



Friday 18th September 2015



Well done to all for playing some superb football...

A BUSY AND EXCITING WEEK IN BSB SANLITUN

By David Laird, Principal

Dear Parents,

Welcome to the third weekly newsletter. Contained in this newsletter you will find some lovely articles from teachers about the wonderful work that is going on in classes.

In addition to this, I would like to personally thank the PA for all their hard work setting up the Parent Welcome Party. Despite the weather, all families seemed to enjoy themselves. It was good to speak to so many of you at the event. I would continue to encourage you to pop into the office and say hello. I finally feel like I am starting to make major headway in learning the names of everyone and it really helps when you introduce yourself to me.

Please be reminded that we finish for mid-autumn festival at the end of next week. Students will be expected back at school on Wednesday 7th October in winter uniform.

Have a great weekend and we will see you next week.

Kind regards,

David Laird





UPCOMING EVENTS

21st - 25th September
House Music Week

28th September - 6th October
School Closed
for National Holiday

7th October
First Day Back to School
in Winter Uniform

8th October
Year 1 Trip to Lama Temple

9th October
Flu Vaccination

13th October
PA Meeting
9.30am @ Primary Campus

KS2 Pastries with Parents
@ Primary Campus Hall
8.15am - 8.45am

14th October
KS1 Pastries with Parents
@ Primary Campus Hall
8.15am - 8.45am

Reading & Phonics
Workshop for KS1 Parents
9am @ Primary Campus

15th October
Pastries with Parents
for Reception
@ Primary Campus Hall
8.15am - 8.45am

OWL BABIES!

By Maddison O'Beirne, Reception Dolphins Class Teacher

In reception we have been reading the story 'Owl Babies,' as part of our new topic: Going on a journey. The children have been having great fun travelling around the hall like owls hunting through the night, stretching their wings and swooping through the space. They've been really busy building homes for the baby owls too, from materials around the classroom. In the story, the baby owls are scared, because their mummy has gone missing! The dolphin class did a great job of protecting them in their newly built nests and helped them with chanting out 'I want my Mummy!'



Noam's wonderful painting



Gabriel's excellent owl mask

Throughout the week, the dolphins have been practicing a range of artistic skills including painting, cutting and gluing, which requires lots of concentration! They created their own baby owl paintings-on black paper, using sponges and dry brushes to create a feathery look. The Dolphins then made their own owl masks and puppets, which they used to retell the story.

The children have really enjoyed making their own baby owls, ready for our brand new display. They each used a range of materials including: felt, paint, cotton wool, glitter and beautiful feathers to decorate their owls, creating a really fluffy texture. I think you will agree they look very cute! So do come along to see them all reunited with mummy owl in the reception corridor.





EAL AFTER THE HOLIDAYS

By Keith Olive, EAL Specialist Teacher

Well, of course we discussed the holidays at the start of term, but then we quickly got on to other things. This is a snapshot from the last two weeks.

Year 1 started working in pairs asking and answering questions focussing on action words (verbs) such as: 'What is he doing?' 'He is singing.' 'What is she doing?' 'She is drawing.' 'What are they doing?' 'They are counting.'

Year 2 retold the story of 'The Water Hole' using finger puppet characters where everyone gets splashed with muddy water by Elliot the Elephant, who slides down a hill into the water: 'wheeeee!!'



Year 2 - Around the Water Hole with Puppets.



Year 3 - One pyramid stone is as big as an elephant.

Speaking of elephants, Year 3 discussed facts about the pyramids. Did you know that many of the 2 million stones that go to make up one of the great Pyramids of Giza, each weighs as much as an elephant?

Egypt and the pyramids was one of the five stopping off points that Y4 made on their planned trip around the world. It is difficult to decide where to go, how to travel and what to do when you could go anywhere!

I couldn't resist putting in the picture of Gabriel enthusiastically writing his name in pictures: **G**orilla, **A**pple, **B**anana, **R**ocket, **I**gloo, **E**nvelope, **L**eaf. How can you tell that he is concentrating hard? What's your name in pictures?



COLOURS ALL AROUND!

By Jonathan Dove, Nursery Rainbow Fish Class Teacher



In Rainbow Fish class we have been super busy exploring colours. We have noticed that if we mix two or more colours together then we can make a new colour. The children have created some wonderful handprint colour sums, such as, red + yellow = orange. The children have made a fantastic display so they can take pride in their work and see how lovely their painting was and remember how they changed the colours.

Another way the children explored different colours was through using technology. By selecting different colours on the Interactive Whiteboard it was clear to see that we could change the background colour or mix the colours together. We love singing our Rainbow song and many children already comment on their favourite colour and why.





