



Activities Booklet

Term 1 / 2017 - 2018



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL



Welcome to your Activities booklet for Term 1/2017-2018

At BIS HCMC we offer an extensive range of Extra Curricular Activities (ECAs) which we would encourage you to become actively involved in. Whether you enjoy music, drama, sports, languages, reaching out to our local community, competing in the Duke of Edinburgh International Award or are simply wanting to try something new, there is certain to be a variety of activities to choose from.

With over one hundred different ECAs available each week here at the BIS Secondary Campus, now is the perfect opportunity to explore different activities as you begin the new academic year. If there is an activity which is not already on offer but which you would like the school to consider introducing, please speak to Ms Brownrigg, the Activities Coordinator (tracey.brownrigg@bisvietnam.com) as she would be happy to see if this could be facilitated.

The aims of our extracurricular activities (ECAs) at BIS, HCMC are:

- To give all students a wide range of enjoyable and challenging experiences above and beyond the timetabled curriculum
- Allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- Provide opportunities for students to aspire to elements of the school's mission statement
- To continue to develop our involvement in community projects
- To offer a balance of endeavour and provide the framework for the IB CAS programme

Important Dates & Times for Term 1

Start: **Monday 18th September 2017**
End: **Sunday 10th December 2017**

ECAs may run before lessons and during lunchtimes, however, the majority are scheduled after lessons. There are two sessions each afternoon with a five-minute change-over period (2:50pm – 3:50pm and 3:55pm – 4:55pm). If activities finish beyond these times it is detailed in the booklet.

Note: Any students participating in ECAs from 3:55pm will need to arrange their own transport home and should, therefore, consider this before selecting the ECA.

CAS at BIS

Creativity, Activity and Service are the three strands of CAS which are often interwoven through our activities. Originating from the International Baccalaureate they set out to challenge our students to show initiative, perseverance and to develop skills such as collaboration, problem solving and decision making. In making selections we encourage students to take part in at least one of each of the three areas below for a balanced experience.

Creativity The arts, music, languages and other experiences that involve creative thinking.

Activity Physical exertion contributing to a healthy lifestyle

Service Any collaborative and reciprocal community engagement in response to an authentic need.

Paid Activities

There are a number of paid activities that students can sign up for. All of the information regarding these is detailed in the online clubs' booklet. If you have selected a paid activity, an e-mail confirming your choice will be sent to both yourself and your parents.

The payment deadline for all paid clubs is Friday 15th September 2017.

On-line ECA Selection – using CHQ

Activities need to be selected using the online CHQ system. Please see the next page for further instructions.

You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Both you and your parents will also receive notification if you have been accepted onto an ECA.

For the majority of ECAs, the online system (CHQ) will randomly allocate students to each ECA. It is not a first come first served system, and this could mean that you may not always get your first choice activity.

There are some exceptions to this rule as detailed below:

Sports

If the number of students for any sports activity is greater than the maximum capacity, students will undergo a trial and be notified of this during their first session. This may mean that you could initially be accepted for the ECA but possibly be removed after the trial.

The PE department will endeavour to run a parallel programme during the same session for the same age group but in the form of a recreational club. Therefore, if a student has a poor trial or significantly improves their skill level, then the squad coach will be able to assess the student and potentially accept them into the squad at a later time.



Music:

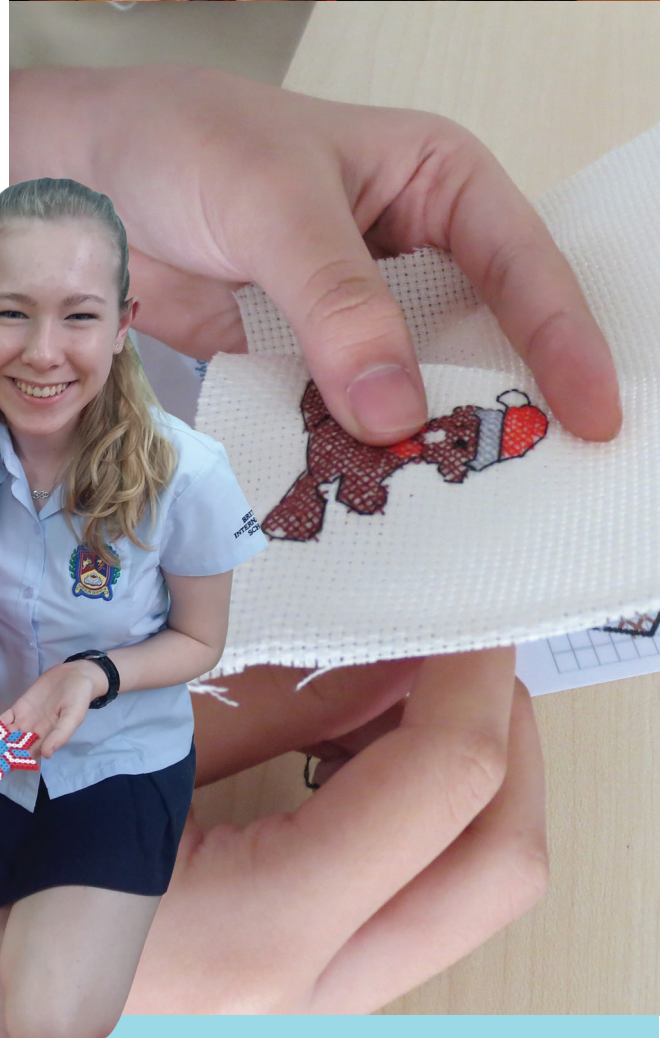
Some music ECAs may require auditions and these will be scheduled using sign-up sheets – further information will be provided.

Wishing you all a wonderful first term.

Ms Tracey Brownrigg

Activities & Trips Coordinator

Tracey.Brownrigg@bisvietnam.com



Guidelines for students using CHQ

Friday 25th August at 3pm

Students will be able to sign up on CHQ (for Term 1 activities)

The activities booklet will be updated and available on the school website (link below) <http://www.nordangliaeducation.com/our-schools/vietnam/ho-chi-minh-city/bis/our-students/clubs-and-activities/an-phu-secondary-campus-clubs-and-activities>

Friday 1st September at 5pm

Selection on CHQ will close

Friday 8th September

Students (& parents) to be notified of their chosen ECAs on CHQ.

Notifications for paid clubs will be sent prior to this to enable earlier payments

CHQ has been set up for you to use on a daily basis to select and track all your chosen activities.

