

# November Lunch Menu



## Week 1

Monday | November 6

Tuesday | November 7

Wednesday | November 8

Thursday | November 9

Friday | November 10

Option 1	Daily Food Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	PD Day No school for students	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station
	Hot Food	Hot Food	Hot Food	Hot Food		Hot Food
Option 2	Soups / Vegetables	Potato Cream Soup	Steamed bok choy w/ bean curd	Vegetable Cream Soup		Soup Broth
	Main Dish	Baked Lasagna	Steamed chicken w/ Chinese herbs	Chicken Fingers		Hainanese Chicken Rice
	Rice / Potato	Garlic Bread	Steamed Rice	Fried Potatoes		Hainanese Chicken Rice

### Snacks

Sandwich / Bakery / Fruit	N/A	Moon Pizza / Dim Sum	Chicken S/W / Dim Sum		Minced Chicken on Bread / Dim Sum
Cereals	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk		Selection of Cereals with Fresh Milk
Juices	N/A	Juices	Juices		Juices

## Week 2

Monday | November 13

Tuesday | November 14

Wednesday | November 15

Thursday | November 16

Friday | November 17

Option 1	Daily Food Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station
	Hot Food	Hot Food	Hot Food	Hot Food	Hot Food	Hot Food
Option 2	Soups / Vegetables	Breaded Chicken	Tomato Cream Soup	Vegetable Cream Soup	Fried Morning Glory w/ Oyster Sauce	Soup Broth
	Main Dish	Baked Lasagna	Breaded Chicken Wing	Chicken Fingers	Pork Paklao (Stewed Pork w/ Chinese Herb)	Hainanese Chicken Rice
	Rice / Potato	Garlic Bread	Garlic Bread	Fried Potatoes	Steamed Rice	Hainanese Chicken Rice

### Snacks

Sandwich / Bakery / Fruit	N/A	Moon Pizza / Dim Sum	Chicken S/W / Dim Sum	Chicken Wrap / Dim Sum	Minced Chicken on Bread / Dim Sum
Cereals	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk
Juices	N/A	Juices	Juices	Juices	Juices

## Week 3

Monday | November 20

Tuesday | November 21

Wednesday | November 22

Thursday | November 23

Friday | November 24

Option 1	Daily Food Station		Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station
	Hot Food		Hot Food	Hot Food	Hot Food	Hot Food
Option 2	Soups / Vegetables		Tomato Cream Soup	Vegetable Cream Soup	Fried Morning Glory w/ Oyster Sauce	Soup Broth
	Main Dish		Breaded Chicken Wing	Chicken Fingers	Pork Paklao (Stewed Pork w/ Chinese Herb)	Hainanese Chicken Rice
	Rice / Potato		Garlic Bread	Fried Potatoes	Steamed Rice	Hainanese Chicken Rice

### Snacks

Sandwich / Bakery / Fruit	N/A	Moon Pizza / Dim Sum	Chicken S/W / Dim Sum	Chicken Wrap / Dim Sum	Minced Chicken on Bread / Dim Sum
Cereals	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk
Juices	N/A	Juices	Juices	Juices	Juices

## Week 4

Monday | November 27

Tuesday | November 28

Wednesday | November 29

Thursday | November 30

Option 1	Daily Food Station	Noodle Soup Station Fried Noodle Station Asian Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	Noodle Soup Station Fried Noodle Station Fried Rice Station Pasta Station	
	Hot Food	Hot Food	Hot Food	Hot Food	Hot Food	
Option 2	Soups / Vegetables	Potato Cream Soup	Tomato Cream Soup	Vegetable Cream Soup	Fried Morning Glory w/ Oyster Sauce	
	Main Dish	Baked Lasagna	Breaded Chicken Wing	Chicken Fingers	Pork Paklao (Stewed Pork w/ Chinese Herb)	
	Rice / Potato	Garlic Bread	Garlic Bread	Fried Potatoes	Steamed Rice	

### Snacks

Sandwich / Bakery / Fruit	N/A	Moon Pizza / Dim Sum	Chicken S/W / Dim Sum	Chicken Wrap / Dim Sum	
Cereals	N/A	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	Selection of Cereals with Fresh Milk	
Juices	N/A	Juices	Juices	Juices	

\* All options are served with *reggies* and *fruit* portions.

# Bon Appétit!