TALK LIKE AN EGYPTIAN

By Kirsty McCarra, Year 3 Parrots Class Teacher

In year 3 this week, children have been learning not only how to walk like an Egyptian (which in fact many of the Parrots have already mastered!) but also talk like an Egyptian.

The children have been researching various aspects of the day to day lives of people who lived in the time of Ancient Egypt. While some groups looked into the kinds of food they may have eaten and how they prepared it, others learned about the pets they typically had and how they even considered them to be magical. Homes, fashion, cosmetics and entertainment were all also areas that children explored through a combination of reading comprehension, research in books and using child-friendly websites.



Once the children had become 'experts' in their areas, they then went on to share their information with those in their group so that each individual had something to learn and something to teach. The children then adorned the 'Ancient Egyptian Headdress' to be transformed into an Ancient Egyptian. Whilst in character, the rest of the class asked them relevant (a word we have been speaking about a lot this week!) questions to glean as much information as possible. It was fantastic to see the confident way that selected children presented their findings in front of their class whilst simultaneously staying in character!

To record these findings, the children have been creating 'Chatterpix' on the ipad. This fantastic app allows the children to select a portrait of an Ancient Egyptian person and make them speak through the magic of technology! The children loved using technology to record their findings and have loved sharing them with others even more. A great week in Year 3!

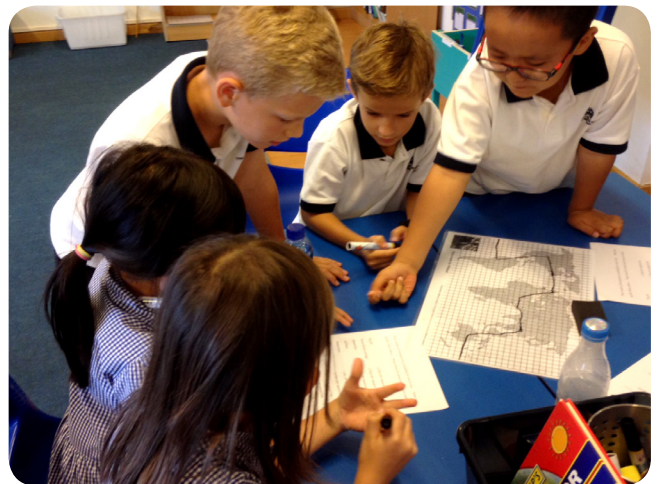


FIRST STOP.....PARIS!!!

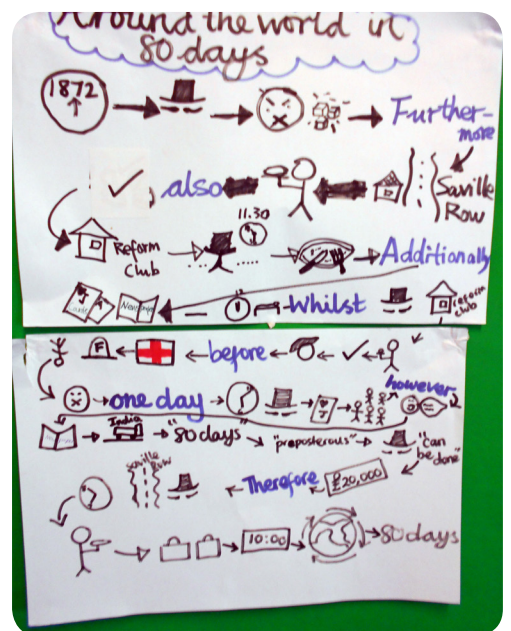
By Beth Dopson, Year 4 Herons Class Teacher

To kick start our topic about Around the world in 80 days we had a visit from our very own Victorian gentlemen, Phileas Fogg, who bared a remarkable resemblance to our very own Mr Laird! He told us all about the bet Phileas Fogg's had made at the Reform Club and asked the children to help plan a journey for him around the world, through all the continents in 80 days.

The children then set to work planning the journeys in groups, and they wrote a persuasive letter to him to encourage him to choose their particular routes. We then used the beginning of the story to create a story map to enable us to retell the story. Next we began to change one thing to make the story different. Our next challenge is beginning on Monday, when we will begin the countdown of 80 days to travel around the world. Throughout the term we will be visiting all the continents of the world and learning about the art, culture and history of the countries in those places.



Year 4 had a visit from Mr Phileas Fogg



Story maps by Year 4 Herons



U9 MATCH REPORT @ HARROW

By Rachel Spencer, Head of P.E.

