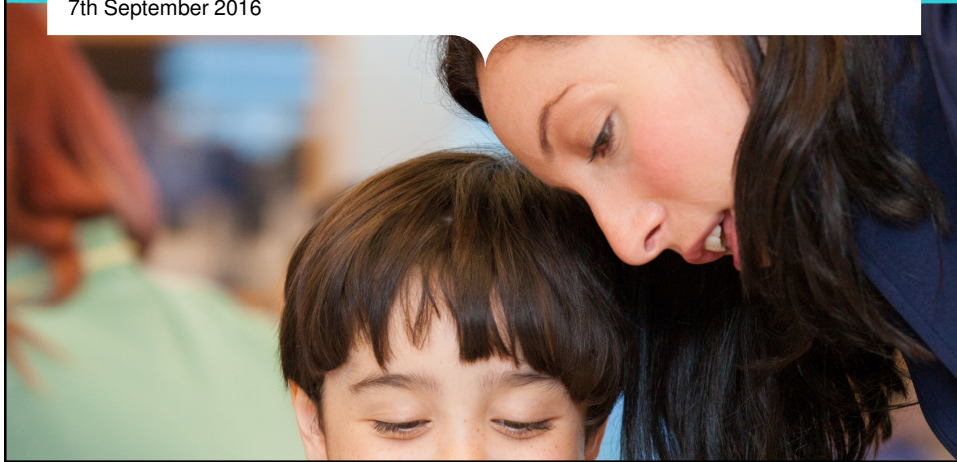


Project Week Year 6

7th September 2016



Project Week : Insight



Insight Adventures have been in existence since 2010. They specialise in outdoor education and adventure learning.

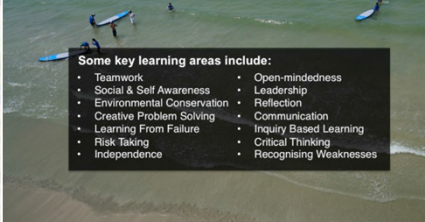
Programmes – Adventure Learning

3-10 day adventure learning programmes for primary and secondary school students that challenge participants to step out of their comfort zone and achieve beyond what they thought they were capable of.



Outdoor Ed – Learning Through Doing

Outdoor Education is about using activities and experiences in the natural environment as tools for teaching students in areas they often miss out on during regular classroom learning.



Some key learning areas include:

- Teamwork
- Social & Self Awareness
- Environmental Conservation
- Creative Problem Solving
- Learning From Failure
- Risk-taking
- Independence
- Open-mindedness
- Leadership
- Reflection
- Communication
- Inquiry Based Learning
- Critical Thinking
- Recognising Weaknesses

Project Week : Insight

Partners – Not Just Customers & Suppliers

Our partners help us achieve and, to some extent share our vision. We prides ourselves on our close, long term relationships with some of Asia's most inspiring individuals and organisations.



Project Week : Insight

Risk – Assessed and Managed

Before any programme can be run in a specific location, each aspect of the programme undergoes a thorough risk assessment to determine any potential hazards Whether real or perceived. Location specific. Season specific



Project Week : Insight

Ratios – Facilitators : Participants

Strictly enforced facilitator to participant ratios are another area that set's Insight's safety standards apart . Ratios are specific to each activity type, location and intensity and are outlined in our risk assessment and standard operating procedure documents.



Project Week : Insight

Travel Insurance – Just In Case

Every student who registers for a programme using our customer database is covered under Chartis Group Travel Accident Insurance, in addition to Insight's domestic policy as a registered Chinese travel agency, according to the National Tourism Administration requirements.



Project Week : Insight

Transport – Getting From A to B

Consisting mainly of large coaches and mid-sized buses booked through our local providers, all transport is chosen for their cleanliness, safety and driver selection.



Project Week : Insight

Hotels – Clean. Comfortable. Safe.

