



**BRITISH
INTERNATIONAL
SCHOOL**
HANOI
A NORD ANGLIA EDUCATION SCHOOL



Extra-curricular Activities In Key Stage 2 (Years 3 - 6)

Term 1 / 2016 - 2017



Dear Parents

Extracurricular Activities (ECAs) in Term 1 will start on Monday 19th September 2016. The activities will run through until Thursday 1st December 2016.

Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Children in Years 3 to 6 will be asked to make choices from the list of activities below. Children in Years 3 to 6 will have the option to choose one, two or three activities. They will be asked for 5 preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions below. Information on paid activities can also be found within the descriptions below. This year, the sign up process will change slightly to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Application guidelines:

- All activities (free and paid) need to be selected on-line via CHQ.
- You will be able to register your child for activities during 'sign-up period 1', which will be **from Tuesday 30th August 2016 at 9.00am until Wednesday 31st August 2016 at 5.00pm**. You will be able to make up to 5 choices but at this stage you will only be accepted a place on 1 activity only. You will then be able to register your child for another 1 or 2 activities if you wish to do so during 'sign up period 2' which will be from **Thursday 1st September 2016 at 9.00am until Saturday 3rd September 2016 at 5.pm**.
- After **Saturday 3rd S September 2016**, students who have signed up for an activity must commit to it for the whole term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorisation on more than one occasion they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments in cash to the school cashier as soon as the child's activity is confirmed.
- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed'.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term 1, by selecting a paid activity and paying the associate fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday 9th September 2016** otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via CHQ. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible.

Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact markatkinson@bishanoi.com.

Mr. Mark Atkinson
ECA Programme Coordinator

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website:

<http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis> and clicking on the CHQ tab, at the bottom of the homepage.

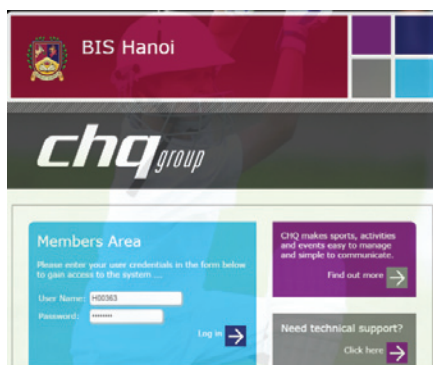
Please follow the instructions below to log on and select your desired activities.

Logging on

Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their Password will be their own personal password.

Primary Example: User name: H00123 Password: 23032007

Secondary Example: User name: H00124 Password: ownpersonalpassword



How to select your child's activities:

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit Activity Choices (2016-2017 Term 1)**.

Step 4: For each activity/paid club add a different number e.g. Monday: Football club **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5** etc. to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click **SAVE**.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after Monday 5th September you should be able to see your activities by scrolling through to Monday 21st September 2016 (start of Term 1 activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school.

Once your selected activities have been approved you will be able to see them by clicking on the **My Profile** tab to the right of the Home tab on your homepage.

CHQ Sign-Up Tips for Parents:

Parents please DO NOT place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5 (least favourite activity) regardless of the day.

Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school.

Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY	YEAR	TIME	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	DETAIL/NOTES
Karate (Paid activity)	Years 3-6	3:05 - 4:05	20	Mr Dung (Viet-Nhat Karate Club)	Auditorium	Sport	Both	<p>Karate is a Japanese Martial Art which has emerged and developed vigorously in Vietnam for many years. Karate is an empty hand martial art that aims to develop self-defense and physical skills for the practitioner. Employing a scientific and contemporary training method that is appropriate for children, Vietnhatclub has become a reputable martial art club in Hanoi with 6 branches and early 700 members in training</p> <p>Please note: Minimum number of children = 8 The cost per student per term = 910,000 VND</p>
Intermediate Chinese Mandarin (Paid activity)	Years 1-6	3:05 - 4:05	14	Ms Lien	P223	Languages	Both	<p>Learn basic conversational skills, including greeting and introductions, questions and answers whilst developing cognitive and social skills. Learning Chinese Mandarin also provides children with an advantage in the increasingly competitive business world.</p> <p>Please note: Minimum number of children = 6 The cost per student per term = 1,100,000 VND (Approx.)</p>
Playground Games	Years 4-6	3.05 - 4.05	20	Ms Fitzpatrick	Playground	Sport	Both	<p>Learn some fun playground games to play with your friends at playtime and lunchtime! There will be a mix of active games for the playground and quieter games for the quiet area</p>
BIShop	Years 3-13	3:05 - 4:05	25	Miss Stevenson & Mr Kelly	S308	Creativity	Both	<p>Students who sign up for BIShop will be instrumental in creating a space where students, staff and parents can gather to purchase equipment, gifts and services. Students who sign up for BIShop must be willing to sacrifice one lunch time a week to sell their wares in our shop. Students will be involved in product development, purchasing, marketing and human resources management.</p>
Nature Watch	Years 2-6	3:05 - 4:05	20	Ms Elliott	P208	Creativity	both	<p>Come and watch videos about nature - different animals from around the world or different natural occurrences. One option could be to find out how animal orphans are reintroduced to the wild, or watch what happens to the trees in North America during each season. There are a variety of videos which the group can choose from, which should satisfy the curiosity of anyone interested in Nature. Some new choices of programmes since last year.</p>
Netball	Years 3-6	3:05 - 4:05	14	Ms Lovatt	Hardcourt 1	Sport	Both	<p>This term we will be bringing a new sport to Vietnam. This ECA will give students the chance to try out something new, and to be part of a brand new sports team at BIS. Netball is a fast paced, disciplined team sport focused on developing co-ordination, speed and agility.</p>
Art and Crafts	Years 3 - 6	3:05 - 4:05	15	Ms Watts	Art Room	Creativity	Both	<p>Children will be able to design and create their own art projects using a range of materials, such as, paint, fabric, paper mache and many more. The children will be able to express their creativity through the projects that they create and will be able to take them home.</p>
Primary School Council	Years 2-6	3:05 - 4:05	12	Ms Tong	P208	Community	Both	<p>Primary School Council members meeting. Please note, this activity is for current council members only.</p>
Gymnastics	Years 1-6	3:05 - 4:05	10	Ms Upton	Sports Hall Gallery	Sport	Both	<p>Children will begin to explore and develop the fundamentals of gymnastics, including travelling, rolling, rotation and balance. Children will build strength, improve flexibility and learn specific techniques.</p>
STOMP!	Years 3-7	3:05 - 4:05	16	Ms Rea	The Band Room	Music	Both	<p>With STOMP, it doesn't matter if a student has never played a musical instrument before; it's all about the rhythm. This is a very unique ensemble which uses daily objects, such as brooms and household products to create a lively, rhythmical ensemble. There will be aspects of choreographed movement, as well as use of voice (shouting/chanting). To understand STOMP more, you can find information on Google and YouTube.</p>
T-ball	Years 3-6	3:05 - 4:05	16	Mr Holmes	Auditorium	Sport	Both	<p>Children will learn the fundamentals of Striking and Field games, including throwing, catching and batting. As the term progresses, children will begin to develop tactics and an understanding of rules and regulations.</p>
Beginners Swimming	Years 3-8	3:05 - 4:05	10	Ms Wild	Pool	Sport	Both	<p>This activity is for students who are unable to swim 1 length of the pool. This activity is recommended for students who are aiming to compete in the Global or FOBISIA Games but may struggle with the swimming aspect. Students will progress through the basic fundamentals of swimming and on to basic stroke development in a range of strokes.</p>
Science Club	Year 3-6	3:05 - 4:05	16	Mr Wild	Primary Science Room	Academic	Both	<p>Children will have the opportunity to question, test, investigate and explore the world through the eyes of scientists. They will work practically to engage with the world of science learning, vocabulary, skills and understanding through a range of exciting scientific activities and investigations. Be amongst the first to make use of our fantastic new primary science room.</p>
Origami	Years 2-4	3:05 - 4:05	15	Ms Duyen	S302	Creativity	Both	<p>Children can fold their own flowers, animals and other shapes using square papers which they can then take home. This activity will develop lots of skills, such as observation, listening cooperation and, it can be linked to mathematical aspects like shapes and symmetry.</p>
Cross Stitch	Years 6-7	3:05 - 4:05	15	Ms Rowlands	P220	Creativity	Both	<p>Are you interested in learning a new skill? Do you want to improve and develop an existing skill? Come along to the Cross Stitch Club! It is a great way to end your school day. Chat with friends and meet new people whilst creating wonderful works of art using a needle and thread. Share ideas and impress your family and friends!</p>

