



NORD ANGLIA EDUCATION UPDATES

By David Laird, Principal

Dear Parents

Welcome to the second weekly newsletter of the term. Contained in this newsletter you will find some lovely articles from teachers about the wonderful work that is going on in classes.

In addition to this, I would like to draw your attention to two Youtube links. The first is a message from our Chief Executive Officer about some of the developments going on in the Nord Anglia Education family. The second link is a report about the recent Global Orchestra visit to New York City. I would recommend that you have a look. They highlight the fantastic opportunities on offer for our students.

Have a lovely weekend.





UPCOMING EVENTS

11th September
PA Welcome Back Party
@ Primary Campus
5pm - 8pm

17th September
Individual Music Programme
Meet & Greet

16th - 18th September
Individual Photos
for Students

28th September - 6th October
School Closed
for National Holiday

7th October
First Day Back to School
in Winter Uniform

8th October
Year 1 Trip to Lama Temple

9th October
Flu Vaccination

13th October
PA Meeting
9.30am @ Primary Campus

KS2 Pastries with Parents
@ Primary Campus Hall
8.15am - 8.45am

14th October
KS1 Pastries with Parents
@ Primary Campus Hall
8.15am - 8.45am

YEAR SIX TAKING ON NEW RESPONSIBILITIES

By Elizabeth Jurgensen, Year 6 Eagles Class Teacher

With the new school year at BSB Sanlitun, we have a new group of children at the top of our school. As well as having a lot of learning to do they have additional responsibilities as the oldest children. Being a good role model is very important and the children are very keen to set a good example to the other children when they are in assembly and around school. They have the job of collecting and adding up House points every Friday from all of the classes so that the winning house can be announced in assembly on Monday. This task is completed in their own time. Year 6 also take on the mantle of House Captains and we are very pleased to announce our new House Captains for this year:

BLUE HOUSE: Sora Suzuki, June Kim

YELLOW HOUSE: Aaliyah Un, Edgar Kitokezi

RED HOUSE: Malia Pederson, Pei-Jen Chen

GREEN HOUSE: Ben R, Amy Jiang



In addition we have also elected two sports captains to lead BSB Sanlitun in our sport competitions - in school as well as out of school. They are **Seiya Kakita** and **Manon Dodet**.

We wish all of these children good luck and lots of fun in their new roles!

As the year progresses the children will be given additional responsibilities which I know they will relish and complete to a very high standard.





ALL ABOUT SETTLING IN IN OUR UNDER 3S PROGRAMME

By Claudia Valdes, Pre-Nursery Tadpoles Class Teacher

This week the Pre-Nursery team has been focused on settling in all of our children!

As you might know, separation anxiety is a very common occurrence especially in our programme as young children coming to school are worried about the un-known and what is going to happen and this is the reason why daily routines are so important in our classes.

Through repetition of events, children become able to anticipate what will happen next and that provides them with a sense of safety; some of the daily routines you will see in our classes would be: morning circle time, singing songs to get children to tidy up or wash their hands, how do we eat our snacks and lunch, times to play outdoors, etc.

In such short time it is incredible to see how fast they have adapted to their new settings and are slowly getting to understand the daily routines.



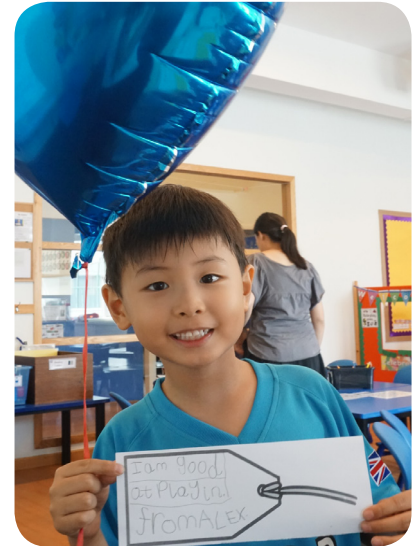


A 'WOW BALLOON' MOMENT IN YEAR ONE

By Louise Bateman, Year 1 Leopards Class Teacher

Year 1 are learning all about how special and unique they are in their current topic 'Celebrating Me.' They will also move onto learning about how other people celebrate important things in their lives like love, family, food and light.

We have really enjoyed sharing things about ourselves that make us special and we're also learning to listen to each other and appreciate what is special about them. We decided to share one thing that we felt we are good at by writing it on a label and tying it to a big balloon. The whole of Year 1 then came together and released the balloons in the playground! The children enjoyed watching them fly away and wondered where they might land and who might read about them! It was truly a 'Wow' moment!





AND WE'RE OFF!

By Michael Aryiku, Year 2 Pandas Class Teacher

This week saw the Year 2 Pandas, Monkeys, Alligators and Elephants begin their new topic, A to B. With a focus on transport, the children discussed the different forms of transport that they knew and had used. Who knew such young children had used so many at such a young age!

The Year 2 children spoke of their experiences on various forms of transport from bicycles to helicopters, boats to hot air balloons. We also discussed the forms of transport we would like to use in the future, including rockets and motorbikes.

As an introduction to the topic, the children in the Year 2 classes brought in photographs of the various transport they had used and presented them to the class, sharing what they knew about them, what they liked about them and where in the world they had used them. The children then went on to think about how different forms of transport move.





AND WE'RE OFF! CONTINUED...

By Michael Aryiku, Year 2 Pandas Class Teacher

In their Art lessons they created futuristic chalk drawings of moving cars, aeroplanes and bikes before developing their sketching skills by drawing a picture of Mr. Aryiku's bicycle.



Next week will see the Year 2 children incorporating their transport topic into Maths as they investigate the different transport forms seen in our local area and begin to consider how they can represent this.

With an exciting trip coming up, the children will continue to learn more about the different forms of transport that exist today and how they have developed over time.

A CHALLENGING AND FUN WEEK IN CHINESE

By Jenny Shen, Head of Chinese



Learning Chinese independently

Children in all Chinese groups have experienced a challenging and fun week in their Chinese classrooms. After receiving training on Mandarin Matrix, a useful and interactive Chinese reading resource, Children showed great interest to learn Chinese independently.

In Year 1 Lama Temple class, children talked about the importance of Chinese character writing. Now they are engaged to write characters. In Year 2 Summer Palace class, children tried their best to retell a mini story we have learnt this week which is named 'Make a good friend'. Also they did role play to practise their Chinese. Children in Year 3 Great Wall class worked hard with numbers in Chinese. They played different games to practise and they are now able to tell phone numbers and the dates in Chinese. In Forbidden City group, Year 5 children played body twist to help them remember the new Chinese characters they learned this week. They enjoyed their Chinese learning very much.

There is no doubt that our children will make some amazing progress in their Chinese lessons.



AN EXCITING START IN PHYSICAL EDUCATION

By Rachel Spencer, Head of P.E. and Harry Brookfield, P.E. Teacher

Physical Education has got off to a very exciting start this year. The children have been bouncing around full of energy and they are certainly keen and motivated when learning and developing their skills.

The children have been focusing on a new unit of work in Reception and Key Stage 1 – Fundamental Movement Skills (FMS). They are working on year group appropriate activities that build upon their natural abilities in order to advance their performances in sport. The children are working to develop their body management skills, object control skills and locomotor skills. We have been working on balance, agility, hopping, speed and dodging so far with further units including sprinting, jumping, throwing, climbing in the coming weeks. As you can see by the photos, the children are doing really well and this work should transcend from the FMS unit directly into the sports the children take part in, not only during PE, but also during their time outside of school.

The reception children have also been playing parachute games. Parachute games are great fun and encourage cooperative and non-cooperative play. The games can help develop team play, motor skills and physical fitness along with problem solving and team building.





