

# **The British International School, Puxi-Shanghai**

**Xingping and Yangshuo Trip  
June 14<sup>th</sup> – 19<sup>th</sup>, 2015**

# Destination - Xingping



# What will we do in Xingping?



**Hiking**

**P&ECLASS**

# What will we do in Xingping?



**Farm work**

**P&ECLASS**

# What will we do in Xingping?



**Bamboo raft making**

# Destination - Yangshuo

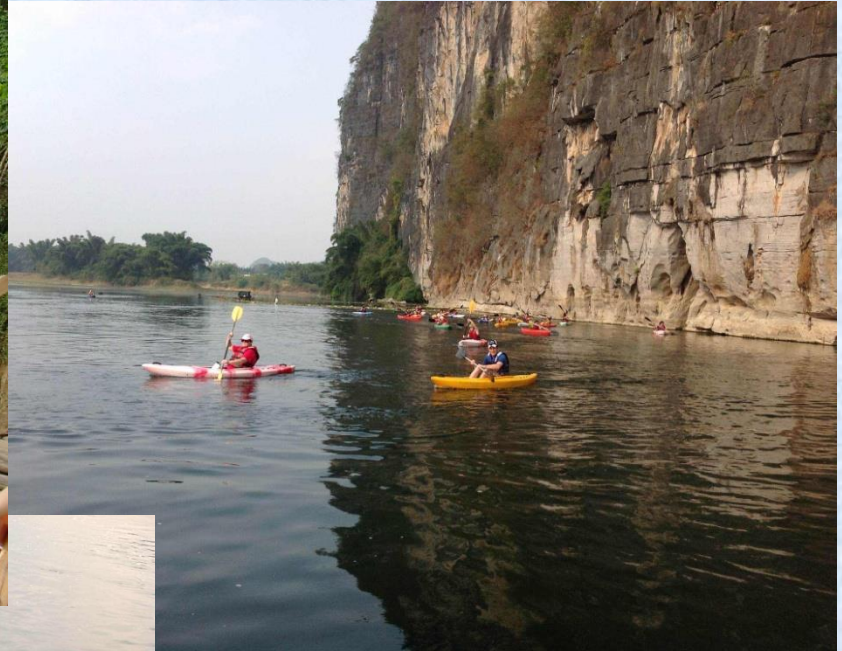


# What will we do in Yangshuo?



**Rock climbing**

# What will we do in Yangshuo?



**Kayaking**



# What will we do in Yangshuo?



**Biking**

**P&ECLASS**

# What will we do in Yangshuo?



**Cooking class**

# What will we do in Yangshuo?



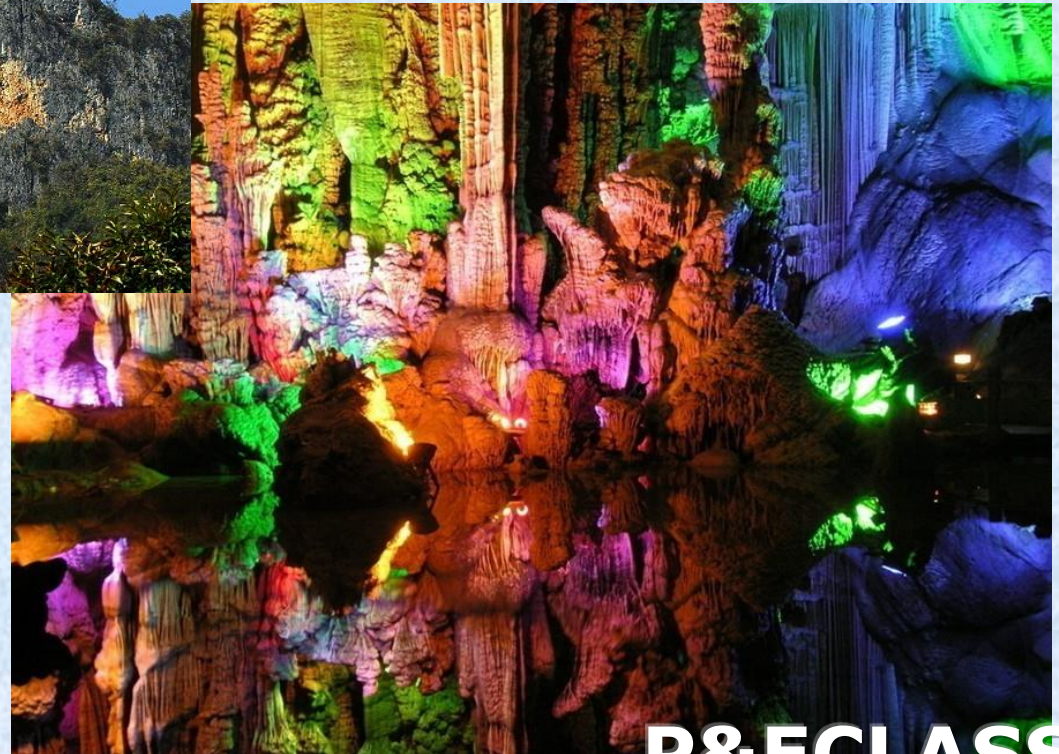
**Cormorant fishing**

# What will we do in Yangshuo?



**Moon Hill**

**Silver Cave**



# Accommodation in Xingping

## Guesthouses



- Basic facilities with private bathrooms
- 24-hours Hot water

# Accommodation in Yangshuo



- Local 3-Star Hotel, private bathrooms
- 24-hours Hot water

# Flights

- Travelling on 2 flights
- FM Flights – all pupils and teachers apart from the ones below. (arriving in Shanghai at 9.40pm)
- CM Flights – Miss Xie, Miss Townsend, Soohyun Kim, Yoseph Kim, Gwilym Jones, Philip Lucas, Julietta Rubio-Jones, Pina Jurisic, Tyler Nowak, Tom Loasby and Junhyeok Lee. (arriving in Shanghai at 10.55pm)

# Activites

- We will be split in 2 groups for the whole trip.
- Group 1 will stay in Dehebei village for 3 nights and Yangshuo for 2 nights. Group 2 will stay in Yangshuo for 3 nights and Dahebei village for 2 nights.
- Both groups will do the same activities but in a different order.



# Group 1

## Ms Selden

Andy (Jihwan) Chung  
Junhyeok Lee  
Beau Jonkers  
Frida Kaltenborn  
Liv Kavander  
Hinata Koizumi  
Meagan Finocchiaro  
Roy Skog

## Ms Young

Louise Callf  
Liana Haines  
Nadine Karsch  
Michelle Sim  
Luisa D'Orey  
Sixtine Merlevede  
Sue (Szu-Chieh)  
Tseng  
Verlaine Bergeret

## Mr Li

Charlie (Zheng Ze) Zhan  
Mike (Yi-Feng) Hsu  
