



THE BRITISH SCHOOL  
OF BEIJING, SANLITUN  
A NORD ANGLIA EDUCATION SCHOOL

[www.bsbsanlitun.com](http://www.bsbsanlitun.com)

19th February 2016



**SATURDAY  
16<sup>TH</sup> APRIL 2016**

5pm – 9pm

**KERRY HOTEL  
GRAND BALLROOM**

1 Guang Hua Road, Beijing

EARLY BIRD TICKETS (until 25th March 2016)  
are 900 RMB (includes one adult + one child).

Thereafter the ticket price is 1000 RMB  
(includes one adult + one child).

Additional children and accompanying ays'  
ticket price is 200 RMB

For further information and ticket bookings  
please email [fundancia@idiplomatic.net](mailto:fundancia@idiplomatic.net)

Tickets can be paid for in cash at the reception  
desk of the British School of Beijing, Sanlitun  
during school days between 9am and 3pm.

In aid of the Migrant Children's Foundation at  
Mingyuan School.

Reserve your tickets now at [FUNDANCIA@idiplomatic.net](mailto:FUNDANCIA@idiplomatic.net)



## STAR CITIZENS THIS WEEK

### EARLY YEARS BUILDING

Alicya Ally  
Alec Dennissen  
Elisse Gu  
Rochi Gomez  
Rose Benny  
Sabrina Wong

Next week your child will bring the certificate home explaining why they are a Star Citizen.

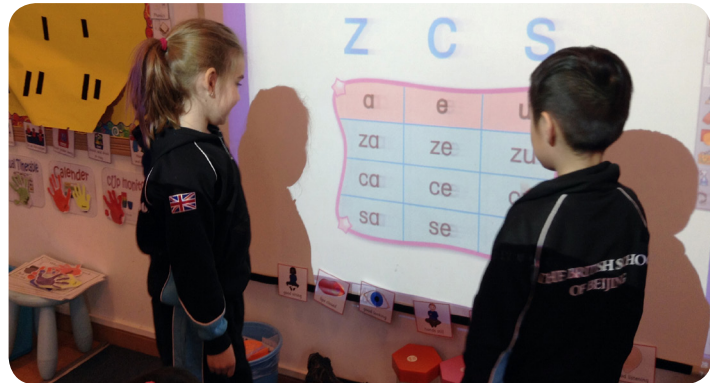
## WELCOME BACK TO SCHOOL!

By Susan Wang, Chinese Teacher

After the Chinese Spring Festival holiday children from Nursery to Year 6 all had a fun and dynamic first week in Chinese.

Children in Reception learned about fruits. The Forbidden City class was talking about what fruits they like and completed a mini book with content of various fruits. They enjoyed a song with lovely rhythm about strawberries: 草莓草莓, 大又美丽, 头顶绿色帽, 身穿红外衣.

In Year 1 Great Wall and Tian'an Men classes, children learned how to introduce their friends. Children can now tell you their friend's name, age and year group in Chinese.



In Year 3 Tian'an Men class, children gave advice on what clothes you should wear according to different weather conditions.



## EARLY YEARS BUILDING SPOTTED AWARD

Chloe Kong  
Christine Luo  
Filippo Zannoni  
Leni Schatzle  
Stella Woods  
Talia Kinyanjui

Next week your child will bring the certificate home explaining why they are 'spotted'.

In Year 4 Great Wall class, children role-played seeing a doctor. Some of the patients had got a "headache", and sometimes "stomachache" or other pains. The "doctors" were very professional when they examined the 'patients' and gave them some advice.





