



# Community Activities

Here at The British School of Beijing, Sanlitun we try to organise after-school club activities for every day of the week. In addition to our own After School Activities, we work with a number of clubs to ensure there are always plenty of fun, challenging and enriching activities for children in our school and the wider community.

Please note that for the following activities you will need to sign up directly with the club. We do not arrange school buses to fit in with these activities, and children need to be taken to and from these activities by a parent/guardian even if these activities take place on a school day.

## ACTIVITIES FOR CHILDREN

### GYMNASTICS

Flips and Kicks Plus

Thursdays: 4-6.30pm

Venue: Primary Campus Gym

[info@flipsandkicksplus.com](mailto:info@flipsandkicksplus.com)

[www.flipsandkicksplus.com](http://www.flipsandkicksplus.com)

### BALLET

CISCA

Fridays: 3.45-4.30pm

Venue: Primary Campus Hall

[lido@cisca.com.cn](mailto:lido@cisca.com.cn)

[www.cisca.com.cn](http://www.cisca.com.cn)

## ACTIVITIES FOR ADULTS

### HEYROBICS

Mondays: 6-8pm

Tuesdays: 6-8pm

Venue: Primary Campus Gym

[info@heyrobics.com](mailto:info@heyrobics.com)

[www.heyrobics.com](http://www.heyrobics.com)

### FOOTBALL/SOCCER

Club Football

Wednesdays: 5-6pm

Fridays: 4-6pm

Saturdays and Sundays

Venue: Primary Campus Gym

[coaching@wanguoqunxing.com](mailto:coaching@wanguoqunxing.com)

[www.clubfootball.com.cn](http://www.clubfootball.com.cn)

### KUNG FU

Xie's Martial Arts

Mondays: 4-5pm

Saturdays

Venue: Primary Campus Gym

[xmamasterxie@gmail.com](mailto:xmamasterxie@gmail.com)

[www.xmabj.com](http://www.xmabj.com)

### GURUKUL MEETING

Sundays: 10am-1pm

Venue: Primary Campus Hall