



The Mini Hub Menu

20 – 24 Nov 2017	Meatless Monday	Tuesday	Wednesday	Thursday	Fun Friday
Sandwich Options	Tuna Chicken Egg mayonnaise(v) Ham Cheese(v)	Tuna Chicken Egg mayonnaise(v) Ham Cheese(v)	Tuna Chicken Egg mayonnaise(v) Ham Cheese(v)	Tuna Chicken Egg mayonnaise(v) Ham Cheese(v)	Tuna Chicken Egg mayonnaise(v) Ham Cheese(v)
Hot meal	Pasta with Nuts Free Pesto Seasonal Greens	Teriyaki Beef with Mix Vegetables Steamed Rice Seasonal Greens	Fish with Tomato Sauce Mashed Sweet Potatoes Seasonal Greens	Chicken Rice Seasonal Greens	Mini Hot Dog Potato Wedges Coleslaw
Vegetarian (Order upon request)		Beancurd with Vegetables Vegetable Rice	Potatoes with Asparagus Beans Steamed Rice Seasonal Greens	Fusilli with Tomato & Pumpkin Sauce Seasonal Greens	Stir-fry Mix Vegetables Steamed Rice
Fruit/vegetable plate	Vegetable sticks Seasonal Fruits	Vegetable sticks Seasonal fruit	Vegetable sticks Seasonal fruit	Vegetable sticks Seasonal fruit	Vegetable sticks Seasonal fruit
Dessert	Chef's Dessert	Chef's Dessert	Chef's Dessert	Chef's Dessert	Chef's Dessert
Drink	Water or Milk	Water or Milk	Water or Milk	Water or Milk	Water or Juice