	<b>10:00</b>	Lunch at Dongshan Hotel
		<b>12:30</b>	Guesthouse Check in	<b>12:00</b>	Visit the Longmen Grottoes and explore the area
		<b>13:30</b>	Hike to Dhamma Cave	<b>13:00</b>	Return Back to Hotel
		<b>14:30</b>	Local Guest House Dinner	<b>18:00</b>	Hotel Dinner
DAY 07	Oct 23		Debriefing		Team Building Games/Debriefing
		<b>Evening</b>	Shaolin Guest House	<b>Evening</b>	Dongshan Hotel
		<b>Night</b>	Wake up	<b>Night</b>	Wake up
		<b>08:00</b>	Breakfast, check out	<b>08:00</b>	Hotel Breakfast, check out
		<b>08:30</b>	Tranport to Airport	<b>08:30</b>	Tranport to Airport
		<b>09:30</b>	Packed lunch	<b>09:30</b>	Packed lunch
DAY 08	Oct 24	<b>Lunch</b>	Arrival to Zhengzhou East station <b>G488 @14:03</b>	<b>Lunch</b>	Arrival to Zhengzhou East station <b>G488 @14:03</b>
		<b>12:00</b>		<b>12:00</b>	