sodexo

## Nord Anglia International School - June 2017



	Monday		- 1	Tuesday	r –		Wednesday			Thursday			Friday
	wonday			Tuesuay			Wednesday			1-Jun			2-Jun
								A	٩	Chicken Fillet with Honey Glazed Sauce with Rice	Α	٩	Chicken Wings Marinated with Lemon Grass with Penne
								в	1	Spaghetti Bolognaise	в	Ŕ	Beef in Cantonese Style with Rice
								с	<b>\$</b>	Avocado,Lettuce & Tomato Sandwich	с		Greek Salad
	Monday			Tuesday			Wednesday			Thursday			Friday
	5-Jun			6-Jun			7-Jun			8-Jun			9-Jun
Δ 🦣	Teriyaki Chicken with Rice	A	Ċ	Sardin Pork Loin with Rice	Α	٩	Teriyaki Chicken Bun with Potato Wedges	A	Ş	Ham and Shredded Pork in Cream Sauce with Penne	Α	٩	Roasted Chicken Wings with Rice
в	Penne Napoleon	в	1	Spaghetti Bolognaise	в	-	Sauteed Mixed Vegetables with Dried Bean Curd with Rice	в	٩	Chicken with BBQ Sauce with Rice	в	Ŕ	Fried Noodles with Beef
c 🦓	Ham and Cheese Sandwich	с	<b>\$</b>	Mixed Beans Salad	С	<b>(</b>	Tuna Fish Sandwich	С	-	Veggie Salad	С		Egg Mayo Sandwich
	Monday			Tuesday			Wednesday			Thursday			Friday
	12-Jun			13-Jun			14-Jun			15-Jun			16-Jun
Α 🧕	Roasted Chicken "Mexican Style" with Rice	A	r.	Sweet and Sour Pork with Rice	Α	٩	Chicken with Honey and Garlic with Rice	A	1	Sauteed Vegetables with Beef with Rice	A	Â	Pork Loin with Bacon and Tomato with Rice
в	Thai Potato Curry (not spicy) with Penne	в	1	Spaghetti Bolognaise	в		Sweetcorn Macaroni Cheese (with egg)	в		Hot Dog with Mashed Potato	в	٩	Chicken Bun with Roasted Sweet Potato
c 🤺	Roasted Beef Salad	с		Avocado and Cheese Sandwich	с	<b>(</b>	Smoked Salmon Salad	с		Tomato and Cheese Sandwich	С		Potato Salad
	Monday			Tuesday			Wednesday			Thursday			Friday
	19-Jun	_		20-Jun			21-Jun			22-Jun			23-Jun
A 🚀	Sauteed Tomato with Beef with Rice	A	Ċ	Bacardi Pork Loin with Spaghetti	Α	Ŕ	Sauteed Caslpcum with Beef and Pineapple with Rice	A	-	Thai Potato Curry (not spicy) with Penne	Α	Ŕ	Sauteed Vegetables with Beef with Spaghetti
в	Penne Napoleon	в		Fish Bun with Mashed Potato	в		Hot Dog with Potato Wedges	в		Fisherman's Pie with Broccoli	в	٩	Chicken a la King Au Gratin with Rice
c 🌖	Chicken Sandwich	с		Chef's Garden salad	с	1	Avocado,Lettuce and Tomato Sandwich	с	S	Ham and Orange Salad	с		Egg Mayo Sandwich
	Monday			Tuesday			Wednesday			Thursday			Friday
	26-Jun			27-Jun			28-Jun			29-Jun			30-Jun
•	Roasted Chicken "Mexican Style" with Rice	A	Ð.	Pork Loin with Garlic Gravy with Rice	A	Ö	Sweet and Sour Pork with Rice	Α	Ċ.	Sauteed Vegetables with Sliced Pork Meat with Rice	Α	Ŕ	Sauteed Beef with Vegetable with Rice
в	Sauteed Eggplant with Beef with Penne	в	1	Spaghetti Bolognaise	в	٩	BBQ Chicken Breasts with Bacon Bits Mashed Potato	в	<b>(</b>	Fish Fillet Bun with Mashed Potato	в		Grilled Sausage with Honey and Bolied Vegetables with Penne
c	Greek Salad	с	-	Avocado and Cheese Sandwich	с	-	Potato and Egg Salad	с	4	Roasted Veggie Sandwich	с		Egg and Cheese Salad

## Please note :

1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.

2 The price for each lunch option is \$33 (Received payment on or before 24 May 2017) / \$35 (Received payment after 24 May 2017)

## Payment Details :

1 Please make a crossed cheque payable to : Sodexo (HK) Ltd

2 Please write your child's name, class and a contact phone number at the back of the cheque.

Choose often - Contains low levels of fat Good Choice - Contains moderate amount of fat On Occasion - Contains high level of fat

\*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

\*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day. The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : \_\_\_\_\_\_ Class : \_\_\_\_\_\_ Contact Number : \_\_\_\_\_\_ Contact Email : \_\_\_\_\_\_ Cheque Number : \_\_\_\_\_\_