On Wednesday the under 9's played in the football exchange at Harrow. BSB Sanlitun attended with 2 boys' teams and 1 girls' team. It was a busy, yet fun day of football with each team playing 4 matches. The boys A team won all 4 of their matches scoring 30 goals overall in the tournament and only had 4 conceded against them. They beat Daystar A 11-1, Harrow B 9-2, BIBA A 5-0 and BCIS B 3-1. The boys played extremely well and remained modest about their victories.

The boys B team won 2, drew 1 and lost 1. The team started with a 1-0 defeat against Daystar B but the boys kept their heads high and continued to stay focused. The next match was a very even match against BCIS A with a 1-1 final score. This gave the boys the confidence they needed to go on and beat BIBA B 2-0 then finished off their final game against YCIS, again with a 2-0 victory. The boys' football and confidence got stronger and stronger throughout the day and they all displayed a good sporting attitude both on and off the pitch.

The girls' team won 1, drew 2 and lost 1. The tournament started with a 4-1 win for our U9 girls' team against BCIS. The second match was very close but they conceded a goal in the final few minutes with a score of 1-0 against BIBS. The third and fourth matches against Harrow and BIBA were again very close with both matches ending in a 1-1 final score.





U11 MATCH REPORT @ BCIS

By Harry Brookfield, P.E. Teacher

The morning appeared dull and grey with a layer of pollution hanging over the city. But nature has to do a lot worse than this to dampen the spirits of Team BSB Sanlitun! Three teams of U11 footballing legends assembled in an orderly fashion in the gym at 9.20am to embark on another journey to Beijing City International School (BCIS) and participate in the yearly JISAC Football Exchange held there.

The journey was all about tactics. Who would play where, who would be goalkeeper – and who had forgotten their socks and shin-pads! It was a great journey, the children in the teams who had played the tournament last year telling their stories of prior success. Everyone was eager to get to BCIS and create new tales to tell for the future.



The competition at this year's exchange was high. Our Boys A-Team, comprising the Year 6 boys, had four difficult matches to play. They were captained by one of the two new School Sports Captain's, Seiya Kakita, who led by example. He took the role of defensive anchorman and spent every match tirelessly running up and down the field, supporting, attacking and defending. He was helped by Ben Aurel Nels-Gstattenbaur in goal, and together they formed a great defensive partnership. The cohesion of the team resulted in 2 wins, 1 draw and 1 loss. The unluckiest player of the tournament was Edgar Kitokezi who hit the post with a fine chance!



U11 MATCH REPORT @ BCIS CONTINUED...

By Harry Brookfield, P.E. Teacher

BSB Sanlitun girls' team took to the stage with emphatic style. Led by our other new School Sports Captain, Manon Dodet, the girls worked very well together. They remembered how to play as a team, attacking and defending as one. This fantastic display of teamwork led to 3 wins and only 1 loss! They really played well and were great to watch.



Finally, the Boys B-Team gave us a little hint of hopefully more to come. A powerful partnership from Gaspar Cortes Thonon and Archie Carlin netted a haul of goals, all taken in fine style. They read each other as though they had been playing together for years – but in fact this was their first time on a field; Archie has only just arrived from The British school of Guangzhou! He showed excellent composure in his finishing and in one game scored a terrific hat-trick. The defense of the boys B team was equally as solid, led by Kevin Li, who, in moments, resembled a young Graeme Souness, stamping down his authority at every opportunity.

Although the Football Exchange is a display of soccer skills, above all, it is about having fun and playing sport in a friendly fashion. Our children did this remarkably well and were a great reflection of everything that we try to teach them at BSB Sanlitun. The teams supported each other, at the end of every match our children were the first to shake hands with the opposition and they all left with big smiles on their faces. Mr Jay and I were very proud coaches indeed! Well done to all the U11 teams from BSB Sanlitun!

Parentcraft Classes at International SOS



Providing parents and parents-to-be with an understanding of baby and children's needs, International SOS' child specialists bring you informative classes on the following topics:

10 SEPT, 2015

Birth Preparation and Post-Partum Issues

- Getting ready for labour, delivery and the early post-partum period
- Stages of labour, pain management options
- The first days – what to expect

Dr Alejandra Mora presenting

17 SEPT, 2015

Newborn Care and Breastfeeding (0-3 months)

- First appointments and checkups
- Common conditions in newborn babies
- Breastfeeding techniques and tips

Dr Sonia Bourreau presenting

24 SEPT, 2015

Nutrition for Mums, Babies and Toddlers

- Breastfeeding & formula
- Nutrition guidelines for babies and older children, age appropriate solids
- Pregnant and new mom's nutrition
- Food and mood

