Canteen Menu

8th October - 12th October 2017 - Week 2

	Sunday	Meat Free Monday	Tuesday	Wednesday	Thursday
Salads and Baked potatoes	Fresh salads or baked potatoes served with a selection of items, baked beans/cheese/coleslaw/ tuna and mayonnaise	Fresh salads or baked potatoes served with a selection of items, baked beans/cheese/coleslaw/ tuna and mayonnaise	Fresh salads or baked potatoes served with a selection of items, baked beans/cheese/coleslaw/ tuna and mayonnaise	Fresh salads or baked potatoes served with a selection of items, baked beans/cheese/coleslaw/ tuna and mayonnaise	Fresh salads or baked potatoes served with a selection of items, baked beans/cheese/coleslaw/ tuna and mayonnaise
Soup of the day	Minestrone soup	Cream of mushroom soup	Vegetable soup	Lentil soup	Cream of chicken soup
Hot Meal Combo 1	Roasted Rack of Lamb	Breaded Fish with Tartar Sauce	BBQ Rib eye steak with mashed potatoes	Crispy Chicken Nuggets with with Jumbo fries	BBQ Oven Baked Chicken
Hot Meal Combo 2	Baked Penne with Cheese Sauce	Vegetable Enchilada	Penne arabiatta	Crispy vegetarian quesadillas with Jumbo fries	Vegetable Lasagne
Colorful Veggies	Corn, Peas & cherry tomato	Yellow capsicum , Carrots & peas	spinach & corn, Red Capsicum	Cheery tomato, Broccolis & cauliflower	Roasted Cauliflower with Salsa Verde
Special of the day	Stuffed Vegetables	Umali	Roasted berry tart	Bread and butter pudding	live cooking pancakes

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