## UPCOMING EVENTS

Every Tuesday Morning  
Baby Group @ EY Campus  
9am - 10.30am

8<sup>th</sup> March  
PA Meeting  
9am @ Primary Campus Hall

7<sup>th</sup> - 11<sup>th</sup> March  
Book Week in School

11<sup>th</sup> March  
Book Character Dress-up Day

Year 6 Ole Rock Climbing Trip

Nursery  
Poetry with Parents  
2.30pm - 3pm @ EY Campus

10<sup>th</sup> - 13<sup>th</sup> March  
FOBISIA Maths Competition

15<sup>th</sup> - 16<sup>th</sup> March  
Last ASAs

16<sup>th</sup> March  
Year 2 Show to Parents  
2pm @ Primary Campus Hall

17<sup>th</sup> March  
Reception Trip  
to Dinosaur Museum

KS2 Residential Meeting  
with Parents  
5pm @ Primary Campus Hall

## MINI-INVENTORS IN NURSERY

By Kirsten Harding, Nursery Angel Fish Class Teacher

The children have all enjoyed being mini-inventors, in Nursery, this week. There have been plenty of learning opportunities taking place as the children had lots of fun making their Rube Goldberg machines as part of our whole school Global Campus challenge. There have been visitors from Year 5 coming to show the children the machines that they have made and they have watched short clips of other examples of Rube Goldbergs.

However the most fun was had when the children looked around the classroom for various resources and invented a machine of their own.





## MACHINE MAKING AND A WHOLE LOT OF FUN

By Jonathan Knibbs, Reception Whales Class Teacher

This week in Whales class we have embraced the Global Campus challenge of creating a Rube Goldberg machine. There is the whole-school challenge this year to create a Rube Goldberg machine with parts added by each year group, we have in Whales class however started off a little smaller. We have looked at machines as a whole, What are they? What do they do? What machines can you think of? After a big brainstorming session, the children then focused on what a Rube Goldberg machine was and what better way to discover what they are then to start by watching OK GO's music video for 'this too shall pass'.



The mass excitement and inspiration this caused in the children was fantastic. We quickly got to planning elaborate machines to catch monsters, turn on the class lights and to turn on a microwave to cook some popcorn.

The children have been writing, reading, talking non-stop, using maths, using all the skills involved in making from taping to stapling just to create machines. After they have created them they have been discussing why they did not work or why they did, what they can do to improve them. They have been working in teams and independently, using iPads to take photos and record videos, asking questions and then finding the answers.

Then came the making of their machines and the spectacle continued with dominoes falling, balloons rising, bricks descending, marbles rolling and monsters ruing the day they came into Whales class!



## EXPLOSIVE LESSONS

By Kirsty McCarra, Year 3 Parrots Class Teacher



Year 3 have had an explosive week this week!

Before the holidays, we created our own volcanoes out of mod-roc and newspaper before painting them to bring them to life. Since then, we have been trying to come up with chemical concoctions to create the best eruption. The children were given a choice of various liquids and solids such as vinegar, diet coke, baking soda, washing up liquid and mentos and had to decide which combination would make the most impressive chemical reaction. The children worked in groups and applied their connection finding skills to select their ingredients. It was fantastic to see them discuss their prior knowledge of the properties of these different ingredients to explain their choices, using scientific vocabulary as they went.

It was then time to head to the roof and try these out. Our first combination of vinegar and bicarbonate of soda created a lot of fizz although we were not convinced that it would react enough to burst out the top of our volcanoes.

Then came the moment that we were all waiting for...the diet coke and the mentos! It was... a bit fizzy. We decided that the coke had probably been open a bit too long and shaken too much for an effective reaction, so we'll be sure to use only the fizziest coke when we add these to our own erupting volcanoes. We can't wait!





## NEW MODULES IN P.E.

By Harry Brookfield, P.E. Teacher

And so after Chinese New Year holidays the new modules in PE have started. The PE team are busy identifying who the new Michael Jordan will be in the KS2 Basketball unit of work, and we are keeping a careful eye on who might be the next Babe Ruth in the KS2 T-ball module that runs alongside Basketball. The lesson practice will lend itself well to the forthcoming T-ball invitational event hosted by Bean Stalk International School (information will follow on this at a later date), and also it will give the FOBISIA Team some further practice too. In terms of the FOBISIA Team, Monday after school training started this week and the teams all set to task with great enthusiasm. They did a mixture of T-ball practice (batting and fielding) and football, working on passing and moving in small sided games playing on small pitches. This type of technical training will continue so that all players become more comfortable on the ball and will be highly confident when they arrive in Malaysia for the competition.

