



Lunch Menu, week beginning 21st August, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Asian	Spinach Egg Soup Braised Pork Vegetables Poached Sichuan Cabbage (Gai Cai) Rice	Seafood Soup Gongbao Chicken German Sour Cabbage Rice	Winter-Melon Dry Shrimp Soup Fried Sliced Chicken Black Pepper Sauce Cauliflower & Tomato Sauce Rice	Zucchini Egg Soup Roasted Chicken Thai Style Bok Choy & Mushroom Rice	Noodle Vegetable Soup Sautéed Chicken Mushroom & Vegetables Sweet Corn Rice
Western	Mushroom Soup Hawaiian Chicken Sweet-Corn & Peas Fussili Tomato Provence Sauce	Minestrone Soup Spaghetti Bolognese Sauce & Mushroom Sauce Vegetable Spring-Roll Broccoli & Carrot	Creamy Carrot Soup Roasted Pork Honey Mustard Sauce Rice Spinach & Onion	Spinach Soup Italian Sausage Pizza & Cheese Pizza Green Pea & Carrot Rice	Green Pea Soup Grilled Fish Lemon Butter Sauce Grilled Vegetables Rice
Vegetarian	Baked Vanilla Tomato	Vegetarian Spring Roll	Vegetable Pancake	Vegetable Curry	Vegetable Lasagna
Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Bread	Daily Bread	Daily Bread	Daily Bread	Daily Bread	Daily Bread
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt