



8th April 2016

Dear Parent

As we enter the third term of PE at Nord Anglia International School Shanghai, Pudong we hope that your child continues to develop a range of skills through a variety of different activities aimed at supporting their physical development. This will include participating in invasion games such as modified basketball and striking and fielding activities, and physical development through athletics, dance, gymnastics and swimming.

Please ensure your child brings the correct kit to school as below.

PE KIT

School polo shirt (white or black); School PE shorts; Socks (white or black); Trainers
School tracksuit bottoms and fleece may be required for outdoor lessons.

Swimming

Boys - swim trunks or swim shorts (preferably blue or black)
Girls - one piece costume (preferably blue or black);
Swim hats must be worn by all students.
It is highly recommended that students wear swim goggles.
A towel.

The children will need to bring a water bottle to all their PE and Swim lessons and a hat for their outdoor PE lessons.

This term the Year 5 students will participate in activities based on 3/4 week rotations.

Year 5	Block 6 21st Mar – 29th April	Block 7 3rd May – 27th May	Block 8 30th May – 24th June
Mr. Keenan 5A	<u>Wednesday Period 5</u> <u>Friday Period 2</u> Basketball	<u>Wednesday Period 5</u> Swimming <u>Friday Period 2</u> Dance	<u>Wednesday Period 5</u> <u>Friday Period 2</u> T- Ball
Mr. Northedge 5B	<u>Wednesday Period 5</u> <u>Friday Period 2</u> Basketball	<u>Wednesday Period 5</u> Dance <u>Friday Period 2</u> Swimming	<u>Wednesday Period 5</u> <u>Friday Period 2</u> T-Ball
Mrs. Parrish 5C	<u>Wednesday Period 5</u> <u>Friday Period 2</u> Gymnastics	<u>Wednesday Period 5</u> <u>Friday Period 2</u> T- Ball	<u>Wednesday Period 5</u> Swimming <u>Friday Period 2</u> Dance
Miss Sparkes 5D	<u>Wednesday Period 5</u> <u>Friday Period 2</u> T-Ball	<u>Wednesday Period 5</u> <u>Friday Period 2</u> Gymnastics	<u>Wednesday Period 5</u> Dance <u>Friday Period 2</u> Swimming

If you require any more information please do not hesitate to contact either Mr. Wallace on n-wallace@naispudong.com or Mrs. Howell on d-howell@naispudong.com

Regards

Noel Wallace
Director of Sport and CCAs

Mrs. Denica Howell
Academic PE Leader