WEDNESDAY

ACTIVITY	YEAR	TIME	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	DETAIL/NOTES
Intermediate French (Paid activity)	Years 1-6	3:05 - 4:05	14	Ms My Lan	P205	Languages	Both	Learn basic French, including the alphabet, phrases, vocabulary, pronunciation and grammar. Once children have mastered the basics they may progress to more complex conversational skills, questions and answers. This activity is for existing French students only. Please note: Minimum number of children = 6 The cost per student per term = 1,310,000 VND
Golf (Paid activity)	Years 3 - 13	3:05 - 4:05	12	Mr Trett & Mr Bradley Wright	Long Bien Golf Academy	Sport	Both	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Minimum number of children = 15 The cost per student per term = 4,060,000 VND
Ballet (Paid activity)	Years 1-6	3:05 - 4:05	25	Ms Mai	Auditorium	Performing Arts	Both	Children will learn ballet techniques enabling them to perform a short dance by the end of the course. Ballet will develop balance and core strength as well as being a fun and creative session. Please note: Minimum number of children = 8 The cost per student per term = 1,480,000 VND
Tennis Club (Paid Activity)	Years 1-6	3:05 - 4:05	4	Mr Thuong	Hardcourt 1	Sport	Both	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. Please note: Minimum number of children = 4 The cost per student per term = 1,310,000 VND
Climbing & Bouldering (Paid activity)	Years 1-6	3:05 - 4:05	4	Mr Lovatt	Vietclimb	Sport	Both	For the climbers who register at the first term, a free pair of Mad Rock climbing shoes would be provided (commercial value: VND 800,000). The content of climbing sessions will include a mix of workshops, bouldering games and competitions. Please note: Minimum number of children = 6 The cost per student per term = 1,930,000 VND Students must be collected from Vietclimb at 4:30
Elementary Japanese	Years 3-6	3:05 - 4:05	12	Ms Kaori	Library	Languages	Both	Learn Japanese, an East Asian language spoken by about 125 million people. Discover Japanese in its various forms - Kanji, Hiragana and Katakana. Learn basic conversational skills, including greeting and introductions, questions and answers whilst developing cognitive and social skills.
Globe Trotters	Years 5-8	3:05 - 4:05	24	Mr Forster	S314	Creativity	Both	Children will learn about world Geography, explore maps and play games in a fun-setting. Children will also take part in an eco-project which will benefit the whole-school.
Competitive Under 11 Football	Years 4- 7	3:05 - 4:05	16	Mr Atkinson	Primary Field	Sport	Girls	Children will develop a wide range of skills including control; passing; shooting and movement with the ball. Children will also learn the rules of the game and begin to compete with one another and more importantly, children will have fun!
Gardening	Years 5 - 7	3:05 - 4:05	15	Mr Labelle	P106 & Outside	Creativity	Both	Gardening is a healthy and fun activity for children. Children will develop new skills and learn about science and nature by growing their own food. There is a variety of interesting activities which children can be involved in, such as planting, mulching and weeding.
Innovate. Engineer. Create	Year 6-9	3:05 - 4:05	24	Mr Russell	S103	Creativity	Both	Design and create whatever your imagination will allow using the amazing k'nex. During the second half term you will have gained the skills to compete in teams to create the fastest solar powered racecar. Will you be victorious?
Sign Language	Years 2 - 6	3:05 - 4:05	15	Ms Hop	P205	Languages	Both	Children will learn basic sign language about the alphabet, colours, name of animals, name things around them during the songs. That is good way for children to develop their communication skills and English. We will have a fun and relaxing time after all those busy lessons!
Global Campus Competition	Year 5-13	3:05 - 4:05	12	Mr Duckett	Library	Creativity	Both	This ECA will give you dedicated time to interact with Nord Anglia's Global Campus. We will use our time to make entries to the Global Campus competitions and to interact with students from the 43 other Nord Anglia schools. The current competition is based on nature photography.
Junior Volleyball	Years 2-4	3:05 - 4:05	20	Ms Smith	Hardcourt 2	Sport	Both	Learn the fundamentals of technical skills such as 'Spiking', 'Digging' and 'setting', whilst developing a basic understanding of rules and gameplay. You will also have the opportunity to compete against other schools!

