



# Lunch Menu



## Week 1

	Monday   August 14	Tuesday   August 15	Wednesday   August 16	Thursday   August 17	Friday   August 18
Option 1 <i>Daily Food Station</i>	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station
<i>Hot Food</i>	Hot Food	Hot Food	Hot Food	Hot Food	Hot Food
Option 2 <i>Soup / Vegetables</i>	Buttered Vegetables	Green Garden Veggies	Tomato Cream Soup	Hainanese Soup	Miso
<i>Main Dish</i>	Grilled Chicken Leg with Tarragon Gravy	Baked Pork Rib with Salt and Pepper	Fish Finger	Hainanese Chicken Rice	Chicken Yakitori
<i>Rice / Potato</i>	Mashed Potato	Steamed Rice	Homemade French Fries	Hainanese Rice	Steamed Rice
Option 3 <i>Daily Specials!</i>	Chicken Lok Lak Pork Ginger Sweet & Sour Fish	Phad Kaprao Spaghetti Sour VN Fish Soup Stir-fried Pork with Cucumber	Pork Rice Crab Stick Fried Rice BBQ Pork served with Steamed Rice	Been Stroganoff Oven-grilled Chicken Leg Stir-fried Pork with Cauliflower	Lemongrass Chicken Minced Pork Soup with Wintermelon Fried Fish with Ginger and Soya Bean

## Snacks

<i>Sandwich/Bakery/Fruit</i>	N/A	Tuna Sandwich/Dimsum	Chicken Burrito/Dimsum	Croque Monsieur/Dimsum	Ham and Tomato Wrap/Dimsum
<i>Cereals</i>	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk
<i>Juices</i>	N/A	Juices	Juices	Juices	Juices

## Week 2

	Monday   August 21	Tuesday   August 22	Wednesday   August 23	Thursday   August 24	Friday   August 25
Option 1 <i>Daily Food Station</i>	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station
<i>Hot Food</i>	Hot Food	Hot Food	Hot Food	Hot Food	Hot Food
Option 2 <i>Soup / Vegetables</i>	Buttered Vegetables	Green Garden Veggies	Tomato Cream Soup	Hainanese Soup	Miso
<i>Main Dish</i>	Grilled Chicken Leg with Tarragon Gravy	Baked Pork Rib with Salt and Pepper	Fish Finger	Hainanese Chicken Rice	Chicken Yakitori
<i>Rice / Potato</i>	Mashed Potato	Steamed Rice	Homemade French Fries	Hainanese Rice	Steamed Rice
Option 3 <i>Daily Specials!</i>	Chicken Lok Lak Pork Ginger Sweet & Sour Fish	Phad Kaprao Spaghetti Sour VN Fish Soup Stir-fried Pork with Cucumber	Pork Rice Crab Stick Fried Rice BBQ Pork served with Steamed Rice	Been Stroganoff Oven-grilled Chicken Leg Stir-fried Pork with Cauliflower	Lemongrass Chicken Minced Pork Soup with Wintermelon Fried Fish with Ginger and Soya Bean

## Snacks

<i>Sandwich/Bakery/Fruit</i>	N/A	Tuna Sandwich/Dimsum	Chicken Burrito/Dimsum	Mini Fish Burger/Dimsum	Ham and Tomato Wrap/Dimsum
<i>Cereals</i>	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk
<i>Juices</i>	N/A	Juices	Juices	Juices	Juices

## Week 3

	Monday   August 28	Tuesday   August 29	Wednesday   August 30	Thursday   August 31
Option 1 <i>Daily Food Station</i>	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station
<i>Hot Food</i>	Hot Food	Hot Food	Hot Food	Hot Food
Option 2 <i>Soup / Vegetables</i>	Buttered Vegetables	Green Garden Veggies	Tomato Cream Soup	Hainanese Soup
<i>Main Dish</i>	Grilled Chicken Leg with Tarragon Gravy	Baked Pork Rib with Salt and Pepper	Fish Finger	Hainanese Chicken Rice
<i>Rice / Potato</i>	Mashed Potato	Steamed Rice	Homemade French Fries	Hainanese Rice
Option 3 <i>Daily Specials!</i>	Chicken Lok Lak Pork Ginger Sweet & Sour Fish	Phad Kaprao Spaghetti Sour VN Fish Soup Stir-fried Pork with Cucumber	Pork Rice Crab Stick Fried Rice BBQ Pork served with Steamed Rice	Been Stroganoff Oven-grilled Chicken Leg Stir-fried Pork with Cauliflower

## Snacks

<i>Sandwich/Bakery/Fruit</i>	N/A	Tuna Sandwich/Dimsum	Chicken Burrito/Dimsum	Croque Monsieur/Dimsum	N/A
<i>Cereals</i>	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	N/A
<i>Juices</i>	N/A	Juices	Juices	Juices	N/A

\* All options are served with *veggies* and *fruit* portions.

# Bon Appétit!