Please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS CHQ portal please click on the following link

<https://seasia.mychq.net/Login.aspx>

You can also access CHQ from a link in the footer of the school website.

Your User Name is your school login name and your Password, is as set for your school login.

How to select your activities/paid clubs:

Step 1: From the Home Page under My Activities 2017-2018 Term 1 click View/Manage/Submit Activity Choices

Step 2: For each activity/paid club add a different number e.g. Monday: Football club add 1, Wednesday: Board Games add 2 then 3, 4, 5 etc to all other clubs you would like to participate in.

The SAVE button will appear to the right of the activity list click SAVE

Step 3: Once you're happy with your choices you **MUST** press the SUBMIT button at the top of the page. You will receive an automated email confirming your club preferences.

Step 4: To cancel a selection after submitting add a 0 to the Desired box then save and submit

Step 5: From the Home Page My Activities 2017-2018 Term 1 you will be able to see which clubs you have been accepted into/denied from by Friday 8th September 2017. If you click onto My Schedule for week beginning Monday 18th September 2017, you can check your weekly club timetable.

Try to make sure you have a range of activities which allow you to develop physically, creatively as well as socially.





MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>AP2 Development Squad</u>	Y7 - Y13	14:50 - 15:50	N/A	Vinh Nguyen	Swimming Pool	Action	Both	This is a selective squad for those who are not successful in gaining entry to the AP2 Red Squad, but still make selection criteria for squad representation. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06:45 - 07:45	N/A	Dat (Andy) Nguyen Triet Pham	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	16:00 - 17:30	N/A	Dat (Andy) Nguyen Triet Pham	Swimming Pool	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Athletics - Field Events</u>	Y7 - Y13	15:55 - 16:55	N/A	Laura Gallagher Stepahnie Webb Phil Husband	Big Field	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Athletics - Track Events</u>	Y7 - Y13	14:50 - 15:50	N/A	Laura Gallagher Stephanie Webb Phil Husband	Big Field	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Composition Club</u>	Y10 - Y13	12:50 - 13:15	12	Ian Alexander	Music MAC Rm213	Creativity	Both	A drop in club for IGCSE and IB Music Students to continue to develop their compositions and be offered advice.
<u>Contemporary Dance</u>	Y7 - Y12	15:55 - 16:55	6	SSA	Dance Studio	Paid Activities	Both	PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Environmental Club (Green Minds)</u>	Y7 - Y13	12:40 - 13:20	25	Annie Joshi and Victoria Fethke Supervised by Pedro Roman	Room 224	Service and Creativity	Both	This club is for those passionate about creating a more sustainable BIS. We plan on not only implementing creative and proactive measures to improve BIS's impact on the environment but also educating students and staff about issues pertaining to the environment. One of our foci will be educating about the potentially harmful environmental impacts of E-waste as well as opening an E-waste bin where students/teachers can place old electronic equipment, batteries, etc. These will then be disposed to the organisation Vietnam Recycles (http://www.vietnamrecycles.com/) once a month.
<u>Fake News Websites</u>	Y10 & Y12	14:50 - 15:50	10	Claire Easter	Room 110	Creativity	Both	Completion of fake content websites from 2017 Term 3, and development time for OUCRU App. Invite only.
<u>Golf</u>	Y7 - Y13	14:50 - 17:00	12	Jane Hall Ben Sillitoe	Him Lam	Paid Activities	Both	This programme will take place at Him Lam Driving Range. Students will be required to bring their own golf clubs or you can rent them at the range. The lessons will contain a basic introduction to golf, preparing to hit, grip, posture and stance, correct grip, full swing, video camera analysis, putting, chipping & bunker play. PAID ACTIVITY (see paid activities notes at the bottom)
<u>Helping Hands at Thien Phuoc Club</u>	Y7 - Y13	14:50 - 17:30	20	Linda Breard Chau Duong Timothy English Ines Zhang	Thien Phuoc Orphanage	Service and Creativity	Both	Twice Monthly only - as it is a long club session when we go. Come and visit our friends at Thien Phuoc Home for Children with Disability. They so look forward to our visits, and give as much as they get. Activities are fun and simple - starting from just smiling and hugging through to anything from drawing and music to playing in the brilliant soft playroom BIS built there. For more information check out our website: http://helpinghands.bisvietnam.net
<u>International Award Silver/Gold</u>	Y12	12:40-13:20	25	Alex Essery Mark Spalton Rick Jackson Lee Falconer	Room 405	Action and Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 4-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Junior School of Rock</u>	Y7-Y9	14:50 - 15:50	8	Ian Alexander Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>KS3 Show</u>	Y7 - Y13	14:50 - 16:50	N/A	Cat Sargent Shirley Smith Anne Marie Astley	Auditorium	Creativity	Both	To take part in this year's Key Stage 3 show you will need to audition at the start of the term, we will advertise the dates as soon as they are decided. This is an amazing chance to be part of one of the most professional productions in Saigon, so take a risk we promise you won't regret it. Not all students who audition will secure a role.
<u>Literature Club for KS3</u>	Y7 - Y9	14:45-15:45	10	Toan Nguyen	Room 103	Creativity	Both	This club is designed to help Vietnamese students with analysis of poetry or extracts and know how to use the mother tongue language well in their essays
<u>Mai Am Club</u>	Y9 - Y13	14:50 - 15:50	15	Mark Jones	Room 301	Service and Creativity	Both	Help the boys from Mai Am Shelter improve their English skills through games and activities.
<u>Male Vocal Group</u>	Y7-Y13	12:45 - 13:15	30	Ian Alexander Emma Husband Keziah Jacombs	Room 202	Creativity	Boys	Exciting new repertoire for any male students who enjoy singing. For those interested/or involved in bands this will help in your vocal development.
<u>Project Impact</u>	Y9 - Y13	14:50 - 15:50	N/A	Daphnee Deleporte	Room 121	Service and Creativity	Both	A non-profit student volunteer group where students are given an opportunity to get creative and support Binh Loi Social Center, an organization supporting street children in Saigon, by raising awareness and funds for the cause.
<u>Richard Soriano Volleyball Club</u>	Y7 - Y13	17:00 - 18:30	20	Richard Soriano	Sports Hall	Action	Both	This is an extension programme and is open to all years to further develop their volleyball skills.
<u>Rubiks Cube</u>	Y7 - Y13	14:50 - 15:50	10	Jack Lee Andy Dang (9N) Supervised by Pedro Roman	Room 224	Creativity	Both	Do you know how to solve a Rubik's cube? Join and improve your skills. You don't know how to? Join and learn from scratch.
<u>School Show</u>	Y7 - Y13	14:50 - 16:50	N/A	Ian Alexander Keziah Jacombs Emma Husband Anne Marie Astley	Room 202	Creativity	Both	To take part in this year's musical extravaganza you will need to audition at the start of the term, we will advertise the dates as soon as they are decided. This is an amazing chance to be part of one of the most professional productions in Saigon, so take a risk we promise you won't regret it. Not all students who audition will secure a role.
<u>Senior School of Rock</u>	Y10 - Y13	15:50 - 16:50	8	Ian Alexander Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>Student Maths Leaders</u>	Y7 - Y13	12:45 - 13:15	N/A	James Quarrington Ben Sillitoe	Room 424	Service and Creativity	Both	Organise and run fun and engaging maths-related activities for use with our younger students
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Yvonne Cullen Christine Laddaran Mark Spalton Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>Tai Chi for Beginners</u>	Y7 - Y13	14:50 - 15:50	15	Will Li Roger Fortune	Dance studio	Action	Both	This Taichi club for beginners and who wants to learn how to reduce their stress.(Loose clothes are necessary.)

