sodexo

Nord Anglia International School - May 2017



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	Monday 1 Mov			Tuesday			Wednesday			Thursday 4-May			Friday
	1-May			2-May			3-May	A	٩	Teriyaki Chicken Steak with Rice	A	è	5-May Roasted Chicken 'Mexican Style' with Rice
SCHOOL HOLIDAY								в	Ŕ	Spaghetti Bolognaise	в	Í.	Fried U-Don with Pork Loin
								с	-	Egg Mayo Sandwich	с	-	Greek Salad
	Monday			Tuesday			Wednesday			Thursday			Friday
	8-May			9-May			10-May			11-May			12-May
	Roasted Chicken Wings with Rice	A		Braised Sliced Pork with Mushroom and Sweet Corn with Penne	A	٩	Chicken with Onion Sauce with Rice	A	٩	Chicken Steak 'Japanese Style' with Rice	Α	<u>م</u>	Teriyaki Fish with Rice
	Vegetable Lasagna (with egg)	в	Ŕ	Hamburger with Potato Wedges	в	-	Sweetcorn Macaroni Cheese	в	کر این	Hot Dog with Mashed Potato	в	Ŕ	Spaghetti Bolognaise
â	Ham and Cheese Sandwich	С	-	Mixed Beans Salad	С	Ş	Tuna Fish Sandwich	с	-	Veggie Salad	С	-	Avocado,Lettuce & Tomato Sandwi
	Monday			Tuesday			Wednesday			Thursday			Friday
	15-May			16-May			17-May			18-May			19-May
	Roasted Chicken 'Mexican Style' with Rice	A	ä	Pork Loin with Gravy with Rice	A	Ŕ	Stew Eggplant with Beef with Rice	A	٩	Chicken Steak with Tomato Sauce with Rice	Α	Â	Honey Glazed Pork Loin with Rice
Ŕ	Sauteed Vegetables with Beef with Penne	в	-	Penne Napoleon	в	I)	Pork Chop Cutlet Bun with Mashed Potato	в	1	Spaghetti Bolognaise	в	ê.	Hog Dog with Potato Wedges
	Potato Salad	С	6	Turkey Sandwich	с	-	Chef's Garden Salad	с	-	Tomato and Cheese Sandwich	С	-	Greek Salad
	Monday			Tuesday			Wednesday			Thursday			Friday
	22-May			23-May			24-May			25-May			26-May
٩	Roasted Chicken Wings with Rice	A	Ċ.	Char Siu(BBQ) with Rice and Vegetables	A	Ŕ	Beef Steak with Onion Sauce with Rice	A	ä	Sweet and Sour Pork with Rice	A	Ŕ	Braised Eggplant with Minced Bee in Chu Hau Sauce with Rice
Ş.	Fish Fillet with Tomato Sauce with Penne	в	٩	Chicken Steak with Mushroom Sauce with Spaghetti	в	Ş	Fish Bun with Potato Wedges	в	-	Thai Potato Curry (not spicy) with Penne	в	â	Pork Chop Cutlet Bun with Mashed Potato
-	Egg Mayo Sandwich	с	-	Veggie Salad	с	-	Tomato, Cucumber & Cheese Sandwich	с	A	Roasted Beef Salad	с	-	Avocado and Cheese Sandwich
	Monday			Tuesday			Wednesday			Thursday			Friday
	29-May			30-May			31-May						
					A	ð	Braised Potato with Chicken with Rice						
	CPD DAY		ΤU	EN NG FESTIVAL	в	Ŕ	Spaghetti Bolognaise						
					С	-	Potato Salad						

Please note :

1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.

2 The price for each lunch option is \$33 (Received payment on or before 21 April 2017) / \$35 (Received payment after 21 April 2017)

Payment Details :

1 Please make a crossed cheque payable to : Sodexo (HK) Ltd

2 Please write your child's name, class and a contact phone number at the back of the cheque.

Choose often - Contains low levels of fat Good Choice - Contains moderate amount of fat On Occasion - Contains high level of fat

*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day. The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : ______ Class : _____ Contact Number : _____ Contact Email : _____ Cheque Number : _____