

	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>
			1-Aug		2-Aug		3-Aug		4-Aug

## School Holiday

	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>
	7-Aug		8-Aug		9-Aug		10-Aug		11-Aug

## School Holiday

	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>
	14-Aug		15-Aug		16-Aug		17-Aug		18-Aug

## School Holiday

**Please note Year 1 start on 21 August / Year 2-10 start on 22 August**

	<b>Monday</b>	<b>FOR YEAR 1 ONLY</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>
	21-Aug			22-Aug		23-Aug		24-Aug		25-Aug
<b>A</b>	Chicken Fillet with Honey Glazed Sauce with Rice	<b>A</b>	Potato & Pork Curry with Rice (Not Spicy)	<b>A</b>	Sauteed Vegetables with Beef with Rice	<b>A</b>	Fishman's Pie with Mashed Potato	<b>A</b>	Chicken with BBQ Sauce with Rice	
<b>B</b>	Penne Napoleon	<b>B</b>	Fried Noodle with Beef	<b>B</b>	Italian Vegetables Lasagna	<b>B</b>	Spaghetti Bolognaise	<b>B</b>	Fish Fillet Bun with Mashed Potato	
<b>C</b>	Ham and Cheese Sandwich	<b>C</b>	Greek Salad	<b>C</b>	Chicken Sandwich	<b>C</b>	Veggie Salad	<b>C</b>	Egg Mayo Sandwich	
	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>	
	28-Aug		29-Aug		30-Aug		31-Aug			
<b>A</b>	Sauteed Eggplant with Beef with Rice	<b>A</b>	Pork Loin with Garlic Gravy with Rice	<b>A</b>	Roasted Chicken 'Mexican Style' with Rice	<b>A</b>	Braised Potato with Beef with Rice			
<b>B</b>	Fried Raman with Shredded Chicken	<b>B</b>	Spaghetti Bolognaise	<b>B</b>	Spinach & Mushroom Quiche with Mashed Potato	<b>B</b>	Vegetable Singapore Fried Noodle			
<b>C</b>	Potato Salad	<b>C</b>	Avocado, Lettuce & Tomato Sandwich	<b>C</b>	Roasted Beef Salad	<b>C</b>	Tuna Fish Sandwich			

**Please note :**

- Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- The price for each lunch option is **\$33 (Received payment on or before 11 Aug 2017) / \$35 (Received payment after 11 Aug 2017)**

**Payment Details :**

- Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

\*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

\*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.

The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name :	_____
Class :	_____
Contact Number :	_____
Contact Email :	_____
Cheque Number :	_____