Andreas Tichy  
Cian Choo  
David (Ji-Hoon) Kang  
Arush Garg  
Thomas Roberts

## Mr Cressey

Paulo Hansen  
Kuan Hong Tan  
Natarsha Yan  
Lara Woo  
Munique Tan  
Florian Schad  
Henry Haefliger  
Sondre Fleck-Baustian

## Ms Rudd

Trym Arnulf  
Kris Shivkumar  
Harrison Johnson  
Arthur Setti Maya Vianna  
Jahaan Sachdeva  
David (Chenyi) Gu  
Ha Yeong Choi  
Jiye Shin

Some activities will be done with all pupils. For some activities we will be split in 2 groups. Ms Rudd and Mr Cressey's groups and Beau, Frida and Liv will be on bus 1 and do activities together. Ms Young, Mr Li and most of Miss Selden's group will be on bus 2 and do activities together.

# Group 2

## **Ms Townsend**

Daryl Chan  
Louis Sun  
Tom Hayes  
Dohoon Kim  
Vinicius Cardoso  
Alex Bribiesca  
Justin Graf  
Etash Sinha  
Frida Raask  
Julietta Rubio Jones

## **Mr Hill**

Pina Jurisic  
Marianna Di Cristina  
Alexia Lacaille-Delmas  
Clemence Consigny  
Fiona Chiu  
Cathy (Ching Man) Cheng  
Ga Eun Choi  
Erica (Chaiyun) Kim  
Soo Hyun Kim  
William Marsh

## **Ms Xie**

Silvia Cassanelli  
Valeria Villa Valezquez  
Clara Capel Gomez  
Nur Sophia Matthe  
Chloe Chaize  
Emmi (Nicha) Muninnimit  
Elliot Debruyn  
Yoseph Kim  
Gwilym Jones  
Philip Lucas

## **Dorothee Chareyron**

John Saul  
Benjamin Delgado  
Adam Janus  
Tyler Nowak  
Jean Lenoir  
Tom Loasby  
Matteo Zanoni  
Duncan Tasker  
Aneesh Waikar

Some activities will be done with all pupils. For some activities we will be split in 2 groups. Mr Hill and Ms Townsend's groups will be on bus 3 and do activities together. Ms Xie and Ms Chareyron's groups will be on bus 4 and do activities together.

# Buddies

- You will need to choose a buddy for the whole trip and make sure you are with them all the time.
- This needs to be someone on the same bus as you.
- You will need a different buddy for the airport and flights as we are flying separately.
- Please make sure you have organised your buddies before we leave.

