

Monday		Tuesday		Wednesday		Thursday		Friday	
7-May		8-May		9-May		10-May		11-May	
Public Holiday		A	Potato and Beef Curry with Rice (Not Spicy)	A	Teriyaki Fish with Corn Rice	A	Braised Potato and Chicken with Rice		
		B	Chicken with Cheesy Cream Sauce with Penne	B	Meatballs with Tomato Sauce with Spaghetti	B	Fried Ramen with Seafood		
		C	Egg Mayo Sandwich	C	Greek Salad	C	Avocado and Cheese Sandwich		
Monday		Tuesday		Wednesday		Thursday		Friday	
14-May		15-May		16-May		17-May		18-May	
A	Eggplant with Beef with Rice	A	Sauteed Chicken with Vegetables with Wild Rice	A	Char Siu (BBQ Pork) with Scrambled Egg with Rice	A	Sweet and Sour Pork with Corn Rice	A	Sauteed Beef with Cabbage with Rice
B	Fried Noodle with Shredded Chicken	B	Penne Napoleon	B	Chicken Cabonara with Spaghetti	B	Sweetcorn Macaroni Cheese	B	Bacardi Pork Loin with Penne
C	Chef's Garden Salad	C	Ham and Cheese Sandwich	C	Potato Salad	C	Chicken Sandwich	C	Veggie Salad
Monday		Tuesday		Wednesday		Thursday		Friday	
21-May		22-May		23-May		24-May		25-May	
A	Teriyaki Chicken with Rice	A	Sweet and Sour Fish with Wild Rice	A	Thai Potato Curry with Rice (Not Spicy)	A	Beef Stroganoff with Corn Rice	A	Chicken Balls with Garlic in Abalone Sauce with Rice
B	Spaghetti Bolognaise	B	Chicken A La King with Penne	B	Meat Lasagna	B	Fried U-Don with Vegetables	B	Vegetarian Singapore Noodles (No Egg)
C	Tomato and Cheese Sandwich	C	Potato and Egg Salad	C	Turkey Sandwich	C	Chicken Salad	C	Roasted Beef Sandwich
Monday		Tuesday		Wednesday		Thursday		Friday	
28-May		29-May		30-May		31-May			
A	Potato & Vegetables Curry with Rice (Not Spicy)	A	Char Siu (BBQ Pork) with Scrambled Egg with Wild Rice	A	Yang Zhou Fried Rice	A	Chicken Tandoori with Corn Rice		
B	Vietnamese Style Beef with Penne	B	Beef with Mushroom and Tomato with Spaghetti	B	Chicken Cabonara with Penne	B	Spaghetti Bolognaise		
C	Ham and Cheese Sandwich	C	Veggie Salad	C	Egg Mayo Sandwich	C	Chef's Garden Salad		

Please note :

- 1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- 2 The price for each lunch option is **\$33 (Received payment on or before 27 April 2018) / \$35 (Received payment after 27 April 2018)**

Payment Details :

- 1 Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- 2 Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.

The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : _____

Class : _____

Contact Number : _____

Contact Email : _____

Cheque Number : _____