KS1 and Reception have also been equally as busy with their new modules of work. KS1 will be focusing upon indoor hockey – ball control, passing, shooting – and small ball skills. Already they have shown a great deal of competence with a hockey stick, recognizing the potential for harm when using such a piece of equipment and being very very careful in its use. In terms of small ball skills, the children have been demonstrating their dribbling abilities in football style training sessions, and their ball bouncing skills with the hand-balls – and some of the KS1 children are already capable of giving the KS2's a run for their money on this account. Reception meanwhile have been busy combining small ball skills work with an introduction to invasion games, and have enjoyed playing a bean bag stealing game, which has proved to be rather successful in their understanding of the nature of this type of sport in the PE curriculum.

## HEALTHY SNACK CAN MAKE A DIFFERENCE FOR YOUR CHILD

By Christine Armstrong, Deputy Headteacher

In Year 1 – 6 we allow children to bring a snack into school to have at break time. As well as breaks children may bring in a small snack for ASA days, and if they go home on the bus they may also have a snack before they get on the bus. This could mean that two days a week you are sending in 3 snacks for your child. Early Years is a little different and morning and afternoon snacks are provided in a more structured way for our youngest. As a school we encourage healthy snacks to be sent into school. They keep children going throughout the day and provide a small energy boost. Sending in the right snack to school can make all the difference for your child. We discourage sugary, high additive snacks from being sent into school. We love our pupils to have enthusiasm and energy but there is such thing as 'too much of the wrong kind of energy'. It's possible to see the 'sugar rush' kick in sometimes and attention spans, hyperactivity and behaviour are all very real effects of too much sugar. There are lots of healthy snack options for snack boxes and we really encourage them in school. Ideas include:

- Fruit eg tomatoes, apple, pear, banana
- Plain yoghurt
- Seeds eg pumpkin, sunflower
- Dried fruits eg mango, raisins, cranberries
- Cheese
- Seaweed
- Rice crackers or wholegrain crackers/bread
- Boiled egg
- Pretzels
- Vegetable sticks eg cucumber, carrots
- Dried Beans
- Cereal bars



Juilliard

DANCE  
DRAMA  
MUSIC



Be Ambitious



## Summer Performing Arts with Juilliard

**Date:** 9th – 22nd July 2016  
**Location:** Collège du Léman, Geneva, Switzerland  
**Age:** 10 – 18  
**Level:** Beginner, Intermediate, Advanced

Is your child a budding musician, dancer or actor? Our performing arts summer programme in collaboration with the world-renowned Juilliard School is the perfect opportunity for every child. The two-week immersive performing arts programme will be held at Collège du Léman, our prestigious boarding school situated on the shores of Lake Geneva, Switzerland. Your child will be inspired to explore and cultivate their creative talent through a unique programme designed by The Juilliard School and taught by Juilliard artists and guests.

**To find out more visit:** [www.naejuilliard.school/summer-arts](http://www.naejuilliard.school/summer-arts)



# UK Expats #YourVoteMatters

in the referendum on the UK's membership of the EU



Apply by post

At the 2015 General Election almost **106,000** people registered as overseas electors - the **highest number ever!**



Apply online

Register **sooner rather than later.**

If you aren't registered **you can't vote.**



It only takes **5 minutes**

## Do you qualify?

### **Overseas**

UK nationals who have been registered to vote in the UK within the last 15 years can register as overseas electors, to be able to vote in UK Parliamentary General Elections, UK-wide referendums, and European Parliamentary elections.

### **Declare**

You have to sign an annual declaration once you are registered to renew your registration every year. So if you were registered to vote for the 2015 General Election you will have to renew your registration with your local Electoral Registration Officer in the UK or register again.

### **Register**

You will need to know your National Insurance number and date of birth, and have your passport to hand if you have one. If you don't have a National Insurance number you can still register, but you may have to supply more information to show who you are.