# Itinerary

Day	Morning	Afternoon	Evening	Meals
Jun. 14 <sup>th</sup>		<ul style="list-style-type: none"> <li>√ Take flight to Guilin; (FM9369 15:55/18:35 or CA1969 17:20/20:00)</li> </ul>	<ul style="list-style-type: none"> <li>√ After arrival, head for Xingping by bus;</li> <li>√ Check into the guesthouses in Dahebei Village of Xingping.</li> </ul>	D
Jun. 15 <sup>th</sup>	<ul style="list-style-type: none"> <li>√ Hike around Dahebei Village (3.5 hours);</li> </ul>	<ul style="list-style-type: none"> <li>√ Farm work in Dahebei Village;</li> </ul>	<ul style="list-style-type: none"> <li>√ Local barbecue dinner and bonfire party.</li> </ul>	B, L, D
Jun. 16 <sup>th</sup>	<ul style="list-style-type: none"> <li>√ Treasure hunt in Dahebei Village;</li> <li>√ Li River Cruise;</li> </ul>	<ul style="list-style-type: none"> <li>√ Team building: bamboo raft making and raft race;</li> </ul>	<ul style="list-style-type: none"> <li>√ Night hike.</li> </ul>	B, L, D
Jun. 17 <sup>th</sup>	<ul style="list-style-type: none"> <li>√ Rock climbing;</li> </ul>	<ul style="list-style-type: none"> <li>√ Kayaking on Li River (Fuli Town to Liugong Town);</li> <li>√ Check into the Snow Lion Resort in Yangshuo and refresh;</li> </ul>	<ul style="list-style-type: none"> <li>√ Cormorant fishing.</li> </ul>	B, L, D
Jun. 18 <sup>th</sup>	<ul style="list-style-type: none"> <li>√ Biking tour;</li> <li>√ Free time on West Street and lunch on your own;</li> </ul>	<ul style="list-style-type: none"> <li>√ Group activities in Yangshuo Park;</li> <li>√ Cooking Class and dinner;</li> </ul>	<ul style="list-style-type: none"> <li>√ Impression Liu sanjie</li> </ul>	B, D
Jun. 19 <sup>th</sup>	<ul style="list-style-type: none"> <li>√ Visit Silver Cave;</li> </ul>	<ul style="list-style-type: none"> <li>√ Visit Moon Hill;</li> <li>√ Take flight to Shanghai and trip ends. (FM9370 19:25/21:40 or CA1970 20:50/22:55)</li> </ul>		B, L, D

# Packing list

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## What do I need to bring?

### Documents:

- **Passport with valid visa**
- **Flight tickets**

### Clothes

- **It is important to be prepared for the following conditions:**
- **It might rain (even if it rains the whole day, we will still do activities outside)**
- **It might get very hot (and humid)**
- **We might get very dirty during the day**
- **We will spend our days hiking, climbing and cycling, so pack for an extended PE-lesson**
  - ✓ **Cotton pants and shorts**
  - ✓ **Sufficient change of T-shirts**
  - ✓ **Sufficient changes of underwear and socks (at least 7 pairs)**
  - ✓ **Zip-off quick dry trekking pants**
  - ✓ **Hat/sun screen/sun glasses**
  - ✓ **Wind/water proof jacket(preferable with hood)**
  - ✓ **A pair of comfortable walking shoes (broken in)!!!**
  - ✓ **A second pair of comfortable shoes, as one pair will probably get wet**
  - ✓ **A pair of sandals/flip-flops**
  - ✓ **Swimming suit and swimming cap**

# Packing list

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## What do I need to bring?

### Must- have equipment

- Personal toiletries and a hand towel
- Rain gear
- Towel (fast-drying if possible)
- Small, light back- pack for water, fruit, wallet, etc.,
- You will need a packed lunch for Sunday 14<sup>th</sup> June
- **Prescription medicine – this must be in a clear ziplock bag with instructions on the front. You do not need to include the prescription.**
- Headlight/flashlight
- Insect repellent
- Water bottle

### Optional equipment

- Camera and charger
- Healthy Snack foods (e.g. cereal bar, raisins, dried food)
- Wet antiseptic wipes

## How do I pack?

Most of your gear and supply will be carried on bus during the trip. While walking, all you need to carry is one small daypack that contains your personal stuff like camera, water bottle, etc. Make sure you bring the daypack.

# Emergency phone numbers

- **Group 1**

- Miss Selden (school ) 13701608574
- Esther 13917783771
- Martin 13366082492

- **Group 2**

- Mr Hill (school) 18321099094
- Sabrina 15997620620
- Peter 13810644647

# Keeping parents up to date

- Daily posts on the blog on the website
- Follow school Facebook, Twitter and Instagram accounts.
- Wechat will be used in an emergency by Mr Share, e.g. if the flight is delayed.