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>TEDx</u>	Y10 - Y13	12:45 - 13:25	30	An Gulinck James Goundry Rebecca Kerr	Room 123	Creativity	Both	This club is for students who want to put together the programme for an official TEDx conference at BIS. We need student speakers, but also artists, musicians, graphic designers, photographers, organisers and marketing enthusiasts. You can take part in a specific aspect of the conference, or choose to join the organising team that will be responsible for the conference throughout the year.
<u>U14 Boys Football</u>	Y7-9	17:00 - 18:30	N/A	RSFA	Big Field	Paid Activities	Boys	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)
<u>U19 Boys Basketball Squad</u>	Y10-Y13	15:55 - 16:55	20	Richard Soriano	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U19 Boys Football</u>	Y7 - Y13	18:15 - 19:45	N/A	RSFA	Big Field	Paid Activities	Boys	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)
<u>U19 Girls Basketball Squad</u>	Y10 - Y13	14:50 - 15:50	N/A	Jonathan McLoughlin	Sports Hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U19 Recreational Volleyball</u>	Y7 - Y13	14:50 - 15:50	N/A	Andy Luke	outside courts	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ACT - Act to Change Together</u>	Y9 - Y13	14:50 - 15:50	20	Clover Sharman	Room 221	Service and Creativity	Both	This club is suitable for anyone that is interested in running fun activities and campaigns in school for donations towards the Children's Cancer Wards.
<u>AP1 Maths Tutoring Club</u>	Y9 - Y12	14:50 - 15:50	7	JiMin Oh Supervised by Greg Wilde (AP1)	AP1 Classroom	Service	Both	AP1 Maths Tutoring club is an extra curricular activity for students who are interested in helping students in younger years by supporting them with solving past SAT papers and other worksheets. Anyone who is confident in maths and enthusiastic about it are welcomed to join! This will go under your record of service activities as well which may be helpful for your CV in the future. (Sufficient level of fluency in English is required in order to provide accurate explanation of various mathematical problems!)
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06:45 - 07:45	N/A	Triet Pham Andy Nguyen	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Chamber Choir</u>	Y7 - Y13	12:40 - 13:15	N/A	Ian Alexander Keziah Jacombs	Auditorium	Creativity	Both	This activity is by audition only. An exciting new repertoire for a busy programme of events this term, including the vibrant school performances and other external events. The Chamber Choir works on developing your voice, learning challenging harmonies and blending your voice as a group. From demanding classical choral music to 'Pitch Perfect' Acapella, this group highlights some of our elite singers!
<u>Chamber Orchestra</u>	Y7 - Y13	14:50-15:50	N/A	Ian Alexander	Auditorium	Creativity	Both	An auditioned Orchestra with repertoire for a busy programme of events this term, including the vibrant school performances. This orchestra is a challenge and performs some adventurous material. Come on, push yourselves! Audition only.
<u>Concert Band</u>	Y7-Y13	14:50 - 15:50	N/A	Ian Alexander Shirley Smith Keziah Jacombs	Room 209	Creativity	Both	The concert band is a band for all woodwind, brass and percussion players. Both the music and the atmosphere will be fun practising a real mix of music ready for performances in various venues this year.
<u>Creative Projects in English</u>	Y7 - Y13	15.50 - 16.50	20	Sian Davies	Room 323	Creativity	Both	A series of display projects that will be put on display along the English corridor. First project will be making a model of Shakespeare's Globe Theatre and a scene from a Midsummer Night's Dream
<u>First Aid Club</u>	Y7 - Y12	14:50 - 15:50	25	Love Condes	Room 225	Service and Creativity	Both	This club introduces students to basic principles of first aid situations including an introduction to Hands only CPR. These sessions are developed around the International standards for first aid practices. While not an accredited course it is an opportunity to gain some skills that are very useful in our day to day life.
<u>Go Vap Student Committee</u>	Y12	12:45 - 13:15	N/A	Ian Alexander Emma Husband Keziah Jacombs	Room 121	Service and Creativity	Both	This club is a committee of students who plan and organise activities for the Go Vap orphanage visits. They are responsible for advertising trips as well as carefully selecting the activities we do.
<u>KS4/5 Theory Support (Drama/Theatre)</u>	Y10 - Y13	15:50 - 16:50	N/A	Anne-Marie Astley	Room 210	Creativity	Both	Do you need help with any aspects of Drama theory? Drop into this session and practice your exam answers and structuring, complete IB coursework or just to discuss aspects of your Drama or Theatre course.
<u>Puppets</u>	Y7 - Y13	15:50 - 16:50	15	Cat Sargent	Room 208	Creativity	Both	This is a new ECA for the Drama department where we will look at how we build and operate a range of puppets, creating recorded performances of our success.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Richard Soriano Junior Basketball</u>	Y7 - Y9	17:00 - 18:30	N/A	Richard Soriano	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>String Ensemble</u>	Y7 - Y13	14:50 - 15:50	N/A	Ian Alexander Emma Husband Keziah Jacombs	Room 202	Creativity	Both	This is for any student who plays a string instrument. Performing new repertoire for a busy programme of events this year. Training you up, to be part of our Chamber Orchestra.
<u>String Quartets</u>	Y7 - Y13	12:45 - 13:15	N/A	Ian Alexander Emma Husband Keziah Jacombs	Room 212	Creativity	Both	String instruments playing Classical music - all violins, violas and cellos welcome.
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Yvonne Cullen Christine Laddaran Mark Spalton Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>U14 Boys Football Squad</u>	Y7 - Y9	15:55 - 16:55	N/A	Mark Spalton Matthew O'Brien	Big Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14-19 Girls Football</u>	Y7 - Y9	18.15 - 19.45	N/A	RSFA	Big Field	Paid Activities	Girls	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)
<u>U19 Badminton Squad</u>	Y10 - Y13	14:50 - 15:50	N/A	Laura Gallagher	Sportshall	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U19 Boys Football</u>	Y10 - Y13	14:50 - 15:50	N/A	Philip Husband John Redmond	Big Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U19 Boys Football</u>	Y7 - Y13	17.00 - 18.30	N/A	RSFA	Big Field	Paid Activities	Boys	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)
<u>U19 Boys Squad Football</u>	Y10 - Y13	14:50 - 15:50	N/A	Phil Husband John Redmond	Big Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U19 Boys Volleyball Squad</u>	Y10 - Y13	15:55 - 16:55	N/A	Phil Husband	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Yoga</u>	Y7 - Y13	14:50 - 15:50	N/A	TDT	Dance Studio	Paid Activities	Both	SSA will be offering a Yoga session to improve flexibility, strength and stress relief to our students. PAID ACTIVITY (see paid activities notes at the bottom)

