



8th April 2016

Dear Parent

As we enter the third term of PE at Nord Anglia International School Shanghai, Pudong we hope that your child continues to develop a range of skills through a variety of different activities aimed at supporting their physical development. This will include participating in athletics, striking and fielding and net/wall activities. In addition your child will have weekly swimming lessons for the duration of the academic year. In order to support different levels of swimming ability, two teachers will be with each group.

Please ensure your child brings the correct kit to school as below.

PE KIT

School polo shirt (white or black); School PE shorts; Socks (white or black); Trainers
School tracksuit bottoms and fleece.

The children will need to bring a water bottle to all their PE and Swim lessons and a hat for their outdoor PE lessons.

Swimming

Boys - swim trunks or swim shorts (preferably blue or black)

Girls - one piece costume (preferably blue or black); Swim hats must be worn by all students.

A towel.

It is highly recommended that students wear swim goggles.

Please do not send your child to swimming lessons with floatation devices.

This term the Year 1 students will participate in activities based on 4 week rotations.

Year 1	Block 6 21st Mar – 29th April	Block 7 3rd May – 27th May	Block 8 30th May – 24th June
Mr. Keenan 1A	<u>Tuesday Period 2</u> Swimming <u>Friday Period 1</u> Athletics	<u>Tuesday Period 2</u> Swimming <u>Friday Period 1</u> Striking & Fielding	<u>Tuesday Period 2</u> Swimming <u>Friday Period 1</u> Net/Wall
Mrs. Parrish 1B	<u>Tuesday Period 2</u> Athletics <u>Friday Period 1</u> Swimming	<u>Tuesday Period 2</u> Striking & Fielding <u>Friday Period 1</u> Swimming	<u>Tuesday Period 2</u> Net/ Wall <u>Friday Period 1</u> Swimming
Mr. Keenan 1C	<u>Monday Period 6</u> Swimming <u>Friday Period 3</u> Athletics	<u>Monday Period 6</u> Swimming <u>Friday Period 3</u> Striking & Fielding	<u>Monday Period 6</u> Swimming <u>Friday Period 3</u> Net/ Wall

If you require any more information please do not hesitate to contact either Mr. Wallace on n-wallace@naispudong.com or Mrs. Howell on d-howell@naispudong.com

We look forward to supporting your child through the year.

Regards

Noel Wallace
Director of Sport and CCAs

Denica Howell
Academic PE Leader