



8th April 2016

Dear Parent

As we enter the third term of PE at Nord Anglia International School Shanghai, Pudong we hope that your child continues to develop a range of skills through a variety of different activities aimed at supporting their physical development. This will include participating in invasion games such as touch rugby, softball and cricket in the double lessons. In the single PE lessons the boys will be participating in activities such as swimming, dance and gymnastics. The students will have one double and two single PE lessons and cover activities across 7 blocks.

Please ensure your child brings the correct kit to school as below.

PE KIT

School polo shirt (white or black); School PE shorts; Socks (white or black); Trainers

School tracksuit bottoms and fleece may be required for outdoor lessons.

It is highly recommended that the students wear studded boots and gum shields for Rugby.

Swimming

Boys - swim trunks or swim shorts (preferably blue or black)

Swim hats must be worn by all students.

It is highly recommended that students wear swim goggles.

A towel.

The children will need to bring a water bottle to all their PE and Swim lessons and a hat for their outdoor PE lessons.

This term the Year 6 boys will participate in activities based on 4 or 5 week rotations.

Year 6 Boys	Block 6 6 th April – 13 th May	Block 7 16 th May – 24 th June
Mr. Keenan 6A / B Boys Week A	<u>Wednesday Periods 1 - 2</u> Cricket/ Softball	<u>Wednesday Periods 1 - 2</u> Touch Rugby
Mr. Keenan 6A / B Boys Week B	<u>Tuesday Period 4</u> <u>Thursday Period 5</u> Athletics / Gymnastics	<u>Tuesday Period 4</u> <u>Thursday Period 5</u> Swimming
Mr. Northedge 6C/6D Week A	<u>Wednesday Periods 1 - 2</u> Cricket/ Softball	<u>Wednesday Periods 1 - 2</u> Touch Rugby
Mr. Northedge 6C/6D Week B	<u>Tuesday Period 4</u> <u>Thursday Period 5</u> Athletics / Gymnastics	<u>Tuesday Period 4</u> <u>Thursday Period 5</u> Swimming

If you require any more information please do not hesitate to contact either Mr. Wallace on n-wallace@naispudong.com or Mrs. Howell on d-howell@naispudong.com

Regards

Noel Wallace
Director of Sport and CCAs

Mrs. Denica Howell
Academic PE Leader