### **Vote**

You can choose how you wish to vote. You can vote by post, by proxy (voting by appointing someone you trust to vote on your behalf), or even in person at your polling station.

[www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote)



## Reduce Stress and Stop Anxiety

Stress and anxiety are two very natural emotions which everyone has to deal with. However, when living as an expat these emotions can be heightened and lead to depression. To help keep you happy, International SOS invites you to a seminar on how to deal with stress and anxiety.

International SOS Psychologist Dr Claudine Hyatt will talk about:

- Types of stress and anxiety
- Symptoms of stress and anxiety
- Coping with stress and anxiety

This calming seminar addresses these symptoms and also approaches different ways to control your anxiety or stress. This will help to reduce the effect that they have on you and avoid depression. The seminar will also discuss what to do if you do slip into depression and the services that are available.



**Dr Claudine Hyatt**  
Clinical Psychologist

Dr Claudine Hyatt has a broad experience in clinical psychology. She has worked in the USA and in Jamaica, facilitating individual, couple or group therapy for adults and children with a special focus on post traumatic disorders. She also provided integrated psychological assessment of children and adults, including learning disability and psycho-diagnostic assessments. She served as a guidance counsellor in the Jamaican Education System, and has many years of experience working with children and teens with various diagnostic presentations.

Dr Claudine Hyatt has taught as instructor in universities in the US and Jamaica, focusing on psychological assessment, anxiety disorders and personality development.

### Specialty and Interests:

- Psychological Assessment
- Posttraumatic Stress Disorder (sexual assault, combat, motor vehicle accidents, major surgery)
- Anxiety Disorders
- Learning disabilities

**Time: Tuesday, 23 February 2016, 10am - 11:30am**

**Complimentary event**

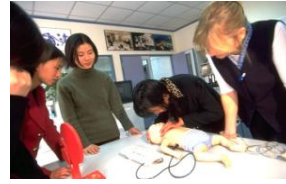
**Limited seating, please register: [seminar@internationalsos.com](mailto:seminar@internationalsos.com)**

**Location: International SOS Beijing Clinic**



**Follow us on Wechat!**

# First Aid Training



## Ayi & Driver First Aid Health and Hygiene Training 保姆及司机的急救培训

The goal of this package is to train and equip your Ayi or Driver to understand and provide family first aid, understand the basics of health and hygiene, and know how to react and inform in cases of emergency when you are not available.

此项培训课程的目的在于使您的保姆或司机具备家庭急救的常识和能力,了解健康及卫生的基本知识,并且能够独立地对突发医疗问题作出适当的反应并能正确地报警。

### COURSE PARTICIPANTS WILL RECEIVE: 参加人员将得到:

- A full day course, performed at International SOS training center;  
在国际 SOS 培训中心进行一天的急救培训。
  - Provided in Mandarin by a SOS medical staff specializing in First Aid, Health and Hygiene;  
由国际 SOS 资深人员用普通话教授急救及健康卫生知识。
  - Family First Aid (including CPR training for infants, children and adults), recognizing emergencies, responding to an emergency, who to contact, and how to provide basic medical care;  
家庭急救(包括对成人,儿童,婴儿进行人工心肺复苏的方法步骤,紧急医疗事件的识别和反应,正确进行报警,正确进行初期急救。
  - Key points of Personal Hygiene and Food Hygiene;  
个人卫生与食品卫生注意事项。
  - Participants are required to wear casual clothes and shoes for trying the CPR practice.  
参加培训的学员需穿宽松衣服及鞋子以方便参加心肺复苏练习环节。
- ★ Certificates upon attendee's completion.  
课程结束后颁发证书。
- ★ Beverage provided – Lunch not provided  
提供饮料 – 午饭不包含在内。

Beijing International SOS Clinic  
Suite 105, Wing 1, Kunsha Building  
No.16 Xinyuanli,  
Chao Yang District, Beijing 100027  
Tel: 010 6462 9112

北京市朝阳区新源里16号琨莎中心1座105 邮编: 100027  
电话: 010 6462 9112