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Anne O'Conner Competitive (WAG Levels) Gymnastics Level 1 – 2</u>	Y7 - Y13	16:00 - 17:00	N/A	Anne O'Conner Competitive Gymnastics	AP1 Sports Hall	Paid Activities	Both	Foundation Levels consists of flexible skill based circuits and provides the requirements for Levels 1–2. The program is a developmental, not competitive program designed to prepare the gymnast for the upcoming levels. PAID ACTIVITY (see paid activities notes at the bottom)
<u>Anne O'Conner Competitive (WAG Levels) Gymnastics Level 3 - 4</u>	Y7 - Y13	17:00 - 18:00	N/A	Anne O'Conner Competitive Gymnastics	AP1 Sports Hall	Paid Activities	Both	Compulsory Levels provides the requirements for Levels 3–4. Compulsory routines ensure that the athletes develop the correct skills and techniques for continuous improvement. PAID ACTIVITY (see paid activities notes at the bottom)
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06:00 - 07:30	N/A	Dat (Andy) Nguyen Triet Pham	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Art Mentoring Workshops</u>	Y7 - Y13	14:50 - 15:50	N/A	Richard Harper Nicola Tingey	Room 309	Creativity	Both	A student led afterschool club that focuses on teaching and helping students who take Art. Students who are struggling or are interested in learning more about Art techniques. We also want to help the IGCSE Art students who might be having trouble or not understanding coursework and those who have Art in mind as one of their intended subjects to take for IB.
<u>Ballet Body Shape</u>	Y7 - Y12	15:55 - 16:55	12	Elise Roper	Dance Studio	Paid Activities	Both	PAID ACTIVITY (see paid activities notes at the bottom)
<u>Board Games</u>	Y7 - Y13	14:50 - 15:50	30	Linda Breard Bee Smith Louis Topping	Room 408	Creativity	Both	Come and challenge your peers! Get a "Ticket To Ride" to find the "Cluedo" and get the "Monopoly" on winning. Use your "Cranium" to "Articulate" to the "King of Tokyo" how to "Dixit". Don't let anyone "Blockus" you from joining this fun and relaxing club!
<u>Children's Cancer Ward Visits - Binh Thanh</u>	Y10 - Y13	14:50 - 16:30	10	Darryl Cullen Kim McWilliam	Oncology hospital in Binh Thanh District	Service and Creativity	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in Binh Thanh
<u>Children's Cancer Ward Visits - District 2</u>	Y10 - Y13	14:50 - 16:30	15	Robert Brownrigg Chau Duong	Benh Vien Quan 2, 130 Le Van Thinh street, Binh Trung Tây Ward, District 2	Service and Creativity	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in the Hospital in District 2
<u>Choir</u>	Y7 - Y13	12:40 - 13:15	130	Ian Alexander Frances Amos Emma Husband Keziah Jacombs	Auditorium	Creativity	Both	If you enjoy singing and want to know how to develop your skills, learn with a big group of people and have fun doing it come along to Choir on Thursday lunchtimes. This term our repertoire will range from pop to rock, from jazz right through to classical.
<u>Christina Noble Swimming Club</u>	Y10 - Y13	14:50 - 17:00	10	Nesta Lanyon Jones Andy Bligh Gavin Donnelly	Tu Xuong	Service and Creativity	Both	If you're a confident swimmer in years 10-13, teach someone else the essential life skill of being able to swim! This fantastic new club involves working with students from the Christina Noble Foundation, an organisation which works with disadvantaged young people across the city.
<u>Climbing</u>	Y7 - Y13	14:50 - 16:30	12	Matthew Coughlin	Vertical Academy	Paid Activities	Both	This activity will take place on at Vertical Academy's new indoor climbing wall at in D2. Your son/daughter will be required to wear appropriate clothing, which would consist of either long shorts or trousers that cover the knees. The students will be made to wear helmets when climbing and a strict and thorough set of safety rules will apply. PAID ACTIVITY (see paid activities notes at the bottom)