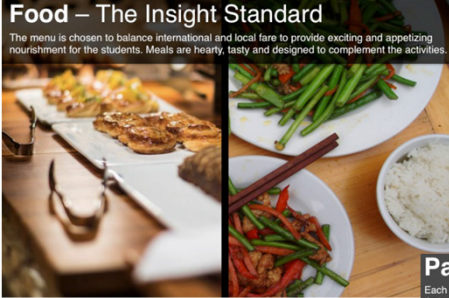
Working with long term partners in locations all around the country, properties chosen are clean, comfortable and above all, safe. Making them the perfect place for students to enjoy their trip.



Project Week : Insight

Food – The Insight Standard

The menu is chosen to balance international and local fare to provide exciting and appetizing nourishment for the students. Meals are hearty, tasty and designed to complement the activities.



Packing Lists – What to Bring

Each location has its own detailed packing list, specific to the kind of programme and time of year that we have created to be a guide for both students and parents for what kinds of clothes, shoes etc they will require during their journey. Lists will be sent out to parents by the school.



Project Week : Insight

Y6 Dengfeng – Henan Province

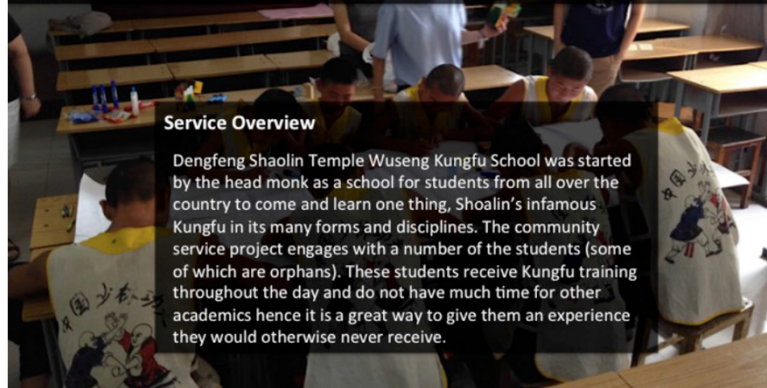
Dengfeng township is located one and a half hours from the provincial capital of Zhengzhou. It is where the world famous Shaolin Temple is located which is renowned for its ancient martial arts training spanning more than 1,500 years of history.



Project Week : Insight

Dengfeng – School Engagement

Students will visit the Dengfeng Martial Arts School and Orphanage where they will take part in a number of different activities including teaching local students Art, English, Music and Sports interactions and kungfu performances.



Service Overview

Dengfeng Shaolin Temple Wuseng Kungfu School was started by the head monk as a school for students from all over the country to come and learn one thing, Shaolin's infamous Kungfu in its many forms and disciplines. The community service project engages with a number of the students (some of which are orphans). These students receive Kungfu training throughout the day and do not have much time for other academics hence it is a great way to give them an experience they would otherwise never receive.

Project Week : Insight

Programme Objectives

The Shaolin Temple Program is a perfect blend of culture and action, students will be challenged to participate in learning Shaolin Kungfu and work with a local school. Students will gain an in depth understanding of Buddhism and how it has impacted the region.



Activity Highlights

- Orphanage Project
- Kungfu School
- Museum and Grottoes
- Hiking

Outcomes

- Team Building
- Cultural Immersion
- Confidence Building
- Social Responsibility

Project Week : Insight

Dates and information:

Project Week: Monday 31st October – Friday 4th November

- Key dates will be emailed to you, along with the slides from this presentation.
- **Monday 19th September:** Completion of the online medical and permission form – you will be sent a jotforms link by email tomorrow.
- **Monday 19th September:** Completion of essential information document. You will receive this through a weblink by email.

- NB Fund raising this year will be spread throughout the year – not front loaded as in previous years. Students will be hearing more about this in coming days and weeks.

Project Week : Insight

Information:

Medical: Please make sure that we are fully informed of any medical issues that affect your son or daughter. Where they take medication please let us know so that this can be handed over and looked after by the trip leader.

* The care provided by International SOS – we subscribe to this as a school and have access to their help and support on all school trips. International SOS are a global organization. Before we depart we share the details of the trip and they ensure that we have a list of the location and contact details of the best local medical care. They will support with any medical emergency.

* Your own medical insurance is essential and details of this will be collected via the weblink that you will be sent.