AN EXCITING START IN PHYSICAL EDUCATION CONTINUED...

By Rachel Spencer, Head of P.E. and Harry Brookfield, P.E. Teacher

Year 1 and 2 children have begun developing their football skills and football seems to be everyone's favourite sport here at BSB - much to Mr. Laird's delight! The children have been working on dribbling, passing, shooting, ball control and have started to play small-sided games. Club Football will be coming into school next week to deliver some taster football sessions to the children.

Key Stage 2 has been working with a focus upon the forthcoming cricket competition at Dulwich School. Consequently, the children have been working on batting, bowling and the art of fielding. They have taken part in a series of practice drills to encourage skill development of each area and they have also had the opportunity to take part in small sided cricket games. Maybe BSB Sanlitun has a team to take on Australia! The children have also been working on team building exercises; a game they have really enjoyed is guiding each other blindfolded through a dangerous mine field – designed to build both communication skills and trust.

The Year 5 and 6 swimming unit started this week. The children will be working on developing and refining their swimming strokes and skills over the next 6 weeks with some personal survival activities included into the programme to educate them about the importance of water safety.





CLUB FOOTBALL EXPERTISE COACHING BSB SANLITUN

By Harry Brookfield, P.E. Teacher

This week BSB has been lucky enough to have secured the soccer coaching expertise of several Club Football soccer coaches. Head of BSB Sanlitun PE, Miss Spencer was able to arrange for the coaches to come in and work with our young people, introducing them to the fun coaching style of Club Football. Students from KS1 and KS2 had the opportunity to experience several coaching strategies that were designed to improve both ball control and spatial awareness in a fun and entertaining fashion; you can tell by the photos that the children did indeed have a great time! Maybe there is a new Lionel Messi or Cristiano Ronaldo hiding in there?!!



If parents would like contact information for Club Football, then please read the following:

“Club Football soccer coaching programmes kick off at BSB from Saturday 12th September. Students from Reception to Year 8 are welcome, with courses available on Fridays, Saturdays and Sundays. Nursery students are also invited to join the Mini-skills programme on Wednesdays too! All courses teach fundamental football skills and are taught by qualified football coaches from the UK.”

For a full schedule, please see www.clubfootball.com.cn, mail coaching@clubfootball.com.cn, or call 5130 6893/4/5/6.



Parentcraft Classes at International SOS



Providing parents and parents-to-be with an understanding of baby and children's needs, International SOS' child specialists bring you informative classes on the following topics:

10 SEPT, 2015

Birth Preparation and Post-Partum Issues

- Getting ready for labour, delivery and the early post-partum period
- Stages of labour, pain management options
- The first days – what to expect

Dr Alejandra Mora presenting

17 SEPT, 2015

Newborn Care and Breastfeeding (0-3 months)

- First appointments and checkups
- Common conditions in newborn babies
- Breastfeeding techniques and tips

Dr Sonia Bourreau presenting

24 SEPT, 2015

Nutrition for Mums, Babies and Toddlers

- Breastfeeding & formula
- Nutrition guidelines for babies and older children, age appropriate solids
- Pregnant and new mom's nutrition
- Food and mood

Stella Chan Marinaro presenting

8 OCT, 2015

Sleep Basics for Babies and Young Children (0-5 yrs)

- Settling techniques, establishing good sleeping habits
- SIDs awareness
- Sleeping issues

Dr Stephanie Teoh presenting

15 OCT, 2015

Starting Good Eating Behaviours (6-36 months)

- Food allergies and sensitivities
- Introducing solids
- How to establish good meal time habits
- Dealing with fussy eaters and tantrums at meal times

Dr Stephanie Teoh presenting

22 OCT, 2015

Getting Back in Shape After Birth & Baby Massage

- Avoid and treat new mum injuries
- Strengthening the core
- Introduction to the benefits and techniques of massaging an infant

Physio team presenting

29 OCT, 2015

Toddler Taming Part 1 (6-36 months)

- Positive parenting strategies
- Understanding child developmental and behavioural differences
- How to be a HELPER parent

Dr Stephanie Teoh presenting

5 NOV, 2015

Toddler Taming Part 2 (6-36 months)

- Focuses on "discipline" strategies to encourage positive values and relationships,
- Common behavioural issues such as tantrums, aggression, sharing issues

Dr Stephanie Teoh presenting

12 NOV, 2015

Toilet Training

- Recognizing signs of readiness
- Preparing your child for this milestone
- Common challenges

Dr Stephanie Teoh presenting

19 NOV, 2015

Building Emotional Resilience in Toddlers

- Why is emotional resilience important?
- How to build self-esteem, coping skills and emotional strengths

Dr Stephanie Teoh presenting



Dr Stephanie Teoh
Family Physician and
Child Specialist



Dr Sonia Bourreau
General Practitioner



Dr Alejandra Mora
Gynecologist



Stella Chan Marinaro
Nutritionist



Annette Oevermann
& Physio team

Time: 10:00am - 12:00pm

Location: International SOS Beijing Clinic

Cost: Complimentary

For more information or to reserve: seminar@internationalsos.com





Day Star

Health Talks 2015/2016

(When) Do I need to see a Doctor?

Knowing when you should see a doctor is an important factor in your child's overall health. Our physician will help you to learn the signs to look for. Focus will be on how to manage a fever, diarrhea or vomiting.

Sleep Habits in Children

Good sleep habits are an important factor in staying healthy. This talk focuses on children between the ages of 3 and 10. Join this discussion to learn more about the importance of sleep on your child's learning and overall health.

Helping Children with Behavior Problems

This presentation is focused on understanding the problems underlying childhood behavior problems in order to respond in ways that help children manage their feelings and impulses.

Building Healthy Relationships with your Children

This presentation is based on which factors contribute to long-term healthy relationships between parent and child, why parents need to matter more to kids than their peers, and what parents can do to repair relationships with their children.

Build Great Kids by Doing the Little Things

Scientific research shows that children's psychological security has a significant impact on their development, including self image, academic performance, interpersonal relationships and future parenting. Children develop this security through their daily interaction with parents and caretakers. Discussion includes tips on how and what little things can do to help foster and grow psychological security in their children.

Helping Your Child Through Distress

It is not always easy to guide your child through a distressful situation. As a parent you want to fix things for your child. Rather than solve problems for your children, join this discussion and learn good listening and distressing techniques.

Oral Health

Join a discussion with a Pediatric Dentist to learn more about good oral health for your children. Oral health is a key factor in overall health. Building good habits in children is essential and will provide a lifetime of benefits.



United Family Healthcare
和睦家医疗

Food Safety and Basic Nutrition

You are what you eat! Take charge of your eating. Pay attention to nutrition and food safety issues. Discussion focuses on ways to protect your family from toxins and lead a healthy lifestyle.

Mindfulness

Feeling stressed? Is life moving too quickly? Do you forget to celebrate the simple things in life? Come to an interactive workshop, with a team from BJU, to learn how the practice of Mindfulness can help you approach and enjoy your life in a whole new way. Mindfulness is just one of many techniques recommended by healthcare professionals.

Pollution

Discussion will center on understanding the issues related to indoor as well as outdoor pollution. What can we do to protect ourselves and take care of our families while living in Beijing? Discussion includes understanding PM2.5, why Ozone levels matter and what to look for in a mask and proper fit details.

TCM and more natural ways of dealing with your health

Talks can be tailored to specific requests. Please ask for further details.

Additionally we have Pediatric or Family Medicine health talks on basic subjects such as common pediatric immunization questions, other childhood disease or developmental milestone topics. Talks can be tailored based on a specific request.

Language: Chinese or English.