

EARLY YEARS MENU FROM 1/2/18 TO 28/2/18

DATE	MONDAY 29/1/2018	TUESDAY 30/1/18	WEDNESDAY 31/1/2018	THURSDAY 1/2/2018	FRIDAY 2/2/2018
MORNING SNACK				Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH				Stir Fried Chicken & Vegetables Steamed Rice Soup	Braised Fish Grilled Corn/Steamed Rice Soup
AFTERNOON SNACK				Sausage Roll & Fruit Juice	Cheese & Tomato Pizza & Fruit Juice
DATE	MONDAY 5/2/2018	TUESDAY 6/1/2018	WEDNESDAY 7/1/2018	THURSDAY 8/1/2018	FRIDAY 9/1/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Roast Pork with Mushroom Sauce Vegetables/Sautéed Potatoes/Rice Soup	Baked Fish with Tomato Sauce Green Beans/Steamed Rice Soup	Caramelised Pork Vegetables/Steamed Rice Soup	Grilled Chicken with Hoisin Sauce Sautéed Vegetables/Steamed Rice Soup	Crispy Bread Crumbed Fish Peas & Corn/Hand Cut Chips/Rice Soup
AFTERNOON SNACK	Banana Pancake & Fruit Juice	Ham Sandwich & Fruit Juice	Apple Muffin & Fruit Juice	Yoghurt & Fruit Juice	Egg Sushi & Fruit Juice



**BRITISH
INTERNATIONAL
SCHOOL**
HANOI
A NORD ANGLIA EDUCATION SCHOOL



EARLY YEARS MENU FROM 1/2/18 TO 28/2/18

DATE	MONDAY 26/2/2018	TUESDAY 27/2/18	WEDNESDAY 28/2/2018		
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk		
LUNCH	Meatloaf with Gravy Green Beans/Mashed Potato/Rice Soup	Pasta Bolognese Sautéed Vegetables/Rice Soup	Breaded Pork Vegetables/Steamed Rice Soup		
AFTERNOON SNACK	Tuna Sandwich & Fruit Juice	Pineapple Cake & Fruit Juice	Yoghurt & Fruit Juice		