

DATE: 5th November 2015

Parenting in a Digital World



Aims of the session

 Know about potential risks from children having access to internet connected devices

Know how to minimise risks





Silver Surfer Millennial

Generation X Generation Z

6 November 2015 | The British School of Beijing, Shunyi 3



World Wide Web



What are the Potential Risks?



The Four Cs of E-Safety



Statistics

- Children spend more time online than their parents think on average, children aged 7–13 spend more than an hour on the internet each day.
- It is becoming more common for children to access the internet in their own bedrooms and without parental supervision.
- There is a growth in using alternative portable devices (including mobiles and portable media players) to access online content in a variety of places and without parental supervision.
- At least two-thirds of 12–15 year olds and around a quarter of 8– 11 year olds regularly use social networking sites.



- Threats and intimidation Threats sent to people by mobile phone, email, or online.
- Harassment or stalking Repeated, prolonged, unwanted contact or monitoring of another person.
- Vilification / defamation / prejudice-based bullying These may be general insults or racist, homophobic or sexist bullying.
- Ostracising / peer rejection / exclusion
 Set up of a closed group refusing to acknowledge one user on purpose.
- Identity theft, unauthorised access and impersonation 'Hacking' by finding out or guessing a username and password.
- Publicly posting, sending or forwarding information or images Disclosing information on a website.
- Manipulation May involve getting people to act or talk in a provocative way.







24/7 contact
 No escape at home

Impact

Massive potential audience reached rapidly. Potentially stay online forever

- Perception of anonymity
 More likely to say things online
- Profile of target/bully Physical intimidation changed
- Some cases are unintentional Bystander effect
- Evidence Inherent reporting proof





What do we do at school?

PSHE (Personal, Social and Health Education)

- Internet Safety lessons
- Responding to situations
- Teaching skills







What can parents do?

What can parents do to ...

help to make the internet a great and safe place for our children?

- Check browser history (press CTRL +H FOR Internet Explorer and Google Chrome no history is a warning sign
 - Don't forget check internet history on phones too
- Search engine settings set up safe search
- YouTube settings: Please visit this site to protect your children from accessing inappropriate content on youtube <u>https://www.youtube.com/yt/policyandsafety/safety.html</u>
- Install Family Shield on your router https://store.opendns.com/setup/#/familyshield (There is an advanced mode where you can configure what you want to block) here -https://www.opendns.com/home-internet-security/parentalcontrols/opendns-home/
- Consider where devices are being used



School Contacts

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Helpful Websites

- 1. Visit **Net Aware** a guide to sites, games or apps <u>http://www.net-aware.org.uk/</u>
- 2. Advice for parents and carers and resources for 3-11s and 11s-19s (available in many different languages) <u>www.saferinternet.org.uk</u>
- 3. E-safety resources for parents from the Australian Government <u>https://www.esafety.gov.au/education-resources/parent-resources</u>
- Site for children containing advice about being SMART <u>http://www.kidsmart.org.uk/parents/</u>
- Excellent site for information and resources about being a good digital citizen <u>http://www.digizen.org/</u>
- 6. TED Talk 'The Challenges of Raising a Digital Native' https://www.youtube.com/watch?v=eRQdAOrqvGg

Links to film clips used in the presentation

1. How current statistics from the world, technology and the Internet compare with a few decades ago, especially when we consider the impact of the Internet in our lives

https://www.youtube.com/watch?v=yrRn7rSif2Q

2. Film clip about leaving a digital footprint (and further links) <u>https://www.youtube.com/watch?v=DinW62zIWcc&feature=youtu.be</u> <u>http://www.kidsmart.org.uk/digitalfootprints/</u> <u>http://www.nick.com/thebighelp/digital-citizenship</u>

3. A short clip which informs students about safe surfing when using social media

https://www.youtube.com/watch?v=KGr_KFiCX4s&list=PL46CFD511C1 1DDD40



Educate our young people to become thoughtful, compassionate citizens, who will truly take advantage of the power of digital technology and harness it to improve the world.





Thank you.

www.britishschool.org.cn/shunyi