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Club CURE (Conservation of Underwater Reefs Effort)</u>	Y9 - Y11	12:40 - 13:20	15	Ratul Mangal 10C Supervised by James Hornsby (TX)	Teachers Classroom	Service	Both	Club CURE's (Conservation of Underwater Reefs Effort) goal is to conserve marine life. The way we aim to do this is by holding clean-up dives in polluted waters and by sinking artificial reefs. What this means is that large structures made of materials that do not corrode easily like glass, metal and hard plastics, that can also provide a home for marine life, will be intentionally sunk into the ocean in an organized manner to provide a base for coral to grow and sea creatures to live in. Participation can be through helping with fundraising to buy materials to sink in the reef, or by physical diving. Therefore, this club is open to students who have never dived before as well as qualified divers. By the end of this term, the club aims to have conducted at least one clean-up dive and to have completed some fundraising.
<u>Design Technology</u>	Y7 - Y13	14:50-15:30	15	James Chandler	Room 306	Creativity	Both	Are you interested in design and technology? Would you like to design and build interactive displays around the school? If so then this club is for you! The first project involves assembling marble runs to go on the wall, followed by train tracks and hopefully even a fish tank display!
<u>F1 in Schools Club</u>	Y9 - Y13	14:50 - 15:50	12	Chris Diver Greg Roberts	326, Mac Suite	Creativity	Both	Manage your own Formula 1 team and design, manufacture and race your own car.
<u>Film Club</u>	Y10 - Y13	14.50 - 15.50	15	Pedro Roman	Room 224	Creativity	Both	Join the club and make a short film which will be submitted to the AAYFF (Across Asia Youth Film Festival) in February 2018
<u>Gardening Club</u>	Y7 - Y13	14:40 - 15:50	25	Clover Sharman	Bistro/Garden	Service and Creativity	Both	Make a green space for everyone to enjoy – join the Gardening Club & help the BIS Garden grow!
<u>Global Cultural Exchange (GCE)</u>	Y7 - Y13	14:50 - 15:50	16	Ashley Seo Bora Park Supervised by Mai Le	Teachers Classroom	Activity	Both	Each month we are going to choose one country based on students with a variety of nationalities. In the first week we are going to learn basic concepts and increase our knowledge about the country. Then, in the second week we will discuss the relationship between the country and Vietnam. The third week we will watch a movie in the language of the particular country or a movie based on the country. Finally, in the fourth week we will visit a restaurant which offers the country cuisine or learn about the country by going to a museum. Through this club students will learn to recognise and understand a variety of cultural context through media.
<u>Global Goals Project</u>	Y7 - Y13	14:50 - 15:50	20	Lauren Binnington	Study room	Service and Creativity	Both	The Global Goals Project is an opportunity to further develop your participation in the United Nation's Sustainable Development Goals and start to make a difference. We are planning an awareness campaign focused on Global Goal 4: Quality Education to take place in Term 1, and we will prepare for the Global Issues Network Conference in March.
<u>Historical Wargames Club</u>	Y7 - Y13	14:50-15:50	45	Tracey Brownrigg	Room 525	Creativity	Both	Unleash your inner Rommel and defend the D-Day beaches. Outdo Monty and capture that elusive bridge. Emulate Zhukov and sweep the Hun from Stalingrad. As the club expands, new historical era will be added.
<u>Ice Skating</u>	Y7 - Y13	14:40 - 16:30	13	Ian Young	Vincom Thao Dien	Paid Activities	Both	This club that would give students the opportunity to learn how to ice skate or practice their ice skating ability. The basics of ice skating will be addressed in this club, including forwards and backwards skating, as well as stopping and turning. It is not a figure skating club. It is a paid club and will be held at the skating rink at Vincom Megamall. There will be a need to rent ice skating and safety equipment (which is mandatory), however, you may bring your own skates if you have them. PAID ACTIVITY (see paid activities notes at the bottom)