THURSDAY

ACTIVITY	YEAR	TIME	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	DETAIL/NOTES
Beginners Chinese Mandarin (Paid activity)	Years 1-6	3:05 - 4:05	14	Ms Lien	E209	Languages	Both	Learn basic conversational skills, including greeting and introductions, questions and answers whilst developing cognitive and social skills. Learning Chinese Mandarin also provides children with an advantage in the increasingly competitive business world. Please note: Minimum number of children = 6 The cost per student per term = 1,310,000 VND-
Beginners Golf (Paid activity)	Years 1-6	3:05 - 4:05	15	Bradley Wright (PGA Pro)	Outdoor or Auditorium	Sport	Both	An introduction to the fundamentals of Golf using the new SNAG programme (Starting New At Golf). Learn how to grip a club, how to swing effectively and have fun chipping and putting at a range of engaging targets. Please note: Minimum number of children = 9 The cost per student per term = 2,710,000 VND
Girls Football	Years 5-13	3:05 - 4:05	20	Ms Wild & Ms Willson	Secondary Field	Sport	Girls	Girls will develop a wide range of skills including control; passing; shooting and movement with the ball. Girls will also learn the rules of the game and begin to compete with one another and more importantly, they will have fun!
Under 9 Boys Football	Years 1-4	3:05 - 4:05	10	Mr Callan	Hardcourt	Sport	Boys	Children will develop a wide range of skills including control; passing; shooting and movement with the ball. Children will also learn the rules of the game and begin to compete with one another and more importantly, children will have fun!
Ukelele Club	Years 4-6	3:05 - 4:05	15	Ms Burden	5I classroom	Performing Arts	Both	Children will learn the basics of ukelele and learn to play a range of songs increasing in difficulty as time goes on. Ukelele club will be fun and children will have the opportunity to play familiar as well as new songs.
3D - Art	Years 2-6	3:05 - 4:05	15	Ms Huyen	P103	Creativity	Both	Children will use many different resources such as coloured paint, coloured cards, moving eyes and cotton to create some beautiful 3D- products. Children will develop fine motor skills and become more creative.
Charity Club	Years 5-6	3:05 - 4:05	15	Ms Giang	E209	Community	Both	children will develop a range of life skills. Through this activity the children will learn different ways to help poor people such and then encourage friends and family to donate items like old clothes, toys and books.
International Playground Games	Years 2-3	3:05 - 4:05	15	Ms Isabelle	Primary Playground	Sports	Both	In this ECA, children will develop their agility, speed, coordination, and total control of their body. As they are introduced to various children's playground games from different countries, they will learn the importance of teamwork and following instructions whilst having fun.
Competitive Swimming	Years 3-10	3:05 - 4:05	30	Ms Airdire & Mr Huy	Swimming Pool	Sport	Both	Advanced swimming is recommended for swimmers who wish to develop their skills in a number of strokes over greater distances. Children will develop their technique whilst building strength and increasing speed. Please note: The indoor swimming pool and pool area are kept at a warm temperature.
Global Games Training	Years 3 - 6	3:05 - 4:05	14	Mr Atkinson	Primary Field	Sport	Both	Althetic development for Global Games squad members.
Orchestra	Years 3 - 13	3:05 - 4:05	Unlimited	Ms Rea & Mr Tuan Anh	Music Room	Performing Arts	Both	It's here! Our first BIS Orchestra ECA! Calling all musicians to get involved, primary and secondary! We need wind and string players of all abilities. Unfortunately, this ECA is not open to students who do not yet play an instrument. Students will be acquiring essential musicianship skills from regular rehearsals, in particular ensemble skills, musical discipline and skill development. This is an extremely exciting time for everyone involved!
EAL for Parents	Parents	3:05 - 4:05	10	Ms Willson	P223	Language	Both	BIS Hanoi are offering the opportunity for parents to come to school to practice English with a dedicated school EAL teacher. These sessions will provide you with the opportunity to improve your English in order to use with your children at home, to speak with and write to teachers and to use in your everyday life. They will also allow you to meet other parents, to discuss school subjects and events and to spend time in the school environment. Sessions will take place on Wednesday and/or Thursday depending on the number of parents who sign up to attend and your current level of English. If you think it will make it easier for you to attend, please sign your child up for an ECA on the same day. Sessions will start at 3.05pm and end at 4.05pm. Unfortunately, younger children cannot be accommodated at school during these lessons. To register your interest please e-mail Jinny at jinnyjung@bishanoi.com with your name and contact details. You do not need to register using CHQ. Please note: Priority will be given to those who took part last year.