



**BRITISH
INTERNATIONAL
SCHOOL**
HANOI
A NORD ANGLIA EDUCATION SCHOOL



YEAR 2-13 MENU FROM 2.04.18 TO 13.04.18

V= VEGETARIAN

DATE	MORNING SNACK (Y2-Y6 Only)	LUNCH				
		ASIAN Served with Steamed Rice	WESTERN	SIDE DISHES	NOODLE SOUP	SALADS & FRESH FRUITS Changes Daily
MONDAY 2/4/2018	Fresh Fruits & Milk	Baked Fish in Curry sauce Braised Tofu & Mushrooms V	Creamy Lemon & Thyme Pork Pasta with Paprika Marinara V	Greek Potato Hash Sautéed Vegetables	Minced Chicken & Vegetable	Assorted Salads & Fresh Fruits
TUESDAY 3/4/2018	Fresh Fruits & Milk	Honey Glazed Thai Chicken Vegetable Pad Thai V	Pan Fried Fish with Tomato & Basil Creamy Vegetable Gratin V	Roasted Baby Potatoes Carrots & Broccoli	Grilled Pork & Vegetable	Assorted Salads & Fresh Fruits
WEDNESDAY 4/4/2018	Fresh Fruits & Milk	Chinese BBQ Pork Stir Fried Tofu & Vegetables V	Chicken, Mushroom & Spinach Lasagna Breaded Zucchini & Tomato Gratin V	Herbed Potatoes Sautéed Green Beans	Beef & Vegetable	Assorted Salads & Fresh Fruits
THURSDAY 5/4/2018	Fresh Fruits & Milk	Steamed Fish with Ginger & Soy Stir Fried Noodles with Tofu V	Pork with Pepper Sauce Ratatouille V	Sautéed Potatoes Mixed Vegetables	Roast Chicken & Vegetable	Assorted Salads & Fresh Fruits
FRIDAY 6/4/2018	Fresh Fruits & Milk	Stir Fried Chicken with Hoisin Braised Tofu with Broccoli V	Fish Fingers Pasta Alfredo V	Hand Cut Chips Grilled Corn	Minced Pork & Vegetable	Assorted Salads & Fresh Fruits

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		ASIAN Served with Steamed Rice	WESTERN	SIDE DISHES	NOODLE SOUP	SALADS & FRESH FRUITS Changes Daily
MONDAY 9/4/2018	Fresh Fruits & Milk	Korean Beef Stew Stir Fried Noodles & Tofu ✓	Roast Chicken & Gravy Vegetable Gratin ✓	Roasted Baby Potatoes Carrots & Broccoli	Pork & Vegetable	Assorted Salads & Fresh Fruits
TUESDAY 10/4/2018	Fresh Fruits & Milk	Sweet & Sour Chicken Braised Tofu with Mushrooms ✓	Pork Casserole Creamy Vegetable Pasta Bake ✓	Sautéed Potatoes Mixed Vegetables	Grilled Fish & Vegetable	Assorted Salads & Fresh Fruits
WEDNESDAY 11/4/2018	Fresh Fruits & Milk	Caramelised Grilled Pork Stir Fried Vegetables ✓	Chicken Cacciatore Ratatouille ✓	Cheesy Baked Potatoes Green Beans	Beef & Vegetable	Assorted Salads & Fresh Fruits
THURSDAY 12/4/2018	Fresh Fruits & Milk	Stir Fried Chicken & Vegetables Tofu Kung Pao (no nuts) ✓	Fish Pie Roasted Vegetable Pasta Bake ✓	Sautéed Green Vegetables	Grilled Pork & Vegetable	Assorted Salads & Fresh Fruits
FRIDAY 13/4/2018	Fresh Fruits & Milk	Braised Fish with Lemongrass Sautéed Noodles with Vegetables ✓	Pork Mexican Vegetable Chilli ✓	Potato Wedges Grilled Corn	Chicken & Vegetable	Assorted Salads & Fresh Fruits