

# THE BRITISH INTERNATIONAL SCHOOL

Puxi, Shanghai

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**NORD  
ANGLIA**  
EDUCATION

HELPING OTHERS  
TO BE THE BEST  
THEY CAN BE

24 March 2014

**RE: INTERNATIONAL AWARD BRONZE TRAINING AND TRIP  
IA BRONZE TRAINING: 18-19 APRIL 2014  
IA BRONZE ADVENTUROUS JOURNEY: 25-27 APRIL 2014**

Dear Parent/Guardian,

Your son or daughter is currently involved in the International Award programme. As part of the programme, all students are required to successfully complete an adventurous journey. To help them succeed with this, we have organised a Bronze Adventurous Journey trip to Lin'an, located west of Hangzhou city, Friday 25 April until Sunday 27 April.

The journey will involve the students trekking and camping in some of China's untouched bamboo forest. They will set up their own campsites, cook their own food, navigate and carry their own equipment.

The anticipated cost is 1450 RMB. This price includes chartered bus transport to Lin'an, qualified instructors and insurance. This also includes training in first aid, wilderness survival & cooking. If you wish your son or daughter to take part, please complete the permission slip and medical form and return it with 1450 RMB in a sealed envelope, clearly labelled "IA Bronze Trip FAO Ms Boutette" to secondary reception, by Monday 14 April. Full details of the trip will follow, including transportation arrangements and departure and arrival times.

As part of the award, students are also required to participate in planning aspects of the trip as well as attend a pre-expedition training camp-out at BISS. For safety reasons, students without the required clothing or equipment or those who do not participate in the training may not be able to attend the trip to Lin'an. The training will take place from 5:00pm on Friday 18 March until 10:00am on Saturday 19 March, at the BISS secondary school campus. I have attached a list of required equipment for your convenience. The students are required to bring these items to the pre-expedition training to verify they are ready and prepared for the journey.

Please feel free to contact me if you have any questions at: [j-boutette@bisspuxi.com](mailto:j-boutette@bisspuxi.com).

Best wishes

Jacqueline Boutette  
International Award Coordinator

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## REPLY SLIP: INTERNATIONAL AWARD BRONZE TRAINING AND TRIP

Please return to secondary reception by Monday 14 April FAO Miss Boutette.

Student name: \_\_\_\_\_ Form: \_\_\_\_\_

I give my permission for my son or daughter to go to Lin'an on the International Award BRONZE Adventurous Journey 25– 27 April 2014.

- I have included 1450 RMB for the trip.
- I have included a copy of my son or daughter's passport.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## EMERGENCY INFORMATION

### **Medical Information**

Does your child suffer from any medical conditions that may require any medical treatment during the visit? **YES/NO**

*If yes, please provide details below:*

Has your child suffered from an infectious disease within the last 6 weeks? **YES/NO**

*If yes, please give details below:*

Does your child have any allergies? **YES/NO**

*If yes, please give details below:*

Is your child currently taking any medication? **YES/NO**

*If yes, please give details below:*

### **Medical Insurance**

Our child's medical insurance provider is \_\_\_\_\_

Policy number: \_\_\_\_\_ Phone number: \_\_\_\_\_

**\*\*Group medical insurance will also be provided.\*\***

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## **Emergency Contact**

Please provide details of the emergency contact who can be contacted by school in the event of an emergency during the visit. Contact Person 2 will only be used if the first person is unavailable.

### **Contact Person 1**

Name: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Telephone number(s): \_\_\_\_\_

### **Contact Person 2**

Name: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Telephone number(s): \_\_\_\_\_

## **PASSPORT INFORMATION – PASSPORT INFORMATION OF STUDENT**

Name (as written on passport): \_\_\_\_\_

Passport number: \_\_\_\_\_

Nationality of passport: \_\_\_\_\_

**\*\*Please attach a photocopy of your passport/ID for the booking of the train. \*\***

## **Chinese Visa**

Number: \_\_\_\_\_      Expiry Date: \_\_\_\_\_

**I agree that my son/daughter can receive the necessary emergency treatment should the need arise.**

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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## BRONZE ADVENTUROUS JOURNEY

### Equipment Check List

#### Each Student

- Flashlight and extra batteries  
(Headlamp is strongly recommended instead of a hand-held torch)
- Hat to provide sun protection
- Waterproof shell jacket with hood
- 1 wool or fleece sweater
- Shirts - long-sleeve, light weight
- T-shirts/Under-shirts - synthetic is preferable.
- Pants, full-length leg - no jeans
- Socks - several pairs in case it rains
- Underwear
- Comfortable good-grip and sturdy/supportive shoes or boots
- Extra pair sandals or trainers - no flip-flops
- Water bottle 1.5L - 2L
- Put a water-proof bag, like a garbage bag inside the bag to keep all belongings dry.
- Sleeping bag rated properly
- Sleeping mat
- Food for meals and snacks for hiking
- Backpack, approximately 65L - capable of having all supplies inside the bag  
(ONLY 1 backpack per student)
- Gloves and warm hat
- Long underwear/thermals
- Extra prescription glasses, contact lens & solution, medication if needed
- Personal hygiene products and toiletries
- Pen or pencil

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## **Group Equipment**

(To be divided fairly amongst members of their expedition groups)

- Sunscreen SPF 30 or higher, bug spray, sunglasses
- Toilet paper
- Cleaning materials for cooking pots

Continued...

- Tent - 2, 3 or 4 people per tent \*\* Tents can be provided if needed\*\*
- 2 cooking stoves per group and fuel (1.5 canisters per day)
- Cooking pots, eating utensils and cup/plate/bowl
- First Aid Kit - basic

## **Optional Items**

- Journal, reading book
- Camera in protective weather proof case
- Back-pack rain cover
- Lip-balm
- Mobile phones and iPods are strongly discouraged but may be taken only to be used on bus/train trip. They are not permitted during activities.
- Swimsuit