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>International Award Bronze</u>	Y10	12:40 - 13:20	30	Alex Essery James Quarrington Peter Cowen Mark Jones	Room 405	Action and Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!
<u>KS3 History Debate Club</u>	Y7 - Y13	14:45 - 15:45	24	Arun and Carl Supervised by Rachael Lowry	Room 527	Activity	Both	This is a student led club. In this club the 2 year 11 leaders (Arun and Carl) will help you to debate on a range of Historical topics, to improve debating skills and historical knowledge. If you have a passion for History and/or Current Affairs and wish to express your opinion about it, then this is the club for you.
<u>KS3 Show</u>	Y7 - Y13	14:50 - 15:50	N/A	Cat Sargent Shirley Smith Anne Marie Astley	Auditorium	Creativity	Both	To take part in this year's Key Stage 3 show you will need to audition at the start of the term, we will advertise the dates as soon as they are decided. This is an amazing chance to be part of one of the most professional productions in Saigon, so take a risk we promise you won't regret it. Not all students who audition will secure a role.
<u>Mindfulness Colouring</u>	Y7 - Y13	14:50 - 15:50	24	Rosie Walsh Camila Rudin	Room 427	Creativity	Both	Need a break? Are you looking for some time to relax, reflect and develop better strategies for living your hectic life? Join Mindfulness Colouring to participate in colouring and art activities while developing mindfulness skills that will help you to manage stress, feel calmer and have a more positive attitude to everything life has to throw at you.
<u>Monologue Club and Competition</u>	Y7 - Y13	15:50 - 16:50	20	Cat Sargent Shirley Smith	Room 209	Creativity	Both	We are looking for actors and actresses who want to build their performance skills, have fun and an opportunity of representing the school in the annual Saigon Schools Monologue Competition. This club will also provide great preparation for those students looking to do LAMDA later in the year.
<u>Paper Art Club</u>	Y7-Y13	14.50 - 15.50	15	Ker Geok Lan	Room 127	Creativity	Both	If you like hands on activities, have an interest in paper arts and craft, or simply wants to have fun with paper. Come join the club! Easy, fun and meaningful activities such as Origami, traditional paper cutting skills, recycled paper arts and etc
<u>Practical Science Club (CREST)</u>	Y6 - Y9	14:50 - 15:50	12	Matthew Lambert David Gould	Room 410	AP1/mixed	Both	Do you enjoy the practical in your Science lessons? Do you want to do more? Join the Practical Science Club. We will be designing and carrying out scientific investigations, working towards the Bronze CREST award.
<u>Richard Soriano Senior Basketball</u>	Y10 - Y13	17:00 - 18:30	20	Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop their Basketball skills
<u>Saigon Enterprise Challenge</u>	Y12	14:50 - 15:50	20	Robert John Alexander	Room 222	Creativity	Both	The Saigon Enterprise Challenge offers students in Year 12 a fantastic opportunity to make all the decisions about their business enterprise, from deciding on the name and product to creating a business plan, managing the business finances, marketing their product or service successfully, selling to the public and trying to generate a profit. The Challenge helps students develop skills and experience which are in great demand within the business world globally.
<u>School Show</u>	Y7 - Y13	14.15 - 17.00	N/A	Ian Alexander Keziah Jacombs Emma Husband Anne Marie Astley	Room 202	Creativity	Both	To take part in this year's musical extravaganza you will need to audition at the start of the term, we will advertise the dates as soon as they are decided. This is an amazing chance to be part of one of the most professional productions in Saigon, so take a risk we promise you won't regret it. Not all students who audition will secure a role.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Science Movie Club</u>	Y7 - Y13	14:50 - 15:50	20	Waq Shah	Room 411	Creativity	Both	Watch the latest series of Discovery Channels "Extreme Engineering" & BBC "Horizon", All with a Scientific twist. Come up to 411 to relax and chill out and be visually entertained. Bring a drink!
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Yvonne Cullen Christine Laddaran Mark Spalton Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>Sudoku</u>	Y7 - Y11	14:50 - 15:50	15	Vinton Shine	Room 220	Creativity	Both	Improve your math and Sudoku skills in a relaxed and fun environment. All levels welcome.
<u>Teaching English at Huynh Van Ngoi School</u>	Y9 - Y13	14:50 - 15:50	15	Anita Curley Claire Easter Victoria Zahraoui	Huynh Van Ngoi	Service and Creativity	Both	A rewarding and fun opportunity to work as a group teaching English at a local school. The students are aged 7-9 and are full of enthusiasm.
<u>The Role-Playing Society - Extended</u>	Y7 - Y13	14:55 - 16:55	50	Thomas Zehmeister	Room 109	Creativity	Both	1 hour of Role-playing not enough for you? It never is! Serious campaigns require dedicated effort, so if you can, sign up for this 2nd hour and enjoy some of the more complex stories on offer.
<u>U14 Boys Basketball Recreational</u>	Y7 - Y9	15:55 - 16:55	N/A	James Goundry	Outdoor Court	Action	Boys	This is a recreational programme.
<u>U14 Boys Basketball Squad</u>	Y7 - Y9	15:55 - 16:55	N/A	Jonathan McLoughlin	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14 Boys Football</u>	Y7 - Y9	17:00 - 18:30	N/A	RSFA	Sports Field	Paid Activities	Boys	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)
<u>U14 Girls Basketball Recreational</u>	Y7 - Y10	14.50 - 15.51	N/A	Silvia Torta	Outdoor Court	Action	Girls	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14 Girls Basketball Squad</u>	Y7 - Y9	14.50 - 15.50	N/A	Laura Gallagher	Sports Hall	Action	Girls	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14 Girls Football Squad</u>	Y7 - Y9	15:55 - 16:55	N/A	Stephanie Webb Steve Porter	Big Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14 Recreational Badminton</u>	Y7 - Y9	12:45 - 13:15	N/A	Laura Gallagher	Sports Hall	Action	Both	This is a recreational programme.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U14-19 Girls Football</u>	Y7 - Y13	18:15 - 19:45	N/A	RSFA	Sports Field	Paid Activities	Girls	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)
<u>Wellbeing Committee</u>	Y10 - Y13	14:50 - 15:51	N/A	Jane Hall Kim McWilliam	Room 423	Service and Creativity	Both	Promoting wellbeing across the school and auctioning ideas which may be generated.
<u>Wizards of Words</u>	Y7 - Y13	14:50 - 15:50	20	Anita Curley Daniel Gamwell	Room 423	Service and Creativity	Both	Students in this club will work towards producing a book of stories from cultures around the world (their own cultures included). The aim is to create an informative and interesting collection of stories which can be translated into Vietnamese and provided to students in Vietnam to help them learn about the world around them. The club is looking for designers, writers and anyone interested in doing a collaborative community project to improve literacy and global understanding.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ABRSM Theory Club</u>	Y7 - Y13	12:40 - 13:20	15	Ian Alexander Keziah Jacombs	Room 202	Creativity	Both	All students welcome. A session to help prepare for your theory grades. Remember you need to take grade 5 theory to take grade 6-8 practical ABRSM exams.
<u>AP2 Swimming Development Squad</u>	Y7 - Y13	14:50 - 15:50	N/A	Vinh Nguyen	Swimming pool	Action	Both	This will be a selective squad for those who are unsuccessful to gain entry into the Red squad, but still make selectioin criteria for squad representation. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Atramento (Journalism Club)</u>	Y7 - Y13	14:50 - 15:50	25	Lucy Croft	Room 328	Creativity	Both	Are you a budding writer, photographer, or artist? Have you got a million interests and stories you want to tell? Then let your creativity flourish through the world of publication through Atramento, BIS' Journalism Club. Dive deep into your interests whether it be travel, creative writing, the arts, food, or anything under the sun. Engage in lively discussions with fellow club members. Improve your writing and communication skills. Tell the world the stories you've been itching to tell. (You may even get to see your work in print for Atramento's next issue, coming soon!)
<u>BIS Model United Nations</u>	Y8 - Y13	14:50 - 15:50	90	Stuart Elliott Daniel Gamwell Lauren Binnington Tim English Gemma Archer	Room 109 & 110	Creativity	Both	The Model United Nations is a simulation of the real UN general assembly and other legislative councils. It involves debating wide ranging issues, and offers the opportunity to partake of academic conferences in Seoul, Hanoi and here in Ho Chi Minh City. Sharpen your debate and speaking skills at MUN.
<u>Book Club</u>	Y7 - Y9	14:50 - 15:50	20	Samantha Mackenzie	Room 328	Creativity	Both	For students who love reading and want to talk about the books they have read. Will also include activities such as creating posters and mind maps about books, compiling suggested reading lists for different year groups, and promoting reading across both school sites
<u>Classical Literature Book Club</u>	Y9 - Y13	12:30 - 13:00	12	Sian Davies	Room 323	Creativity	Both	A book club that will be focussing on classical literature. The first book will be Bram Stoker's Dracula. Students will read 2 chapters per week, and meet to discuss.
<u>Coding Club</u>	Y7 - Y13	14:50 - 15:50	12	Thomas Zehmeister	111	Creativity	Both	Thinking of a career in computer programming? Ever wondered how software is written? In this student lead activity you will have the opportunity to learn programming using Python.
<u>Engineering Masters</u>	Y11 - Y12	14:50 - 15:50	10	Led by Joseph SHIN and Minji Seo Supervised by Mr Luke	Room 409	Creativity	Both	This ECA invites students to participate in activities which require some knowledge of physics in order to design various objects/devices and test them. A few of the activities that have been planned are making rockets, designing the most stable barges and much more! This ECA is an opportunity for students who wish to pursue an engineering course to have a pre-taste of what it is like to work as an engineer. It is also open to any students who enjoy making things in general. Don't hesitate to join us even if you are not confident in physics or in designing things – it will be a fun semester and you will learn as you go!
<u>Fantasy Football</u>	Y7 - Y13	14:50 - 15:50	16	Owen Lewis	Room 426	Creativity	Both	Season-long competition requiring a laptop - pick a squad of English Premiership footballers within a given budget. Your team scores points according to how they perform in real life.
<u>Fitness at Nutrifort</u>	Y9-Y13	14:50 - 16:00	20	Jim Dace	NuTriFort Dist. 2	Paid Activities	Both	Ideal for students who are fit and active, this ECA will include circuit training, kick-boxing, spinning, TRX and weight training. Nutrifort trainers will lead these fun sessions and push you to complete a challenging workout. Get fitter during your ECA time! PAID ACTIVITY (see paid activities notes at the bottom)
<u>Flute Choir</u>	Y7 - Y13	14:50 - 15:50	N/A	Ian Alexander Shirley Smith Keziah Jacombs	Room 212	Creativity	Both	What is a flute choir? A flute choir is an ensemble of 5 or more flutes. This is an opportunity for flautists of all abilities and grades to get together and create music! With a varied selection of music to perform, why not come and be part of this new and exciting ensemble!
<u>GreenR</u>	Y7 - Y13	14:50 - 15:50	20	Matthew Coughlin Hayley Wedlake	Room 226	Service and Creativity	Both	Be the change you want to see in the world. Help enact the 4 GreenR Pillars of sustainable energy use, sustainable resources use, raise awareness of local environmental issues and create a BIS GreenR space.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Growing Minds</u>	Y7 - Y13	14:50 - 15:50	15	Christopher Paine	Bistro	Service and Creativity	Both	Join this club where students from the Binh Tho school come along to BIS to experience what we have to offer. Improve your leadership skills by designing games and leading activities for the Binh Tho students to improve their English and most importantly have fun. This term we have carried out Drama, ICT, Sport and Art activities, what could we do next term?
<u>Irish Folk</u>	Y7 - Y13	12:45 - 13:15	0	Ian Alexander Emma Husband Keziah Jacombs	Room 212	Creativity	Both	An instrumental folk group for violins, flutes, guitars and percussion players that focuses on traditional music from Ireland and Scotland.
<u>Jazz Band</u>	Y7 - Y13	14:50 - 15:50	N/A	Ian Alexander Keziah Jacombs	Auditorium	Creativity	Both	An opportunity to play some of the classic jazz, funk and blues charts. Saxophones Brass and Rhythm section players.
<u>Knit and Natter</u>	Y7 - Y13	14:50 - 15:50	24	Claire Easter Jodie Westwood	Room 122	Creativity	Both	Knit and Natter welcomes new, improving and expert knitters. Returning knitters may wish to branch out from the beginner scarves and hats to the small scale toys and puppet projects on offer and learn how to purl stitch, cable, increase and decrease and follow patterns. Beginner knitters are very welcome, along with those that want to continue to develop their skills and have fun clicking, clacking and chatting. A small charge will be made for consumables (needles and wool) this year, or you can supply your own.
<u>Language Club for Bilingual Vietnamese Students</u>	Y7-Y13	14:50 - 15:50	N/A	Mai Le	Room 108	Creativity	Both	This club will help students to improve their language skills in both speaking and writing areas
<u>Literature Performance</u>	Y10 & Y12	14.50 - 15.50	N/A	Sian Davies Jessica Bostock	Room 209	Creativity	Both	This ECA will start after the October half term. It is audition only, and the auditions will happen in the first few weeks of the term. It is a great opportunity for year 10 and 12 students to perform a full scale literature piece that links to a text studied in English. Think about challenging yourselves with a very different style of performance in a small cast piece and coming along to audition.
<u>Mai Tam Club</u>	Y9 - Y12	14:50 - 17:30	10	Anita Curley Sean O'Neill Gavin Donnelly	Mai Tam/Meet in the Undercroft	Service and Creativity	Both	Fortnightly visits to the Mai Tam Centre where you will organise games and art activities with the younger children of the centre.
<u>Medicine Society</u>	Y12 - Y13	14:50 - 15:50	N/A	Dr Suzanne Mincher Nathan Mountford	Room 304	Creativity	Both	For Year 12 students considering Medicine, Veterinary or Dentistry at University. Also open to year 13. Preparation for students wishing to study medicine, dentistry and veterinary medicine.
<u>Physical Theatre Exploration</u>	Y7 - Y13	14:50 - 15:50	20	Anne Marie Astley	Room 210	Creativity	Both	Come and get involved in an exciting Drama club that will explore some unusual physical and abstract drama techniques and result in a lunchtime performance of your wonderful work. This is open to any year group.
<u>Running Club</u>	Y7 - Y13	06:30 - 07:15	20	Steve Porter James Quarrington	Meet at undercroft	Action	Both	Run 4k on Thursday morning to keep fit & healthy!! We will also play some running 'games' to improve your speed and stamina!!
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Yvonne Cullen Christine Laddaran Mark Spalton Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>Thao Dien Disabled School Visits</u>	Y7 - Y12	14:50 - 15:50	15	Danielle Fountain Ker Geok Lan	Thao Dien School/Undercroft	Service and Creativity	Both	Weekly visits with games and interactive learning.
<u>U14 Girls Volleyball Squad</u>	Y10 - Y13	14:50 - 15:50	24	Stephanie Webb	Sports Hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U14 Table Tennis Squad</u>	Y7 - Y9	14:50 - 15:50	N/A	Simon Williams	Dance Studio	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U19 Boys Football</u>	Y10 - Y13	18.15 - 19.45	N/A	RSFA	Big Field	Paid Activities	Boys	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (see paid activities notes at the bottom)

FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>AP2 Development Swimming Squad</u>	Y7 - Y13	14:50 - 15:50	12	Vinh Nguyen	Swimming Pool	Action	Both	This will be a selective squad for those who are unsuccessful to gain entry into the Red squad, but still make selection criteria for squad representation. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06:45 - 07:45	N/A	Dat (Andy) Nguyen Triet Pham	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Cricket</u>	Y7 - Y13	15:55 - 16:55	16	Steve Whiteley	Field	Action	Both	Recreational Cricket
<u>Crossword Club</u>	Y10 - Y13	12:45 - 13:20	8	Andy Luke	Room 409	Creativity	Both	Want to learn how to break down cryptic crossword clues and show off your intelligence? Or just increase your wordpower? This ECA will challenge, delight and inform you all in one. Come along and try it out.
<u>Dumbledore's Army</u>	Y7 - Y13	12:45 - 13:15	20	Ana Samudio (10) Supervised by Rick Jackson	Room 301	Creativity	Both	Dumbledore's army is where we go on Friday lunchtime to have fun with other people that have a weird obsession with the wizarding world of Harry Potter. Dumbledore's army is a place where both book and movie Harry Potter fans may come to form part of theme based activities including quidditch and house competitions. We will together discuss the different books, movies and characters present while finding new and fun ways to share our appreciation of the different houses. We all love it because it is a way of expressing our inner craziness and obsessions and we know you will love it too!
<u>Events Committee</u>	Y12	14:50 - 15:45	10	Cathy Tang Hales	Room 221	Service and Creativity	Both	A sixth form committee that organises and runs whole school events
<u>School Show</u>	Y7 - Y13	14:50 - 16:50	N/A	Ian Alexander Keziah Jacombs Emma Husband Anne Marie Astley	Room 202	Creativity	Both	To take part in this year's musical extravaganza you will need to audition at the start of the term, we will advertise the dates as soon as they are decided. This is an amazing chance to be part of one of the most professional productions in Saigon, so take a risk we promise you won't regret it. Not all students who audition will secure a role.
<u>The Tell-Tale Club</u>	Y7 - Y13	14:50 - 15:50	15	Arjun Mitra Supervised by Dan Gamwell	Library	Service	Both	Students in this club will work towards producing a book of stories from cultures around the world (their own cultures included). The aim is to create an informative and interesting collection of stories which can be translated into Vietnamese and provided to students in Vietnam to help them learn about the world around them. The club is looking for designers, writers and anyone interested in doing a collaborative community project to improve literacy and global understanding.
<u>U19 Girls Football Squad</u>	Y7 - Y13	14:50 - 15:50	N/A	Jonathan McLoughlin Greg Roberts	Big Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Yoga, Meditation and Mindfulness Club</u>	Y7 - Y13	12:40 - 13:20	17	Lucy Croft Amy Murphy	Dance studio/208	Action	Both	This club is for beginners and open to all year groups. Yoga can offer physical and mental benefits to the body and mind. In these beginners yoga slots, we will learn to take some time out to stretch, breathe, improve our posture, flexibility, awareness of ourselves and steady our busy minds.

SATURDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U14-U19 Boys and Girls Football</u>	Y7 - Y13	12:00 - 14:45	20	RSFA	Big Field	Paid Activities	Both	RSFA Performance Programme. This will be an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Basketball</u>	Y7 - Y13	14:45 - 16:15	12	Richard Soriano	Sports Hall	Paid Activities	Both	PAID ACTIVITY (please see <i>Paid Activities Notes</i> section at the end of the booklet)

PAID ACTIVITY NOTES - Administration

DAY	ACTIVITY	TIME	Administration Notes
Monday	Golf	14:50 - 17:00	Starts: Monday 18 September Ends: Monday 4 December 277,000 VND per week x 11 weeks = 3,047,000 VND plus cost of the bus of 1,800,000 VND Total cost: 4,847,000 VND The bus cost is a return trip from BIS to the driving range. Payment deadline for all clubs is Friday 15 September
Monday	Contemporary Dance	14:50 - 15:50	Starts: Monday 18 September Ends: Monday 4 December 170,000VND per week x 11 weeks = 1,870,000 VND Total cost: 1,870,000 VND Payment deadline for all clubs is Friday 15 September
Tuesday	Yoga	15.55 - 16.55	Starts: Tuesday 19 September Ends: Tuesday 5 December 161,000VND per week x 11 weeks = 1,771,000 VND Total cost: 1,771,000 VND Payment deadline for all clubs is Friday 15 September
Wednesday	Climbing	14:50 - 16:30	Starts: Wednesday 20 September Ends: Wednesday 6 December 198,000 VND per week x 11 weeks = 2,178,000 VND Total cost: 2,178,000 VND Students will walk to and from the Vertical Academy Centre. Payment deadline for all clubs is Friday 15 September
Wednesday	Ballet Body Shape	15:55 - 16:55	Starts: Wednesday 20 September Ends: Wednesday 6 December 300,000VND per week x 11 weeks = 3,300,000 VND Total cost: 3,300,000 VND Ballet is like the mother of all dance techniques. Children will learn- Improve coordination - Develop self-control - Boost self-confidence - Concentrate - Improve flexibility - Strengthen muscles Ballet can help the child : - Share a passion - Discover a new discipline - Work out physically - Develop posture, grace and elegance - Learn musicality Payment deadline for all clubs is Friday 15 September.
Wednesday	Anne O'Conner Competitive (WAG Levels) Gymnastics Level 1 – 2	16:00 - 17:00	Starts: Wednesday 20 September Ends: Wednesday 6 December 310,000 per week x 9 weeks = 2,790,000 VND Total cost: 2,790,000 VND Foundation Levels consists of flexible skill based circuits and provides the requirements for Levels 1–2. The program is a developmental, not competitive program designed to prepare the gymnast for the upcoming levels. Payment deadline for all clubs is Friday 15 September.

PAID ACTIVITY NOTES - Administration

Wednesday	Anne O'Conner Competitive (WAG Levels) Gymnastics Level 3 - 4	17:00 - 18:00	Starts: Wednesday 20 September Ends: Wednesday 6 December 310,000 per week x 9 weeks = 2,790,000 VND Total cost: 2,790,000 VND Compulsory Levels provides the requirements for Levels 3–4. Compulsory routines ensure that the athletes develop the correct skills and techniques for continuous improvement. Payment deadline for all clubs is Friday 15 September.
Wednesday	Ice Skating	14:50 - 16:30	Starts: Wednesday 20 September Ends: Wednesday 6 December 170,000 VND per week x 11 weeks = 1,870,000 VND (additional 50,000 VND per week for skate hire) plus cost of the bus of 1,800,000 VND Total cost: 3,670,000 VND The bus cost is a return trip from BIS to the Vincom Mall. Payment deadline for all clubs is Friday 15 September
Thursday	Fitness at Nutrifort	15:00 - 16:00 Depart at 14:50	Starts: Thursday 21 September Ends: Thursday 7 December 55,000 VND per week X 11 weeks = 605,000 VND Total cost: 605,000 VND A free one way bus will be provided by school. Students must make own arrangements for transport home. Note: Members of Nutrifort will be FREE of charge Payment deadline for all clubs is Friday 15 September
Saturday	Basketball	14:45 - 16:15	Starts: Saturday 23 September Ends: Saturday 9 December 161,000 VND per week X 11 weeks = 1,771,000 VND Total cost: 1,771,000 VND Payment deadline for all clubs is Friday 15 September
Monday - Saturday	RSFA Football U14 and U19 Boys and all Girls	Different times	Starts: Week beginning Monday 18 September Ends: Week beginning Monday 4 December 3 sessions per week. Total cost: 9,080,000 VND Payment deadline for all clubs is Friday 15 September