



# Medical Care

## Conjunctivitis

### WHAT IS IT?

Conjunctivitis literally means inflammation of the eye. It can be caused by a bacterial infection, a virus or sometimes an allergic reaction.

### SIGNS AND SYMPTOMS

- The white of the eye will be red
- The eye may feel gritty
- There may be a watery or yellow discharge
- Eyelid may be swollen
- Infection often travels to the other eye

### TREATMENT

- Topical antibacterial drops are given if it's a bacterial infection
- A Viral infection will clear up on its own
- A visit to the GP is required to determine whether it is bacterial or viral.

### PREVENTION

- Most commonly it is spread by direct contact with the discharge from the eye or the upper respiratory tract of the infected person.
- Do not share clothing, towels, wash cloths, pillows or eye makeup applicators.
- Ensure good hand washing.
- School Policy:
- Child can return to school 24 hours after have been treated with anti-bacterial eye drops or as per doctors instructions.