Stella Chan Marinaro presenting

8 OCT, 2015

Sleep Basics for Babies and Young Children (0-5 yrs)

- Settling techniques, establishing good sleeping habits
- SIDs awareness
- Sleeping issues

Dr Stephanie Teoh presenting

15 OCT, 2015

Starting Good Eating Behaviours (6-36 months)

- Food allergies and sensitivities
- Introducing solids
- How to establish good meal time habits
- Dealing with fussy eaters and tantrums at meal times

Dr Stephanie Teoh presenting

22 OCT, 2015

Getting Back in Shape After Birth & Baby Massage

- Avoid and treat new mum injuries
- Strengthening the core
- Introduction to the benefits and techniques of massaging an infant

Physio team presenting

29 OCT, 2015

Toddler Taming Part 1 (6-36 months)

- Positive parenting strategies
- Understanding child developmental and behavioural differences
- How to be a HELPER parent

Dr Stephanie Teoh presenting

5 NOV, 2015

Toddler Taming Part 2 (6-36 months)

- Focuses on "discipline" strategies to encourage positive values and relationships,
- Common behavioural issues such as tantrums, aggression, sharing issues

Dr Stephanie Teoh presenting

12 NOV, 2015

Toilet Training

- Recognizing signs of readiness
- Preparing your child for this milestone
- Common challenges

Dr Stephanie Teoh presenting

19 NOV, 2015

Building Emotional Resilience in Toddlers

- Why is emotional resilience important?
- How to build self-esteem, coping skills and emotional strengths

Dr Stephanie Teoh presenting



Dr Stephanie Teoh
Family Physician and
Child Specialist



Dr Sonia Bourreau
General Practitioner



Dr Alejandra Mora
Gynecologist



Stella Chan Marinaro
Nutritionist



Annette Oevermann
& Physio team

Time: 10:00am - 12:00pm

Location: International SOS Beijing Clinic

Cost: Complimentary

For more information or to reserve: seminar@internationalsos.com





Day Star

Health Talks 2015/2016

(When) Do I need to see a Doctor?

Knowing when you should see a doctor is an important factor in your child's overall health. Our physician will help you to learn the signs to look for. Focus will be on how to manage a fever, diarrhea or vomiting.

Sleep Habits in Children

Good sleep habits are an important factor in staying healthy. This talk focuses on children between the ages of 3 and 10. Join this discussion to learn more about the importance of sleep on your child's learning and overall health.

Helping Children with Behavior Problems

This presentation is focused on understanding the problems underlying childhood behavior problems in order to respond in ways that help children manage their feelings and impulses.

Building Healthy Relationships with your Children

This presentation is based on which factors contribute to long-term healthy relationships between parent and child, why parents need to matter more to kids than their peers, and what parents can do to repair relationships with their children.

Build Great Kids by Doing the Little Things

Scientific research shows that children's psychological security has a significant impact on their development, including self image, academic performance, interpersonal relationships and future parenting. Children develop this security through their daily interaction with parents and caretakers. Discussion includes tips on how and what little things can do to help foster and grow psychological security in their children.

Helping Your Child Through Distress

It is not always easy to guide your child through a distressful situation. As a parent you want to fix things for your child. Rather than solve problems for your children, join this discussion and learn good listening and distressing techniques.

Oral Health

Join a discussion with a Pediatric Dentist to learn more about good oral health for your children. Oral health is a key factor in overall health. Building good habits in children is essential and will provide a lifetime of benefits.



United Family Healthcare
和睦家医疗

Food Safety and Basic Nutrition

You are what you eat! Take charge of your eating. Pay attention to nutrition and food safety issues. Discussion focuses on ways to protect your family from toxins and lead a healthy lifestyle.

Mindfulness

Feeling stressed? Is life moving too quickly? Do you forget to celebrate the simple things in life? Come to an interactive workshop, with a team from BJU, to learn how the practice of Mindfulness can help you approach and enjoy your life in a whole new way. Mindfulness is just one of many techniques recommended by healthcare professionals.

Pollution

Discussion will center on understanding the issues related to indoor as well as outdoor pollution. What can we do to protect ourselves and take care of our families while living in Beijing? Discussion includes understanding PM2.5, why Ozone levels matter and what to look for in a mask and proper fit details.

TCM and more natural ways of dealing with your health

Talks can be tailored to specific requests. Please ask for further details.

Additionally we have Pediatric or Family Medicine health talks on basic subjects such as common pediatric immunization questions, other childhood disease or developmental milestone topics. Talks can be tailored based on a specific request.

Language: Chinese or English.